## Kangen Water<sup>TM</sup> Real Life Experiences

Oregon/Washington Folks drinking Kangen Water from Barry and Lauri's (or friend's) Enagic Machine since April 2008

The following stories are private, and not to be posted to any public location such as websites, blogs, bulletin boards, or any other formats with uncontrolled public access. The information here, and Kangen Water, is not a cure, diagnosis, treatment, or advice in any way for any type of health condition.

1) Sono. Gave water to a Japanese boy named Toyo at New Seasons who was suffering with eczema. He called after just a couple of days to say that his skin was softer. (family owned cheaper machine for two years - no improvement).

Four of Sono's children suffeed with eczema. They followed strict dietary restrictions, including no grains and sugars; saw multiple good natural doctors, did cleanses, had food sensitivity tests done, worked on multiple levels trying to eliminate eczema; all of them to some degree suffered adrenal fatigue, inability to sleep at night, exhaustion, unable to function during the day. The water is finally making a difference and their skin eczema is improving. They a lot more energy and are able to participate in activities formally given up. Three of the four the eczema is virtually gone.

One child's hand was inflamed from a cat scratch - used 2.5 water - swelling eliminated immediately.

2) Roxanne suffered with gout in her foot. After one week on the water, her gout pain was gone.

3) Family with anger issues, after two weeks on the water they had the first week of their married life with no yelling in their household.

4) P family all suffer with asthma. After one month Mom P can breathe in the mornings (formally was unable to) and the girls who also suffer with asthma are improving also.

5) Carrie had lower abdominal pain following last childbirth and some minor back pain. One week on the water and pain was gone. When she runs out of water, her pain returns. Also noted that she has always had dry lips, no amount of chapstick would help. Now lips no longer dry and cracked. She says her husband commented that her face looks younger (more hydrated and the skin is plump and soft).

Gave 2.5 water to mother with skin issue on hand (bumps or eczema – immediate improvement).

6) Steve noticed swelling in his wife's legs reduced when drinking the water, returned when ran out of water, reduced again on the water. She is wheelchair bound and unable to do a lot of things for herself. Since drinking Kangen Water her energy level seems to be slowly improving, she is able to do things for herself that she was formally unable to do. Steve is feeling good and lost 5lb (he had been losing weight but had plateau-ed) after 1 week on the water.

7) Kerri: noticed situation that should have caused anxiety did not.

8) Barry had minor lower back pain, optical migraines every two weeks or so and racing heart. Gone.

Barry started to get the flu, achy legs, sensitive back skin, took vitamin C and Echinacea with Kangen Water – flue gone 2 hours later.

Rebekah had minor acne (12 years old): gone.

Joseph toe infection – improving.

Lauri: 1 diarrhea, yellow stool for three days (liver dumping bile), PH increased from below 5.5 to 6.4. I got up in the middle of the night every night since I was pregnant with my first child to go to the bathroom, after one week drinking Kangen water I no longer get up in the middle of the night to urinate.

Lauri started to get a sore throat – gargled with 2.5 acid water, sore throat gone.

9) Annabelle: Had a cough and says she does not cough when drinking the water.

10) Mario: boy at church having an asthma attack – one glass of water stopped the attack.

11) Judy with cancer, unable to urinate for months - 1 glass of water sent her to the bathroom. Two weeks on water and says she is able to walk well enough to go shopping and do housework, which she was unable to do before drinking the water (was using wheelchair). Judy has reported that she had pain in her hands and arms and multiple other parts of her body and it is all gone. She is very happy.

12) 1 lady with pneumonia, on antibiotics, says always causes her joint pain - no pain. (friend of Liz Palmer)

13) 1 lady with bumps on chest, lump in breast - bumps reduced, lump reduced (two weeks on water).

14) 1 man with bone cancer - marked improvement in mental and physical performance.

15) Sandra: Has arthritis in both hands, little fingers crooked. Called the first night sick in bed from a detox headache from drinking the water. Two days on water and right hand little finger had burning sensation and then straightened out and arthritis pain gone (left hand still crooked and arthritic).

