



SPARNED®
FITNESS EQUIPMENT

COMMERCIAL

EQUIPMENT CATALOG



Standard Series

STRENGTH COLLECTION



STA-5001 | Prone Leg Curl



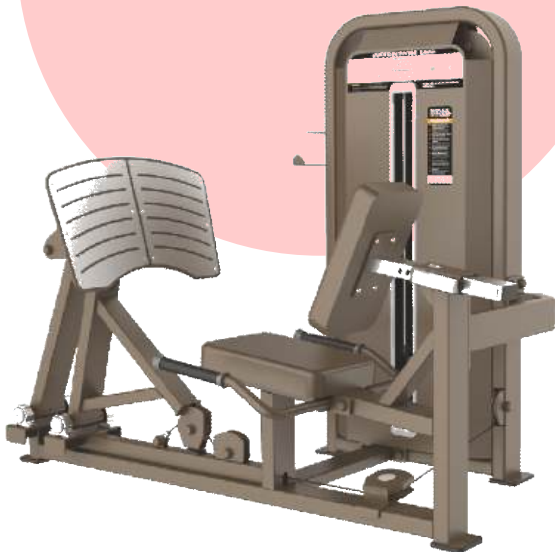
- Length : 1800mm
- Width : 970mm
- Height : 1500mm
- Weight Stacks : 95kg
- Product Weight : 222kgs

STA-5002 | Leg Extension



- Length : 1050mm
- Width : 1400mm
- Height : 1500mm
- Weight Stacks : 109kg
- Product Weight : 251kgs

STA-5003 | Leg Press



- Length : 1850mm
- Width : 1050mm
- Height : 1500mm
- Weight Stacks : 109kg
- Product Weight : 275kgs

STA-5004 | Pectoral Machine



- Length : 1500mm
- Width : 880mm
- Height : 1500mm
- Weight Stacks : 110kg
- Product Weight : 253kgs

STA-5005 | Lateral Raise



- Length : 910mm
- Width : 1150mm
- Height : 1500mm
- Weight Stacks : 52kg
- Product Weight : 189kgs

STA-5006 | Shoulder Press



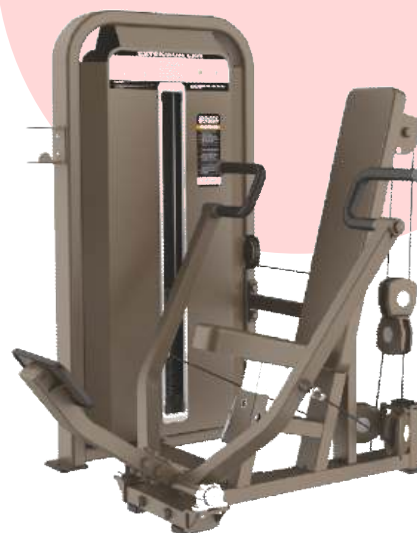
- Length : 1900mm
- Width : 1350mm
- Height : 1500mm
- Weight Stacks : 109kg
- Product Weight : 263kgs

STA-5007 | Pec Fly / Rear Delt



- Length : 1240mm
- Width : 940mm
- Height : 2110mm
- Weight Stacks : 54.5kg
- Product Weight : 279kgs

STA-5008 | Vertical Press



- Length : 1350mm
- Width : 1400mm
- Height : 1500mm
- Weight Stacks : 109kg
- Product Weight : 255kgs

STA-5009 | Dip/Chin Assist



- Length : 1350mm
- Width : 1400mm
- Height : 1500mm
- Weight Stacks : 88kg
- Product Weight : 335kgs

STA-5013 | Incline Press



- Length : 2100mm
- Width : 1460mm
- Height : 1500mm
- Weight Stacks : 109kg
- Product Weight : 295kgs

STA-5018 | Rotary Torso



- Length : 1360mm
- Width : 1170mm
- Height : 1500mm
- Weight Stacks : 65kg
- Product Weight : 189.5kgs

STA-5021 | Abductor



- Length : 1050mm
- Width : 1200mm
- Height : 1500mm
- Weight Stacks : 110kg
- Product Weight : 255.5kgs

STA-5022 | Adductor



- Length : 1050mm
- Width : 1200mm
- Height : 1500mm
- Weight Stacks : 110kg
- Product Weight : 248kgs

STA-5023 | Seated Leg Curl



- Length : 1580mm
- Width : 1050mm
- Height : 1500mm
- Weight Stacks : 109kg
- Product Weight : 283kgs

STA-5024 | Glute Isolator



- Length : 1300mm
- Width : 960mm
- Height : 1500mm
- Weight Stacks : 49kg
- Product Weight : 151kgs

STA-5026 | Seated Dip



- Length : 1580mm
- Width : 1200mm
- Height : 1500mm
- Weight Stacks : 110kg
- Product Weight : 259kgs

