

Berry Farms *{local}*

SOUTH FRANKLIN & THOMPSON'S STATION

AUGUST 2024



LOCAL ADVENTURE
LOCAL DISCOVERY

NEW PATIENT SPECIAL

EXAM, X-RAYS, AND CLEANING ONLY \$99.00



NOW OPEN!

Accepting new patients - all ages

We provide gentle care in a relaxed and comfortable environment. Nitrous gas available for all ages

We accept most insurance, and Care Credit.

IN-HOUSE Membership Plans available for non-insured

Locally owned. Not a corporate dental practice

Available and accessible for Emergency Care

We take extra steps to keep you safe! HEPA air purifiers and UV-C light to disinfect rooms after each patient.



Dr. Scott and Elizabeth
Rachels & Dapper



SUITE 201 | 3046 COLUMBIA AVE. | FRANKLIN

(In the Kroger Target Shopping Center)

615.599.7775

DENTAL STUDIO

tristardentalstudio.com

Experience the Lee Company Difference.

Air Conditioning • Heating • Plumbing • Electrical



Need an Air Conditioning Repair?

We've got you covered.

- Air Conditioning Service, Repair, & Replacement
- Duct Cleaning, Repair, & Replacement
- Humidifier & Dehumidifier Installation
- Indoor Air Quality Service & Installation

We're Here For You 24/7/365



615.805.5651





De BERRY
INSURANCE AGENCY



Auto-Owners
INSURANCE

LIFE • HOME • CAR • BUSINESS

DeBerryInsurance.com

615.790.8202

5232 Main Street | Spring Hill

ERIC AND CHRIS DEBERRY | OWNERS, PRINCIPAL LICENSED AGENTS

Inside *{local}* August'24



8

SETTING THE BAR HIGH

Taking care of customers and clients

18

PICKER INVESTS IN MIDDLE TENNESSEE

Mike Wolfe takes greater interest in Columbia

LOCAL FOCUS
FAITH PAGE 22
RECIPE 28
SERVICE DIRECTORY 30



ON THE COVER: *There's still time to enjoy the season and pick a basket full of flowers from your backyard garden, or purchase flowers from a local company to brighten your home, or the home of a friend.*

ADVERTISING INFORMATION Interested in advertising to over 7,000 homes in south Franklin? We can promote your business through direct mail delivery and social media promotions. We offer very creative opportunities to local businesses, reach out today for more details. Contact Jeff at 615-828-2542, or email jbryant@wilcolocal.com

Berry Farms Local is published by WilcoLocal Media & Marketing, published twelve times per year and delivered both online and by postal delivery to over 7,000 homes in the South Franklin area. Advertising claims are the sole responsibility of the consumer to check the validity and honesty of the offer made by the business. WilcoLocal and Berry Farms Local is not responsible for claims made by the business owners. Berry Farms Local is not associated with, or in business with the developers and builders of Berry Farms or any other related real estate or development company. Please submit any questions or comments to jbryant@wilcolocal.com.

For Advertising information or to submit a story idea please contact jbryant@wilcolocal.com

Follow us on facebook to win local prizes from local merchants and be sure to subscribe to our newsletter at berryfarmslocal.com





NOW OPEN IN FRANKLIN
FREE WASH COUPON

PURE **TITANIUM**

TX4 TITANIUM CERAMIC SEALANT PROCESS

Undercarriage Rinse · Fire Wax · Ice Rain Repellent
4-Step Wheel Cleaning · Lava Bath · High Pressure Rinse
Pre Soak Bath · Drying Agent · Spot Free Rinse



SCAN HERE



Download the app
Select Pure Titanium
Enter the code **BerryFarmsAd**
Offer expires October 1.

**COME SEE
THE DIFFERENCE**

Post Wash Amenities

Air Hoses for Crevice Cleaning
Glass Cleaner & Microfiber Towels
Superior Powered Vacuum Hoses
Floor Mat Cleaner



4209 LONG LANE | FRANKLIN, TN 37064 | WWW.PURECLEANCARWASH.COM



Now Open!
COME VISIT US!



TOLLGATE WINE & SPIRITS THOMPSON'S STATION, TN
1900 TOLLGATE BOULEVARD, THOMPSON'S STATION, TN 37179

(615) 861-2931

MONDAY-SATURDAY 9AM-9PM | SUNDAY 10AM-7PM

WE'LL GIVE YOU A HEAD START ON THE NEW YEAR!



