

SPARND[®]
FITNESS EQUIPMENT

INDIA | UAE | KSA

**SHAPE-UP
YOUR
BODY**

≡ SINGLE STATION ≡

PRO-SERIES

Navratna Chs Ltd, Bldg No.4, Gala No:11
Jaku Club, Santacruz East,
Mumbai: 400055

9004012501 / 9136975713 / 9819013538





PRO-001 Chest Press

- Weight: 150kg
- Size: 1386x1298x1530mm
- Gross Weight: 268kg



PRO-002A Pec Fly/Rear Delt

- Weight: 150kg
- Size: 1505x1215x2000mm
- Gross Weight: 254kg
- Weight Stacks: 80kg



PRO-03 Seated & Horizontal Shoulder Press

- Weight: 150kg
- Size: 1950x1460x1535mm
- Gross Weight: 258kg
- Weight Stack: 80kg



PRO-003 Shoulder Press

- Weight: 150kg
- Size: 1443x1450x1530mm
- Gross Weight: 261kg
- Weight Stack: 80kg

**PRO-004** Seated Row

-  Weight: 150kg
-  Size: 1580x910x1530mm
-  Gross Weight: 275kg

**PRO-006** Biceps Curl

-  Weight: 150kg
-  Size: 1272x935x1530mm
-  Gross Weight: 240kg

**PRO-007** Triceps Press

-  Weight: 150kg
-  Size: 1481x1160x1530mm
-  Gross Weight: 274kg

**PRO-008** Assisted Chin/Dip

-  Weight: 150kg
-  Size: 1455x1275x2335mm
-  Gross Weight: 310kg
-  Weight Stack: 80kg



PRO-009 Lower Back

-  Weight: 150kg
-  Size: 1446x980x1530mm
-  Gross Weight: 256kg



PRO-010 Abdominal Crunch

-  Weight: 150kg
-  Size: 1498x1059x1530mm
-  Gross Weight: 221kg



PRO-011 Rotary Torso

-  Weight: 150kg
-  Size: 1223x1138x1530mm
-  Gross Weight: 232kg



PRO-012 Lat Pull Down

-  Weight: 150kg
-  Size: 1339x1365x2288mm
-  Gross Weight: 297kg



PRO-012 High Pulley/Row

-  Weight: 150kg
-  Size: 1900x1520x2230
-  Gross Weight: 280kg



PRO-012A Seated Horizontal Pulley

-  Weight: 150kg
-  Size: 1786x1020x1530
-  Gross Weight: 253kg



PRO-013 Horizontal Leg Curl

-  Weight: 150kg
-  Size: 1652x1032x1530mm
-  Gross Weight: 265kg



PRO-014 Leg Extension

-  Weight: 150kg
-  Size: 1424x1035x1530mm
-  Gross Weight: 284kg

**PRO-015** Leg Press

 Weight: 150kg
 Size: 1985x1034x1530mm
 Gross Weight: 301kg

**PRO-016A** Glute Kickback

 Weight: 150kg
 Size: 1400x920x1530mm
 Gross Weight: 239kg

**PRO-017** Calf Machine

 Weight: 150kg
 Size: 1589x1132x1530mm
 Gross Weight: 254kg

**PRO-018** Inner Thigh Adductor

 Weight: 150kg
 Size: 1635x750x1530mm
 Gross Weight: 259kg



PRO-019 Outer Thigh Abductor

- Weight: 150kg
- Size: 1635x750x1530mm
- Gross Weight: 260kg



PRO-0607 Biceps/Triceps

- Weight: 150kg
- Size: 1250x1250x1535mm
- Gross Weight: 250kg
- Weight Stack: 80kg



PRO-0910 Horizontal Leg Curl

- Weight: 210kg
- Size: 250x1250x1660mm
- N.W.:215kgs



PRO-1314 Leg Extension/Leg Curl

- Weight: 150kg
- Size: 1400x1200x1535mm
- Gross Weight: 285kg
- Weight Stack: 100kg

**PRO-1819** Abductor/Adductor

-  Weight: 150kg
-  Size: 1548x857x1530mm
-  Gross Weight: 270kg
-  Weight Stack: 100kg