



# Zybek Sports Standardized Athlete Test (SAT®) Results



**Travis Carlucci**

**Zybek Sports SAT® ID:**  
265108\_Travis\_Carlucci

**ST**  
**2024**

**Height:** 5 ft 9.25 In.

**Reach Height:** 88

**Event**  
**Jflora Showcase**

5/21/2023

## Travis's Zybek Sports SAT® Performance Results

10 Yard	20 Yard	40 Yard	20 YD Shuttle Split	20 YD Shuttle	3 Cone Drill	Vertical Jump	Broad Jump
<b>1.758</b> Seconds	<b>2.892</b> Seconds	<b>4.908</b> Seconds	<b>2.363</b> Seconds	<b>4.498</b> Seconds	<b>7.587</b> Seconds	<b>28.50</b> Inches	<b>109</b> Inches

## Zybek Sports SAT® Comparison and Targets for Travis

### Average Performance Measures From Zybek Sports SAT® for 2024 ST Athletes:

10 YD Dash	20 YD Dash	40 YD Dash	ProAgility Split	ProAgility	3 Cone Drill	Vertical Jump	Broad Jump
<b>1.984</b>	<b>3.301</b>	<b>5.808</b>	<b>2.572</b>	<b>5.098</b>	<b>9.515</b>	<b>20.6</b>	<b>78</b>

### How Travis compares to other 2024 ST

<b>0.226 above average</b>	<b>0.409 above average</b>	<b>0.9 above average</b>	<b>0.209 above average</b>	<b>0.6 above average</b>	<b>1.928 above average</b>	<b>7.9 inches above average</b>	<b>31 inches above average</b>
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### Where Travis needs to be next year: Average Performance Measures for 2023 Athletes:

10 YD Dash	20 YD Dash	40 YD Dash	ProAgility Split	ProAgility	3 Cone Drill	Vertical Jump	Broad Jump
<b>1.911</b>	<b>3.157</b>	<b>5.486</b>	<b>2.529</b>	<b>4.882</b>	<b>8.987</b>	<b>22.8</b>	<b>90.8</b>

### What Travis Carlucci needs to do by next year:

<b>Is already 0.153 above average</b>	<b>Is already 0.265 above average</b>	<b>Is already 0.578 above average</b>	<b>Is already 0.166 above average</b>	<b>Is already 0.384 above average</b>	<b>Is already 1.4 above average</b>	<b>Is already 5.7 inches above average</b>	<b>Is already 18 inches above average</b>
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### Average performance measures for college athletes - ST position

10 YD Dash	20 YD Dash	40 YD Dash	ProAgility Split	ProAgility	3 Cone Drill	Vertical Jump	Broad Jump
<b>1.875</b>	<b>3.095</b>	<b>5.384</b>	<b>2.497</b>	<b>4.807</b>	<b>8.694</b>	<b>24.1</b>	<b>95.5</b>

### Travis Carlucci needs to do this to be in average performance on the Zybek Sports SAT® by College:

<b>Is already 0.117 above average</b>	<b>Is already 0.203 above average</b>	<b>Is already 0.476 above average</b>	<b>Is already 0.134 above average</b>	<b>Is already 0.309 above average</b>	<b>Is already 1.107 above average</b>	<b>Is already 4.4 above average</b>	<b>Is already 14 above average</b>
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ZYBEK Sports



# Zybek Sports SAT® 2020-2023 Information and Rank for Travis Carlucci

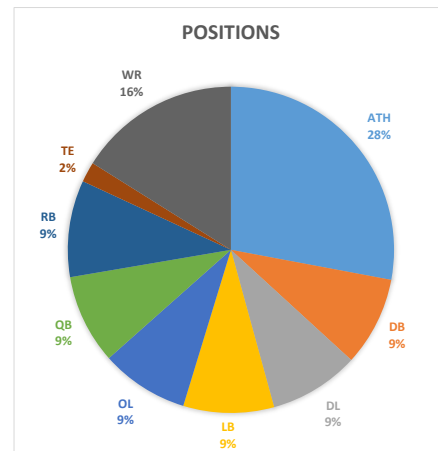
Grade	Grad Year	Group Size
12	2023	4246
11	2024	3440
10	2025	2463
9	2026	1840
8	2027	1234
7	2028	951
6	2029	768
5	2030	651
4	2031	538
3	2032	340
2	2033	306
1	2034	44