STA-5027 | Seated Tricep-Flat



- Length : 1200mm
- Width : 980mm
- Height : 1500mm
- Weight Stacks : 65kg
- Product Weight : 193.5kgs

STA-5028 | Tricep Extension



- Length : 1110mm
- Width : 950mm
- Height : 1500mm
- Weight Stacks : 65kg
- Product Weight : 194kgs

STA-5030 | Camber Curl 45°



- Length : 1200mm
- Width : 910mm
- Height : 1500mm
- Weight Stacks : 64kg
- Product Weight : 180kgs

STA-5031 | Back Extension



- Length : 1210mm
- Width : 1000mm
- Height : 1500mm
- Weight Stacks : 109kg
- Product Weight : 260kgs

STA-5033 | Long Pull



- Length : 2820mm
- Width : 1090mm
- Height : 2230mm
- Weight Stacks : 135kg
- Product Weight : 253kgs

STA-5034 | Vertical Row



- Length : 1300mm
- Width : 1500mm
- Height : 1500mm
- Weight Stacks : 95kg
- Product Weight : 233kgs

STA-5035 | Pull Down



- Length : 1300mm
- Width : 1000mm
- Height : 1500mm
- Weight Stacks : 106kg
- Product Weight : 282kgs

STA-5073 | Abdominal Isolator



- Length : 1300mm
- Width : 1000mm
- Height : 1500mm
- Weight Stacks : 95kg
- Product Weight : 230kgs

STA-5084 | Chest & Shoulder Press



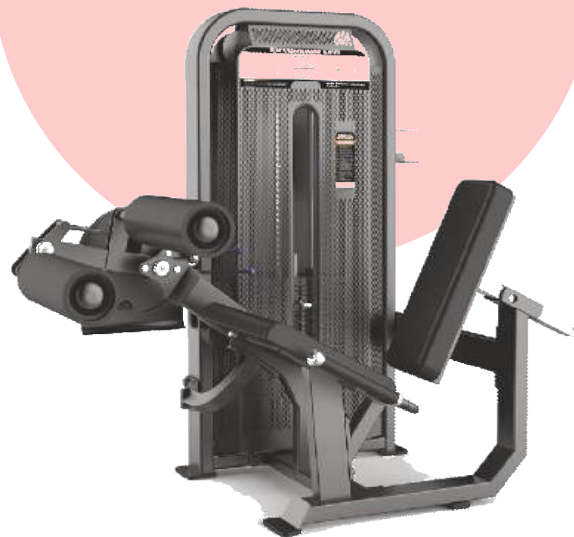
- Length : 1755mm
- Width : 1450mm
- Height : 1510mm
- Weight Stacks : 110kg
- Product Weight : 160kgs

STA-5085 | Lat & Pulley Machine



- Length : 1140mm
- Width : 1955mm
- Height : 2200mm
- Weight Stacks : 110kg
- Product Weight : 162kgs

STA-5086 | Leg Extension & Leg Curl



- Length : 1650mm
- Width : 1100mm
- Height : 1510mm
- Weight Stacks : 110kg
- Product Weight : 161kgs

STA-5087 | Camber Curl & Tricep



- Length : 1430mm
- Width : 1070mm
- Height : 1510mm
- Weight Stacks : 110kg
- Product Weight : 140kgs

STA-5088 | Abdominal & Back Extension



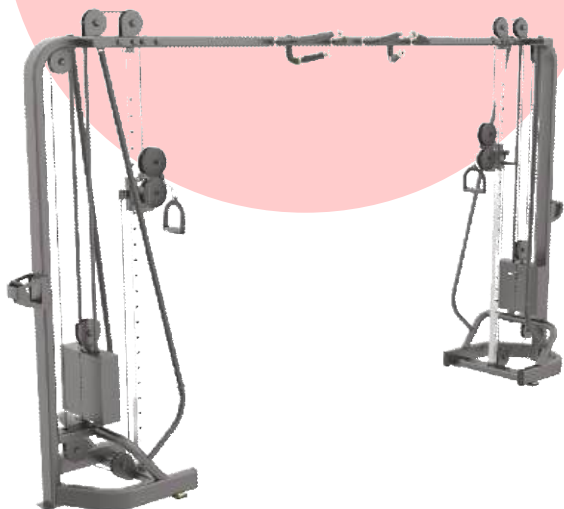
- Length : 1600mm
- Width : 1060mm
- Height : 1510mm
- Weight Stacks : 110Kg
- Product Weight : 155kgs