16) Tom, D.C.: first night on Kangen Water slept 8 hours (usually only sleeps 5 hours). Drank half bottle wine – would usually feel effects in morning – headache. Drank Kangen water before bed – no headache or other effects in morning. Had swelling in little finger left hand – affecting ability to perform chores – seems to be reducing. Noticing improvement in overall attitude and motivation.

17) Terria daughter gets up 5-6 times nightly to urinate, now on Kangen Water no longer gets up in middle of night to urinate.

18) Kathryn, ND: What I noticed was my hip pain eased up a bit and Marlon's stomach ache went away.

19) Roxanne: We've been feeling better & better each day & we are now sharing water with several friends. My good friend, Linda, had terrible leg cramps & heartburn that would wake her up EVERY night. She's so happy to report that it's all gone!

20) Several folks commented on softer skin, not dry and cracked.

21) Cheryl. Noticed skin is not dry and cracked and collapsed. No matter how much lotion used, never helped. Now soft and plump (hydrated) looking (friends had not seen for a few weeks noticed immediately her change in her face – looks younger).

When started getting water could hardly carry one plastic gallon of water up stairs to apartment. Now carrying two glass gallon jars of water up stairs. Walking more easily, farther and standing longer. Lost significant weight (20-30lb at least). Her hands were all crippled and knotty with arthritis, they are drastically improved. Lumps and bumps on hands and arms have reduced or disappeared. White hair has turned dark gray.

22) Daisy, mad as a hornet.

Came to Pamela Kangen Water presentation.

Wrote us (Barry and Lauri) an email expressing gratitude for introducing the concept of Kangen Water, but expressing guilt at having bought a cheaper machine from Life Ionizer because financially it made more sense to them. She expressed the opinion that the Enagic Machine is priced twice as high as Life Ionizer (\$4,000 vs. \$2,000) because of the MLM type compensation plan Enagic offers for referral sales.

Daisy's daughter, Robin has had a lump on her calf for a few years. Drinking water from our Enagic Kangen Water machine the lump was reducing. When Robin began drinking water from her parent's new Life Ionizer machine, the lump began to return. Robin came and got more Enagic Kangen water and the lump is reducing once again.

Daisy said that she had acted in haste and made a decision based strictly on economics and due to previous uncomfortable experiences with MLM. When she saw the work that I had done showing that the Enagic markup is significantly less than the markup on the cheap machines, and that her Life Ionizer was obviously unable to produce the results that our Enagic Machine is, she decided to return her Life Ionizer.

Daisy contacted the company from whom she bought the Life Ionizer machine, and they refused to refund her money (even though it is well within the 30 day return policy) because she has disposed of the original packing. She was told that even if she returned it in a gold plated solid steel container they would not take it back without the original packaging. The Life Ionizer representative then asked her why she wanted to return the machine. When she told him, he heaped abuse upon Enagic and was "ungentlemanly". When she persisted in her request to return her machine, he became "nasty". Daisy was disgusted with the way she was treated.

## Update: Robin's lump is gone

Update (November 2009): Got rid of the Life Ionizer and bought an Enagic SD501: We are so pleased with the Enagic! Already, I have noticed improvements in minor things: an arthritic-like condition in my big toe. I was not able to either flex or extend it; now I can. Small skin lesions are dropping off. Hip pain from long sitting is gone. Skin suppleness is much improved. And my 20+year chronic neck pain is little by little improving. My hair hasn't turned back to brown yet, but who knows???

23) Martha Grace milks cows every day. She is a young woman, but her hands were cracked and dry with horrible looking black lines etched into the "palm" of her fingers. Two weeks on Kangen Water and her hands are no longer dry and cracked and the black etchings are gone.

24) Aretha: Joint pain reduced.

