Introduction to Date Selection

There are three types of days to identify:

Bad Days

Good Days

Personal Good Days





Date Selection

Chinese Date selection predates the Han Dynasty (206BC-220AD). It is not unique to the Chinese. There are records that show the Ancient Greeks, Indian and Mayan civilizations used date selection to choose fortuitous dates and avoid ill-fated dates.

Date selection can be extremely complex. There are many systems and it would take days to properly go through them all.

With that said, in this presentation I am going to give one method of how you can quickly identify a Bad Day and one method how to identify a Good Day.

When you are doing this at home you will need access to a Chinese Solar Calendar converted to the Gregorian Calendar.

A quick online search will bring up many calendars to choose from. The photos on this slide are from:

https://www.picturehealer.com



Sunday	Monday	Tuesday	Wednesday
31 (2/22)	1 (lunar date: 2/23)	2 (2/24)	3 (2/25)
Jia Wu- <i>Metal</i> (甲午)	Yi Wei- <i>Metal</i> (乙未)	Bing Shen- <i>Fire</i> (丙申)	Ding You- <i>Fire</i> (丁酉)
7 (2/29)	8 (2/30)	9 (3/01)	10 (3/02)
Xin Chou- <i>Earth</i> (辛丑)	Ren Yin- <i>Metal</i> (壬寅)	Gui Mao- <i>Metal</i> (癸卯)	Jia Chen- <i>Fire</i> (甲辰
14 (3/06)	15 (3/07)	16 (3/08)	17 (3/09)
Wu Shen- <i>Earth</i> (戊申)	Ji You- <i>Earth</i> (己酉)	Geng Xu- <i>Metal</i> (庚戌)	Xin Hai- Metal (辛亥
21 (3/13)	22 (3/14)	23 (3/15)	24 (3/16)
Yi Mao- <i>Water</i> (乙卯)	Bing Chen- <i>Earth</i> (丙辰)	Ding Si- <i>Earth</i> (丁巳)	Wu Wu-Fire (戊午)
28 (3/20)	29 (3/21)	30 (3/22)	1 (3/23)

What is Chinese Date Selection?

Chinese Date selection is used to detect subtle energy patterns and cycles using a combination of Astronomy, Astrology and thousands of years of Historical Observation.

What Events Need a Special Date?

Traditionally Date selection was used for War and Peace decisions. Later, it was used for Marriage Date, Child Birth, Job Interviewing, and when to buy or sell a property, These days people use it for just about anything, from something as simple as when to start a diet or as important as when to undergo a surgical procedure.

Going Round and Round...

It has been observed that what comes around goes around and will come around again. With Date selection you can give yourself an advantage to be at the right place at the right time.



April

S M T W T F S **Month Animal**

(Lunar March: Wu Chen 戊辰 Month)

Dragon month

7 **8 9 10 11 12** 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

April 2024

Week 17

21 (3/13)

Day Officer

Happiness star: Northwest, Wealth star: Southeast Conflicting sign: Rooster, Conflicting direction: West

Day Animal

Lucky: Ceremony, Wedding, Dressmaking, Setting up a bed/stove, Trading, Pest control, Funeral.

Avoid: Visiting sick patients.

Rabbit day

Sunday

12. Close

Yi Mac (乙卯) - Water

22 (3/14)

Happiness star: Southwest, Wealth star: West Conflicting sign: Dog, Conflicting direction: South Monday

Bing Chen (丙辰) - Earth

1. Establish

Lucky: Ceremony, Travel, Starting a business, House cleaning, Animal training. Avoid: Starting a construction, Activating Feng Shui cures, Funeral.

Dragon day

23 (3/15)

Happiness star: South, Wealth star: West Conflicting sign: Pig, Conflicting direction: East Tuesday

Ding Si (丁巳) - Earth

2. Remove

Lucky: Ceremony, Signing a contract, Wedding, Meeting friends, Visiting a doctor, House cleaning, Bathing, Starting a business, Trading, Planting, Adopting animals.

Avoid: Travel, Moving to a new house, Funeral, Setting up a stove.

Snake day

24 (3/16)

Happiness star: Southeast, Wealth star: North

Conflicting sign: Rat, Conflicting direction: North

Wednesday

Wu Wu (戊午) - Fire

3. Full

Lucky: Ceremony, Activating Feng Shui cures, Bathing, Haircut, Meeting friends, Setting up a bed, Pest control.