STA-5089 | Abductor & Adductor



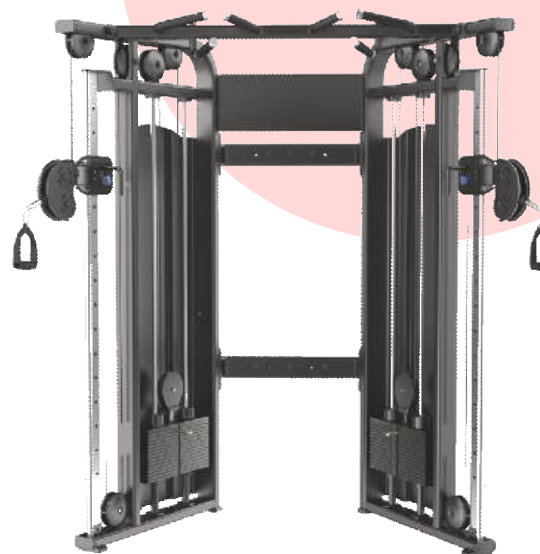
- Length : 835mm
- Width : 1620mm
- Height : 1510mm
- Weight Stacks : 95kg
- Product Weight : 150kgs

STA-1016 | Adjustable Crossover-Pro



- Length : 4470mm
- Width : 1090mm
- Height : 2310mm
- Weight Stacks : 190kg
- Product Weight : 368kgs

STA-1017C | FTS Dual Adjustable Pulley



- Length : 1760mm
- Width : 1050mm
- Height : 2250mm
- Weight Stacks : 190kg
- Product Weight : 440kgs

STA-3036 | Flat Bench



- Length : 1350mm
- Width : 430mm
- Height : 760mm
- Product Weight : 26kg

STA-3037 | Adjustable Decline Bench



- Length : 680mm
- Width : 1640mm
- Height : 990mm
- Product Weight : 56kg

STA-3038 | Multi-Purpose Bench



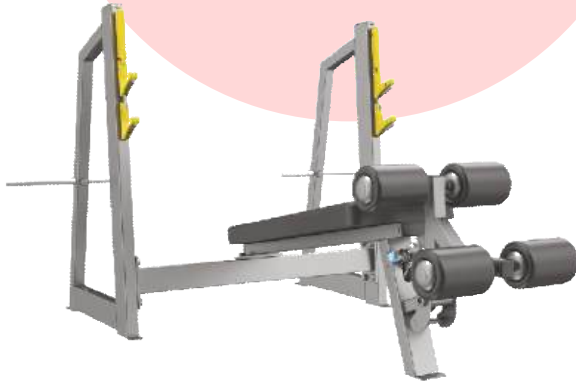
- Length : 680mm
- Width : 1060mm
- Height : 900mm
- Product Weight : 25kg

STA-3039 | Super Bench



- Length : 690mm
- Width : 680mm
- Height : 1380mm
- Product Weight : 41kg

STA-3041 | Olympic Decline Bench



- Length : 1220mm
- Width : 1700mm
- Height : 2090mm
- Product Weight : 76kg

STA-3042 | Olympic Incline Bench



- Length : 1400mm
- Width : 1700mm
- Height : 1960mm
- Product Weight : 81kg

STA-3043 | Olympic Flat Bench



- Length : 1220mm
- Width : 1700mm
- Height : 1740mm
- Product Weight : 63kg

STA-3044 | Seated Preacher Curl



- Length : 880mm
- Width : 840mm
- Height : 1130mm
- Product Weight : 51kg

STA-3045 | Back Extension



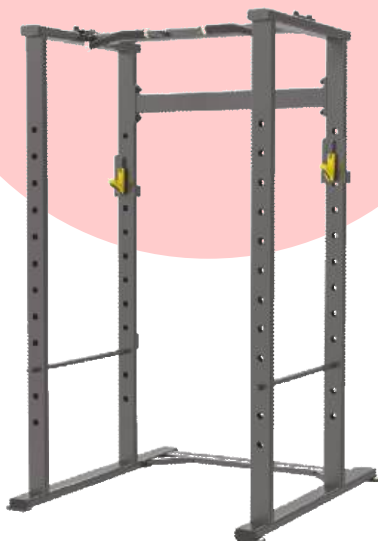
- Length : 670mm
- Width : 890mm
- Height : 1210mm
- Product Weight : 58kg

STA-3047 | Vertical Knees Up/Dip



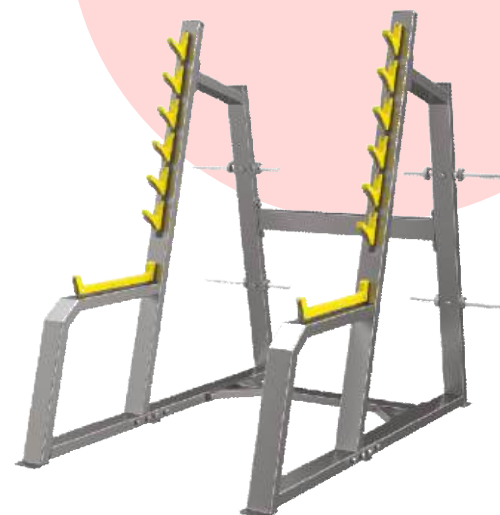
- Length : 710mm
- Width : 1600mm
- Height : 1270mm
- Product Weight : 70kg

