

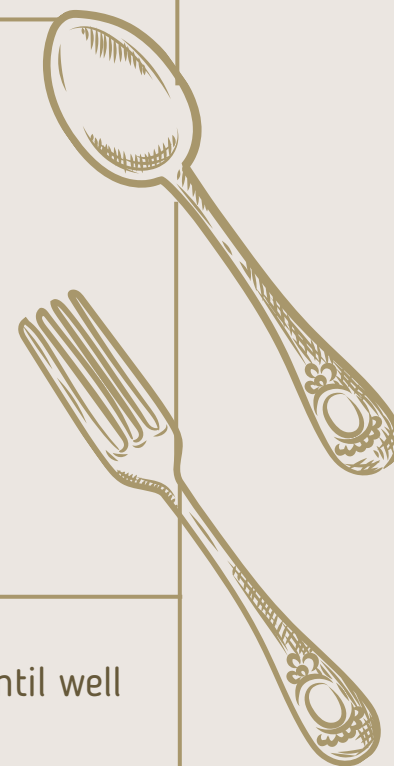


Chocolate, Oat, and Nut Butter Bites

Ingredients:

1 1/2 cups rolled oats
1/3 cup + 1 tbsp nut butter
2 tbsp maple syrup

1/2 cup dark chocolate
1 tsp coconut oil
Optional: flake salt for topping



Instructions:

1. In a medium bowl, mix oats, nut butter, and maple syrup until well combined.
2. Press into a mold with small bite-sized compartments.
3. Melt dark chocolate and mix in the coconut oil.
4. Drizzle the melted chocolate over the oat mixture in the mold.
5. (OPTIONAL: sprinkle with flake salt.)
6. Freeze for 1-2 hours. Store in freezer.

