Mind Body NATURE - Event Registration

Return your completed registration form at least 24 hours before your session (by email)

**PLEASE READ OUR TERMS AND CONDITIONS CAREFULLY**

Our terms and conditions can be found [here](https://mindbodynature.co.uk/terms-and-conditions).

We ask you to provide the following information so that we can maintain your safety. When we are outdoors in nature, medical care can be further away than usual.

The information you provide is used by your guide at Mind Body NATURE to provide you with appropriate care, and the information you provide will be treated in strictest confidence.

**Your Contact Information**

|  |  |  |  |
| --- | --- | --- | --- |
| Name: | Click or tap here to enter text. | | |
| Address: | Click or tap here to enter text. | | |
| Phone #: | Click or tap here to enter text. | E-mail: | Click or tap here to enter text. |

**Personal & Health Information**

|  |  |
| --- | --- |
| Emergency contactName: | Click or tap here to enter text. |
| Emergency Contact phone #: | Click or tap here to enter text. |

Current and/or recent diagnosed medical condition(s) and any current symptoms you are experiencing:

|  |
| --- |
| Click or tap here to enter text. |

Physical limitations which may affect your ability to participate in the session fully:

|  |
| --- |
| Click or tap here to enter text. |

Please use this space to provide us with any additional information that you consider important:

|  |
| --- |
| Click or tap here to enter text. |

I confirm I am aged over 18 years.

I Hereby claim that I am physically sound to proceed with instruction in Mindfulness in Nature.

I confirm that I have read and agreed with the [Terms and Conditions](https://mindbodynature.co.uk/terms-and-conditions) for participating in a Nature Connection event .

I understand that photographs may be taken during the event, and consent to my image to be used by Mind Body NATURE for marketing purposes.

I would like to receive monthly newsletters about Forest Bathing and Nature Connection from my guide at Mind Body NATURE.

It is agreed all elements of the session(s) shall be undertaken at my sole risk and that

Neither Mind Body NATURE nor its guides shall be liable for injuries or damages to my person or property arising out of, or connected with, the use of services or facilities provided or the premises in which the same are located. I do hereby forever release and discharge Mind Body NATURE and its guides from all such courses of action.

If I have any physical or medical conditions, or am not in overall good health, I agree to consult my GP before attending and also agree to inform the guide of my condition(s) prior to the session. I also understand that session fees are non-refundable.

I understand and agree that the information above will be stored in accordance GDPR regulations and give my permission to Mind Body NATURE to securely store the information above for therapeutic purposes.

I have the right to view any information held at any point should I chose to do so.

|  |  |  |  |
| --- | --- | --- | --- |
| Signature: |  | Date: | Click or tap here to enter text. |

Thank you. We hope you enjoy your session!