STA-3048 | Power Cage



- Length : 1240mm
- Width : 1570mm
- Height : 2340mm
- Product Weight : 127kg

STA-3050 | Squat Rack



- Length : 1700mm
- Width : 1730mm
- Height : 1780mm
- Product Weight : 120kg

STA-3051 | Olympic Seated Bench



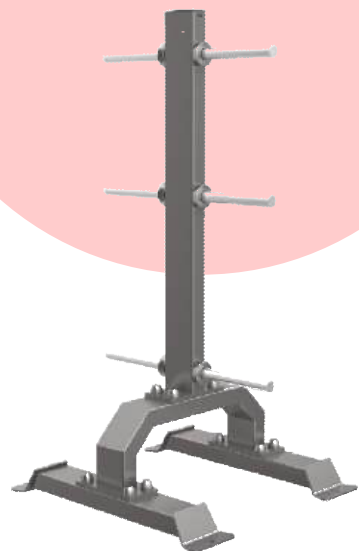
- Length : 1770mm
- Width : 1540mm
- Height : 1800mm
- Product Weight : 118kg

STA-3053 | Handle Rack



- Length : 940mm
- Width : 760mm
- Height : 1060mm
- Product Weight : 68kg

STA-3054 | Vertical Plate Tree



- Length : 580mm
- Width : 610mm
- Height : 1240mm
- Product Weight : 29kg

STA-3055 | Barbell Rack



- Length : 920mm
- Width : 780mm
- Height : 1520mm
- Product Weight : 76kg

STA-3056 | Angled Leg Press



- Length : 1350mm
- Width : 1630mm
- Height : 2210mm
- Product Weight : 246kg

STA-3057 | Hack Silde



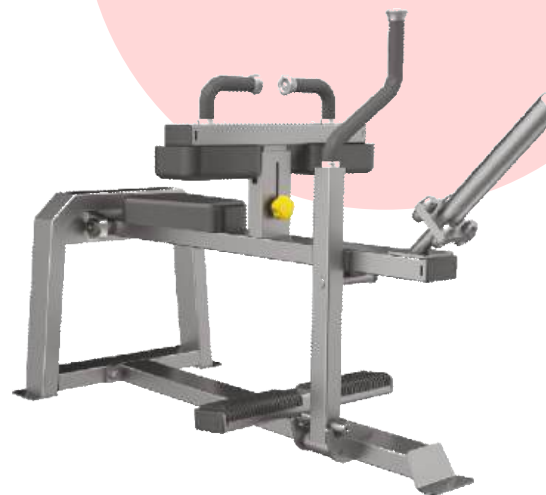
- Length : 1630mm
- Width : 2240mm
- Height : 1260mm
- Product Weight : 180kg

STA-3061 | Incline Level Row



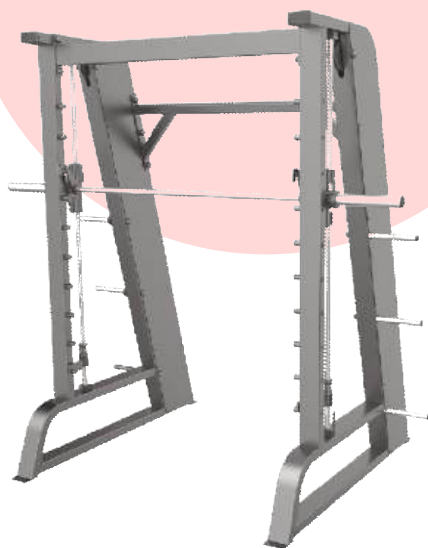
- Length : 790mm
- Width : 1190mm
- Height : 1850 mm
- Product Weight : 73kg

STA-3062 | Seated Calf



- Length : 710mm
- Width : 990mm
- Height : 1500mm
- Product Weight : 59kg

STA-3063 | Smith Machine



- Length : 1420mm
- Width : 2210mm
- Height : 2360mm
- Product Weight : 264kg

STA-2063 | Smith Squat Combo

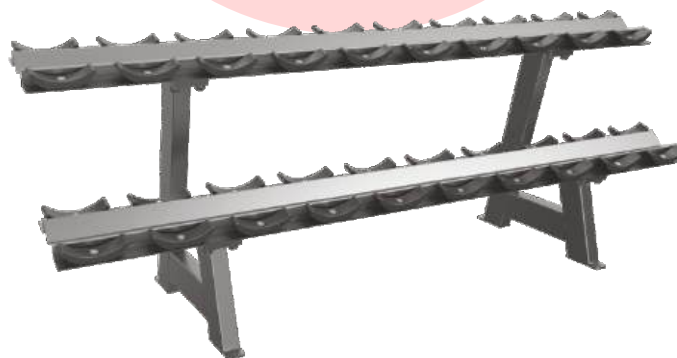


STA-3065 | Super Squat



- Length : 1470mm
- Width : 2010mm
- Height : 1630mm
- Product Weight : 165kg

STA-3077 | Dumbbell Rack (10 Pairs)