Avoid: Starting a construction, Moving to a new house, Setting up a stove.

Horse day

108

Calendar

To use the information I am about to show you, the Calendar you choose should have:

Month's Animal

Day's Animal

Day Officer

25 (3/17)

Thursday

Ji Wi (己未) - Fire

Happiness star: Northeast, Wealth star: North Conflicting sign: Ox, Conflicting direction: West

4. Balance

Lucky: Ceremony, Setting up a stove, Fixing houses and streets, Starting a business,

Hunting, Fishing, Pest control.

Avoid: Funeral, Setting up a bed.

Goat day

Friday

26 (3/18)

Happiness star: Northwest, Wealth star: East

Geng Shen (庚申) - Wood

Conflicting sign: Tiger, Conflicting direction: South

5. Stable

Lucky: Ceremony, Removing Feng Shui cures, Bathing, House cleaning, Funeral.

Avoid: Wedding, Setting up a bed.

Monkey day

27 (3/19)

Happiness star: Southwest, Wealth star: East Conflicting sign: Rabbit, Conflicting direction: East Saturday

Xin You (辛酉) - Wood

6. Execute

Lucky: Ceremony, Removing Feng Shui cures, Bathing, Haircut, House cleaning, Hunt-

ing, Fishing, Funeral.

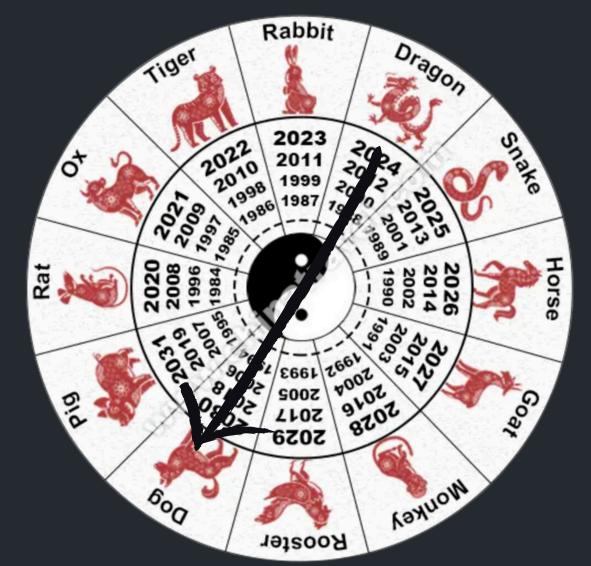
Avoid: Starting a construction.

Rooster day

Bad Dates

Each year in Chinese Metaphysics has a different animal associated with it, so does each Month, even the days and hours have their own animals. To be able to identify good or bad dates, you will have to know which animals in the Chinese Calendar clash. A Clash happens when animals are directly opposite one another on the Chinese Zodiac Chart.

Animals that Clash

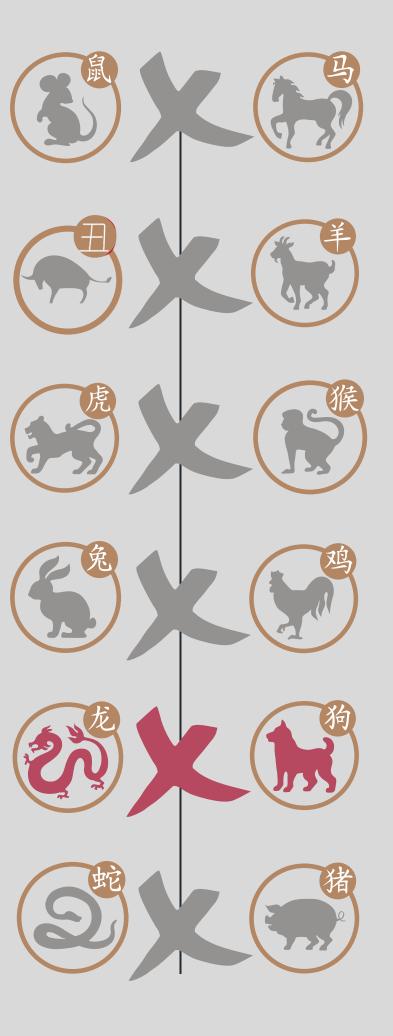


Bad Dates

Clashes create a lot of antagonistic energy, so the first step is to elimate all clashes, which are bad days.