Numbers by Position	ATH	5146
	DB	1629
	DL	1644
	LB	1656
	OL	1606
	QB	1633
	RB	1765
	TE	370
		<b>18,411</b>

## Details for ST position group for Travis Carlucci Average for STs tested in 20/23

Grad. Year	Number	Height	Reach Height	Grade
2023	16	69.1	88.3	College
2022	10	70.0	89.1	12
2023	16	69.1	88.3	11
2024	19	69.1	88.9	10
2025	2	67.3	86.5	9
2026	4	69.3	88.8	8
2027	0	#####	#####	7
2028	5	65.1	84.2	6
2029	0	#####	#####	5
2030	0	#####	#####	4
2031	0	#####	#####	3

Numbers by graduation



## Averages for ST position group:

40 Yard	5.399 sec.	ProAgility	4.887 sec.
20 Yard	3.102 sec.	ProAgility Split	2.535 sec.
10 Yard	1.872 sec.	Broad Jump	89.89 in.
3-Cone	8.393 sec.	Vertical Jump	24.38 in.

# Zybek Sports Rank and Recommendations for Travis Carlucci

Compared to **18,411** Athletes tested 2020/2023

	10 YD Dash	20 YD Dash	40 YD Dash	ProAgility Split	ProAgility	3 Cone Drill	Vertical Jump	Broad Jump
<b>Sample size</b>	21470	20497	21615	19465	19621	14215	17148	21269
<b>Rank</b>	<b>3885</b>	<b>3244</b>	<b>2120</b>	<b>3185</b>	<b>2858</b>	<b>1942</b>	<b>2945</b>	<b>2415</b>
<b>Percentage</b>	<b>81.9%</b>	<b>84.2%</b>	<b>90.2%</b>	<b>83.6%</b>	<b>85.4%</b>	<b>86.3%</b>	<b>82.8%</b>	<b>88.6%</b>

Compared to **3,440** Athletes graduating in 2024 tested 2020/2023

	10 YD Dash	20 YD Dash	40 YD Dash	ProAgility Split	ProAgility	3 Cone Drill	Vertical Jump	Broad Jump
<b>Sample size</b>	2770	2600	2765	2600	2616	1733	2538	2766
<b>Rank</b>	<b>447</b>	<b>375</b>	<b>217</b>	<b>262</b>	<b>227</b>	<b>174</b>	<b>356</b>	<b>232</b>
<b>Percentage</b>	<b>83.9%</b>	<b>85.6%</b>	<b>92.2%</b>	<b>89.9%</b>	<b>91.3%</b>	<b>90.0%</b>	<b>86.0%</b>	<b>91.6%</b>

Compared to **1,765** STs tested 2020 / 2023

	10 YD Dash	20 YD Dash	40 YD Dash	ProAgility Split	ProAgility	3 Cone Drill	Vertical Jump	Broad Jump
<b>Sample size</b>	47	45	47	40	42	22	36	23
<b>Rank</b>	<b>10</b>	<b>8</b>	<b>8</b>	<b>9</b>	<b>7</b>	<b>4</b>	<b>6</b>	<b>3</b>
<b>Percentage</b>	<b>78.7%</b>	<b>82.2%</b>	<b>83.0%</b>	<b>77.5%</b>	<b>83.3%</b>	<b>81.8%</b>	<b>83.3%</b>	<b>87.0%</b>

Compared to **19** all 2024 ST athletes tested 2020 / 2023

	10 YD Dash	20 YD Dash	40 YD Dash	ProAgility Split	ProAgility	3 Cone Drill	Vertical Jump	Broad Jump
<b>Sample size</b>	10	10	10	11	11	7	11	7
<b>Rank</b>	<b>2</b>	<b>2</b>	<b>3</b>	<b>2</b>	<b>2</b>	<b>0</b>	<b>2</b>	<b>2</b>
<b>Percentage</b>	<b>80.0%</b>	<b>80.0%</b>	<b>70.0%</b>	<b>81.8%</b>	<b>81.8%</b>	<b>100.0%</b>	<b>81.8%</b>	<b>71.4%</b>

