

Thank you for visiting my website.

Due to the Covid-19 pandemic there have been some changes made to my practice. Firstly the good news is that I am very much open for Acupuncture and related treatments, Homeopathy and Weleda Health. But I am currently practicing from The Boldon Clinic, 5 Langholm Road, East Boldon, Tyne and Wear, NE36 0ED for the foreseeable future. My email and contact details are still the same and often txt is better than trying to telephone as I may be busy with a client and I can return your call ASAP.

You will notice in my website there are two downloadable documents at www.cleadonhillclinic.co.uk. one is the guideline for practice I've outlined below and the other is a healthcare questionnaire you can complete and bring with you for treatment

Prior to seeing patients I will need to take a consultation by appointment via telephone social media platforms, FaceTime, Messenger, WhatsApp or Zoom at a pre-arranged meeting. This is to fulfill the government recommendations to limit face to face contact as this can take up to 45 minutes where you can tell me the issues your facing and I can do a risk assessment for your forthcoming treatment. By using an online platform we will be unrestricted by PPE and face masks for this initial meeting/assessment and the time in the treatment room will be fully allocated to your health treatment which can take around 45 minutes.

The time in between patients has been extended to allow deep-cleaning as per government regulations. In order to help protect you I will be wearing surgical scrubs which are laundered separately daily a clinically disposable plastic apron face mask and possibly gloves. I request that you please arrive punctually and unaccompanied as the waiting room may only be used if the weather is inclement and please note toilet facilities are for emergency use only due to government guided restrictions. Payment can be made via BACS transfer, cheque or cash (as this can be sanitised). Further appointments may also be made at the time of treatment.

Just to also make you aware the surroundings of my treatment space have also changed a little. I currently cannot provide my usually cosy towels and blankets but I have tried to make the premises as comfortable as the restrictions permit. You must arrive wearing a face mask which should be kept in during your treatment. If you wish you may bring your own towel with you to keep you warm. I do have foil blankets and extra face masks which you can purchase from me and take home if this isn't possible.

Hand sanitiser will be provided for your use upon entering and leaving the premises and I will also check your temperature upon entering the building and recording my own temperature twice daily.

Should you become unwell with Covid-19 please contact me ASAP as I still want to stay in contact to support you but I will not be able to see you until the virus has passed to protect myself and other patients. Also if I have seen you within 7 days of your symptoms emerging I will need to follow the track and trace guidelines laid out by the government to help protect others.

All of this seems a little daunting, but I will do my best to make you feel welcome for your treatment