25) Rod: More mental energy (suffers from chronic fatigue). Began Thursday, May 22, 2008

- 1. More mental energy and clarity
- 2. Improved memory retention and access to memory
- 3. Deeper sleep and more rested upon waking
- 4. Increased energy and stamina
- 5. Better sense of well being and improved sense of humor
- 6. Increased social ability and willingness to communicate
- 7. Increased sense of confidence
- 8. Improved bowel movements and regularity
- 9. Sense of increased physical strength and coordination as related to golf game
- 10. Increased calmness in stressful situations

#### 26) Rhonda

- Less anxiety for herself

- had heartburn one night as going to bed (from indulging), got up and had one glass of week old Kangen water and heartburn was gone.

- Friend Dan was suffering from hypertension, gone after two days on Kangen water.

- Friend Gabe with Lyme's disease had pain in his hand like arthritis. Pain significantly reduced in the two days he was drinking Kangen water. Gabe did not believe it was the water, so quit drinking the water, pain returned. He began drinking Kangen Water again, pain went away. He did not believe it was the water, so quit drinking the water again, the pain returned. He began drinking the Kangen Water again and the pain went away. He is convinced.

27) Another man with asthma drinking the Kangen water for a week said that he feels much better and will continue drinking the Kangen water. He has now drastically reduced his asthma medication.

28) John said his carpal tunnel, lower back and multiple joints pain is all gone. His wife seems to be better and is on a more even keel. John treated a patch of poison oak with the 2.5 acid water and left another patch untreated. The treated patch healed noticeably faster. He just completed a 53 mile bicycle marathon and said he was not even tired.

29) Fred's daughter was in an automobile accident 25 years ago, coma for a year, suffered severe brain damage, unable to walk. Fred showed his daughter's neurologist info about Kangen water and she said "definitely use the Kangen Water". At about the same time she started the Kangen Water, Fred's daughter was also put on a new medication. She is doing better all around and is near able to walk on her own.

30) Marius's wife Rodica is suffering from MS. She was unable to walk. Rodica has implemented a number of dietary improvements to her lifestyle to combat the MS. A month or so ago they added the Kangen Water to her regimen. She walked (with assistance) into our kitchen yesterday.

31) A woman had nodules (due to allergies) at the back of her throat. The doctor was monitoring the situation. As they showed no signs of going away, he promised to perform surgery to remove them in July 2008. She drank Kangen Water 9.5 for a day or two and the nodules went away.

32) Richard had a cough that was just getting worse and worse – after starting on the water, the cough is gone and his skin is softer.

33) Melissa's Mom got an Enagic Kangen Water machine and began taking water to her friend Stormy. Stormy got nauseous drinking Kangen Water 8.5, but wanted to continue getting water because in 1.5 days her allergies went away (she was using a box of Kleenex every two hours). One day Melissa's Mom had not taken Stormy her water yet and Stormy came to get water because she had run out of water and was unable to breathe. An hour after getting the kangen water she was able to breathe again.

34) Melissa's mom has bone spurs, since she has been drinking the water she seems to move more easily.

35) Saxon has asthma, but since drinking Kangen water he can breathe and has reduced his medication by over 75%.

36) Christy has been unable to stand up without assistance after sitting leaned forward. Then once up has difficulty walking (problem seems to be in her hips). Three days on Kangen water and her hips are fine (no problem standing up or walking after sitting leaned forward).

37) Sharon had long term shoulder pain, gone after drinking Kangen water for a few weeks.

38) Rachel. Long term foot fungus, gone from drinking Kangen Water.

40) Rebecca's mother used a cane for assistance in walking. She is now able to walk energetically without her cane, her knee and leg pain is gone. She had carpel tunnel surgery and said she came immediately out of the anesthesia (whereas she usually takes hours) and she felt fine and hungry and ready to go home.

41) Helen with diabetes reduced her blood sugar level from 300 to 120 in less than a week drinking the water. She also lost 15 lb. She is now completely off of her diabetes medications.

