



AMAZON May 6 – 10, 2019

The Jaguar Shamans and the Journey beyond Time

Join us in an exploration into the traditions of the Jaguar Shamans of the Amazon in the Tambopata Rainforest Preserve in southern Peru. The goal of this journey is to experience the ceremonies, traditions, and cosmology of Master Jaguar Shamans. These are people who have mastered the techniques of stepping beyond death, beyond time, and glimpsed infinity. Ayawaska, the Mother of Wisdom, has been used for thousands of years in healing, empowerment, and spiritual growth. The shaman breaks free from consensual reality by embarking on a journey of discovery with the “Vine of Death”. In doing so, she is able to achieve wholeness and retrieve valuable information from the “collective wisdom” of the Amazonian rainforest. In her journey her relationship with the fabric of space/time changes and is able to delve into the luminous blueprint that holds the web of life, engage in multiple realities, and bring healing into clients. The plant teacher reveals the inner mechanisms of memory and activates healing opportunities or realizations in the individual. Awareness beyond language, allows the understanding of the intrinsic animated web of life permeating all aspects of nature.

These are some areas of our study and exploration:

- The healing traditions of the Jaguar Shamans
- The shaman’s way of seeing
- The cosmovision that guides their paths
- The nature of perception, and their ability to journey beyond time and death
- Healing properties of the Mother Plant
- Learning and Developing the Dream Body
- Psychonavigation
- Sacred songs or Enchantments: Icaros and Mariris
- Rebirth and transformation

We will work with renowned naturalists who will teach us the secrets of the rainforest and its healing properties. We will spend our time in a wonderful Jungle Lodge on the banks of the Tambopata River with abundant wildlife and comfortable rustic bungalows. Nature walks, river explorations, forest canopy sightseeing will immerse us deeper into the energy of the pristine rainforest.

Due to the very intensive nature of this expedition the group will be limited in size, and open only to individuals who are capable of looking after themselves and others in spiritually demanding conditions.



ITINERARY

May 5 US/Lima

Depart from your local airport and arrive in Lima late at night or early next morning.

May 6 Lima/Puerto Maldonado (Amazon).

Early morning departure from Cusco or Lima (depending on your flight itinerary) to Puerto Maldonado in the heart of the Amazon. We fly across the spine of the Andes into the Amazon basin close enough to one of South America's largest and most bio-diverse ecological regions: The National Rainforest Preserve of Tambopata. All flights arrive in Puerto Maldonado between mid morning and early afternoon. Make sure your flight arrives before noon time if possible. After being picked up at the airport, we are driven to the Madre de Dios River where we board our motorized canoes and navigate downstream the river towards our Lodge. Folks, who have extra luggage, will be storing unnecessary gear at the offices of Ecoamazonia. Once at the lodge, we settle in our comfortable private bungalows and in the afternoon we meet for introductions and orientation. Evening Fire Ceremony. L, D

May 7 Amazon

At daybreak we go in a nature walk under the thick canopy of mighty trees teeming with wildlife. The Tambopata Reserve is one of the desired destinations for birdwatchers. The number of bird species is one of the highest in the Amazon due to the cool weather currents from the Patagonia. Mosses, ferns, lichens, insects, bromeliads, clouds of colorful butterflies, primates, mammals, flood the jungle floor with sound and color. After lunch, we spend the remaining of the afternoon with medicine people in talks, meditations, and cleansing ceremonies as we prepare for nighttime ceremony. Master Jungle Shamans will teach us in their humble way the mysteries and traditions of their visionary vine. B, L, D

May 8 Amazon

Morning walks with our native guides into the thick of the jungle to oxbow lagoons, river tributaries, and swamps identifying medicinal plants, flora, and fauna. The Amazon Rainforest is home to nearly one-third of all of the world plant species. Among Jaguar Shamans, in order to map one's journey as individuals of power, one must confront all fears and come out victorious. They are Warriors of the Heart who understand their temporal nature but source from their trans-temporal state as a vehicle of power and awareness. These are individuals who are claimed by Sachamama -the spirit of the forests- and Yakumama -the spirit of waters-. They are the conduits of memory and medicine for the peoples of the jungles and are the keepers of the Icaros (ancient medicine songs). We spend the afternoon in talks with the Master Jungle Shamans, and prepare for another round of evening ritual. B, L, D