Our programs provide routine learning to bring long-term success. Partnering with The Tutoring Center this summer will bring out the best this fall. Focusing on learning skills a few hours each week will deliver an academic edge that will last a lifetime.

FREE DIAGNOSTIC TESTING

K - 12 READING WRITING AND MATH

SAFE ENVIRONMENT WITH ONLINE TUTORING OPTIONS ALSO AVAILABLE



BERRY FARMS SHOPPING CENTER | NEXT TO PUBLIX | 5021 HUGHES CROSSING, STE. 160
FRANKLIN 615-721-8844 | www.tutoringcenter.com



Dan speaking to Lee Company's employees at their annual company meeting, commemorating their 75th anniversary! Photo provided



Lee Company started in 1944 from one man's dream and their family vehicle. Photo provided

PUTTING PEOPLE FIRST

PAM WINDSOR

Lee Company opened its doors in 1944, and eight decades later, it serves as a shining example of a great American success story.

Founded by Leon Lee and still family-owned today, it started off as a small operation that from the beginning – set a high bar in terms of taking care of its employees and serving its customers. The company has grown exponentially over the years and now operates in five states, but has never wavered from the original guiding principles of putting people first.

“When I landed at Lee Company twenty-nine years ago, I had already worked at six other mechanical contractors and I noticed

immediately this had a totally different feel,” recalls Dan Kalman, Executive Vice President of Service. “The Lee family is a very special family, and their goal of creating a place where people can thrive is not just something we say, put on a plaque, and hang at the door. It is a true desire to see how many people's lives it can impact for the good.”

That extends to not only the company's work family, but its customers and those who live in the communities it serves. When Kalman first started as a heating, air conditioning, and ventilation technician (like many on the leadership team, he worked his way up through the ranks), Lee Company had just over 100 employees. Three decades later, its closer to 1700 people who serve customers in Tennessee, Kentucky, Alabama, Georgia, and South Carolina.

PAGE 10 >



COMFORT DENTISTRY

▪ HIGH-TECH DENTAL OFFICE

DIGITAL X-RAYS
3D CONE BEAM TECHNOLOGY
INTRAORAL SCANNER (NO MORE
GOOEY IMPRESSIONS)

▪ FEATURED SERVICES

SEDATION DENTISTRY
DENTAL IMPLANTS
SMILE MAKEOVERS
INVISALIGN
TOOTH WHITENING
SAME DAY CROWNS

▪ AMENITIES

DENTAL CHAIRS WITH MASSAGE
AND HEAT FEATURES
CEILING MOUNTED TV'S
WEIGHTED BLANKETS
NOISE CANCELING HEADPHONES



Chandler Cole, DDS | Amber Johnson, DDS | Brooke McVey, DMD



SCAN TO BOOK YOUR APPOINTMENT





Lee Company employees gather at Second Harvest Food Bank of Middle Tennessee to drop off donated food for their annual food drive, Vans4Cans. Photo provided

< FROM PAGE 8

“It really takes a whole group of like-minded employees who have a strong desire to take care of people,” Kalman says.

Lee Company is a mechanical contract company that offers a wide range of services and expertise on multiple levels. Kalman oversees the collection of groups that deal with both residential and commercial services. Each is extremely specialized.

One, for example, involves the company’s large construction group that has worked on some well-known buildings in Nashville, from Belmont University to 5th & Broad, to some of the newer bars and restaurants.

“Our large construction group has about 75 percent of its resources right now working in about a two-mile square radius in downtown Nashville,” Kalman says. “It’s a booming market.”

Lee Company designed and built the mechanicals for the iconic Schermerhorn Symphony Center, which, as Kalman points out, posed quite a challenge.

“The building has incredible acoustics, so to provide a solution for air conditioning and general conditioning of that facility, and maintain that, was no easy task.”

Other groups include a special projects team that manages smaller-style commercial work and renovations, a home service

group with some 700 technicians taking care of customers across the Southeast, and a commercial service entity that provides repair and maintenance to thousands of facilities.

Lee Company also has an all-inclusive facilities maintenance program that can provide a business with everything from heating and air support to handling janitorial services and the lawn to even keeping the roof maintained.

