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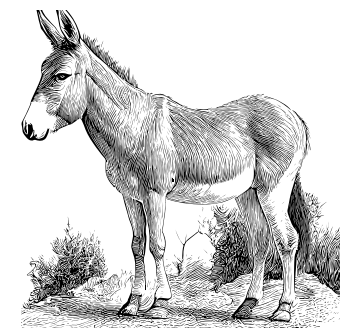
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Spring has arrived with fun things to do



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Maury County's biggest event is about to kick off



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Lifelong resident reveals local history in every discovery

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ON THE COVER: *Nat Taylor, managing director of The Moore-Morris History and Culture Center*
Where Williamson County History Comes Alive is located 108 Bridge St., in Franklin. Photo by Michael Tedesco

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COMMUNITY CALENDAR

Main Street Festival

APRIL 27 – 28, 10 AM – 6 PM EACH DAY
Downtown Franklin

The Main Street Festival attracts 120,000+ visitors annually who enjoy eclectic arts and crafts vendors, superb entertainment, great food & drink, and fun for the entire family in the heart of historic downtown Franklin. This beloved annual tradition produced by the Heritage Foundation of Williamson County is consistently listed among the top 20 events in the Southeast by the Southeast Tourism Society. This year's Main Street Festival will include many art and cultural elements like collaborative public art exhibits and artistic performances, including dance, spoken word, music, and performance. The event will include 150+ arts & crafts vendors, 30+ food & beverage vendors, main stage entertainment, acoustic stage entertainment, buskers corner, art and culture performances and. More! williamsonheritage.org/events/main-street-festival



Pull Tight Players - Ken Ludwig's "A Fox on the Fairway"

APRIL 5-7, 10-14, 17-20
112 2nd Ave S, Franklin

This old-fashioned farce by the writer of Moon Over Buffalo and Lend Me a Tenor takes us on a laugh-out-loud romp, pulling the rug out from underneath the stuffy members of a private country club. Filled with mistaken identities, slamming doors, and over-the-top romantic shenanigans, this furiously paced comedy recalls the Marx Brothers classics. It is a charmingly madcap adventure about love, life, and man's eternal love affair with ... golf! Directed by JK Gregg and Produced by Carmela Hofstee. pull-tight.com

The Franklin Rodeo

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Photography provided

MULE DAY FESTIVAL

PAM WINDSOR

This year's Maury County Bridle and Saddle Club Mule Day's Festival promises to be bigger and better than ever.

"This year marks our 50th anniversary," says Parade Director Mandy Mills, "and we're really excited."

The festival celebrates Columbia's heritage as the "Mule Capital of the World" and features mule shows and competitions, live music, food concessions, a parade, and so much more.

Although the actual festival starts Thursday (April 4th) and goes through Sunday (April 7th), things kick off earlier in the week with the much-anticipated wagon train.

"We have a wagon train that starts on Monday, and people come from far and wide to be part of it," Mills says. "They ride through the rural parts of Maury County and surrounding counties and see the beautiful countryside and scenery, and then get here Wednesday and ride into Maury County Park."

Mills says riders with the wagon train send word ahead so people know when they'll arrive and can gather to watch them roll into the park."

Then, it's four days of back-to-back festival events from Thurs-

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day to Sunday. There will be food, live music, arts and crafts, and mule shows that include old-fashioned log pulling, jackpot mule races, driving mule shows, a mule pulling contest, and more.

“On Saturday, we have our mule pull, which is a huge event,” says Mills. “It draws a huge crowd. These are mules that go all over and pull blocks on sleds. You’ll be amazed at how strong they are.”

That’s also the day of the annual Mule Day Parade. It’s fitting for Mills to help with the parade planning. She grew up in Maury County and has gone downtown to watch it almost every year since she was a child.

“The only parade I ever missed was the year I had chicken pox,” she says with a laugh. “From the time I was born I’ve been to every parade, and then started coming out to the park. My husband logs with mules, so he brought mules, and we helped start a couple of events, and it’s grown from there. We’re thoroughly involved with Mule Day and very thankful to be.”

The parade, she says, is always full of creative floats and lots of surprises.

