MARYSVILLE JR. INDIANS (MJI) FOOTBALL CONTRACT - 2025

Welcome to Marysville Jr. Indians Football and Cheer Organization (MJI). Our organization places great importance upon helping young people by involving them in an athletic program that builds character, self-esteem, and emphasizes teamwork. Discipline, hard work, and cooperation act as the cornerstone of this effort. In that vein, we have developed these standards by which we expect each athlete and parent to abide by. MJI, combined with **SACRAMENTO YOUTH FOOTBALL** rules and regulations, have developed these standards by which each athlete and parent are to abide by.

ATHLETE'S NAME:	

ATHLETE SECTON:

- 1. I understand that being a Jr. Indian is a privilege, and I promise to uphold the high standards of MJI.
- 2. I agree to follow the instructions of coaches and directions of MJI without dissent.
- 3. I understand that disruptive behavior and failure to follow instructions are grounds for Penalties or dismissal from the program.
- 4. I agree to attend all scheduled practices and games. If I am unable to attend, my parents/guardians or I will contact my Head Coach no later than 30 minutes prior to a scheduled practice or one (1) hour prior to scheduled game check-ins (this is usually one (1) hour before the scheduled game time).
- 5. I agree to encourage my teammate's efforts. I also agree NOT to criticize their mistakes and by doing so may be grounds for penalties or dismissal from the program.
- 6. I agree to take GOOD care of my uniform/equipment.
- 7. I agree to work hard in school and complete all my homework in an effort to maintain good grades. I further understand that any use or possession of tobacco, alcohol, or drugs on or off the field will be grounds for immediate dismissal from MJI.
- 8. I will arrive at all games 1.5 hours prior to the start time or as directed by my **Head Coach.** Being late on game day can result in decreased or no play time for that game. Habitual tardiness for checkins will also result in further disciplinary action.

PARENT AND ATHLETE SECTION:

CODE OF CONDUCT: The use of alcohol, tobacco, drugs, and profanity will not be tolerated from any parent or child. Arguments, bullying, lack of respect towards others (including other organizations), or any other harmful behavior that is deemed detrimental to the program and/or children in the program will not be tolerated. Any parent or child that has participated in this kind of behavior will be asked to leave the program with NO REFUND. Staff are unpaid volunteers and will be supported at all times. Any rude comments, swearing at any volunteer, directly or indirectly, may prevent parents from attending practices or games. Complaints must be handled respectfully, as well as, privately. If a conference

Needed with a coach, for any reason, it may be scheduled before, or after practice ONLY, and NEVER on a game day. You must also abide by the 24hour cool off period. Exposure on ALL social media sites shall remain positive. Personal problems will be kept off the practice and game field. Current phone numbers, addresses, emails and the like, are the responsibility of the parent to notify the coach or team mom. I also agree to the following:

- 1. I will remember that children participate to have fun and that the game is for youth, not adults.
- 2. I agree to work with the coaches and directions of MJI without dissent.
- 3. I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
- 4. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or other sporting event.
- 5. I understand that disruptive behavior and failure to follow instructions are grounds for Penalties or dismissal from the program.
- 6. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.
- 7. I, and my guest, will respect the officials and their authority during games and will never question, discuss, or confront coaches at the game field, and will take time to speak with coaches at an agreed upon time and place. This includes adhering to the 24 hour "cooling off" period.
- 8. I, and my guest, will refrain from coaching my child or any other children during games and practices unless I am one of the official coaches and agree to follow the 30ft rule, meaning that without a badge I must not be within 30 feet of practice or game locations.
- 9. I will refrain from using any type of social media to discriminate against my child's team, or any players, coaching staff or any of their actions. I will make all efforts to settle any disagreements through conversations with my child's head coach and/or assistant coaches.
- 10. I understand I am responsible for providing my child timely transportation to and from all MJI functions, practices, games, and post season games.
- 11. I understand that my child is being registered to participate in MJI based on his/her birthdate, per Sacramento Youth Football (SYF) rules. A participant may be moved up (1) level if deemed necessary by, and at the sole discretion of the MJI Board of Directors.
- 12. I understand that no helmet can prevent all concussions, head or any neck injuries a player might sustain while participating in youth football. In addition, as a parent, if I feel or am notified that my child has sustained a concussion, I will comply with removing my child from a game or practice, and seek medical attention by obtaining a letter from the health care provider to return my child to a game or practice.
- 13. I understand that a meeting with Coaches must be pre-arranged and conducted prior to or after practice, **AND NEVER ON GAME DAY**. Meeting with Coaches, President, and/or Football Coordinator must be conducted prior to or after practice. We encourage you to coordinate/ schedule a meeting in advance to ensure availability of the MJI Staff. If I want to address a concern or situation I will abide by the following steps:
- a. Fulfill the required 24-hour cooling off period, prior to any communication.

b. Submit an email stating your concern and how you would like to proceed (schedule a meeting, etc.) to our Registrar (Rachel Zufelt) at registrar@marysvillejrindians.org

I also agree that if I fail to abide by the rules and guidelines, I will be subject to disciplinary action that could include, but is not limited to the following:

- Verbal warning by official, head coach, and/or board member
- Written warning
- Parental game suspension with written documentation of incident kept on file by the league
- Game forfeit through the official or coach
- Parental season suspension
- Removal from the social media site for MJI

<u>RELEASE STATEMENT:</u> In the event of an injury and no parent or guardian can be contacted, the participant may be sent to a hospital in an emergency or private vehicle where medical treatment may be provided at the parent's expense. My signature on this form indicates my express permission for MJI and their representatives to order such care to be given should the need arise.