42) Kristi's mother reduced her blood sugar level from 180 to 100 after one week on the Kangen Water.

43) Dave had surgery to remove nodules in his throat several months ago. Recently the nodules returned and his voice was gone. He dreaded another surgery. He drank the Kangen water and in a few days the nodules were gone.

#### Kangen Stories

44) Patty had ovarian cancer. She was on chemo for 6 months, her cancer count numbers continued to rise. Her oncologist took her off chemo and sent her home on hospice to die. When Patty called Diane to let her know she was dying, she could barely speak in a whisper. Another friend took her Kangen Water and two weeks later she called Diane in a normal tone of voice. After six weeks on Kangen Water Patty was in complete remission and feeling great.

45) From Roxanne: my sister has finally started drinking enough water that she's seeing some results! She now has more energy, which encouraged her to start walking & eating better, and she's lost weight too!

46) From Stephanie. My friend Karen has had some healing experiences! She is up to the 9.0 and notices that her fibromyalgia pain level is much lower and that her urinary tract problem, (a tendency to urinate very little in a trickle, but feels like she has to go all the time and it hurts whenever she does pee,) has gone away completely. It came back when she ran out of the 9.0 and had to revert to 8.5 (her dog's bottle of water) for a short period of time. She said that when she pees now, it is much more of a flow and no pain whatsoever, as long as she is able to use the 9.0. It will be interesting to see what she can do with the 9.5! Just wanted to tell you.

47) Julie had a bone infection in her jaw that was excruciating. She was on Vicaden. One day drinking Kangen Water and she no longer needed the Vicaden.

48) Lars's upper back pain reduced some when drinking <sup>3</sup>/<sub>4</sub> gallon/day of Kangen water. His upper back pain was GONE when he drank 1.5 gallons/day of Kangen Water for a week. Sleep apnea gone. (Lars: sleep apnea can kill you!)

49) Yanah's father's blood sugar levels are lower than they ever have been drinking the Kangen Water, and his hip pain that prevented him from being able to walk very far is gone too. After the first evening of drinking Kangen Water, he was able to feel his hands the next morning for the first time in years.

50) Fortunately the water has been helping me A LOT. I actually woke up at 6:15 am this morning and felt like getting up. That hasn't happened for years. I guess my digestive tract could only be fixed by this water. I have tried so many other things over the years. Definitely fermentation/yeast has gone out this past week since drinking the water. My mind is clearer and I have more consistent energy. Food digests without making me so tired.

The other lady had only been drinking the water for two to three days. She said she had waked up every night for a month with her carpel tunnel pain. The last two nights she did not wake up. I'll need to get an update since she's had more water now.

Oh, yes, she said her usually constipated husband has been going to the bathroom more. :) Thank you again for all your help! Love, Garnet

51) Roy called and said that his wife had gone to CA where her pain had returned and upon coming back (and resuming our water) the pain once again subsided.

52) Rachel: Another success story . . . the little girl who had the seizures (which are now gone, thanks to the water), her mom was diagnosed with breast cancer . . . third mammogram, and lots of water later-- GONE!! She not only has no more breast cancer, but lost 35 pounds, and her husband lost 20!!

53) Another little story from me [Marianne]: I went to the dentist on Thursday – asked her how my teeth looked – she said my gums have NEVER looked so good. I told her about the water Anyway, I asked her how getting better hydrated could impact my gums. She said that plaque will harden much faster in a dehydrated environment, but if I am better hydrated, then the plaque would be softer, and then when I brush, it would brush right off! This was a totally unexpected result from the water.

54) Stacy: My arm pain (like tennis elbow) of two years is gone and my lower back pain too. My daughter with a metabolic disorder is feeling much better.

