

Janice E Tufte
<https://janicetufte.com/covid19-vulnerable>

Discounted Internet and Phone Services

NATIONAL INTERNET:

Discounted and Free Internet <https://www.digitalinclusion.org/free-low-cost-internet-plans/>

Comcast Internet Essentials <https://internetessentials.com/>

***Seattle free and discount services Internet (and general links)**

<http://www.seattle.gov/tech/services/internet-access/free-access-to-computers-and-the-internet>

LIFELINE PHONE PROVIDERS:

Statewide Free and Discounted Phone Lists:

http://www.lifeline-phones.com/state_providers/WA

Assurance <https://www.assurancewireless.com/>

SafeLink <https://www.safelinkwireless.com/>

Consumer Cellular <https://www.consumercellular.com/>

***Seattle discount phone (and general links)**

<http://www.seattle.gov/tech/services/free-and-discounted-devices/discount-smart-phones>

OTHER:

CMS Covered telehealth services: <https://www.cms.gov/Medicare/Medicare-General-Information/Telehealth/Telehealth-Codes>

National Lifeline Phone FCC Information:

<https://www.fcc.gov/general/lifeline-program-low-income-consumers>

Telehealth & HIPAA <https://www.hhs.gov/sites/default/files/telehealth-faqs-508.pdf>