Its dedication to taking care of employees and customers also extends to the community and giving back. Under its Lee Company Cares program, it supports local schools, food banks and food drives, “second chance” programs, Habitat for Humanity, and more.

“Giving back is one of the founding staples Leon Lee instilled in his children, and they’ve passed it on to their children,” Kalman explains. “All of this is by the grace of God, and God calls on us to give back. So, we consider it a privilege to serve the communities we serve and have an entire team of people whose primary focus is to find the places where the greatest impact can be made.”

There’s something very meaningful about working for a place where making a difference matters - on every level.

“Every day, I’m grateful to say I’m part of this company,” Kalman says.

To learn more about Lee Company, see their ad on page 3.

Cheryl's Flowers & Gifts

flowers for all of life's celebrations



615.491.4710

Serving Franklin and surrounding communities for over 35 years.



Cherylsflowersfranklin.com

Soulshine

PIZZA • SALADS • SANDWICHES



Specialty Pizzas for Everyone!

Kids eat FREE on Monday nights!
See store for details and food choices available



**BEST PIZZA IN FRANKLIN
WINNER 2022, 2023 & 2024!**

Soulshine
PIZZA • SALADS • SANDWICHES

10% OFF
ANY PIZZA
DINE IN / CARRY OUT ONLY

MUST PRESENT ORIGINAL COUPON TO REDEEM, DISCOUNT NOT AVAILABLE WITH ANY OTHER OFFER, FOR DINE-IN AT THE FRANKLIN TN LOCATION ONLY EXPIRES AUGUST 31, 2024

4021 Hughes Crossing, Ste. 101, Franklin | 615-379-7767
SOULSHINEPIZZA.COM



WILLIAMSON
HEALTH



Exceptional Care is Here.

Since 1958, we have built our reputation on a tradition of authenticity and exceptional care. As this community has grown, so have we. What started as a single building called Williamson County Hospital in 1958 has grown into a regional health system, with 30 different locations including primary care and orthopaedic clinics, outpatient lab and imaging services, EMS stations, walk-in clinics and more. We are proud to be poised to take care of our communities for generations to come. The entire Williamson Health organization is committed to providing world-class care that feels like home.

For more information, visit WilliamsonHealth.org.



PSORIASIS AWARENESS MONTH: UNDERSTANDING AND SUPPORTING

What is Psoriasis? Psoriasis is a chronic autoimmune condition that causes the rapid buildup of skin cells, leading to scaling on the skin's surface. It can cause discomfort, itching, and emotional distress

KNOW THE SIGNS:

- Red patches of skin covered with thick, silvery scales
- Dry, cracked skin that may bleed
- Itching, burning, or soreness
- Thickened or ridged nails
- Swollen and stiff joints

LIVING WITH PSORIASIS:

- Seek Treatment: Consult with a healthcare provider to find the right treatment plan for you. Options include topical treatments, phototherapy, and systemic medications.
- Stay Informed: Educate yourself about triggers and management strategies. Stress, infections, and certain medications can exacerbate symptoms.
- Support Networks: Connect with support groups and communities for emotional support and shared experiences.

GET INVOLVED:

- Raise Awareness: Share information about psoriasis to help reduce stigma and increase understanding.
- Advocate for Research: Support organizations and initiatives dedicated to finding better treatments and ultimately a cure.

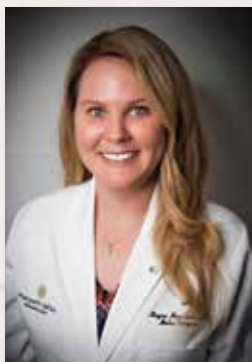


Together, We Can Make a Difference!
For more information, visit
www.harpethvalleydermatology.com

For more information, please go to harpethvalleydermatology.com or call us at **615-905-8083**.



Dr. Benjamin Bashline



Dr. Megan Morrison



Dr. Pezhman Shoureshi



Harpeth Valley
DERMATOLOGY

990 ELLISTON WAY | SUITE 101 | THOMPSON'S STATION



Hal Landers
OWNER

OUR TEAM



Sandy Tonia Vanessa Susan Lexy

Great rates. Great service.

