

W E L C O M E

See Your Home Differently — Start Here

There's a reason your home feels the way it does.

Some spaces feel calm, supportive, easy.

Others feel heavy, stuck... or quietly draining.

This isn't random.

In Feng Shui, we use a map called the **Bagua** to understand *why*.

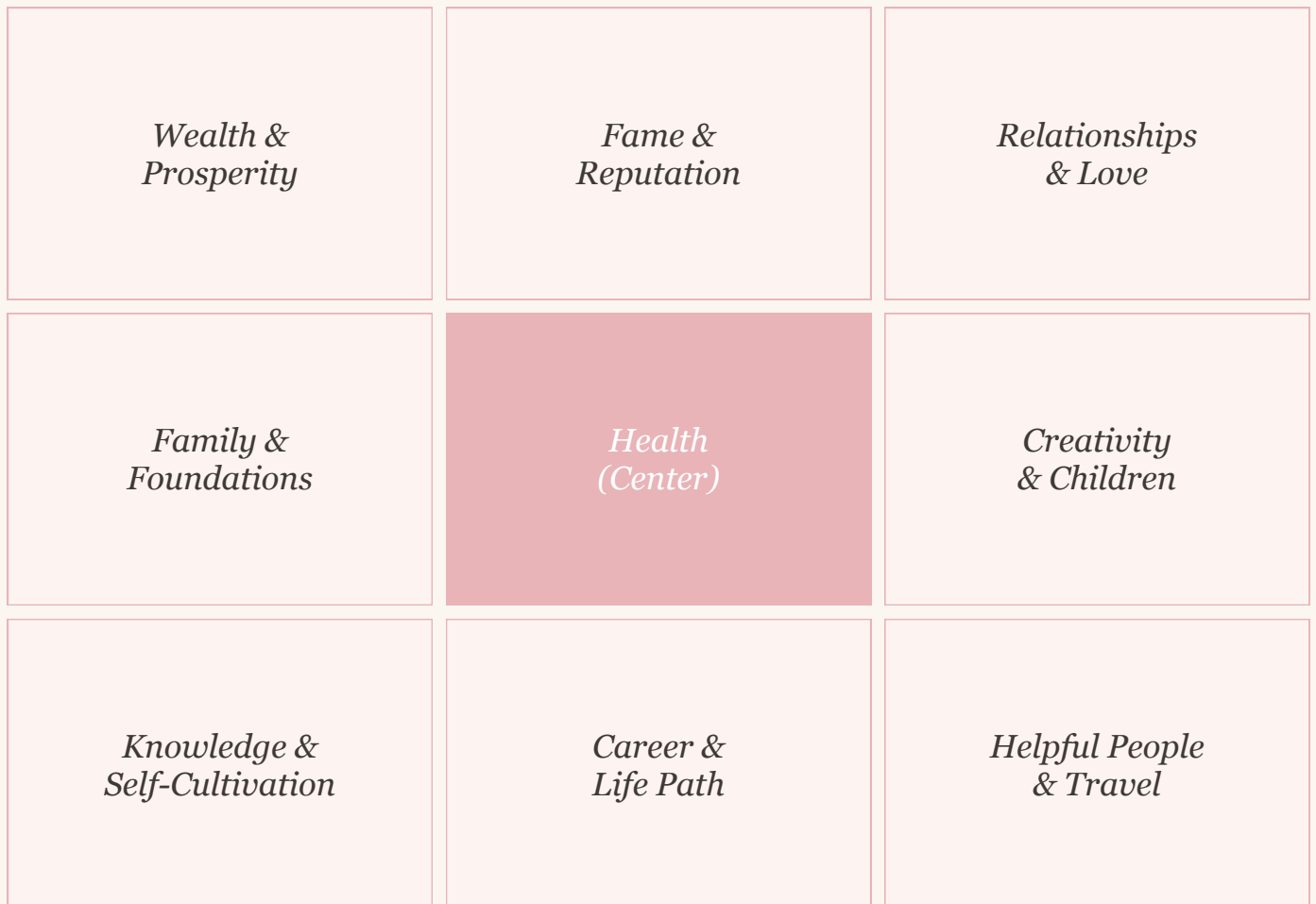
And once you see it... you start to understand what your space has been telling you all along.

*This workbook isn't about fixing everything.
It's about awareness — one shift at a time.*

What is the Bagua?

