

# Tips for Documenting the Unmotivated Patient

## SUBJECTIVE COMMENT

- \*HELPS TO GUIDE YOUR TREATMENT SESSION AS A STORY
- \*DESCRIBES HOW YOUR PATIENT IS FEELING THAT DAY
- \*CAN BE FROM THE PATIENT OR A CAREGIVER

## OBJECTIVE

- \*INVOLVE FAMILY MEMBERS OR CAREGIVERS
- \*USE AN INTEREST CHECKLIST
- \*BUILD RAPPORT
- \*REMINISCE
  - LOOK AT OLD PHOTOGRAPHS OR MEMORABILIA
  - ASK QUESTIONS ABOUT WHAT IT WAS LIKE DURING A CERTAIN YEAR
- \*BE CREATIVE
  - DO THEY HAVE CHORES TO DO AROUND THE HOUSE?
  - ASK FOR THEM TO HELP YOU WITH SOMETHING
  - ORGANIZE A BOOK SHELF OR CABINET
  - SORT THROUGH CARDS, MAGAZINES, OR MAIL
  - MEAL PREP

## EDUCATION:

- \*IMPORTANCE OF FOLLOWING CARE PLAN
- \*DISEASE MANAGEMENT
- \*ENERGY CONSERVATION TECHNIQUES
- \*HOME EXERCISE PROGRAM
- \*DEHYDRATION