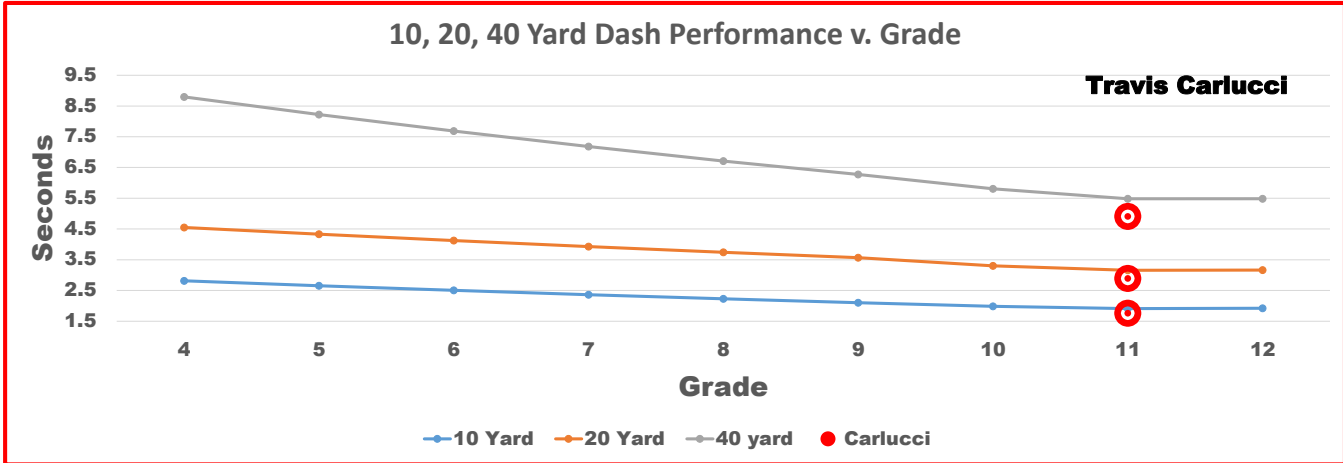
## Recommendations for Travis

	10 YD Dash	20 YD Dash	40 YD Dash	ProAgility Split	ProAgility	3 Cone Drill	Vertical Jump	Broad Jump
<b>Current Performance</b>	<b>1.758</b>	<b>2.892</b>	<b>4.908</b>	<b>2.363</b>	<b>4.498</b>	<b>7.587</b>	<b>28.50</b>	<b>109</b>
<b>Suggested Target</b>	<b>1.758</b>	<b>2.834</b>	<b>4.712</b>	<b>2.292</b>	<b>4.453</b>	<b>7.435</b>	<b>29.1</b>	<b>111.2</b>
<b>Improvement</b>	<b>Maintain</b>	<b>0.058</b>	<b>0.196</b>	<b>0.071</b>	<b>0.045</b>	<b>0.152</b>	<b>0.570</b>	<b>2.2</b>