- Length : 720mm
- Width : 2480mm
- Height : 810mm
- Product Weight : 75kg

STA-3092 | Glute Machine



- Length : 1810mm
- Width : 1240mm
- Height : 1240mm
- Product Weight : 100kg

ECOST Series

STRENGTH
COLLECTION



ECO-1001 | Prone Leg Curl



- Length : 1350mm
- Width : 990mm
- Height : 1520mm
- Weight Stacks : 94kg
- Product Weight : 216kgs

ECO-1002 | Leg Extension



- Length : 1300mm
- Width : 990mm
- Height : 1350mm
- Weight Stacks : 109kg
- Product Weight : 223kgs

ECO-1003 | Leg Press



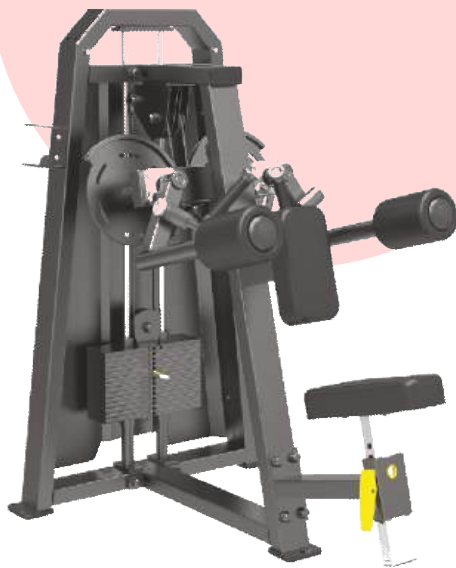
- Length : 1900mm
- Width : 1100mm
- Height : 1620mm
- Weight Stacks : 109kg
- Product Weight : 220kgs

ECO-1004 | Pectoral Machine



- Length : 1620mm
- Width : 870mm
- Height : 1500mm
- Weight Stacks : 110kg
- Product Weight : 200kgs

ECO-1005 | Lateral Raise



- Length : 1300mm
- Width : 860mm
- Height : 1370mm
- Weight Stacks : 52kg
- Product Weight : 173kgs

ECO-1006 | Shoulder Press



- Length : 1850mm
- Width : 1320mm
- Height : 1220mm
- Weight Stacks : 109kg
- Product Weight : 239kgs

ECO-1007 | Pec Fly / Rear Delt



- Length : 1240mm
- Width : 940mm
- Height : 2110mm
- Weight Stacks : 109kg
- Product Weight : 227kgs

ECO-1008 | Vertical Press



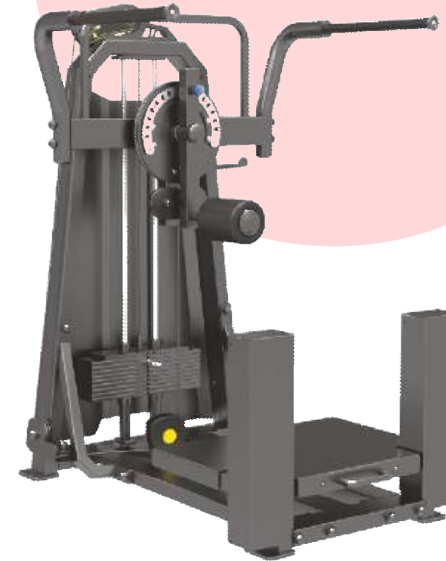
- Length : 1300mm
- Width : 1320mm
- Height : 1350mm
- Weight Stacks : 109kg
- Product Weight : 214kgs

ECO-1009 | Dip/Chin Assist



- Length : 1300mm
- Width : 1320mm
- Height : 1350mm
- Weight Stacks : 88kg
- Product Weight : 289kgs

ECO-1011 | Multi Hip



- Length : 1150mm
- Width : 1310mm
- Height : 1630mm
- Weight Stacks : 110kg
- Product Weight : 170kgs

ECO-1013 | Incline Press



- Length : 1850mm
- Width : 1220mm
- Height : 1320mm
- Weight Stacks : 110kg
- Product Weight : 239kgs

ECO-1018 | Rotary Torso



- Length : 1200mm
- Width : 790mm
- Height : 1650mm
- Weight Stacks : 65kg
- Product Weight : 198kgs