The Bagua is a **9-section energy map** that overlays your home.

Each section — called a *gua* — represents a different area of your life. Every home has all nine.



Nine life areas. One map. Your home.

How to Use This Workbook

Don't try to fix everything. Start here.

1

Stand at your front door

Face inside, looking into your home. This is your orientation point — everything maps from here.

2

Overlay the Bagua

Imagine your floor plan divided into nine equal sections, like a tic-tac-toe grid. See the map on the next page.

3

Choose one area

Pick the part of your life that feels off right now. Not everything — just one.

4

Visit that space and ask

Does it feel good? Is it cluttered or clear? Does it reflect what I actually want here?

That's where Feng Shui begins — with curiosity, not perfection.

Your Bagua Map

Front door at the BOTTOM. You stand here, looking in.



↑ FRONT DOOR — YOU ARE HERE ↑

Stand here, looking into your home

Self-Assessment

Score each life area as it feels right now — 1 (struggling) to 10 (thriving).
The lowest number is your starting place.

Wealth & Prosperity

1 2 3 4 5 6 7 8 9 10

Fame & Reputation

1 2 3 4 5 6 7 8 9 10

Relationships & Love

1 2 3 4 5 6 7 8 9 10

Family & Foundations

1 2 3 4 5 6 7 8 9 10

Health (Center)

1 2 3 4 5 6 7 8 9 10

Creativity & Children

1 2 3 4 5 6 7 8 9 10

Knowledge & Self-Cultivation

1 2 3 4 5 6 7 8 9 10

Career & Life Path

1 2 3 4 5 6 7 8 9 10

Helpful People & Travel

1 2 3 4 5 6 7 8 9 10

Your lowest score is your invitation. Find that gua in the pages ahead.



Wealth & Prosperity

Xun • 巽

WOOD • BACK LEFT

ENERGY

Growth, expansion, opportunity

This is the energy of steady accumulation. Not quick wins — but long-term wealth that builds over time, the way wood grows.

WHEN BALANCED

Money flows with less effort. Opportunities expand. You feel resourced, not anxious about provision.

WHEN OFF

Stagnation. Inconsistent income. Missed opportunities. A sense that wealth slips through your fingers.

SUPPORT IT WITH

Living plants • Moving water • Greens, deep blues, purples • Vertical shapes • Symbols of abundance

REFLECTION

Where in my home is the Wealth area — and what does it look like right now? What's one small shift I could make this week?



Fame & Reputation

Li • 離

FIRE • BACK CENTER

ENERGY

Visibility, recognition, being seen

This is how the world perceives you — and how clearly you let yourself be seen. Fire that burns clean draws the right attention.

WHEN BALANCED

You feel confident, visible, acknowledged. Your work is recognized. People see you for who you are.

WHEN OFF

Feeling overlooked or invisible. Misunderstood. Effort that doesn't translate to recognition.

SUPPORT IT WITH

Light • Candles • Red and warm tones • Triangular shapes • Awards, photos, things that say "this is me"

REFLECTION

What part of myself am I ready to let people see? What in this space honors — or hides — that?



Relationships & Love

Kun • 坤

EARTH • BACK RIGHT

ENERGY

Love, partnership, receptivity

Kun is the trigram of the Mother — three yielding lines, pure receptivity. The only gua entirely Yin. It's what the whole earth rests on, and what every relationship needs to truly be held.

WHEN BALANCED

Relationships feel supportive and mutual. You can give AND receive. You feel held — not just holding.

WHEN OFF

Overgiving. Imbalance. Emotional heaviness. The sense that you pour out and nothing pours back.

SUPPORT IT WITH

Pairs of objects • Soft textures • Earth tones — beige, blush, warm neutrals • Square shapes • Ceramic and clay

REFLECTION

Where do I overgive in this season of my life? What would it look like to let myself receive — at home, in love, from those who want to give back?



Family & Foundations

Zhen • 震

WOOD • MIDDLE LEFT

ENERGY

Roots, history, stability through growth

Zhen is thunder — sudden, awakening, the first stir of new growth. This gua is about where you come from AND the strength that lets you keep growing.

WHEN BALANCED

Strong support system. Emotional grounding.
You feel rooted and free at the same time.

WHEN OFF

Family tension. Instability. A sense of being uprooted or unsupported by where you came from.