LANDERS

INSURANCE AGENCY



AUTO



HOME



LIFE



BUSINESS



Erie
Insurance®

931.380.2003

514 N. GARDEN ST. | COLUMBIA

THE

PRINTING
SHIPPING
MAILBOXES
NOTARY*

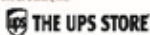
PACKING
COPYING
FAXING
SHREDDING**

STORE

4 MONTHS FREE

WITH A 1-YEAR MAILBOX SERVICES AGREEMENT (New Box Holders Only)

Limit one coupon per customer. Not valid with other offers. Restrictions apply. Add and redeemable only when presented at a participating location. The UPS Store centers are independently owned and operated. © 2024 The UPS Store, Inc. Offer expires 8/30/24



THE UPS STORE® BERRY FARMS

6041 RURAL PLAINS CIR STE 110

FRANKLIN TN 37064

615 236 6160 * STORE7722@THEUPSSTORE.COM

\$5 OFF

UPS® AIR SERVICE

Limit one coupon per customer. Not valid with other offers. Restrictions apply. Add and redeemable only when presented at a participating location. The UPS Store centers are independently owned and operated. © 2024 The UPS Store, Inc. Offer expires 8/30/24



DEEP FRIED 75

FRIDAY, AUGUST 2, \$5,000 TO WIN

SATURDAY, AUGUST 3, \$20,000 TO WIN

DUCK RIVER Raceway Park

DETAILS WILL DROP FIRST ON FACEBOOK



SUPER LATE MODELS

1100 HASKINS CHAPEL ROAD, LEWISBURG, TN 615-474-2505

WWW.DUCKRIVERACEWAYPARK.COM & FOLLOW US ON FACEBOOK

A group of diverse people, including men and women of various ages, are posing for a photo. They are all smiling and have their arms raised in celebration. One man in the center is holding a small white sign with black text that reads 'WE ESCAPED 57:00'. The background is a dark wall with the words 'EXTREME ESCAPE GAMES' in large, bold letters. 'EXTREME' is in red, and 'ESCAPE GAMES' is in white. There are also some smaller logos and text on the wall, including 'WE GOT IT' and 'LOCKED UP ESCAPE'.

**DO SOMETHING
UNIQUE AND FUN!**

FUN FOR THE FAMILY & FRIENDS
GREAT IDEA FOR OFFICE PARTIES | WE CAN ACCOMMODATE PARTIES OF ALL SIZES IN OUR IN OUR BIG PARTY ROOM!
VISIT extremeescapegames.net AND CALL 615-332-5335 TODAY TO MAKE YOUR RESERVATIONS!

#1 ON YELP IN FRANKLIN AND 5.0 RATING ON GOOGLE WITH OVER 3500 REVIEWS! 1735 GALLERIA BLVD | SUITE 1015 | FRANKLIN

GET YOUR
BACKYARD
READY FOR

SUMMER

WITH A SCREEN ROOM, SUNROOM
OR PATIO COVER



OPERABLE LOUVERED ROOFS TRANSFORM YOUR OUTDOOR LIVING SPACE

Opens and closes with a touch of a button! You control the amount of sun or shade you desire



Magna Track Power Screens
Custom Open Patio Roof



Custom Pavillion Roof



Darryl & Linde Myers

BEFORE

“THE CLOSER YOU LOOK, THE BETTER WE LOOK”



For over 42 years



SUNROOMS

CALL TODAY FOR YOUR FREE ESTIMATE!

615-736-9626

MRENCLOSURE.COM

Member of HBAMT



House and Home Magazine
Winner 2015-2023

#1 best in
business
award

Recipient for Excellence in
Business 2014 thru 2024

Mike Wolfe is a regular participant of Cars and Coffee in what is now known as Columbia's Motor Alley. Photography by Robbie Mathis



Photography by Robbie Mathis

RESTORATION HOMETOWN

PAM WINDSOR

As host of his American Pickers TV show, Mike Wolfe spends a lot of time on the road. But when he's back home in Tennessee, you'll often find him in downtown Columbia.

"Columbia has my heart," he says. "I started working on projects here about six years ago. I had done a lot of work in LeClaire, Iowa where I'm from. I worked on the Tourism Board, I was on the City Council, and I was involved in renovating buildings there. And when I came here, there were a lot of historic buildings downtown, and I love restoring old buildings."

He connected with other like-minded people who wanted to revitalize downtown in a way that would attract visitors and promote tourism. He purchased some of those older buildings, renovated them, and opened downtown Columbia's first downtown Airbnb.

