

# 30 "Rehab" Items You Already Have at Home

- TWEEZERS
- BUBBLE WRAP
- COINS
- CLOTHESPINS
- EMPTY PILL BOTTLES
- EMPTY CANISTERS
- EMPTY CONTAINERS
- STRING
- BEADS
- PLASTIC UTENSILS
- MAGAZINES
- TENNIS BALLS
- SOCCER OR BOUNCY BALLS
- DECK OF CARDS
- PLASTIC CUPS
- USED CLOTHING
- TOWELS
- KIDS GAMES
- NUTS AND BOLTS
- EMPTY SPRAY BOTTLES
- FREE WEIGHTS
- YARN
- DICE
- SPICE JARS
- EMPTY MILK CARTONS
- EMPTY EGG CARTONS
- ICE CUBE TRAY
- MARBLES
- RICE FOR RICE BIN
- LAUNDRY BASKET