ECO-1021 | Abductor



- Length : 1350mm
- Width : 860mm
- Height : 1550mm
- Weight Stacks : 110kg
- Product Weight : 214kgs

ECO-1022 | Adductor



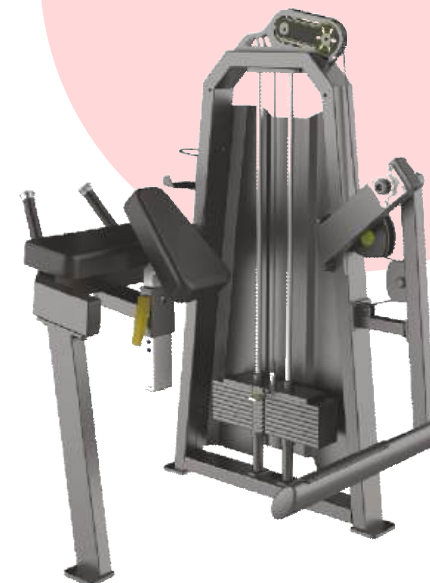
- Length : 1350mm
- Width : 860mm
- Height : 1550mm
- Weight Stacks : 110kg
- Product Weight : 214kgs

ECO-1023 | Seated Leg Curl



- Length : 1620mm
- Width : 1060mm
- Height : 1510mm
- Weight Stacks : 109kg
- Product Weight : 220kgs

ECO-1024 | Glute Isolator



- Length : 1120mm
- Width : 860mm
- Height : 1350mm
- Weight Stacks : 49kg
- Product Weight : 141kgs

ECO-1026 | Seated Dip



- Length : 1070mm
- Width : 1400mm
- Height : 1350mm
- Weight Stacks : 109kg
- Product Weight : 230kgs

ECO-1027 | Seated Tricep-Flat



- Length : 1140mm
- Width : 940mm
- Height : 1470mm
- Weight Stacks : 65kg
- Product Weight : 191kgs

ECO-1028 | Tricep Extension



- Length : 1180mm
- Width : 940mm
- Height : 1630mm
- Weight Stacks : 65kg
- Product Weight : 190kgs

ECO-1030 | Camber Curl



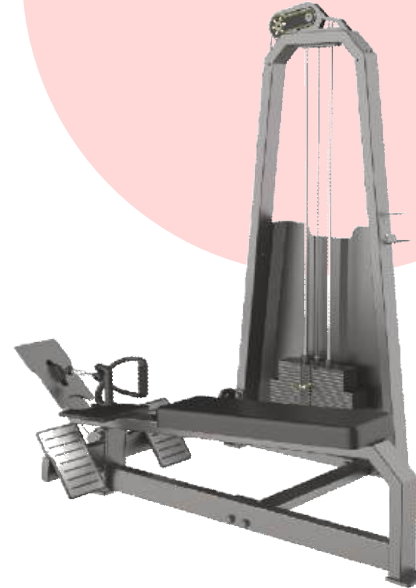
- Length : 890mm
- Width : 1190mm
- Height : 1350mm
- Weight Stacks : 64kg
- Product Weight : 168kgs

ECO-1031 | Back Extension



- Length : 1350mm
- Width : 890mm
- Height : 1300mm
- Weight Stacks : 110kg
- Product Weight : 255kgs

ECO-1033 | Long Pull



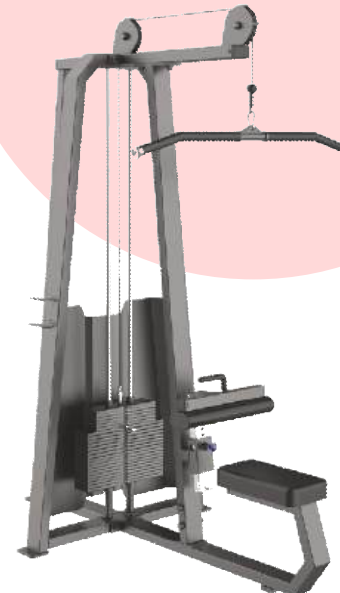
- Length : 2820mm
- Width : 1090mm
- Height : 2360mm
- Weight Stacks : 110kg
- Product Weight : 268kgs

ECO-1034 | Vertical Row



- Length : 1320mm
- Width : 1550mm
- Height : 1600mm
- Weight Stacks : 95kg
- Product Weight : 194kgs

ECO-1035 | Pull down



- Length : 1090mm
- Width : 1850mm
- Height : 2340mm
- Weight Stacks : 109kg
- Product Weight : 248kgs