He decorated it with antiques and collectibles like those American Picker items he finds during his travels.

"It's called Two Lanes Guesthouse, and it's above the bicycle shop housed in the 1857 building on the square," Wolfe says. "We wanted to encourage people to stay in the historic district and experience the great things happening in Columbia, whether it's dining or retail. We've got the record store, the bookstore, Ted's Sporting Goods, a great health food store, and more."

As he encouraged others to open new businesses on the town square, Wolfe began rebuilding a group of structures that previously housed old car dealerships or gas stations. He drew on his passion and appreciation for transportation to highlight a unique part of Columbia's history.

PAGE 20 >



Matt Anderson, M.D.



Scott Arthur, M.D.



Ian Byram, M.D.



Cory Calendine, M.D.



Casey Davidson, M.D.



Ronald Derr, D.O.



Richard Gibson, M.D.



Preet Gurusamy, M.D.



Zachary Kalb, D.O.



John Klekamp, M.D.



Jeffrey Kutsikovich, M.D.



Colin Looney, M.D.



Michael McNamara, M.D.



Brian Perkinson, M.D.



Christopher Stark, M.D.



Geoff Watson, M.D.



Todd Wurth, M.D.

New Clinic Now Open In *Spring Hill*

Orthopaedic Urgent Care and Physical Therapy



Scan the QR Code to visit
BoneAndJointTN.org
or call us at (615) 791-2630

FIND US IN:

Brentwood · Franklin · Nolensville
Spring Hill · Thompson's Station · West Franklin



Cars and Coffee is held the third Saturday of every month in Columbia's Motor Alley. Photography by Robbie Mathis

< FROM PAGE 8

"If you look at all of the buildings I'm doing, the Chevy dealership, the Esso gas station, the Texaco station, the Packard dealership," he says, "the common theme with all of that stuff is transportation history.

That area is now called Columbia's Motor Alley. It's become the gathering spot for popular events like Cars & Coffee, held on the third Saturday of every month.

"We've got live music down here, we have a coffee vendor and a food truck," Wolfe says. "People like it because it's very loose. They show up, park wherever they want, they're here for three hours, and then they leave. It's not a typical car show where everything's organized."

In addition to buildings downtown, Wolfe is also renovating a historic home.

"It's an 1873 Italianate on West 6th Street," he explains. "I fell in love with and decided I'm going to restore this house."

Wolfe has found a way to balance his many restoration projects

and his traveling for American Pickers. He also owns two Antique Archaeology stores that sell the items he collects along the way. One of the stores is located in Nashville, the other in LeClaire, Iowa. After fourteen years of doing the show, he still enjoys it.

"I have fun with it because I like the travel, I like the people, I like the discovery, and I like making something out of nothing every day," he says. "And that's what we do when we're on someone's property. We have to kind of figure out what's the approach, what's important here, what's the story?"

That skill set has come in handy in his efforts to help promote and develop Columbia. It's been rewarding to see the growth so far, while continuing to build for the future.

"We keep chipping away at these projects," Wolfe says. "And now we have people coming here from all over. It's cool to see people experiencing Columbia. Everybody I've talked to that comes to town absolutely loves it. So, that's really neat."



A1 PROFESSIONAL TREE SERVICE

We save trees and your money.

Emergency Number 24/7/365

615-982-2265

WWW.A1PROTREES.COM



PLEASE WORK AMERICANS ONLY

50 YEARS
EXPERIENCE



100% Customer Satisfaction
You don't pay until you're happy!



NOBODY DOES IT BETTER FOR LESS!

we **save** trees. we **love** trees.

Do NOT sign a contract with the other guys until you get our price. **We'll save you money and headaches!** We'll do a professional job with our state-of-the-art equipment.

FREE STUMP GRINDING
WHEN WE REMOVE THE TREE, THE STUMP IS FREE!
EXPIRES 8/31/24

- Senior and Military Discounts
- **Fully** Insured for Your Protection
- Specialized in Extra Large and **Dangerous** Trees
- Custom Front and Lakefront Cleaning
- **Free** Evolution of the Integrity of Every Tree Before Purchasing a House or Lot

Other companies make you wait- **WHY WAIT?** We have the equipment to get the job done! Fully Guaranteed!