The itinerary for each day is posted on the muleday.com website. Tickets to get into the park are \$10 per day for an adult, while kids under 12 are admitted for free. A four-day pass is available for \$25.00.

Mule Day Festival has something for everyone.



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MOORE-MORRIS HISTORY AND CULTURE CENTER

JASON ZASKY

“Tennessee history is really fascinating to me,” begins Illinois native Nat Taylor, managing director of the Moore-Morris History and Culture Center, which opened on February 6. Located on Bridge Street in downtown Franklin — and housed in a National Register of Historic Places building that dates to 1905 — the new venture aims to preserve, exhibit, and interpret the social, economic, and cultural history of Williamson County.

As for Taylor, he feels right at home — both in Middle Tennessee and in his new job — having moved to the area in 2017 after earning bachelor’s and master’s degrees in history in his home state.

“I came to Tennessee in my twenties, originally doing genealogy research and going to Nashville Predators games with my dad. I ended up tracing my family lines to some of the original settlers in this

area,” he adds, so it’s fitting that he’s charged with both preserving and promoting Williamson County history, fresh off a six-year stint as an archivist at the Tennessee State Library and Archives.

“What we’ve tried to do here is to preserve the stories of the people who have lived in the region,” explains Taylor, before noting that the Moore-Morris History and Culture Center was established by the Heritage Foundation of Williamson County, which has its headquarters next door.

More notably, still, the Moore-Morris Center uses technology to tell stories in “new and innovative ways,” as Taylor puts it, with the “living portraits” a particular source of pride.

When a visitor steps in front of one of the motion-activated living portraits, “the portrait comes alive and tells you a story about their life,” relates Taylor, with the words coming straight from the historical record and primary source material.

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UNDERSTANDING RHINOPHYMA



BEFORE

AFTER

Rhinophyma is a skin disorder characterized by a bulbous enlargement of the nose. It is a subtype of Rosacea and most often seen in men. While it is a benign condition, it can cause significant distress and self-consciousness for those affected.

Causes of Rhinophyma:

Untreated rosacea can evolve to Rhinophyma due to excess oil production.

Features of Rhinophyma:

The hallmark of rhinophyma is the gradual enlargement and distortion of the nose that may evolve into a “bulbous” appearance. Other features include enlarged pores and prominent blood vessels accompanied by irregularities in skin texture. With the progression of oil production, there may be tender acne-like flares that develop intermittently.

Treatment Options for Rhinophyma:

Depending on the severity of Rhinophyma, several treatment options are available including topical or oral medications, cryotherapy, and dermabrasion. In the most severe of cases, CO2 laser therapy or surgical intervention may be necessary to reshape the nose.

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Photography by Michael Tedesco



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“It’s a much cooler way to tell these stories, as opposed to reading them on a placard or display,” emphasizes Taylor, who says all but one of the portraits were created with the help of actors.

The one exception is that of local entrepreneur and preservationist Calvin LeHew, who is part of an exhibit dedicated to the history of historical preservation work itself. LeHew tells his own story — about his life and how he became involved in historical preservation, for which he has become well-known.

“But a lot of the individuals featured in the living portraits are not known to the public. They are more anonymous figures from this region’s past who simply have fascinating stories,” adds Taylor.

As for the building itself, it was fully renovated after being purchased to house the Moore-Morris Center, having served as the county jail for three-and-a-half decades beginning in 1905. Before that the site was home to White’s Tavern, and one room is devoted to paying homage to said tavern.

“The Experience Room is set up like a 19th-century tavern, and Benjamin White appears as a hologram. It really sets the tone for the rest of the building,” promises Taylor, who says the interior design and décor of the entire facility came together quite nicely and really complements the many exhibits, all of which were developed by

professional historians.

In fact, the three-story, 6,000-square foot space is available to rent for private events, and figures to be a very desirable choice for both weddings and corporate retreats.

That said, the Moore-Morris History and Culture Center is already a popular attraction for visitors interested in the many other stops on the local history tourism circuit.

