



Newsletter

April

2025

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Bringing you back
into balance

About Us

Here at Omega Therapies we offer an alternative healthcare to help people heal and bring health to the whole body instead of splitting it into different parts. The mind, body and spirit are connected and should be treated all together.

Holistic therapies are used to treat bodily pain, quality of life, mobility issues and mental health. That is what we hope to accomplish for anyone who may need it.



THE COMPLEMENTARY
MEDICAL ASSOCIATION

Therapies

Our holistic therapies:

- Complimentary Therapies
- Chinese Traditional Medicine
- Homeopathy and Herbalism
- Foot Care Clinic
- Counselling
- Spiritual

Training Courses:

- Acupuncture
- Anatomy & Physiology
- Aromatherapy
- Chakra Healing
- Counselling level 3
- Counselling level 4
- Crystal Healing
- Cupping Hot/Dry/Hijama
- Herbalism
- Hopi Ear Candling
- Hot Stone Massage
- Hypnotherapy
- Indian Head Massage
- Massage
- Moxibustion
- Standard Massage
- Reflexology
- Reiki 1
- Reiki 2
- Reiki Masters
- Hoodoo
- Tarot readings
- Sports Massage
- Wicca

Our Training School

Not only do we offer all of these therapies, here at Omega Therapies we also offer training services.

Almost all treatments we offer here we also teach here for those interested.

Our training course for holistic therapies are all registered with the Complimentary Medicines Association.

Any course paperwork of books necessary will also be provided.

Our Treatments

We have a wide variety of unique treatments that each do something different.

Treatments can help with things like bodily pain, mobility and quality of life along with mental health.

Alongside all of our holistic therapies we also have a foot clinic here in the centre. Which is all about ensuring the health of your feet.

Our foot care clinic is also offers diabetic footcare for those who need it.

Our Products



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Food Supplements

We have range of supplements in our shop that can help with various issues.

We have vitamins like vitamin A, B and D³. Alongside the vitamins, we carry essential minerals such as iron, zinc and magnesium.

There are more supplements like fish oil, evening primrose oil, ginger root, ginkgo biloba and more!

Food supplements can help with deficiencies in the body and support your general health.



Wiccan Supplies

Within our shop we have lots of wiccan products and other witchy items.

We have spell candles and readily prepared spell boxes as well as potions.

There is large selection of crystals, candles and sage sticks.

there are cauldron's, incense and salts.

Everything you might need!



Our Shop

Our shop that we have in the centre is packed full of unique and interesting items and products.

We have homeopathic remedies, herbal tea's, supplements amongst other similar products.

We have lots of different pre-loved tarot cards for sale and the funds are donated to the food bank charity.

We also have wiccan products, spells, crystals, incense and so much more.



Have a say!

We know that a lot of our customers work in the week when we are open, so we have been thinking about doing a late night shop one night a week. If you our customers would like to come and shop later on we would keep the shop open until 9pm for those who would want to shop after work or other daytime commitments.

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Wiccan Workshop

Here at Omega Therapies we not only sell wiccan supplies and products but every two weeks on a Saturday at 1pm we hold a Wiccan workshop on a Saturday.

Our Wiccan Workshop is where a group of likeminded individuals can come together to create and learn how to do spells. Learn the history of magic, how to make lotions and potions as well as how to protect yourself from harm and negativity.

You can also learn spells, or potions for money, health, love and much, much more.



Our deals and offers

For the rest of April we will have these deals available for you!
When booking your appointment please state the special offer price where Tarot readings are £35, Quantum Magnetic Resonance Analyser readings are £20 and Reiki sessions are £30



Holistic Therapies:

- Acupuncture
- Chakra healing
- Counselling
- Crystal Healing
- Cupping Hot/Dry/Hijama
- Herbalism/Homeopathy
- Hopi Ear Candling
- Hot Stone Massage
- Hypnotherapy
- Indian Head massage
- Iridology
- Massage
- Moxibustion
- NADA Acupuncture
- Quantum Analyser
- Reflexology
- Reiki
- Sports massage
- Tarot Readings

Our Treatments

Some of our treatments are less well known, for example moxibustion.

Moxibustion is a traditional Chinese medicine where moxa is burned on or near the skin to relieve pain and discomfort, promote healing and to improve blood circulation.

Moxa is a dried herb that is made from mugwort leaves.

However we also have more known therapies like our massages which we have a variety to chose from. It simply depends on what the patient is needing.

Acupuncture is a popular treatment as it can be used to treat pain as well as things like allergies, nausea and even some mental health issues.

Our chakra and crystal healing are also less well known like the moxibustion.

Chakra healing is used to balance and unblock all the energy centres in the body in order to promote overall wellbeing.

Crystal healing uses crystals and stones to to promote wellbeing, physically emotionally and spiritually.