

Andean Shamans Journey 1 at Laughing Stone Hollow 2023

The Andean Shamans Journey is a training program designed to deepen your personal healing work in combination with spiritual practices you can apply to everyday living. In the training, the student will begin to renew their relationship with nature by embracing the principle of Ayni (reciprocity) and to co-create a life of harmony and balance.

In these new times I feel we not only need to discover different ways of being but also, we need the know-how to navigate our own inner world. Inherently we all just want to make a difference and doing our own work allows us to transform destructive patterns and wounds into personal power for contribution and compassion as a natural outcome. During our time together you will see new pathways to wholeness.

This Earth-based shamanic practice will bring the participant towards the healed state and continue long after the class concludes.

In our time together, we will explore:

- **Andean spiritual teachings**
- **Shamanic Journey**
- **Personal healing**
- **Dream body**
- **Meditation**
- **Fire Ceremonies**
- **Despacho instruction (Andean spiritual practice)**

Each participant will build a Mesa, (medicine bundle) as an anchor for their spiritual work, receive “rites of passage” and learn the ways of the Shaman, walking in beauty with the rhythms of the natural world.

This experiential program will take place at the Laughing Stone Hollow Barn for 3 weekends.

March 24th-26th

May 5th-7th

July 14th-16

We will begin on Friday at 11am and end Sunday at 3pm.

Evening Fire ceremonies & despacho

***** This training program requires a commitment from all participants and all sessions are a must. The cost of the training is \$370.00 *per weekend*, this includes 7 healthy meals, all instruction, and written materials, camping at the barn, with your tent. (Nearby hotel not included) Pay in full for all three weekends and save \$110.00.**

*****Minimum of 6 people or more for this class.**

Contact Person: Pamela Panneton www.Landspirits.com

Assistant: Cheryl L. Kilduff Janssen Laughingstonehollow@gmail.com

About Pamela Panneton:

Pamela Panneton is committed to being in service to others, creating community, and facilitating spiritual awareness. She is a Reiki Master, A Mesa Carrier in the Andean Shamanic tradition and has received several initiations from highly respected medicine men and women of the high Andes. Pamela has been teaching Andean shamanism for over a decade. She is a trained Quantum Healing Hypnosis Therapist and is educated in Crystal therapies.

Pamela is gifted in hosting and coordinating large events. Prior to that she owned and ran her own business and facilitated educational programs for over 1600 people for Landmark Education. Pamela has a commitment to serve the community and to assist others to discover their own life path through healing and education. She shares from her heart with tukuy'munayniyoc (universal, unconditional love) authenticity and a straightforward nature.

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