ECO-1073 | Abdominal Isolator



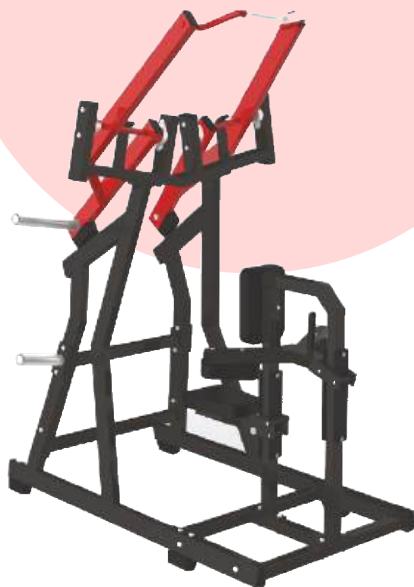
- Length : 1190mm
- Width : 970mm
- Height : 1350mm
- Weight Stacks : 95kg
- Product Weight : 209kgs



EPL Series



EPL-2005Z | VERTICAL TRACTION



- Length : 1660mm
- Width : 1160mm
- Height : 2110mm
- Product Weight : 148kg

EPL-2006Z | HIGH ROW



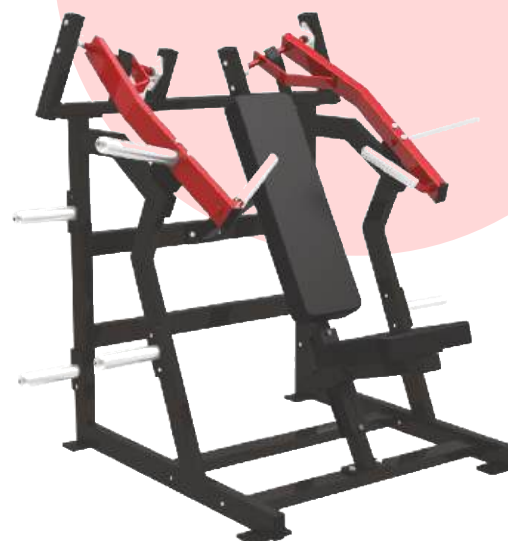
- Length : 1700mm
- Width : 1190mm
- Height : 2030mm
- Product Weight : 166kg

EPL-2011Z | LOW ROW



- Length : 1320mm
- Width : 1340mm
- Height : 1500mm
- Product Weight : 125kg

EPL-2013Z | SUPER INCLINE PRESS



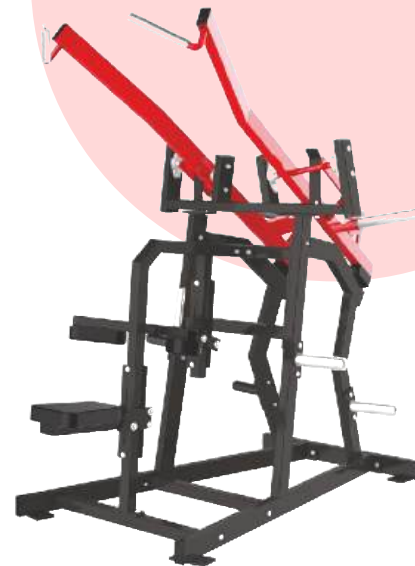
- Length : 1530mm
- Width : 1300mm
- Height : 1600mm
- Product Weight : 148kg

EPL-2014Z | WIDE CHEST PRESS



- Length : 1780mm
- Width : 1230mm
- Height : 1990mm
- Product Weight : 182kg

EPL-2015Z | WIDE PULLDOWN



- Length : 1820mm
- Width : 1130mm
- Height : 1950mm
- Product Weight : 155kg

EPL-2018Z | SEATED DIP



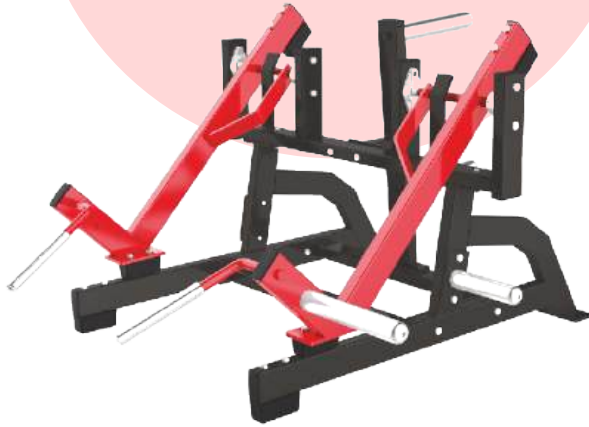
- Length : 1260mm
- Width : 1785mm
- Height : 1525mm
- Product Weight : 140kg