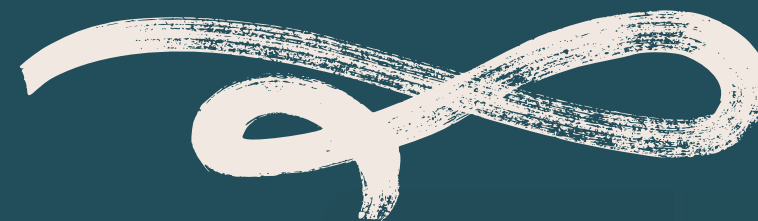
“We are seeing people from all over who are coming here to learn about our history, and most everyone I have met here has great questions. My favorite thing as a historian is answering — or helping to follow up on — those questions,” concludes Taylor, who believes that guests have been pleasantly surprised by how much the Moore-Morris Center has to offer.

“I don’t think people expect to see how big the building is once you come inside, and how much information there is to take in. That is testament to the planning that went into the facility and the research that historians did in creating the content.”

Moore-Morris History and Culture Center
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Relic hunter, Bill Stanfill. Photo by Janice Stanfill

RELIC HUNTER

JASON ZASKY

"I've got over 10,000 bullets," says longtime Spring Hill resident Bill Stanfill about the core of his collection of Civil War artifacts, amassed over a lifetime of metal detecting in Middle Tennessee. "I started out when I was a kid, and I really got into it after my brother-in-law took me metal detecting one day, and I dug up a bullet. I was hooked after that," he says, recalling his first find, which took place on the land where Kohl's department store stands today, part of The Crossings of Spring Hill shopping center.

These days, Stanfill doesn't go out hunting for artifacts anywhere near as often as he used to—a concession to age and the fact that for the past two decades, he has owned and operated Middle Tennessee Paintball, which is found on Kedron Rd. in Spring Hill.

"When I started, I was in my thirties, and sometimes I would go out hunting three or four days a week. But now I am in my

sixties, and it's fallen off a little bit due to health issues. But I went out two weeks ago for the first time in three or four months and immediately found a bullet," he adds, saying it was a stark reminder of how much he enjoys his hobby.

As for where he chooses to go metal detecting, Stanfill says he often uses an 1877 map to guide him and the other individuals who typically accompany him.

"It's a map that has the old roads, houses, stores, and cemeteries on it. The roads have changed, but the creeks are the same, so I play off the creeks," he says. On other occasions, Stanfill and his fellow hobbyists look to sites along Route 31—or "anywhere they scrape dirt to put up a new building," he says.

"I have been everywhere from Franklin all the way down to Pulaski, but 80 percent of my finds have come from right here in Spring Hill," he says, noting that in addition to bullets, his collection of artifacts includes everything from buttons to belt buckles to breastplates.

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Photography by Robbie Mathis

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Notably, Stanfill says most land developers are happy to give him permission to hunt for artifacts.

“Once I explain what I want to do, they usually say, ‘go right ahead.’ I always give them a bullet first, and tell them, ‘This is what I’m after,’” he adds, before emphasizing that “permission is something that you definitely want before you go out metal detecting.”

Stanfill also emphasizes exercising caution before digging because the last thing one wants is to damage any underground lines.

“When I get a signal with my metal detector, I go a few feet on either side of that signal to make sure that I’m not going to hit anything I shouldn’t. If it keeps signaling, you know it’s a gas line or a power line and you don’t want to dig,” he says matter-of-factly before noting that the typical find in this area is four to six inches underground.

As for his favorite artifacts, Stanfill says he is partial to personal items that can be connected to an individual soldier.

“I have a watch fob that has a soldier’s initials engraved on it,” says Stanfill, not to mention a wedding ring, the kind of relic that makes him “feel closer” to the combatants that fought in Spring

Hill, as well as elsewhere in Middle Tennessee.

That said, it’s no surprise that Stanfill—who was born in Nashville but currently lives on property that was owned by his grandparents—is a student of Civil War history.

“I’ve probably got almost as many books as I’ve got relics,” he says with a chuckle, and counts *The Confederacy’s Last Hurrah* by Wiley Sword, and *Company ‘H’: A Confederate Soldier’s Memoirs* by Sam R. Watkins, as two of his favorite Civil War books.

