SYMPTOM SURVEY FORM (Restricted to Professional Use)

PATIENT_		_DOCTOR	DATE	
AGE	PHONE ()			
INSTRUC'	TIONS: Circle the number that a	pplies to you. If sym	iptom doesn't apply, leave blank. U	Use (1) for MILD symptoms (occurs
once or twice it almost co		Esymptoms (occurs se	everal times a month), and (3) for SEV	VERE symptoms (you are aware of
1			GROUP ONE	
			OKOOT OILE	
1 -1 2	3 Acid foods upset	8 - 1 2	.	15 - 1 2 3 Appetite reduced
2 - 1 2	3 Get chilled, often	9 - 1 2		16 - 1 2 3 Cold sweats often
3 - 1 2	3 "Lump" in throat	10 - 1 2		17 - 1 2 3 Fever easily raised
4 - 1 2	3 Dry mouth-eyes-nose			18 - 1 2 3 Neuralgia-like pains
5 -1 2	3 Pulse speeds after meal			19 - 1 2 3 Staring, blinks little
6 - 1 2	3 Keyed up - fail to calm	13 - 1 2	3 Heart pounds after retiring	20 - 1 2 3 Sour stomach frequent
7 - 1 2	3 Cuts heal slowly	<u> 14 - 1 2</u>	3 "Nervous" stomach	
	•		GROUP TWO	
	2 - 1 - 100	22 1 3	2 Dimetin	37 - 1 2 3 "Slow starter"
1	3 Joint stiffness after arising			38 - 1 2 3 Get "chilled" infrequently
	3 Muscle-leg-toe cramps at nig	·		39 - 1 2 3 Perspire easily
l .	3 "Butterfly" stomach, cramp		•	40 - 1 2 3 Circulation poor, sensitive
E	3 Eyes or nose watery		3 Breathing irregular 3 Pulse slow; feels "irregular"	to cold
1	3 Eyes blink often			41 - 1 2 3 Subject to colds, asthma,
	3 Eyelids swollen, puffy		J Gagging Iction slow	bronchitis
i	3 Indigestion soon after meals		3 Difficulty swallowing3 Constipation, diarrhea	
28 - 1 2	Al Always seems hungry; feels "lightheaded" often	36 - 1 2	alternating	
***************************************			GROUP THREE	
10 1 1	2 3 Eat when nervous	40 - 1 2	3 Heart palpitates if meals	53 - 1 2 3 Crave candy or coffee in
1	2 3 Excessive appetite	49 . 1. 20	missed or delayed	afternoons
L .	2 3 Hungry between meals	50 - 1 2		54 - 1 2 3 Moods of depression -
i i	2 3 Irritable before meals	51 - 1 2	3 Overeating sweets upsets	"blues" or melancholy
	2 3 Get "shaky" if hungry	52 - 1 2	3 Awaken after few flours steep	55 - 1 2 3 Abnormal craving for
į.	2 3 Fatigue, eating relieves		- hard to get back to sleep	sweets or snacks
1	2 3 "Lightheaded" if meals delay	<i>r</i> eđ		
40 - 1 2	J Enginication in means delay	, cu		
***************************************			GROUP FOUR	
56 - 1 2	2 3 Hands and feet go to sleep		•	68 - 1 2 3 Bruise easily, "black and
4	easily, numbness		3 Swollen ankles worse at night	blue" spots 69 - 1 2 3 Tendency to anemia
1	2 3 Sigh frequently, "air hunger"	••	J waste tramps, worse during	70 - 1 2 3 "Nose bleeds" frequent
1	2 3 Aware of "breathing heavily		0.101010, 801 4111111	71 - 1 2 3 Noises in head, or "ringing
	2 3 High altitude discomfort		3 Dull pain in chest or radiating	in ears"
	2 3 Opens windows in closed ro		into left arm, worse on	72 - 1 2 3 Tension under the
i .	2 3 Susceptible to colds and fev	C18	exertion.	breastbone, or feeling of
02 - 1	2 3 Afternoon "yawner"			"tightness" worse on exertion
				CVOLUOII

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CROUP SIVE 2 3 Disziness 82 - 1 2 3 Werkness, disziness 2 1 2 3 Werkness, disziness 2 1 2 3 Werkness, disziness 2 3 Second granters	SYI	MPTOM SURVEY FORM – Page 2	
1		GROUP FIVE	
1	73 - 1 2 3 Dizziness	82 - 1 2 3 Worrier, feels insecure	
1	1	83 - 1 2 3 Feeling queasy; headache over	