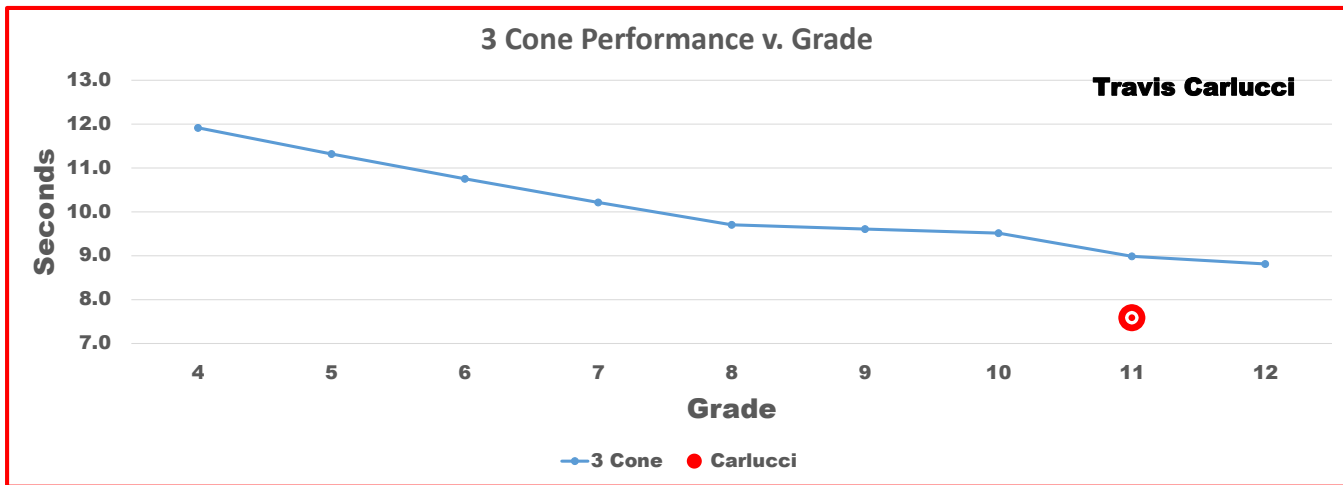


### Zybek Sports SAT<sup>®</sup> Comparison and Targets for Travis Carlucci

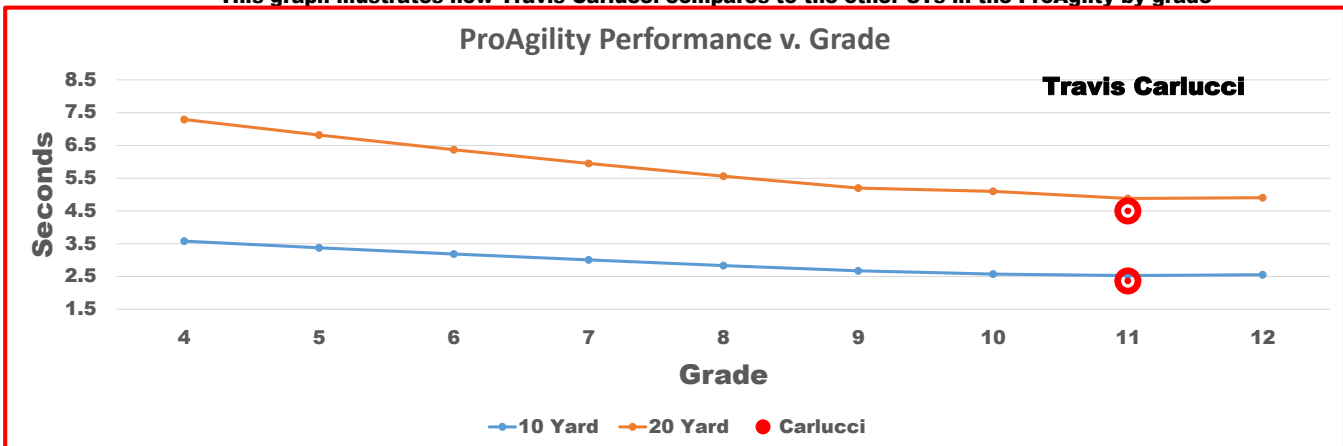
This graph illustrates how Travis Carlucci compares to the other STs in the 40 yard dash by grade



This graph illustrates how Travis Carlucci compares to the other STs in the 3-Cone by grade



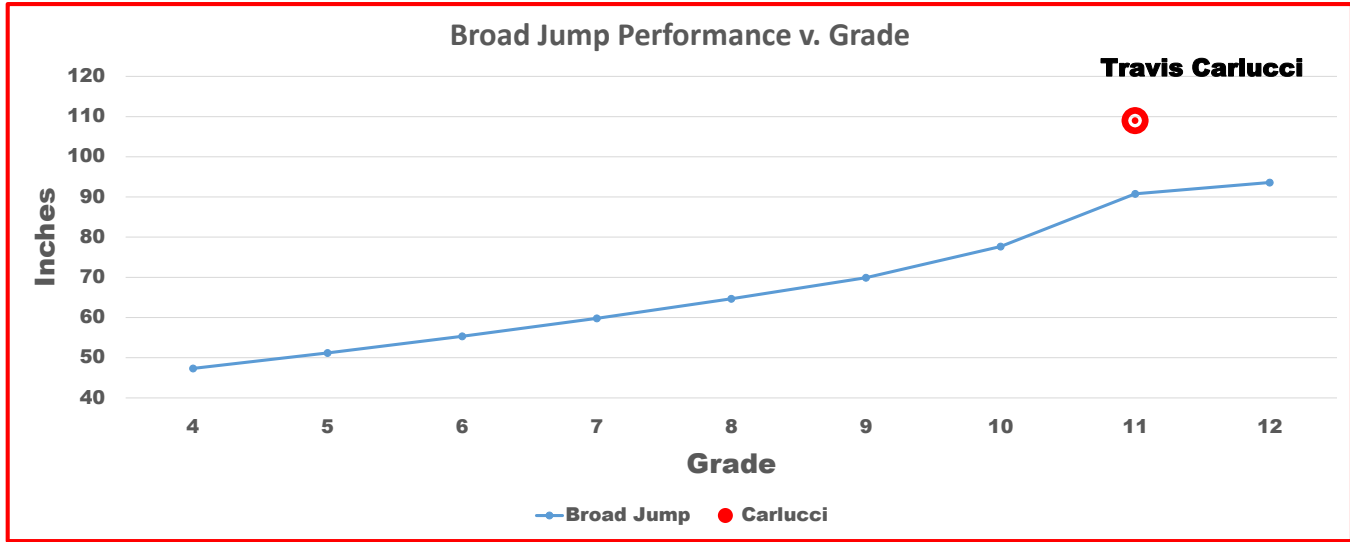
This graph illustrates how Travis Carlucci compares to the other STs in the ProAgility by grade