55) Rachel: Thought I'd pass along this little email excerpt:

I want to let you know that the water has done miraculous things for me in just two days!! I cannot remember the last time I felt this good. After going to so many doctors and having zero results on how to deal with all that was wrong, I feel "born again". I can't even explain this to anyone. I will try to tell you some things I have noticed:

- The fog has lifted
- I can breathe again
- The fatigue is soooooo much better. I actually have some energy!!
- I have color in my skin again
- The aches in my joints are less, by far
- My vision is better
- I seem to think clearer

I can't believe it has started working so soon. Just think how great I'll be by continuing with the water!! Maybe I won't have to donate my body to science after all! I was so scared to stop drinking the water, then your mom kindly offered to send jugs in with Gayle. What a relief!!!! I just don't want to go back to feeling the way I was feeling for so long.

Bo & I will most likely be purchasing a unit from you, BUT Bo wants to drink the water for a while to see if it will help him too. He is not a water drinker, but he feels he can drink this – it seems "light" to him. He was pretty amazed with the holding of a sip of water in his mouth. Please let me know when you do another presentation as I would like for him to listen and see for himself.

56) Fran: I feel so much better when I drink the Kangen Water fresh. I bowled great last night and felt no pain when I threw the ball!

57) Patty: My mother had breast cancer, but since drinking the Kangen Water it is all falling off and fresh clean skin is there. Her hair is growing back also.

58) Patty: my little dog had skin lesions all over and was falling over with weakness, the vet said it was just a matter of time and she would die (soon). The drugs and treatments the vet had tried were ineffective. I gave her the Kangen Water and she perked right up. By the next day she was running around barking and chipper. Her skin eventually all cleared up. The vet cold not believe it was the same dog.

59) Rachel's class: Cat Story: My cat would lick its stomach until it was raw and bleeding, there was no hair on her stomach left. I give her the Kangen Water now and she completely stopped licking her stomach and the hair has all grown back.

#### Kangen Stories

60) Scarlett: Uterine cancer. Tumor removed; cancer getting worse. Hysterectomy; aggressive chemo therapy; chemo causing lung failure. Chemo discontinued. Began using Kangen Water; cancer count going down; nurses amazed. After 5 weeks on Kangen Water, cancer is basically gone.

61) Steve: drank 7-8 small glasses of Kangen Water, that night woke up pain free first night in years (shoulder and knee pain).

62) Vahn: drank Kangen Water in April at friend's house back East – pain relieved for first time in years. Came home – pain returned. Found Kangen Water at Tauschers in January 2009 started drinking, pain reduced drastically. Doctor told her to experiment by discontinuing water and taking alka-seltzer instead. Middle of first night experiment ended.

63) Sandy's story. Sandy's husband Kevin has had prostrate cancer; he was dragging around, depressed. He did not want another machine; they have spent a lot of money trying to recover Sandy's health. She has severe sensitivities and lives in kind of a bubble. He was mad about the money, the SD501 was too expensive.

Sandy checked out Tyent and other machines. She listened to their reps and the things they said clued her that their machines were not as good a product as Enagic.

She sold her RV and bought the SD501 (it was her RV). Kevin was alright with it, but said he would drink the water but have nothing else to do with it. Sandy was a nervous wreck. Kevin was mad about having to hook it up.

Kevin started to feel some energy. He had started slow, just a few glasses a day, he did not want to detox. Now he upped to a gallon. He has pain all over. At this point he developed sharp pain in his lung and shoulder. But he was sleeping well, had lots of energy and was happy. He was a different person.

Kevin had a collapsed lung 20 years ago. He thought the water was working on that spot. The sharp pain would come and go for a week at a time. He would just drink more water. After about 6 weeks the pain was completely gone. All his back pain and pain all over is gone. He says he has never slept like this in all his life – deep comfortable sleep. His energy is good. He still occasionally has a day of cleansing type reactions, but the next day he is fine.

This is the man who never wanted a machine or anything to do with it. He cannot stop talking about it. It was worth every penny.

64) Jeannette. For myself, the only thing I can definitely put my finger on is that since I've been drinking the water I have been losing weight without changing my eating habits in any way. I think I've lost about 10 pounds so far. Time will tell as to if I continue to lose more or if I'm where my body wants to be.