May 9 Amazon

We spend the morning processing, recapitulating, and reframing our medicine experiences. After a reset in the cool waters of the lodge's swimming pool we are delighted with a wonderful lunch with emphasis in our spiritual work. In the late afternoon, we board our motorized canoes and head up the river for explorations of wildlife that can be seen along the shores. The elusive jaguar, caymans, and incredible bird life are potential sightings on this beautiful meandering river. We spend our remaining time in discussion, and preparation for a closing fire ceremony in the evening. B, L, D

May 10 Amazon/Puerto Maldonado/Lima or Cusco

Early morning we travel downstream the Tambopata River to Puerto Maldonado to catch our plane to Cusco or Lima depending on your itinerary. B

B= Breakfast, L= Lunch, *D= Dinner (*ceremonies will take place at night and avoiding dinner is required*)

Inclusions:

•Transportation throughout by private motor coach or boat.



Rainbow Jaguar Institute

- All Jungle Lodge accommodations based on double occupancy.
- All Mountain Hotels accommodations based on double occupancy.
- Meals as detailed in itinerary.
- All airport group transfers and baggage handling.
- All entrance fees.
- Activities including talks and ceremonies by renowned Medicine People.
- Services of Rainbow Jaguar tour leader and staff.

Exclusions:

- Meals not specified in the detailed itinerary of the tour.
- US domestic, International or flights within Peru.
- Transfers for independent arrival or departure.
- Optional gratuities.
- Additional hotel nights made necessary by airline schedule changes or other factors.
- Traveler's insurance.
- Cost of medical immunizations (if any).
- Items of a personal nature (liquor, laundry, toiletries, phone calls, etc.)
- Single supplement charge.

**Land Cost: \$1695 (Cash or Check, If you pay with PayPal please add \$55)
Single Supplement \$220**

Please send your payment to:

**Rainbow Jaguar Institute LLC
1456 Winterberry Ct.
Herndon, VA 20170**

Your Preparation

We are delighted to welcome you to our journey to the Amazon, the primordial landscape of the Jaguar Shaman. Our journey comprises of weaving ourselves into the energy, wonder, and mystery of the rainforest through nature walks, meditations, and fire ceremonies. Once tuned, we will be guests of the rich, inspiring, healing and sometimes challenging Mother Ayahuasca, the mother of wisdom. As beginners experience Ayahuasca, it usually exposes them to their fears, phobias and ripples the still waters of the unconscious. In preparation for this journey, I invite you to sit in daily contemplation reflecting on the landscape of your life (personal issues, fears, unfulfilled healing, visions, etc). Do Mandala work and Despacho Ceremonies addressing your most important themes.

Please allow some exercise to clear your physical, emotional, and spiritual bodies before the journey. Thirty (28)days before the journey begins, clear the pleasures that keep you bound to the Kaypacha. Please avoid the following:

- Red meats, particularly pork
- Heavy meals
- Sweets
- Processed/refined foods
- Spicy food
- Pineapple
- Alcohol
- Sex
- Please eat bland foods one full week before the journey begins

Preparation in advance is vital to a good journey, and we are interested in good journeys!

NOTE: If you're taking anti-depressants, heart, blood pressure, or any other prescribed medications; This is NOT the right journey for you.



Flight Information

Your flight arrangements should look like these:

- Home/Lima (Peru) May 5
- Lima or Cusco/Puerto Maldonado May 6
- Puerto Maldonado/Cusco or Lima May 10
- Lima/Home May 10

You should book your international air ticket directly to Puerto Maldonado (Amazon) and back. The local airline (www.lantam.com) has codeshares with Air Canada, American Airlines, Iberia. When searching online (kayak, Orbitz, Expedia, etc,) make your arrival city/airport Puerto Maldonado (PEM). In some instances we have found out that flights from Lima to Puerto Maldonado (Amazon) bought separately might be a bit expensive (Unless the carrier you selected is Latam Airlines all the way from home). There is www.peruvian.pe with good prices and www.starperu.com as well.

Arriving in Puerto Maldonado (Amazon): We are going to meet you at the airport in Puerto Maldonado on May 6th. Usually all flights arriving from Lima or Cusco land between 10am to 2pm. Please send your arrival information (Airline, Flight #, time) to our Peru office (rainbowjaguar@gmail.com). Please arrange your flight so it arrives, preferably, before or by noon time. The Jungle Lodge's boats leave by 1:30pm to the Lodge and there are no boats until the next day.

