

Before Amen;
The Power of a Simple Prayer
A Study by Max Lucado

Lesson #2: I Need Help

The storms come crashing into our lives. In these uncertain moments, Jesus extends this simple invitation: "Bring your problems to me."

Read
Philipians 4:6-7
Matthew 20:29-34

~~ Watch Video ~~

Key points:

- God delights when we say we need help.
- If we could do it on our own, then there was no reason for Jesus to die for our sins
- The moment you sense a problem, however large or small... Take it to Jesus
- God may be using your struggles to change you
- God keeps his word. We just need to ask.

Discussion questions:

1. Why is it so hard for us to ask for help?
2. Discuss a time when a "red engine light" came on in your life and the only option you had was to pray.
3. Where do we tend to take our problems rather than bringing them to Jesus, trusting him and then leaving them there?
4. Talk about an answered prayer that was specific, shocking and faith building.

This Week:

Strive to be specific with asking God for help. Strive to leave your burden with him and be reluctant to pick it back up

Pocket sized prayer:

Father, you are good.

I need help.

They need help.

Thank you.

In Jesus' name, Amen