EPL-2025Z | CALF



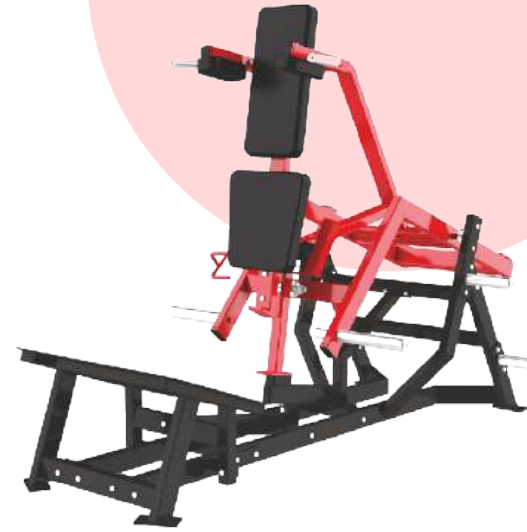
- Length : 1240mm
- Width : 1035mm
- Height : 720mm
- Product Weight : 74kg

EPL-2029Z | STANDING SHRUG



- Length : 1630mm
- Width : 1520mm
- Height : 900mm
- Product Weight : 103.5kg

EPL-3017Z | V-SQUAT



- Length : 2450mm
- Width : 1330mm
- Height : 1825mm
- Product Weight : 246kg



SF-007 | Fitness Mobile Fan



Dimension	2140 x 690 x 2030mm
Power	1.1kw
Airflow	24 Meters Length
Controller	Variable Speed Control
Colour	Black
Wheels	Four Independent Swivel Wheels
Weight	150kg

A close-up, low-angle shot of a person's hands clapping together, creating a dense cloud of white powder that drifts through the air. In the foreground, a barbell with large black weight plates is positioned horizontally, slightly out of focus. The background is dark with some warm, bokeh light sources, suggesting a gym or studio setting.

Dumbbells | Plates | Rods

COLLECTIONS

SDA | American Dumbbells (Pair)



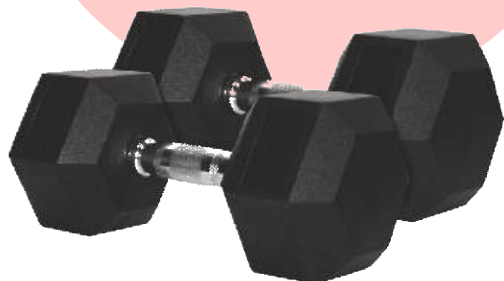
- 2.5kg (Pair)
- 5kg (Pair)
- 7.5kg (Pair)
- 10kg (Pair)
- 12.5kg (Pair)
- 15kg (Pair)
- 20kg (Pair)
- 25kg (Pair)

SDR | Round Dumbbells (Pair)



- 2.5kg (Pair)
- 5kg (Pair)
- 7.5kg (Pair)
- 10kg (Pair)
- 12.5kg (Pair)
- 15kg (Pair)
- 20kg (Pair)
- 25kg (Pair)
- 30kg (Pair)
- 35kg (Pair)
- 40kg (Pair)
- 45kg (Pair)
- 50kg (Pair)

SDH | Hexagonal Dumbbells (Pair)



- 2.5kg (Pair)
- 5kg (Pair)
- 7.5kg (Pair)
- 10kg (Pair)
- 12.5kg (Pair)
- 15kg (Pair)
- 20kg (Pair)
- 25kg (Pair)
- 30kg (Pair)
- 35kg (Pair)

SDV | Vinyl Dumbbells (Pair)



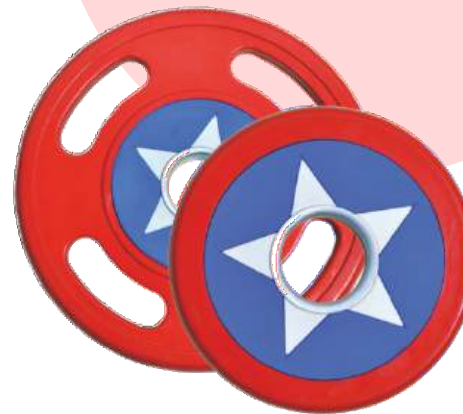
- 1kg (Pair)
- 2kg (Pair)
- 3kg (Pair)
- 4kg (Pair)
- 5kg (Pair)
- 6kg (Pair)

S3FP | 3 Cut Finger Plate (Pair)



- 2.5kg (Pair)
- 5kg (Pair)
- 7.5kg (Pair)
- 10kg (Pair)
- 15kg (Pair)
- 20kg (Pair)
- 25kg (Pair)

SPA | American Plate (Pair)



- 2.5kg (Pair)
- 5kg (Pair)
- 7.5kg (Pair)
- 10kg (Pair)
- 15kg (Pair)
- 20kg (Pair)
- 25kg (Pair)

SRO | Olympic Rod



Olympic Rod

- 3 feet
- 4 feet
- 5 feet
- 7 feet

SROEZ | EZ Olympic Rod



EZ Rod

- 3 feet
- 4 feet



FIND YOUR PRIME

CONFIDENCE. DISCIPLINE. ACHIEVEMENT