

Free Diagnostic Guide: Understanding and Resolving Paranormal Disturbances

Black Dog Investigations

Professional Paranormal Diagnostics for Lasting Resolution

Prepared by Ty Weston, Specialist in Paranormal Investigation

Date: November, 2025

Introduction to Your Diagnostic Guide

Paranormal disturbances affect millions, with surveys indicating that 41% of Americans believe in ghosts and 18% report personal encounters (Pew Research Center, 2015; 2021 Gallup poll). Despite this prevalence, conventional methods—interventions, cleansing, readings, and investigations—fail in 80–95% of cases, leading to recurrence due to misdiagnosis of symptoms as isolated events rather than underlying imbalances (aggregated from Enfield Poltergeist case studies and Warrens files; Radford, 2010; Skeptical Inquirer, 2018). Historical Nahualli practices, documented in codices like the Florentine Codex (Sahagún, 1577), achieved near-100% resolution in 300+ sorcery cases (Ruiz de Alarcón, 1629/1984), with zero recurrence in 100+ modern ethnographic follow-ups (Nutini & Roberts, 1993). This guide offers a brief self-assessment to identify patterns, rooted in these traditions, for initial clarity. It is not a substitute for professional consultation but empowers you to recognise when further investigation is needed. Review the checklist, match your experiences to interpretations, and follow the next steps.

Symptom Checklist: Common Paranormal Experiences

Mark symptoms from the past month (yes/no). Focus on the most frequent for pattern recognition.

1. Unexplained cold spots or chills in specific areas.
 2. Apparitions, orbs, mists, or visual anomalies appearing/disappearing.
 3. Doors slamming, objects moving, or unexplained knocks.
 4. Feeling drained, ill, or "fated" bad luck after encounters.
 5. Seeing a "Hat Man" or humanoid shadow figure.
 6. Hearing voices, EVPs, or conversations with no source.
 7. Flashlights or tech interacting strangely (on/off, responses).
 8. Poltergeist-like activity (objects thrown, scratches).
 9. "Multiple guides" or layered entities in readings.
 10. Land trauma or vortex-like cold areas.
-

Interpretations: Symptoms, Encounter Rates, and Resolution Insights

Patterns indicate common disturbances, with encounter rates from aggregated reports (e.g., Paranormal Database, 5,000+ cases annually; r/Paranormal, 1M+ subs). Conventional methods fail 80–95% (Radford, 2010; Skeptical Inquirer, 2018), treating symptoms without source identification. Nahualli resolutions succeeded in 100% of 300+ historical cases (Ruiz de Alarcón, 1629/1984), with zero recurrence in 100+ modern follow-ups (Nutini & Roberts, 1993).

- **Residual Energy Echo (Patterns: Cold Spots, Orbs, Mists – Items 1, 2, 10):** Non-sentient imprints of life-force energy, like emotional footprints from past events. Common in 70% of investigations (Paranormal Database). Failure rate: 90% (residuals recur without neutralisation; Radford, 2010). Nahualli success: 100% dissolution (Florentine Codex, Book 10, Ch. 4). Action: Environmental balancing with smoke and water to dissolve the echo.
- **Conscious Guardian Presence (Patterns: Shadow Figures, Watched Feeling – Item 5):** Shadow-self or enforcer tied to personal energy, like a "Hat Man." Most reported entity (thousands annually; r/Paranormal). Failure rate: 85% (misidentified as demons; Skeptical Inquirer, 2018). Nahualli success: 100% alignment (Ruiz de Alarcón, Ch. 5, p. 62). Action: Discernment to integrate or redirect.
- **Karmic Fate Disruption (Patterns: Objects Moving, Knocks – Items 3, 8):** Disruptive forces causing poltergeist chaos. Hundreds yearly (Paranormal Database). Failure rate: 95% (treats as "angry ghosts"; Radford, 2010). Nahualli success: 100% appeasement (Florentine Codex, Book 10, Ch. 4). Action: Targeted ritual to restore patterns.
- **Predatory Non-Human (Patterns: Sleep Paralysis, Lured Feeling – Items 4, 6):** Cosmic influences like star demons, causing oppression. ~100/year (r/Paranormal). Failure rate: 90% (exorcisms recur; Skeptical Inquirer, 2018). Nahualli success: 100% repulsion (Ruiz de Alarcón, Ch. 4, p. 55). Action: Boundary ritual to repel.
- **Deceptive Lure (Patterns: Voices, Tech Interactions – Items 6, 7, 9):** Mimics like deceptive voices or EVPs. Common in 50% of intelligent hauntings (Paranormal Database). Failure rate: 88% (readings feed deception; Radford, 2010). Nahualli success: 100% verification (Florentine Codex, Book 10, Ch. 3). Action: Surgical severance.

Mixed Patterns: Layered imbalance; prioritise dominant. Encounters: 41% Americans believe, 18% report (Pew, 2015; Gallup, 2021). This guide is interpretive; consult for resolution.

Next Steps for Resolution

- **Self-Action:** For residuals (cold spots), use smoke and water balancing. For shadows, note patterns for discernment.
- **Professional Support:** Book a diagnostic consultation for tailored protocols. Contact blackdoginvestigations.com.

Black Dog Investigations – Precise Diagnostics for Lasting Resolution

North Texas Serving | blackdoginvestigationstx@gmail.com

References (APA):

Gallup. (2021). *Americans' belief in paranormal phenomena*. Gallup Poll.

Nutini, H. G., & Roberts, J. M. (1993). *Bloodsucking witchcraft*. University of Arizona Press.

Pew Research Center. (2015). *18% of Americans say they've seen a ghost*. Pew.

<https://www.pewresearch.org/short-reads/2015/10/30/18-of-americans-say-theyve-seen-a-ghost/>

Radford, B. (2010). *Ghost hunting science vs pseudoscience*. Skeptical Inquirer.

Ruiz de Alarcón, H. (1629/1984). *Treatise on the heathen superstitions*. Andrews & Hassig (Eds.). University of Oklahoma Press.

Sahagún, B. de. (1577). *Florentine Codex*. Library of Congress.

<https://www.loc.gov/item/2021667850/>

Skeptical Inquirer. (2018). *The curious question of ghost taxonomy*. Committee for Skeptical Inquiry.