Animals that Clash





On Breaker days you want to avoid any important activities because you will be in direct opposition of the universal energy. There are Four types of Breakers.

Year Breaker - YB

The animal sign that clashes with the Year animal sign is called "Year Breaker". 2024 is the Year of the Wood Dragon, so we want to avoid all Dog days. If you start an activity on a YB day you can expect some challenges, minor issues and delays. It is not as bad if you start a short term activity on a YB day, but best not to start any long term projects, as they will likely be riddled with headaches.



Month Breaker - MB

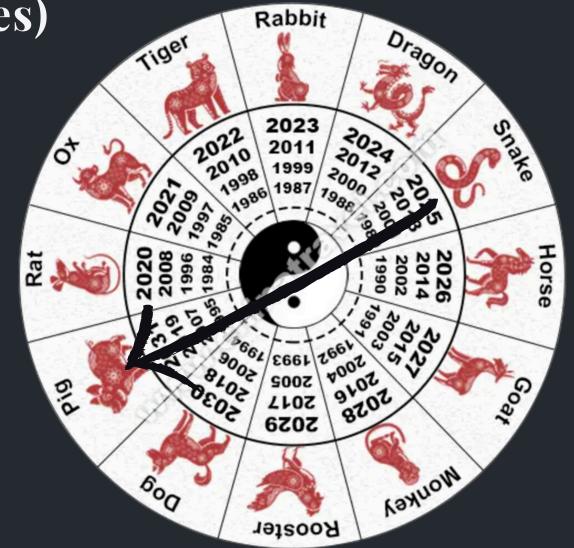
The Month's animal sign that clashes with the Day's animal sign. This is the most powerful opposing energy of all of the breakers. The energy on an MB day is considered to be even more negative than that of the Year Breaker.

- If you get married on a MB day, the marriage can be difficult and complicated and if any problems arise, it is very easy for the marriage to fall apart.
- If you sign an important business contract, obligations of the contract will likely not be met or will be broken.
- Open a business on a MB day, and you might find the business failing quickly.
- Business Partnerships are more likely to fall apart if entered into on a MB day.
- If you move into a new house on a MB day you could have trouble with your landlord or if you own the home you might not find yourself staying there for long.

April is a Dragon Month, so the MB and YB will be the same days this month. If it were May, which is a Snake Month, the MB would be on Pig days, as the Pig is the animal sign that is in direct opposition to the Snake.



May is a Snake month, so Pig Days are the opposing energy, the Month Breaker.



Day Breaker - (DB)

The Day's animal sign clashes with the Hour's animal sign. Very short term energy disturbance and the least powerful, so I only occastionally consider these.

Personal Day Breaker -PDB

This is when the animal sign in your year pillar clashes with Day's animal sign. Similar to the MB, but more focused on personal activities - definitely avoid getting engaged or married, moving to a new house, starting a new job.