Send the following information to: rainbowjaguar@gmail.com

- Flight information from US/Lima/(Cusco)/Puerto Maldonado (**arrival**)
(Flight number, date, arrival time at each stopover, and airline)
- Flight information – Puerto Maldonado/Cusco/Lima/US (**departure**)
(Flight number, departure date/time and airline)
- Passport Number, name as it appears on your passport, expiration date
- US contact information – a telephone number and email address

Passport

A valid passport is required for entry into Peru and must have an expiration date 6 months beyond your exit date from Peru. A ninety-day visa is given to US/Canadian citizens automatically upon entry. Please bring with you a photocopy of your passport to prove your identity in the unlikely event that your passport is lost. Any hotel we stay in, we will be collecting your passports for documentation and check in.

Travel

Most flights departing the US/Canada arrive in Lima late in the evening. Lima is a large city, and is the only entry point to Peru with connections to all Peruvian cities. While changing planes in Lima, it sometimes entails spending the night at a local hotel. Please plan your flight reservations accordingly. Depending on your arrival time, you can either wait at the airport for your departing flight to Cusco (usually in the morning), or you may overnight in a hotel. Here are some hotels to consider. For any travel from the airport, please only take the certified Taxi Service located inside the terminal building.

- Wyndham Costa del Sol , www.costadelsolperu.com/lima-airport/
(511) 7112000 ** This hotel is located at the International Airport Jorge Chavez, Lima
- Holiday Inn Lima Airport, www.ihg.com
(511) 6206006. ** This hotel is located across from the airport.

Cancellation and Refunds



If you must cancel the journey, your paid monies will be refunded in full less a \$1,000.00 cancellation fee. Notice of cancellation must be received 30 days before the program departure. Thereafter, all refunds are limited to amounts recoverable from land operators. No refunds will be given for unused accommodations or services.

Travel Insurance

We strongly recommend that you purchase travel insurance. We recommend participants to cover themselves and their luggage with short-term travelers insurance available through any travel agent or airport booth. Baggage is carried entirely at owner's risk. Rainbow Jaguar LLC, or its affiliates assume no liability whatsoever for damage, delay or loss of property.

Money

Consider exchanging \$100 - \$300 dollars at the airport in Lima. This is possible while you are waiting for your luggage – there are money exchange kiosks near the baggage carousel. There are several types of ATM Machines in Peru: ATM Global and Banco de Credito. Call your bank ahead of the trip to ensure that you have access to ATM's in a foreign country, and which ATM's will work for your cards. Traveler's checks are accepted in few places, so we do not recommend you bring them, as they are difficult to cash. When in the Sacred Valley, access to money is through the ATM only. When you bring dollars into the country of Peru, they must be new dollars with no tears, wear, ink marks or rips of any size. Damaged bills are not accepted in Peru. Please be very particular about this.

Tips and Personal Healing Sessions

We collect tips as an Ayllu to gift to the hotel staff, guides, and mountain staff. Tipping is a gift from your heart, and what is possible for you. We suggest that you budget \$5-10 per day of the trip. If there is time available, individual sessions are possible with the medicine people at your cost.

Climate

The Tambopata Candamo Preserve enjoys a high biodiversity of animals and plants due to the cool streams of air from the Patagonia. The dry season runs from May until September. The temperatures range from the 60's to 90's. Although the area is known for the occasional "Frijas" or drops of temperature. Make sure you bring a warm jacket and sleeping clothes.

Health

Please check the CDC in Atlanta (www.cdc.gov) for any recommendations necessary when traveling in the Tambopata/Candamo Rainforest Preserve near Puerto Maldonado. At writing time, there has not been any reports of outbreaks. It is important that you let Rainbow Jaguar LLC know of any medical problems, allergies, etc., that you may have. Rainbow Jaguar LLC (RJ) has the right to disqualify anyone at anytime during the trip if RJ feels it is medically necessary. Refunds are not normally given under such circumstances. Rainbow Jaguar assumes no liability regarding provision of medical care.

If you take any prescription medicines, be sure to bring enough for your travels. Any containers should be clearly labeled with prescription forms to avoid problems at Customs. A standard first aid kit is advisable, as well as bringing your own favorite personal "remedies" for possible ailments when traveling. These might include a remedy for headaches, bacterial infections, stomach, and dehydration. Remember, you are responsible for your own health.