\$4 - 1 2 3 Bitmed visions \$4 - 1 2 3 Greasy tools appeted \$7 - 1 2 3 Indiang skin and feet \$6 - 1 2 3 Skin pecks on foot select \$7 - 1 2 3 Pain between shoulder blades \$8 - 1 2 3 Skin pecks on foot select \$9 - 1 2 3 Skin pecks on foot select \$9 - 1 2 3			
2 3 Exching data and fact 55 - 1 2 3 Stools light-colored 57 - 1 2 3 Bad breath (halitosis) 57 - 1 2 3 Exceptive falling hair 7 - 1 2 3 Picit between short soles 57 - 1 2 3 Picit between shoulder blades 57 - 1 2 3 Bad breath (halitosis) 57 - 1 2 3 Picit between shoulder blades 57 - 1 2 3 Bad breath (halitosis) 57 - 1 2 3 Bad bre	· -	84 - 1 2 3 Greasy foods upset	
78 - 1 2 3 Excessive falling hair 79 - 1 2 3 Prequent skin rashes 79 - 1 2 3 Prequent skin rashes 86 - 1 2 3 Shin peeds on foot soles 87 - 1 2 3 Pain between shoulder blades 88 - 1 2 3 Use laxatives 89 - 1 2 3 Experiment poinful or difficult 89 - 1 2 3 Lower bowel gas serveral hours after eating 100 - 1 2 3 Burning altomach sensations, eating relieves 102 - 1 2 3 Pass large amounts of foulanting relieves 103 - 1 2 3 Indigention ½-1 hour after eating 103 - 1 2 3 Indigention ½-1 hour after eating 103 - 1 2 3 Indigention ½-1 hour after eating 103 - 1 2 3 Indigention ½-1 hour after eating 103 - 1 2 3 Indigention ½-1 hour after eating 103 - 1 2 3 Indigention ½-1 hour after eating 103 - 1 2 3 Indigention ½-1 hour after eating 103 - 1 2 3 Indigention ½-1 hour after eating 103 - 1 2 3 Indigention ½-1 hour after eating 103 - 1 2 3 Indigention ½-1 hour after eating 103 - 1 2 3 Indigention ½-1 hour after eating 103 - 1 2 3 Indigention ½-1 hour after eating 104 - 1 2 3 Indigention ½-1 hour after eating 103 - 1 2 3 Indigention ½-1 hour after eating 103 - 1 2 3 Indigention ½-1 hour after eating 104 - 1 2 3 Indigention ½-1 hour after eating 104 - 1 2 3 Indigention ½-1 hour after eating 105 - 1 2 3 Indigention ½-1 hour after eating 104 - 1 2 3 Indigention ½-1 hour after eating 104 - 1 2 3 Indigention ½-1 hour after eating 105 - 1 2 3 Indigention ½-1 hour after eating 105 - 1 2 3 Indigention ½-1 hour after eating 105 - 1 2 3 Indigention ½-1 hour after eating 105 - 1 2 3 Indigention ½-1 hour after eating 105 - 1 2 3 Indigention ½-1 hour after eating 105 - 1 2 3 Indigention ½-1 hour after eating 105 - 1 2 3 Indigention ½-1 hour after eating 105 - 1 2 3 Indigention ½-1 hour after eating 105 - 1 2 3 Indigention ¼-1 hour after eating 105 - 1 2 3 Indigention ¼-1 hour after eating 105 - 1 2 3 Indigention ¼-1 hour after eating 105 - 1 2 3 Indigention ¼-1 hour after eatin	↓	85 - 1 2 3 Stools light-colored	
78 - 1 2 3 Excessive maining hair products cause districts 94 - 1 2 3 Milk products cause districts 98 - 1 2 3 Butter, metallic used in mouth in mornings 81 - 1 2 3 Bowel movements painful or difficult	***	86 - 1 2 3 Skin peels on foot soles	
1	, ·-	•	^
80 - 1 2 3 Bowel movements painful or difficult South State (Figure 1)	1		95 - 1 2 3 Sensitive to hot weather
Section Sect	The state of the s		96 - 1 2 3 Burning or itching anus
98 - 1 2 3 Loss of taste for meat 99 - 1 2 3 Lower bowel gas several hours after eating 100 - 1 2 3 Burning stomach sensations, eating relieves (A) 107 - 1 2 3 Indigestica ½ 1 hour after eating gas 108 - 1 2 3 Nervousness 109 - 1 2 3 Const (Section 2) 109 - 1 2 3 Indigestica ½ 1 hour after eating gas 109 - 1 2 3 Indigestica ½ 1 hour after eating gas 109 - 1 2 3 Indigestica ½ 1 hour after eating; may be up to 3 - 4 hrs. GROUP SEVEN (B) 107 - 1 2 3 Indigestica ½ 1 hour after eating; may be up to 3 - 4 hrs. GROUP SEVEN (C) 107 - 1 2 3 Indigestica ½ 1 hour after eating; may be up to 3 - 4 hrs. (B) 112 - 1 2 3 Highly emotional 113 - 1 2 3 Highly emotional 114 - 1 2 3 Highly emotional 115 - 1 2 3 Indigestica ½ 1 hour after eating; may be up to 3 - 4 hrs. (C) (C) 117 - 1 2 3 Indigestica ½ 1 hour after eating; may be up to 3 - 4 hrs. (C) 118 - 1 2 3 Highly emotional 119 - 1 2 3 Indigestica ½ 1 hour after eating; may be up to 3 - 4 hrs. (C) (D) 119 - 1 2 3 Indigestica ½ 1 hour after eating; may be up to 3 - 4 hrs. (E) (C) (D) 120 - 1 2 3 Dizziness 151 - 1 2 3 Headaches 152 - 1 2 3 Night sweats 153 - 1 2 3 Headaches 154 - 1 2 3 Highly emotional 155 - 1 2 3 Night sweats 164 - 1 2 3 Headaches 157 - 1 2 3 Nascatine tendencies (female) 165 - 1 2 3 Nascatine tendencies (female) 165 - 1 2 3 Nascatine tendencies (female) 166 - 1 2 3 Nascatine tendencies (female) 167 - 1 2 3 Nascatine tendencies (female) 168 - 1 2 3 Nascatine tendencies (female) 177 - 1 2 3 Reduced or lacking 177 - 1 2 3 Reduced or lacking 178 - 1 2 3 Reduced or lacking 179 - 1 2 3 Reduced or lacking 179 - 1 2 3 Reduced or lacking 170 - 1 2 3 Re	•		97 - 1 2 3 Crave sweets
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98 - 1 2 3 Lower bowed gas several hours after eating after eating after eating after eating after eating after eating relieves 103 - 1 2 3 Pass large amounts of four-smelling gas 106 - 1 2 3 Stormach viboating* after eating 105 - 1 2 3 Stormach viboating* after eat	THE CONTRACTOR OF THE CONTRACT	CDOTD SIV	
100 - 1 2 3 Lower bowel gas several hours after eating after eating matter eating after eating gas several hours after eating relieves 103 - 1 2 3 Indigention ½ - 1 hour after eating; may be up to 3 - 4 hrs.			104 - 1 2 3 Mucous colitis or "irritable
100 - 1 2 3 Burning stomach sensations, eating relieves	§	-	
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(B) 143 - 1 2 3 Bloating of abdomen 122 - 1 2 3 Increase in weight 124 - 1 2 3 Weight gain around hips or waist 125 - 1 2 3 Fatigue easily 125 - 1 2 3 Ringing in ears 126 - 1 2 3 Sleepy during day 127 - 1 2 3 Sensitive to cold 128 - 1 2 3 Dry or scaly skin 129 - 1 2 3 Constipation 130 - 1 2 3 Headaches upon arising wear off during day 133 - 1 2 3 Slow pulse, below 65 134 - 1 2 3 Impaired hearing 144 - 1 2 3 Bloating of abdomen 144 - 1 2 3 Weight gain around hips or waist 144 - 1 2 3 Weight gain around hips or waist 144 - 1 2 3 Sex drive reduced or lacking 145 - 1 2 3 Sex drive reduced or lacking 146 - 1 2 3 Frequency to ulcers, colitis 147 - 1 2 3 Increased sugar tolerance 148 - 1 2 3 Women: menstrual disorders 149 - 1 2 3 Women: menstrual disorders 149 - 1 2 3 Women: menstrual disorders 149 - 1 2 3 Weakness after colds, influenza 170 - 1 2 3 Exhaustion – muscular and nervous 172 - 1 2 3 Respiratory disorders	121-1 2 5 Can t work under pressure	142 - 1 2 3 Abnormal thirst	-
122 - 1 2 3 Increase in weight 144 - 1 2 3 Weight gain around hips or waist 164 - 1 2 3 Bowel disorders 165 - 1	(B)	143 - 1 2 3 Bloating of abdomen	
waist 123 - 1 2 3 Decrease in appetite 124 - 1 2 3 Fatigue easily 125 - 1 2 3 Ringing in ears 126 - 1 2 3 Sleepy during day 127 - 1 2 3 Sensitive to cold 128 - 1 2 3 Dry or scaly skin 129 - 1 2 3 Constipation 130 - 1 2 3 Mental sluggishness 131 - 1 2 3 Headaches upon arising wear off during day 133 - 1 2 3 Slow pulse, below 65 134 - 1 2 3 Impaired hearing waist 145 - 1 2 3 Sex drive reduced or lacking 146 - 1 2 3 Swollen ankles 166 - 1 2 3 Swollen ankles 167 - 1 2 3 Crave salt 168 - 1 2 3 Brown spots or bronzing of skin 169 - 1 2 3 Allergies – tendency to asthma 170 - 1 2 3 Weakness after colds, influenza 171 - 1 2 3 Exhaustion – muscular and nervous 172 - 1 2 3 Respiratory disorders 172 - 1 2 3 Respiratory disorders	1	144 - 1 2 3 Weight gain around hips or	_