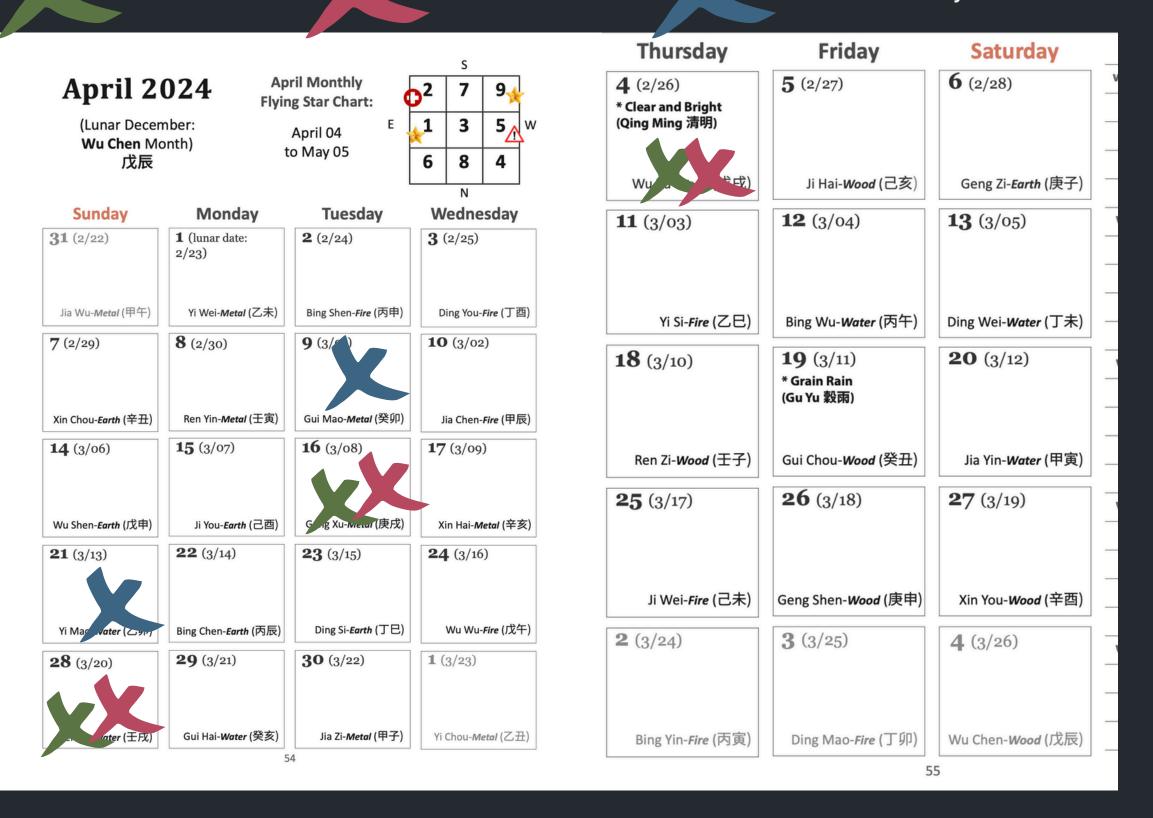


This is the month of April with all the Breakers notated. The Personal Day Breaker is based on my Chinese Animal.

Year Breaker

Month Breaker

Personal Day Breaker



Good Dates

Now that we can identify the breakers, we can move on to finding the good dates. The truth is that there are very few good days and that is why it can be so powerful to use date selection for important life events.

Twelve Day Officers

An officer refers to a body of energy that is present on a particular day. There is a repeating cycle of 12 different Officers. They each have a different body of Qi (or energy) that has a particular use or function.

The cycle starts with the Establish Officer, on the first day of the Chinese month according to the Chinese Solar Calendar.

Twelve Day Officers - Energies

Establish - This was the date the Emperor would pray for a bountiful harvest.

Today is a good day for getting engaged, starting a new job, negotiations, visiting friends and medical treatment.

Remove - This is a day used for cleansing. In the past it was use to remove bad karma. Today is a good day to end toxic relationships, start diets, medical procedures to "remove" something from your body. You do not want to get married or adopt pets.

Full - A day of bountiful returns. A good day for signing agreements and for collecting any debts you are owed. Not great for marriage unless you want to have more than one spouse.

Balance - This is a day that will have a balanced outcome to activities. A good day for marriage, construction, travels and family get togethers.

Stable - Great day for long term activities. (Marriage, adopting a pet, starting a dream job). Do not start short term projects on Stable days as they may keep you stuck. Not good to move into a house as it may indicate you will keep moving.

Initiate - This is a day for new beginnings. Good day to start a business, sign agreements, renovate your house. Avoid traveling or moving into a new house.

Twelve Day Officers

Destruction - As it sounds, good for activities that involve destroying something. You do not want to use these days for anything important like marriage, starting a business, traveling or signing a contract.

Danger - All danger days contain danger stars(energy) so best not to engage in high risk activities. They are used for religious rituals and it is a good day to cleanse your space.

Success - Of the 12 officers, Success day is the most auspicious of the days. All energies are positive. Get married, submit a business proposal, begin construction, move into a new house. You cannot go wrong on a success day (as long as a PDB is not present).

Receive - A great day to ask for something. A raise, a favor, propose marriage. Also a great day to start a new job. You want to avoid visiting sick people.

Open - Great day to open up your house or office. House warming, signing agreements. Very auspicious to start a new job or course of study on an Open Day.

Close - On this day, the Qi is at it's lowest point and is very slow moving. It is the last day of the 12 day cycle. Not a day for anything of great importance.