For Jim, he had a severe attack of gout that landed him in the Emergency room of the hospital. Of course they said there was really nothing that could be done for it and that it would more than likely happen again. I started him on the water the next day, at that time I was getting it from the Brennan's because we didn't have our unit yet. By the second day, the gout symptoms were totally gone, and he has had no re-occurrences since.

65) Portland Home and Garden Show. Scarlett got a booth at the H&G Show to talk about KW. During the five day show, our neighboring vendors drank our water:

Diabetic Bill's blood sugar level went from 185 to 85 in two days (he has owned another company's ionizer for years).

Concrete Contactor Sal's chronic back pain was so relieved he did not have to take his normal pain drugs.

Tamara's shoulder bursitis was relieved the first night – able to sleep and lift her arm above her shoulder.

Anonymous young lady started her cycle for the first time in months.

66) Barry: After using the water for 10 months, I just realized that the optic (ocular) migraines had stopped occurring. The first one happened about three years ago. There were very alarming symptoms of depth perception loss, vision loss, some discomfort, and "flashing lights and spots" in the field of vision. One hour later I ended up at the Casey Eye Institute in Portland. The migraines gradually increased in number from once every few months to once every few weeks, but all I did for them was to lie down and relax until it passed. They stopped occurring when I began using the water and have never come back. I have heard that the eyes need a lot of oxygen, and I have read that the Kangen Water oxygenates the blood. Last month when I donated blood at the local Red Cross, my hemoglobin (oxygen transporting) test score was 17.7, where 12.5 is the minimum to qualify and 19.0 is the machine maximum readout. That morning I only had drunk one quart of Kangen Water just before donating. Next time my reading will probably be even higher because of preparing better.

Also, the periodic "sudden racing heart" has stopped occurring after being on the water.

67) Thuy: my fibromyalgia pain on a scale of 1-10 was a 15. I took several pain meds, drugs to sleep, drugs to wake up, and antidepressants. My mouth had open sores all over the inside. Two weeks on Kangen water and my pain level was reduced 90% and I was off all drugs. Migrain headaches also gone.

68) Kristi : 1 week on Kangen water and addiction to diet coke gone (12pk/day). Gave mother Kangen water and in one week blood sugar level reduced from 180 to normal.

**69)** Hi Cary. After speaking with you on the phone I was compelled to write to you about my experiences with the 9.5 Kangen water. I worked in a sawmill for 29 years in north Idaho in all types of weather conditions, as a result I had developed Carpel Tunnel in both my wrists as well as Arthritis in both shoulders. I could not sleep at night unless I put my arms above my head. I also had neuropathy in both of my lower legs and feet due to Diabetes, it runs in my mother's side of my family. As you know these all can be very painful, a lot of numbness and pins and needles. I also had Irritable Bowel Syndrome along with Diarhea for the last 5 years .Since I started drinking the Kangen water all these symptoms have just disappeared! When I first drank the water the next day I could not raise my arm above my head I had so much pain. The next day it was just gone! The pain in my wrists gone! All pain gone! Pins and needles in my legs and feet gone! No more IBS all gone! Oh and I lost 10 pounds too! I sleep better than ever before! Please feel free to share my story with anyone interested that you know about this miracle water.

Wayne H

70) Mark H. Has diabetes – on meds – drank water for three weeks – off all meds, blood sugar levels normal, neuropathy gone, no pain when excercises.

71) Terri C had a parasite infection in her eye for 2 years that was not responding to traditional therapies - she had seen 2 opthamologists and one optometrist. She used the 2.5 acid water and the infection is gone.