EQUIPMENT/UNIFORM AND GAME RESPONSIBILITY: I agree to assume FULL responsibility of my athlete's equipment/uniform, which includes practice gear, shoulder pads, helmets and anything else that is issued by MJI. Uniform will be complete for all games and competition. It is my responsibility to keep my equipment/uniform clean and in my possession. If the equipment/uniform is not complete, the athlete will be required to sit out of the game, but stay in attendance to support his/her teammates. If the participant leaves, it will count as a missed game. Athletes may not go in the stands during the game. Athletes must check in with their coach one (1) hour before kick-off, in complete uniform. Transportation is not provided by MJI. All athletes are to be at all practices, games and other mandatory events.

PRACTICES:

I understand that my athlete is required to be at every practice on time and ready to practice.

Practices run Monday-Thursday 6:00pm-8:30pm prior to Jamboree. Following Jamboree, practices will be Tuesday-Thursday 6:00pm-8:00pm

Football expectations include training and conditioning for the demands of the sport. All athletes are to have 10 hours of conditioning by the first week of practice. If 10 hours of conditioning are not completed by the end of the second practice week, the athlete may be dropped from the program with no refund.

While all coaches will try and keep the same days and times for practices; it is understood that some changes will be made to accommodate all squads, especially when weather is a factor or when it is near playoffs/competition and there is limited gym availability.

All athletes are expected to be productive at practice. If an athlete becomes disruptive to coaches or other athletes, they may be asked to leave, and the absence from practice will be unexcused.

<u>TARDIES/ABSENCES</u>: Athletes are not to arrive earlier than 15 minutes before practice begins and will be picked up when practice ends. Penalties may occur for constant tardiness. If an athlete is unable to attend a practice, the Head Coach or their designated person needs to be contacted no later than **5:30 pm.** Excused absences are limited to illness, funerals, any court ordered visitation (*prior to school beginning*)

and academic school functions. Any unexcused absence may result in the athlete benched during a quarter of the game, that decision is left up to the head coach. This includes absences from games. A benched athlete is required to be on time to the game for check ins. Unexcused absences are limited to 3 per season (excluding competition season, please see below). If an athlete meets or exceeds the limited amount of unexcused absences, they may without further notice be excused from the team.

Financial and other Obligations: 2025 MJI Football cost will total \$350.00. \$150.00 will cover the uniform (jersey, socks, mouth piece). \$200.00 will cover the operational costs deemed necessary per participant (league insurance, official fees, coaching certification fees, safety equipment certification fees, utilities, practice gear, etc.). The \$350 registration fee must be paid in full by fittings OR have prior arrangements made with the President and Registrar. Once the uniform is ordered I understand that the cost of the uniform will not be refunded. Note: \$100 deposits to register and hold season spots are placed towards total cost but are non-refundable at any time. I understand that any unpaid balances on my account at the end of season will be invoiced to me and disqualify my athlete for veteran status.

VOLUNTEERING/FUNDRAISING: I understand that as a parent it is mandatory that I must volunteer a minimum of six (6) hours per child, or a maximum of twelve (12) hours for multiple children, or pay the Volunteer Buyout Fee. I also understand that it is my own responsibility to seek out and sign up for my volunteer hours. Failure to adhere to this policy will result in loss of one or more of my children's veteran status. I also understand that MJI has a "Volunteer Buyout" program in which I have the option of submitting a \$100 payment per athlete in lieu of volunteer hours. I understand that I will be **REQUIRED** to participate in fundraising for MJI. I understand that I am to fundraise \$200 per player. Failure to do so may result in loss of veteran status for the following season. I also understand that MJI has "Fundraising Buy-Out" program in which I have the option of submitting a \$300 payment per athlete to MJI in lieu of fundraising. I understand that should I choose to take advantage of any of the buyout programs, I am required to submit my payment to MJI, NO LATER than the first day of practice. NOTE: Buy-outs must be done in person with our registrar (Rachel Zufelt). Other Board members, team moms and coaches will **NOT** be accepting any payments. This ensures we have a method to track all payments received. Note: For information regarding volunteering and/or fundraising, please check the MJI Facebook page weekly, team group chats AND inquire with MJI's Fundraising Coordinator, board members, and/or team mom.

I understand that volunteering for MJI and participating in its fundraising program(s) is **ESSENTIAL** to the success of the MJI program. I also understand that MJI needs additional support above and beyond these minimum requirements to continue being a successful program. I will make every effort possible to support MJI in this, as well as encourage other families to do the same.

<u>Veteran Status</u>: To achieve and maintain Veteran status with MJI, my athlete must comply with all previously stated requirements, including fees, equipment standards, fundraising commitments, and volunteer obligations. Additionally, they must remain in good disciplinary standing within the MJI program.

<u>Penalties</u>: If the rules of this contract are not followed, there will be disciplinary actions taken, beginning with a verbal warning and up to removal from the squad. Depending on the severity of the situation, MJI reserves the right to remove the athlete/or family from the program, with board approval, without going through all the progressions of action.

I hereby authorize the MJI organization to take pictures/ videos of my son or daughter during scheduled events and post them on the internet and social media pages.

By agreeing to this contract, WE (player and parent/guardian) understand that the above rules are NOT negotiable. We will adhere to rules. Our failure to comply with the rules will result in the potential removal from MJI, and forfeiture of all fees paid.					
Parent Printed Name	Parent Signature	Date			
Athlete Printed Name	Athlete Signature	Date			