

*** Civil Rights / Ethnic Organizations / Services**

ACLU www.aclu-wa.org 206-624-2184
Arab Center arabcenterwa.org
Asian Pacific/ Islander Chaya 206-325-0325
Bosnian Islamic Center Shoreline 206-365-3350
CAIR-WA CAIRSeattle 206-367-4081
EACS E.African Community Svcs 206-721-1119
EMAS Ethiopian Muslims 206-243-1251
Horn of Africa www.hoas.org 206-760-0550
ICNA Relief ICNA Seattle
Iraqi Community Center SW Youth 206 937-7680
Islamic Relief Community Grants
King County Office Civil Rights 206-263-2446
Muslim American Society Seattle Chapter
NAACP Seattle/King County 206-324-6600
One America 206-723-2203
Peaceful Families Task Force 206-467-9976
<http://www.pakistanseattle.org/> 425-836-2245
PICACS Pacific Islander Community
Refugee Fed Services 206-725-9181
REWA Refugee Women's Alliance 206-721-0243
Seattle Office of Civil Rights 206-684-4500
Solid Ground Help Services 206-694-6700
Somali Community Services 206-760-1181
Somali News <http://runtanews.com>
Urban League 206-461-3792
Veterans WA 1-800-562-2308 KC 877-904-8387

*** Aging and Disability Services call 211**

Aging and Disability King County 206-684-0660
Community Living Connections 1-844-348-5464
Mayors Office for Senior Citizens 206-684-0500
Sound Generations 1-888-435-3377

*** Financial Assistance call 211** \$\$ Assistance

Centerstone (utilities, helpline) 206-812-4940
Financial Empowerment Network Bank On
Hope-link++ energy assistance 425-658 2592
LI-HEAP/ELIA utilities 206-684-3417
Multi-Service Center 253-838-6810
Project Share (utilities help) 206-684-3000
Salvation Army utilities/assistance 253-852-4983
St Vincent de Paul 206-767-6449

*** Food Banks call 211 or** 206-461-3200

King County / Seattle Food Banks
NW Harvest 1-800-722-6924
DSHS SNAP/ Basic Food Help 1-877-501-2233

*** Islamic Halal Food /Restaurants** Zabihah.com

*** Domestic Violence Assistance call 911/ 211**

Adult Abuse Reporting 1- 866-END-HARM
Child Protective Services 1-866-363-4276
King County List for DV Services
CHAYA www.chayaseattle.org 1-877-92-CHAYA
Crisis Clinic King County 1-866-427-4747
www.crisisclinic.org
D.A.W.N. Crisis Help 425-656-7867
DV Hotline Washington State 1-800-562-6025
LifeWire Eastside DV 1-800-827-8840
New Beginings 206-522-9472
Pathways for Women counsel 425-774-9843
South CountyYWCA ask Arabic 425-226-1266

*** Dental Clinics Lower Income**

Central Area Clinic 206-461-7801
Eastgate Dental Clinic 206-477-8000
45th Street Clinic 206-548-2964
High Point Dental 206-461-6966
ICHS <https://www.ichs.com/?s=dentist>
Lake Washington IT 425-739-8130
Neighborcare Dental Community Clinics
Pacific Tower 206-548-5850
Public Health Dental Clinics 206-205-8580
Rainier Beach Dental 206-461-6981

*** Eye Exams**

Eye Care America (Elderly 65+)
Eyedentity Kirkland 425-822-7685
Infant See <http://www.infantsee.org/>
Lion's Low Vision Clinic 425-558-4228
USA <http://www.aoa.org/visionusa.xml>

*** Health Care Clinics & Providers**

<http://wahealthplanfinder.org/> Apple Health
Children's Hospital 206-987-2000
Breast/ Cervical /Colon Clinic 206-263-8200
CommunityHealth Access 1-800-756-5437
Community Health Plan (CHC Clinics)
www.chpw.org 1-800-440-1561
CSO (DSHS) Medical help 1-877-501-2233
Harborview 3rd Ave Clinic 206-521-1231
Hope-link clinic Sat 9 :30-11:30 425-943-7555
International ICHS clinics <http://www.ichs.com/>
King County Health Clinics 206-296-4600
Neighborcare Clinics
Odessa Clinic (children) 206-987-7210
Pioneer Square Clinic 206-744-1500
Somali Health Board 206-823-1077

*** Housing Emergency Shelters (Homeless)**

For KC intake call 211 or 1-800-621-4636
Congregations for the Homeless-M 425-289-4044
Compass http://www.compasshousingalliance.org/
DESC 206-464-1570
King County (CCSWW) 206-323-6336
Mary's Place 206-621-8474
Sacred Heart (families,women,ch) 206-285-7489
Salvation Army M W Booth Cntr 206-621-0145
Women's Referral Center (24/7) 206-441-3210
UGM Families-206-628-2008 M- 206-622-5177
YMCA Emergency Services Sea 206-568-7841
Friends of Youth Emergency Help 206-236-KIDS

*** Housing Transitional Intake: call 211**

Attain Housing (Eastside/ KITH) 425-576-9531
Catholic Community Services www.ccsww.org
Hope-link (Bellevue Services) 425-943-7555
Valley Cities Housing Options 253-939-4055

*** Permanent Housing Low Income intake: 211**

Bellwether Housing 206-623-0506
Community Roots Housing 206-329-7303
Everett Housing Authority 425-258-9222
Housing Search NW 1-877-428-8844
IDHA 206-623-5132
ImagineHousing <http://www.sahg.org> 425-576-5190
KingCounty Housing www.kcha.org 206-574-1100
Low Income Housing Institute 206-443-9935
Mercy Housing 206-838-5700
Pierce County Housing Authority 253-620-5400
Plymouth Housing 206-374-9409
Renton Housing Authority 425-226-1850
Seattle Housing Authority 206-239-1500
SHAG (seniors) <http://www.housing4seniors.com/>
Snohomish Co Housing 425-290-8499
Tacoma Housing 253-207-4400
http://www.tacomahousing.org/
Tenants Union Landlord/ Evictions 206-723-0500

*** Public Transportation**

CommunityTransit 425-353-RIDE/1-800-562-1375
http://www.commtrans.org/
Metro 206-553-3000 /1-800-542-7876
*King County Reduced Fare Information
Pierce Co.Transit 253-581-8000 /1-800-562-8109
http://www.piercetransit.org/
SoundTransit http://soundtransit.org/ 1-888-889-6368