Fully plant based Super creamy



Creamy Rigatoni a la Diabla

Ingredients:

1 package (8-14 oz) rotini
1 tbsp olive oil
8 oz mushrooms thinly sliced
2 cups fresh broccoli
1/3 cup sun dried tomatoes
2 tbsp tomato paste
1/2 tsp cayenne pepper
1/2 tsp crushed red pepper
2 cups fresh spinach

CASHEW CHEESE SAUCE

1 1/2 cups raw cashews soaked in very hot water for 30 minutes
1 cup nutritional yeast
1 1/2 tbsp olive oil
1 1/2 tsp garlic powder
1/2 tsp salt
Juice of 1 medium lemon

Drain cashews. Mix all ingredients in high-powered blender. To adjust consistency as desired, add water 1 tsp at a time.

To create "Alfredo" style sauce add 1/4 hot water and 1 tbsp vegan butter.

Instructions:

- 1. Prepare pasta per package details. Make "Alfredo" style cheese sauce.
- 2. Slice mushrooms, broccoli and sun-dried tomatoes and saute them in a large skillet with olive oil for 2 minutes.
- 3. Add pasta and sauce to vegetables. Gently mix in tomato paste & cayenne.
 4. Add 2-4 tbsp hot water. Fold in spinach. Serve with green salad.