SUPPORT IT WITH

Family photos and heirlooms • Plants • Vertical shapes • Greens • Wood furniture and objects

REFLECTION

What roots am I drawing from — and which ones am I ready to release? What in this space honors my history?



Health (Center)

Tai Qi • 太極

EARTH • CENTER

ENERGY

Balance, integration, wholeness

The Tai Qi is the center of your home — and the center of your life. Every gua flows through here. When the center is clear, everything else can move.

WHEN BALANCED

Life feels centered and stable. You feel well in your body. Energy circulates without obstruction.

WHEN OFF

Everything feels slightly "off." Low-grade fatigue. Things in your life feel disconnected from each other.

SUPPORT IT WITH

Open, uncluttered space • Cleanliness • Earth tones • Square shapes • Pottery and natural materials

REFLECTION

What is in the center of my home right now? Is it open — or is it carrying a pile of things that don't belong there?



Creativity & Children

D u i • 兌

M E T A L • M I D D L E R I G H T

E N E R G Y

Joy, expression, future creation

Dui is the lake — joyful, reflective, expressive. This gua is about what you bring into being: art, ideas, children, future projects, play.

W H E N B A L A N C E D

Creativity flows easily. Life feels lighter. You make things — and you enjoy making them.

W H E N O F F

Creative blocks. Heaviness. A sense that the play has gone out of your life.

S U P P O R T I T W I T H

Art and artistic tools • Musical instruments • White, pastels, metallics • Round and oval shapes • Playful elements

R E F L E C T I O N

What did I love to make as a child? Is there room for any of that in my life — and in my home — right now?



Knowledge & Self

Gen • 艮

EARTH • FRONT LEFT

ENERGY

Inner growth, wisdom, stillness

Gen is the mountain — still, deep, immovable. This gua is about everything you cultivate within: study, reflection, the long quiet work of becoming.

WHEN BALANCED

Clarity. Reflection. Grounded thinking. You know what you know — and what you don't.

WHEN OFF

Overthinking. Confusion. Spinning in your head without finding ground.

SUPPORT IT WITH

Books • Quiet corners • Earth tones, deep blues • Stone, ceramic • A meditation cushion, a reading chair, a place to think

REFLECTION

What am I being called to learn right now? What would change if I gave myself a quiet corner to actually study it?



Career & Life Path

Kan • 坎

WATER • FRONT CENTER

ENERGY

Flow, opportunity, direction

Kan is water — and the path of water is the path of least resistance. This gua often sits at your front door because your career is what flows in and out of your life.

WHEN BALANCED

A clear path. Aligned opportunities. Work that moves you forward, not just keeps you treading.

WHEN OFF

Feeling stuck. Directionless. A career that feels like a job, not a path.

SUPPORT IT WITH

Water imagery • Mirrors • Black and deep tones • Wavy shapes • Movement — fountains, flowing fabric

REFLECTION

If my career is water — is it flowing, pooling, or stagnant? What's blocking the current?



Helpful People & Travel

Qian • 乾

METAL • FRONT RIGHT

ENERGY

Support, mentors, synchronicity

Qian is the Father — three solid Yang lines, pure strength. This gua is about the people and forces that show up to support you when you need them most.

WHEN BALANCED

The right people show up at the right time. You feel supported, mentored, connected.

WHEN OFF

Feeling unsupported or isolated. Doing it all alone. The right help never seems to arrive.

SUPPORT IT WITH

Metallics • Travel imagery and souvenirs • Photos of mentors or guides • Round shapes • Bowls, bells, metallic sculptures

REFLECTION

Who are my helpers — and have I made room for them? Who am I ready to ask for help?

Your Action Plan

One area. One shift. Real movement.

- 1 *The gua I'm starting with:*
- 2 *What that area of my home looks like right now:*
- 3 *How that area of my life feels right now:*
- 4 *One shift I will make this week:*
- 5 *How I'll know it's working:*

Awareness is the work. The shift is the proof.

C L O S I N G

Bringing It All Together

You don't need to activate everything.

Start with what matters most *right now*.

One area → one shift → real movement.

W A N T M E T O M A P T H I S F O R Y O U ?

*Your home — and your chart — tell a much
deeper story than any one map can.*

- ◆ Feng Shui Consultations
- ◆ BaZi Readings
- ◆ Date Selection

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