

Essential Knowledge for the Jail Professional

Develop Your Personal Mission Statement

Remember a personal mission statement is a formal summary of your purpose and values. It is a moral compass that provides a foundation for life.

What words would you use to describe yourself?

What is important in your life?

What are your core values and beliefs?

How do you want to be remembered?

Google: “Personal mission statements” and study how they are written. Look at the flow and content. Notice it isn’t about material possessions. It’s about purpose and meaning.

Final Step: Keeping in mind all the ideas you have just written, write your personal mission statement.

- Keep it to around 50 words or less.
- Spend time with this exercise. Take a week or a month to complete it.
- It is complete and timeless if these accomplishments and sentiments could be read as your eulogy, and you would be proud of a life well lived.
- Put a copy of your personal mission statement where you can see it every day.
- Make it part of your daily routine. Say it out loud...every day!
- If you want a more formal step by step process:
<https://msb.franklincovey.com/>
<https://www.daveramsey.com/blog/mission-statement-101>