72) Brenda G. I wasn't the first person to use 2.5 acid water in my eyes. I got the idea from Barry when he first told us about the kangen water. I'm prone to eye infections and I got one about a month ago. Instead of giving in and going to the eye doctor and spending a good \$60 on co-pay and prescriptions, I put several drops of 2.5 acid water in my eyes at morning and again at night for something like 3 days until the infection was gone. I also got a stye under my right eye last week that was swollen and painful. I sprayed it with 2.5 acid water and then used 11.5 compress for several minutes. I repeated that several times in one day and the next morning the stye was almost completely gone and no longer painful! After that I let it heal on its own and it was gone the next day. It's so great to not have to worry about eye infections anymore!

73) Terri. I have experienced many wonderful things from drinking Kangen water.

1) SLEEP I sleep more restfully, and when I wake up in the morning I am refreshed at 6:30 am rather than still being groggy at 8am. I even stay up a little later at night.

2) DIGESTION I was getting to the point that I had to eat smaller and smaller amounts of food or it would take forever to digest. But now food no longer sits like a rock in my stomach. I recently spent a weekend away from Kangen water and my digestion slowed again. Ugh! After drinking the water for 1 day, my digestion issues are resolved.

3) GENERAL WELL BEING In general, I feel like I did when I was 20 years old, and I'm pushing 40. It's absolutely wonderful; I can keep up with my kids again.

4) LIFTING After 3 cesarean sections I could not lift more than 15 pounds without being sore, but now I can carry my 60 pound daughter around with no problem.

5) ATTITUDE: Because I feel so much better overall, I don't tend to lose my patience or get angry as often.

6) TISSUE REPAIR: An MRI revealed a sizable tear in the labreal cartilage of my shoulder (where the arm bone hooks into the rotator cuff). After 6 months of being extremely careful and 1 month of PT, I was still unable to keep myself from re-injuring the shoulder. Frozen shoulder set in and my range of motion was greatly decreased. My surgeon and physical therapist both said I had waited too long, and was past the point when they typically see any range of motion improvement, even with PT exercises. The shoulder specialist (surgeon) said he expected me to be back for shoulder surgery in 6 weeks, but prescribed PT (stretching only) for 6 weeks to see if we could get some range of motion back. He was not hopeful, neither was I. But I had recently purchased my SD501 and had actually already gone 2 weeks without re-injuring the shoulder. I upped the amount of water I was drinking to 1 oz per pound of body weight, and I have now gone 9 weeks without re-injuring my shoulder. Cartilage takes 8 weeks to heal. Needless to say, the labreal tear is completely healed--I fell on it the other day and had no pain whatsoever! My range of motion is 90-100% depending on the movement. Over the last 2 months, each time I slack off on the water, my PT exercises were less effective, but when I am drinking a gallon a day my physical therapist says she's surprised at the amount of improvement--where she normally sees 2-3% improvement on a given day, I often gain 15 and even 20% in some ranges! She told me she has no explanation for the improvement I've demonstrated, since frozen shoulder normally has a much longer 'freeze' period. I have an explanation--it's Kangen water!!

74) My cholesterol went way down (256-213 in 11 days); my cataracts are going away and my husband had to get new glasses because his eyes were so improved and the "floaters" in his vision went away completely. Thanks. Kathy

75) Elena's grandson had a sty on his eyelid that would not go away even with doctor's treatment. They put 2.5 acid water on it and two little white worms came crawling out.

76) Sharon has been sharing the water with a family with a little girl named Willy. Willy is autistic and acts out violently - hurting people. Her folks take her nowhere - one of them always stays home with her while the other takes the family on outings. They started the water ~3 weeks ago. Willy loves it and drinks lots.

No violence.

They have been able to take her swimming with her family and she played and had a great time. They have taken her out several other times - no problem.

She has an affinity for markers and if she gets ahold of them they lead to terrible outbreaks of violence. She got ahold of markers. She had drawn all over herself and was sucking on one when they found her. Grandma used the 2.5 and 11.5 waters to get the marker all off of her. No reaction. No consequences.

Three days ago she used the first full sentence of her life (apparently most of her communication is in grunts). She said "I would like some butter on that".