Moreover, he recently gave a talk at Spring Hill Public Library about the Battle of Spring Hill, an engagement that took place on November 29, 1864. And since late November, he has been exhibiting artifacts from his collection at the library, all part of his effort to keep Civil War history alive—for this generation and beyond.

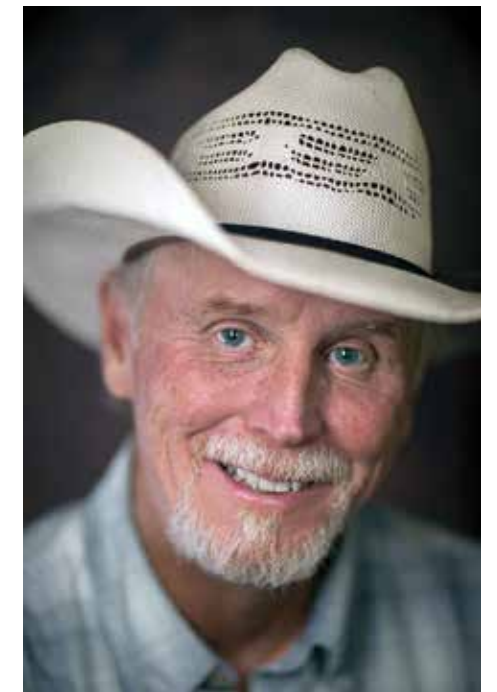
“It’s fun getting young people into this hobby because that means it’s passing on from one generation to the next. When you dig up a bullet, button, or belt buckle, the last person to have possession of it fought in the Civil War,” he reminds, marveling at the thought.

“It’s my passion to get these Civil War relics out of the ground before they are covered up,” he concludes. “I’m all about preserving this history before it gets covered up with asphalt or a house, because that is definitely happening.”

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Michael Dominic Tedesco is a photographer in Nashville, formerly New York City. Clients include: Mutual of America, Farm Bureau Insurance, Penguin Publishing Group, Gotham Books, Avery Books, Bloomberg Markets, Men’s Health, Women’s Health, Men’s Fitness, The Source, CMJ, St. Johns University, Decker Design, Jujamcyn Theaters, Journal Communications, Warner Music Nashville, University of Tennessee, Meharry College, Edge Artist Management and many Departments of Agriculture in the United States. View more work at www.tedescopictures.com



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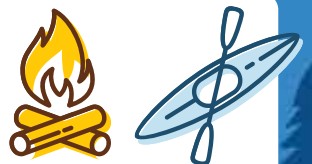
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Pizza Casserole... a.k.a. Spaghetti surprise

INGREDIENTS:

1 LB GROUND BEEF
3/4 BOX ANGEL HAIR, VERMICELLI OR SPAGHETTI
1 JAR FAVORITE SPAGHETTI SAUCE
1 PACKAGE PEPPERONI
LARGE BAG OF SHREDDED MOZZARELLA CHEESE
OLIVE OIL

DIRECTIONS:

Cook noodles, drain, rinse and toss with olive oil.

Brown ground beef and crumble as cooking. Drain. Return cooked meat to pan and add sauce. Mix.

Boil SALTED water and drop pepperoni in boiling water for 3-5 minutes. Drain.

In a casserole dish, layer noodles, a layer of shredded cheese, meat sauce, pepperoni and a top with a layer of shredded mozzarella.

Bake at 350 degrees for approximately 45 minutes or until the top begins to brown and is bubbly. Casserole can be assembled and stored in the fridge for several days before baking.



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NeuroStar Advanced Therapy is a non-invasive, non-drug treatment for depression and is free from side effects often associated with antidepressant medications. It's best for people who have not benefited from prior medicines and want to try a non-systemic treatment. Transcranial Magnetic Stimulation (TMS) is a medical procedure that delivers highly focused MRI-strength magnetic pulses to stimulate the brain and treat major depression (MDD) non-invasively. NeuroStar has delivered 83% positive response and 62% remission in patients suffering from depression. Depression evaluation is crucial as some patients may be unaware of their condition while others may not know its severity. Consider taking a screening survey to assess your level of depression. Knowing that information can help you form a treatment program with your healthcare provider team.

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