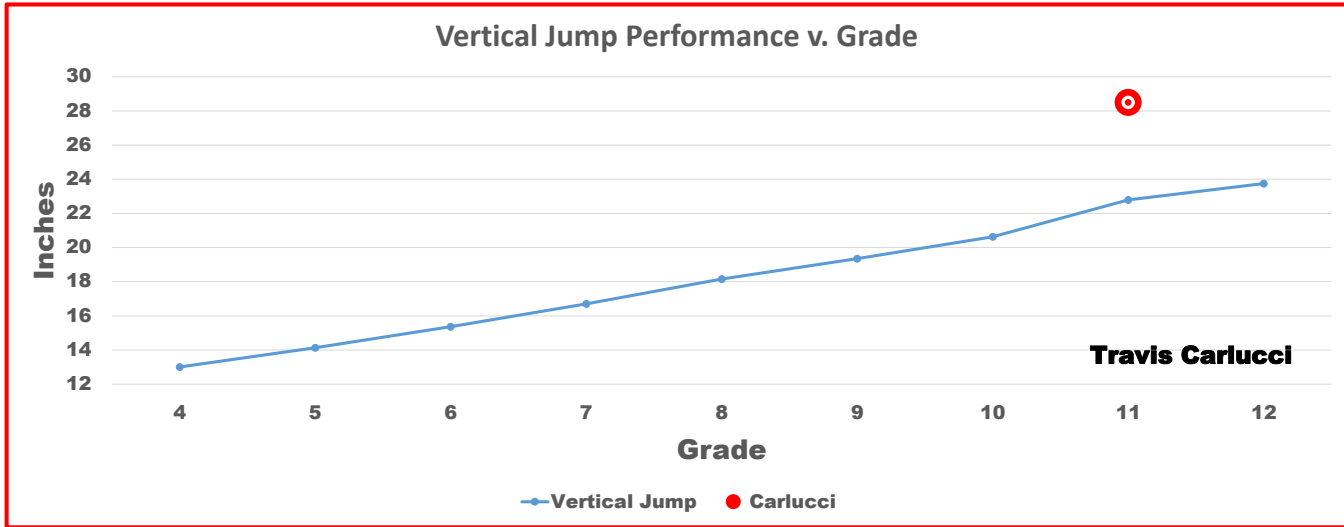


**SAT<sup>®</sup> Comparison and Targets for Travis Carlucci**

This graph illustrates how Travis Carlucci compares to the other STs in the Broad Jump by grade



This graph illustrates how Travis Carlucci compares to the other STs in the Vertical Jump by grade



# Athlete Performance

# SAT®

## Travis Carlucci

**Position: ST**

**Graduation: 2024**



### It's On You®

### Performance Results

**Athlete ID**  
265108\_Travis\_Carlucci

**Height:** 5 ft 9.25 In.  
**Weight:**

**Reach Height:** 88 In

	Full Electronic	Estimated Hand Start	Seconds
40 Yard	4.908	4.823	
20 Yard	2.892	2.807	
10 Yard	1.758	1.673	
ProAgility	4.498	4.443	
ProAgility Split	2.363	2.308	
3 Cone	7.587	7.522	
Broad Jump	109.0	Inches	
Max Jump	116.5		
Vertical Jump	28.5		



Full Athlete Results

**SAT® Testing Event:**  
**Jflora Showcase**  
**5/21/2023**

Fully automated electronic time used for 10, 20, and 40. Equivalent hand-start / laser finish are estimated from 5 year average by position from Zybek data.

See: [www.zybeksports.com](http://www.zybeksports.com) blog and @ZybekSports on social media for more information.

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