77) Roger Shipman. Chronic fatigue, etc. Always tired, especially when first waking up, but no more! Although I thought myself healthy, I now have three times the energy, can finish projects, can dance—even carrying a child—for an hour and still have energy, without soreness. Warts washed away with 2.5 water. Borderline asthma improved. Laughter no longer causes coughing, I can laugh freely! I've even noticed I don't get mosquito bites any more; I used to run inside at dusk, I got so many. No swelling or itching even when I did get one. (Two children—just begun drinking Kangen—have reduced allergy symptoms. With nine children, we do a lot of laundry. Washing clothes with 11.5 makes them cleaner and softer without sensitivity issues.)

78) Lori Rowe's friend: doctor took him off of 2 blood pressure meds

79) Dick Widmer's friend Rita works at casino 52 years old. Recently needed new glasses because could not read the numbers on the table. Started drinking Kangen Water – now can take off glases and even read info on the wall across the room. Been taking thyroid meds for 10 years. After drinking KW wnt in to have thyroid checked – no longer needs meds.

80) Terry Wilson's nephew – neuropathy in feet due to diabetes – on water less than a week already has feeling returning to feet.

## 81) Jerry Nakagasawa:

This is Carol we are talking about who walked 10 kilometers in the rain to finish a competitive walk. Carol of the ruptured cerebral aneurysm, 4 coronary artery bypasses, countless stents, carotid bypass, and bilateral ao-fem-fem bypass! This is Carol who could barely walk 10 minutes on a treadmill BEFORE starting on the Kangen water.

I am so proud of her I do not know what to do!!! I just received the note from Jennifer. A FANTASTIC testimonial:

#### Kangen Stories

"OK I did it I walked the whole thing, I am surprised myself and it was fun. It rained almost the whole walk, I am soaked to the skivvies, but so excited I actually did it...... it was .... 10 K .....

82) Pat and Kay took water to Jack with cancer. In a couple of weeks he was no longer staying home all day, but going to the airport, flying planes. His red blood cell count is up, his.....

83) Henry is 86 years old, has bladder cancer, was dehydrated, in a wheel chair fro 1.5 months, has high blood pressure, and diabetes. 10 days on the Kangen Water and he was walking. Most recent checkup showed improvement in high blood pressure and diabetes.

84) Royce is a farmer who had kidney stones. He was in pain for a week, taking pain killers, drinking tap water. He drove 100 miles to get Kangen Water – the next day he passed the stones and was pain free – he bought a machine.

85) Brandon's entire extended family watched the "Why Kangen Water" DVD and they ALL quit drinking sodas.

86) George has Parkinson's, it is painful for him to move his arms and he could not lift them above his head. He drank 2 gallons of Kangen Water in two days. On the third day he could clap his hands above his head – his wife was shocked.

87) MY 2 HIV PEOPLE ARE DOING WELL AND A YOUNG GIRL WITH A STOMACH TUMOR HAS LOST THE TUMOR.HER PARENTS BOUGHT A MACHINE.....MY HUSBAND IS DOWN FROM 4 DIABETIC PILLS TO 1 A DAY...VERY COOL ISN'T IT ...HOPE ALL IS WELL...COLLEEN.

## 1. Watch the 23 minute Product Demonstration: <u>www.KangenDemo.com</u>

## 2. Watch the short 8 minute COMPENSATION video at

www.youtube.com/watch?v=uXbhfm9PFIM

# 3. Watch the 5 minute Dr. Shinya COLON video: www.youtube.com/watch?v=han3AfjevOc

4. Don't have access to a computer right away?? Then listen to the 7 minute recorded message by calling (512) 505-6833.

Press 1: Product Health Info; Press 2: Health-Business Opportunity; Press 3: Testimonials

5. Go to <u>www.AlkalineWaterTruth.com</u> and sign up for your free 19 page easy to read Ebook and our 9 – week newsletter with opt out privileges.

*CALL* Kevin for your *FREE INFO TODAY*: (626) 755-3176 KevinLHumphrey@gmail.com To your health, joy and success,

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