124 - 1 2 3 Fatigue easily 125 - 1 2 3 Ringing in ears 126 - 1 2 3 Sleepy during day 127 - 1 2 3 Sensitive to cold 128 - 1 2 3 Dry or scaly skin 129 - 1 2 3 Constipation 130 - 1 2 3 Mental sluggishness 131 - 1 2 3 Headaches upon arising wear off during day 133 - 1 2 3 Slow pulse, below 65 134 - 1 2 3 Impaired hearing	1		
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127 - 1 2 3 Sensitive to cold 128 - 1 2 3 Dry or scaly skin 129 - 1 2 3 Constipation 130 - 1 2 3 Mental sluggishness 131 - 1 2 3 Hair coarse, falls out 132 - 1 2 3 Slow pulse, below 65 134 - 1 2 3 Impaired hearing 148 - 1 2 3 Women: menstrual disorders skin 149 - 1 2 3 Young girls: lack of menstrual function 169 - 1 2 3 Allergies – tendency to asthma 170 - 1 2 3 Weakness after colds, influenza 171 - 1 2 3 Exhaustion – muscular and nervous 172 - 1 2 3 Respiratory disorders		-	
128 - 1 2 3 Dry or scaly skin 129 - 1 2 3 Constipation 130 - 1 2 3 Mental sluggishness 131 - 1 2 3 Hair coarse, falls out 132 - 1 2 3 Slow pulse, below 65 134 - 1 2 3 Impaired hearing 149 - 1 2 3 Young girls: lack of menstrual function 169 - 1 2 3 Allergies – tendency to asthma 170 - 1 2 3 Weakness after colds, influenza 171 - 1 2 3 Exhaustion – muscular and nervous 172 - 1 2 3 Respiratory disorders	" - · · · · · · · · · · · · · · · · · ·	148 - 1 2 3 Women: menstrual disorders	
129 - 1 2 3 Constipation 130 - 1 2 3 Mental sluggishness 131 - 1 2 3 Hair coarse, falls out 132 - 1 2 3 Headaches upon arising wear off during day 133 - 1 2 3 Slow pulse, below 65 134 - 1 2 3 Impaired hearing 170 - 1 2 3 Weakness after colds, influenza 171 - 1 2 3 Exhaustion – muscular and nervous 172 - 1 2 3 Respiratory disorders		149 - 1 2 3 Young girls: lack of menstrual	
130 - 1 2 3 Mental sluggishness 131 - 1 2 3 Hair coarse, falls out 132 - 1 2 3 Headaches upon arising wear off during day 133 - 1 2 3 Slow pulse, below 65 134 - 1 2 3 Frequency of urination 135 - 1 2 3 Impaired hearing	.	function	
influenza 131 - 1 2 3 Hair coarse, falls out 132 - 1 2 3 Headaches upon arising wear off during day 133 - 1 2 3 Slow pulse, below 65 134 - 1 2 3 Frequency of urination 135 - 1 2 3 Impaired hearing	. •		170 - 1 2 3 Weakness after colds,
132 - 1 2 3 Headaches upon arising wear off during day 133 - 1 2 3 Slow pulse, below 65 134 - 1 2 3 Frequency of urination 135 - 1 2 3 Impaired hearing			influenza
off during day 133 - 1 2 3 Slow pulse, below 65 134 - 1 2 3 Frequency of urination 135 - 1 2 3 Impaired hearing			171 - 1 2 3 Exhaustion - muscular and
133 - 1 2 3 Slow pulse, below 65 134 - 1 2 3 Frequency of urination 135 - 1 2 3 Impaired hearing	off during day		
135 - 1 2 3 Impaired hearing	"		•
136 - 1 2 3 Reduced initiative			
	136 - 1 2 3 Reduced initiative		

GROUP EIGHT	FEMAL	EONLY	MALE ONLY
			213 - 1 2 3 Prostate trouble
173 - 1 2 3 Apprehension	200 - 1 2 3 Very	1	214 - 1 2 3 Urination difficult or
174-1 2 3 Irritability	201 - 1 2 3 Prem	1	dribbling
175 - 1 2 3 Morbid fears	202 - 1 2 3 Paint		215 - 1 2 3 Night urination frequent