Supplements: Bring your daily supplements if you take any. Emergen-C Packets (containing vitamins and electrolytes) and simple Electrolyte Packets can be added to bottled water for keeping hydrated. Hydration is the key to avoiding altitude sickness. Arnica cream can be helpful to rub on sore muscles. Ginger, chamomile, or licorice can assist to calm an upset stomach.

Food and Water

Most illnesses in journeys are caused by contamination of food or water. These are some precautions we suggest you observe:



- Use bottled water for drinking and brushing your teeth.
- Do not use ice cubes unless you know them to be safe.
- Do not drink from streams.
- Beware of uncooked food (including salads), and food from sidewalk vendors.
- Please enjoy freshly cooked food, preferably eaten while still hot, and fresh fruit that you peel yourself.
- It is fine to eat what you like at the hotels we will be staying at, as their hygiene and food preparation standards are very high.
- It not advisable to drink tap water, or to eat from street vendors, as our digestive systems are not used to the local food.

Water

Bottled water is readily available for purchase. During camping portions of our journeys, water is boiled and always available for you. Please bring with you a Nalgene container that can withstand warm water temperatures. Please bring a water container with you that you can fill from large purchased water bottles. This will assist with reducing the environmental impact of many small bottles being thrown away.

Special Diets: Please bring any extra food you might need to accommodate any special dietary requirements you may have such as gluten or lactose intolerance, vegan etc.

Luggage

We urge that your daypack or fanny pack be your airplane carry-on. Everything else should fit inside your main, checked suitcase. Remember to leave some space in your main bag (or bring an extra bag) for souvenir purchases. Many airlines have changed their luggage weight rules and the number of bags allowed. International flights allow up to 50 lbs of luggage and domestic flights up to 50 lbs. Peruvian airlines only accept up to 50 lbs. of luggage.

WHAT TO BRING: These are suggested items to consider:

- Duffel bag
- Day pack or Fanny pack
- Hiking shoes for nature walks.
- Comfortable outdoors pants
- Fleece Jacket (the area is known for cold spells)
- T-Shirts
- Long-sleeved light weight shirt
- Sun-screen SPF 30 or higher, Lip balm
- Sun Hat and Sun Glasses
- Rain Gear (Breathable waterproof garment)
- Bathing Suit
- Water Bottle
- Items of a personal nature, toiletries
- Camera, flashlight, journal, First Aid kit (include blister aid)
- Large clear zip lock bags make great compression bags, and aid organization
- Bug repellent



- Bandana

Responsibilities

Rainbow Jaguar LLC (RJ) reserves the right to accept or reject any participant at any time, and to make changes in the itinerary whenever deemed necessary for the comfort, convenience, and safety of the participants, and to cancel a program at any time. In the event a program is canceled, RJ shall have no responsibility beyond the refund of moneys paid to it by program participants as listed. By registering, the participant agrees that neither RJ nor its affiliates shall be liable for any damages, loss or expense occasioned by any act or omission by any supplier providing services to any program participant. While as accurate as possible at the time of printing, the program should not be considered an inflexible schedule of events, as it is subject to change due to circumstances beyond our control such as weather, festivities, etc. Participants are required to sign a Release Form before journey begins.

Contacting Peru

Rainbow Jaguar Contact in Peru (once you are in PERU) Ita Choque is our Peru office manager. Ita can be reached at the following numbers:

- Mobile 51-84-9608063 Upon arrival, please contact Ita using this number.
- E-mail rainbowjaguar@gmail.com

Please advise your families that in case of emergency at home, and you need to be reached, please contact Ita. From the US and Canada, dial: 011+51 +984608063.

(Please tear) -----

Amazon Journey Registration May 6 - 10, 2019

Name: _____

Address: _____

Tel/Cel number: _____ Email _____

Emergency Contact _____

Phone Number _____ Email _____

**Land Cost \$1,695 (If paying via Credit Card or PayPal please add \$55)
 Single Supplement \$220**

Please send a deposit of \$1,000 to secure your place in the journey. The balance should be paid 30 days before the journey begins. Mail your payment to:

**RAINBOW JAGUAR INSTITUTE LLC.
 1456 Winterberry Ct. Herndon, VA 20170**