April

(Lunar March:

April 2024

Month Animal

8 9 10 11 12 13 14 15 16 17 18 19 20

Dragon month

Wu Chen 戊辰 Month)

21 22 23 24 25 26 27 28 29 30

Week 17

21 (3/13)

Day Officer

Sunday Yi Mao (乙卯) - Water

Happiness star: Northwest, Wealth star: Southeast Conflicting sign: Rooster, Conflicting direction: West

12. Close

Day Animal

Lucky: Ceremony, Wedding, Dressmaking, Setting up a bed/stove, Trading, Pest con-

trol, Funeral. Avoid: Visiting sick patients.

Rabbit day

22 (3/14)

Monday

Happiness star: Southwest, Wealth star: West Conflicting sign: Dog, Conflicting direction: South Bing Chen (丙辰) - Earth

1. Establish

Lucky: Ceremony, Travel, Starting a business, House cleaning, Animal training. Avoid: Starting a construction, Activating Feng Shui cures, Funeral.

Dragon day

23 (3/15)

Tuesday

Happiness star: South, Wealth star: West Conflicting sign: Pig, Conflicting direction: East Ding Si (丁巳) - Earth

2. Remove

Lucky: Ceremony, Signing a contract, Wedding, Meeting friends, Visiting a doctor, House cleaning, Bathing, Starting a business, Trading, Planting, Adopting animals.

Avoid: Travel, Moving to a new house, Funeral, Setting up a stove.

Snake day

24 (3/16)

Wednesday

Happiness star: Southeast, Wealth star: North Conflicting sign: Rat, Conflicting direction: North Wu Wu (戊午) - Fire

3. Full

Lucky: Ceremony, Activating Feng Shui cures, Bathing, Haircut, Meeting friends, Setting up a bed, Pest control.

Avoid: Starting a construction, Moving to a new house, Setting up a stove.

Horse day

108

Calendar

When you know what energy you want for the day, you need to locate the days officer and mark them in your calendar as good days. I.e if I wanted to have a nice gather with my family, I would look for a balance day (everyone as equals) and mark that as a good day for a family dinner.

25 (3/17)

Thursday

Happiness star: Northeast, Wealth star: North Conflicting sign: Ox, Conflicting direction: West

Ji Wi (己木) - Fixe 4. Balance

Lucky: Ceremony, Setting up a stove, Fixing houses and streets, Starting a business,

Hunting, Fishing, Pest control. Avoid: Funeral, Setting up a bed.

Goat day

26 (3/18)

Friday Geng Shen (庚申) - Wood

Happiness star: Northwest, Wealth star: East Conflicting sign: Tiger, Conflicting direction: South

5. Stable

Lucky: Ceremony, Removing Feng Shui cures, Bathing, House cleaning, Funeral.

Avoid: Wedding, Setting up a bed.

Monkey day

27 (3/19)

Happiness star: Southwest, Wealth star: East

Conflicting sign: Rabbit, Conflicting direction: East

Saturday

Xin You (辛酉) - Wood

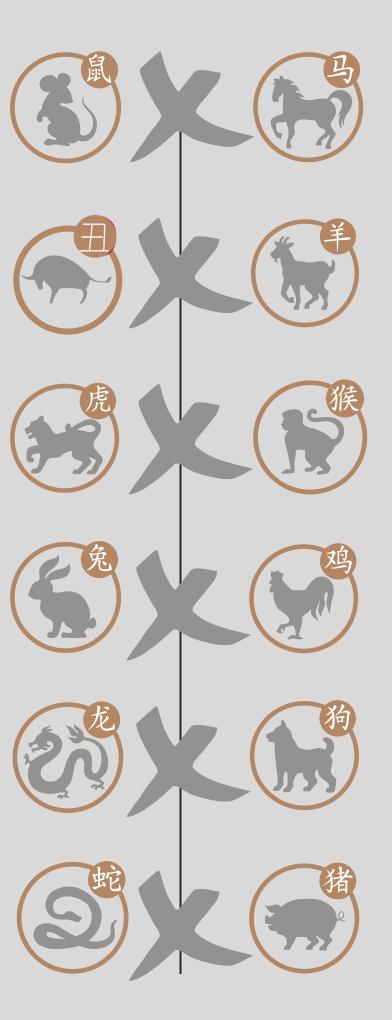
6. Execute

Lucky: Ceremony, Removing Feng Shui cures, Bathing, Haircut, House cleaning, Hunt-

ing, Fishing, Funeral.

Avoid: Starting a construction.

Rooster day



This is the month of April with all the Breakers crossed out

Year Breaker

Month Breaker

Personal Day Breaker