176 - 1 2 3 Never seems to get well	203 - 1 2 3 Dept		216 - 1 2 3 Depression
177 - 1 2 3 Forgetfulness	204 - 1 2 3 Men		217 - 1 2 3 Pain on inside of legs or
178 - 1 2 3 Indigestion	and 205 - 1 2 3 Pain	prolonged	heels 218 - 1 2 3 Feeling of incomplete
179 - 1 2 3 Poor appetite			bowel evacuation
180 - 1 2 3 Craving for sweets		struate too frequently	219 - 1 2 3 Lack of energy
181 - 1 2 3 Muscular soreness	207 - 1 2 3 Vagi 208 - 1 2 3 Hyst	- 1	220 - 1 2 3 Migrating aches and
182 - 1 2 3 Depression; feelings of dread		oved	pains
183 - 1 2 3 Noise sensitivity	209 - 1 2 3 Men	1	221 - 1 2 3 Tire too easily
184 - 1 2 3 Acoustic hallucinations	210 - 1 2 3 Men	;	222 - 1 2 3 Avoids activity
185 - 1 2 3 Tendency to cry without reason	ł	issed	223 - 1 2 3 Leg nervousness at night
186 - 1 2 3 Hair is coarse and/or thinning	211 -1 2 3 Acn	e, worse at menses	224 - 1 2 3 Diminished sex drive
187 - 1 2 3 Weakness	212 - 1 2 3 Depi		
188 - 1 2 3 Fatigue	st	anding	
189 - 1 2 3 Skin sensitive to touch	······································	IMPOR	TANT
190 - 1 2 3 Tendency toward hives			
191 - 1 2 3 Nervousness			main physical complaints you
192 - 1 2 3 Headache	have in order of their	шрогацсе:	
193 - 1 2 3 Insomnia	1		
194 - 1 2 3 Anxiety	2		
195 - 1 2 3 Anorexia	,		
196-1 2 3 Inability to concentrate; confusion	<i>3.</i>		
197-1 2 3 Frequent stuffy nose; sinus infections	4		
198 - 1 2 3 Allergy to some foods	5.		
199 - 1 2 3 Loose joints			
(T	O BE COMPLETED B	Y DOCTOR)	
		·	
Postural Blood Pressure: Recumbent	Standing	Pulse	
Hema-Combistix Urine readings: pH	Albumin per cer	nt Gluc	ose per cent
Occult Blood pH of Saliva	pH of Stool specimer	ıWeight	
Hemoglobin Blood Clotting T	ıme		
BARNES THYROID TEST		You can do the following	ng test at home to see if you may have a
This test was developed by Dr. Broda Barnes, M.D. and is a		functional low thyroid.	Use an oral thermometer or a digital one.
underarm temperature to determine hypo and hyperthyroid states by the patient in the a.m. before leaving bed - with the temperature.	ature being taken for 10		one, place the probe under your arm for 5 machine on; continue on for an additional 5
minutes. The test is invalidated if the patient expends any energy	prior to taking the test		regular one, shake down the night before.
- getting up for any reason, shaking down the thermometer, e test be conducted for exactly 10 minutes, making the prior p	ositioning of both the		
thermometer and a clock important.	***	Date:	Temperature:
PRE-MENSES FEMALES AND MENOPAUSAL Any two days during the month	PRIVIALES	Date:	Temperature: Temperature:
FEMALES HAVING MENSTRUAL CYC		Date:	Temperature:
The 2nd and 3rd day of flow OR any 5 days in MALES	raiow,	Date:	Temperature:
Any 2 days during the month.		Date:	Temperature:
		Date:	Temperature:
BP SIT_		P STAND	
PULSE SIT	P	ULSE STAND	
SAIIVA PH	H	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	

CASE RECORD

Name	ũ	Date		
Address	City	State	Zip	
Ace Weight		Height	XeX	
Occupation		Married		
History of Illness and Treatment:				
				1
Onerations Arriclants or mirrias				
Operations, Accidence of injuries.	Afti additional and a second an			
Decourt Illness or Comulainter				
		AAVAA		
Diagnostic Summary:				
Treatment: Recommendations and Progress:				
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Topography and the state of the	TOTAL AND THE PROPERTY OF THE			