BEGIN AGAIN NUTRITION PERSONALIZED NUTRITION COUNSELING





VIA TELEHEALTH



- HEART, LIVER, KIDNEY HEALTH
- PLANT BASED NUTRITION
- WEIGHT MANAGEMENT
- DIABETES MANAGEMENT
- DISEASE PREVENTION
- DIGESTIVE HEALTH
- · HOLISTIC HEALTH
- LIFESTYLE CHANGES
- **⊘** HIPAA-COMPLIANT TELEHEALTH **⊘** CONSULTATIONS AVAILABLE IN SPANISH

Insurance accepted
No co-pay with PPO plan
HSA & FSA accepted

PHONE 619-332-3116 FAX 619-359-2018 STEPHANIE GOMEZ, MS, RDN, SUDRC
REGISTERED DIETITIAN
SUBSTANCE USE DISORDER REGISTERED COUNSELOR

WWW.BEGINAGAINNUTRITION.COM

@BEGIN_AGAIN_NUTRITION_LLC





INSURANCE ACCEPTED

NUTRITION COUNSELING SERVICES COVERED BY MEDICAL INSURANCE. IN-NETWORK WITH:

- AFFILIATED MEDICAL GROUPS
- ALIGNMENT HEALTH PLAN
- ADOC MEDICAL GROUP
- CENTRAL HEALTH PLAN
- FIRST HEALTH NETWORK
- IMPERIAL HEALTH PLAN
- LAKESIDE COMMUNITY HEALTHCARE
- MEDICARE
- REGAL MEDICAL GROUP
- TRICARE WEST
- UNITED HEALTHCARE
- WELLCARE BY HEALTH NET

DLEASE FAX THE NUTRITION REFERRAL FORM TO 619-359-2018

STEPHANIE GOMEZ, MS, RDN, SUDRC

REGISTERED DIETITIAN SUBSTANCE USE DISORDER REGISTERED COUNSELOR

STEPHANIEG@BEGINAGAINNUTRITION.COM PHONE 619-332-3116 WWW.BEGINAGAINNUTRITION.COM

FAX 619-359-2018