Faith {local} & Worship

Gatehouse Church

Please join us each Sunday
at 9:30 am on



listen online at
wakmworldwide.com

thegatehousechurch.com | 615.495.8812



SUMMER CAMP AT



Day • Overnight • Family
Exciting outdoor adventures for kids,
teens and families.

Visit DEERRUN.CAMP to register! • 615.794.2918
150 private wooded acres in Thompson's Station, Tenn.

Sundays at 8:30, 10:00 & 11:15 a.m.

Also streaming at <https://live.franklinfumc.org>



Explore a
faith that's
made for
Mondays.

JOIN US AND SEE!

Franklin First United Methodist Church
<https://franklinfumc.org>



Saint Philip the Apostle
CATHOLIC CHURCH *Est. 1871*

*Where no one is a stranger.
Join us for Mass this weekend.*

Saturday 5:00pm Vigil - English
Sunday 7:00am - Bilingual, 8:30am, 11:00am & 5:00pm - English
1:00pm - Español

First Avenue & Main Street in Historic Downtown Franklin, Tennessee

StPhilipFranklin.com | 615.794.8588

Join us in June

June 2 & 9 @5pm
"Parenting with Purpose"
5 Steps for Raising children

June 7
6pm mini VBS
REGISTER ON WEBSITE
8pm Outdoor Movie "Wonka"



Join us!

WORSHIP 9AM EVERY SUNDAY
5PM EVERY SUNDAY NIGHT
BIBLE CLASS 10:15AM SUNDAY
5PM AND 6:30PM EACH WEDNESDAY NIGHT



heritagecoc.org
615.472.8679

Want to see your church featured here?

CONTACT **DAVID** AT **615-495-8812**
FOR MORE DETAILS.



ARE THEY READY FOR FALL TESTING?

We can help students reach their potential!

FREE ACT EXAM *AND* TEST CONSULTATION

**157% RETURN ON INVESTMENT IS OUR GOAL FOR YOU!
A BETTER LIFE FOR YOUR KIDS!**

Classes are filling up, call now for reservations and to learn more about opportunities!



**BERRY FARMS SHOPPING CENTER | NEXT TO PUBLIX | 5021 HUGHES CROSSING, STE. 160
FRANKLIN 615-721-8844 | www.tutoringcenter.com**



WINNER



W'lin's

AWARD WINNING DINING & SERVICE!

\$5 OFF
\$35 OR MORE

BUY ONE LUNCH
SPECIAL - GET ONE
HALF OFF

W'lin's ^{BFL} expires 9/30/24

W'lin's ^{BFL} expires 9/30/24

WED - MON 11AM-9PM LUNCH MON, WED-SAT 11AM-3PM CLOSED TUESDAY



2105 WALL STREET | SUITE 103 | SPRING HILL | [615.302.8088](tel:615.302.8088) | ORDER ONLINE WlinsTN.com

Your Destination for High-Quality Firearms

AMMUNITION, ACCESSORIES AND MORE!

HOME OF IN-HOUSE FINANCING | NO CREDIT CHECKS



Remington



Smith & Wesson

DANIEL DEFENSE

Benelli

COLT



Kimber



BROWNING

kingsfirearmsonline.com



505 N GARDEN ST | COLUMBIA | 931-548-2255 | M-F 10-6 SAT 10-4 | FAMILY OWNED AND OPERATED SINCE 2009

Inspiring generations of memories, gathered around the table.



SUNDAY NIGHT DINNER
a modern day tabletop + giftables shop

Tabletop Decor
Home Decor
Unique Gifts
Forever Floral

Open Monday-Saturday
10am-5pm | Sunday Closed



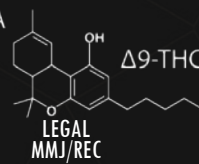
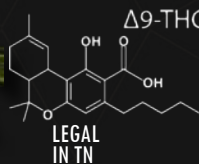
www.oursundaynightdinner.com
f @oursundaynightdinner

3015 BELSHIRE VILLAGE DR, STE 118 | SPRING HILL | 931.548.9780



CANNABIS IS LEGAL IN TENNESSEE

FIND OUT MORE AT BURNINGACRE.COM
OR LOCALLY IN COLUMBIA!



THCa is simply D9,
cut down early!
ADD HEAT and get the
SAME GREAT EFFECTS!

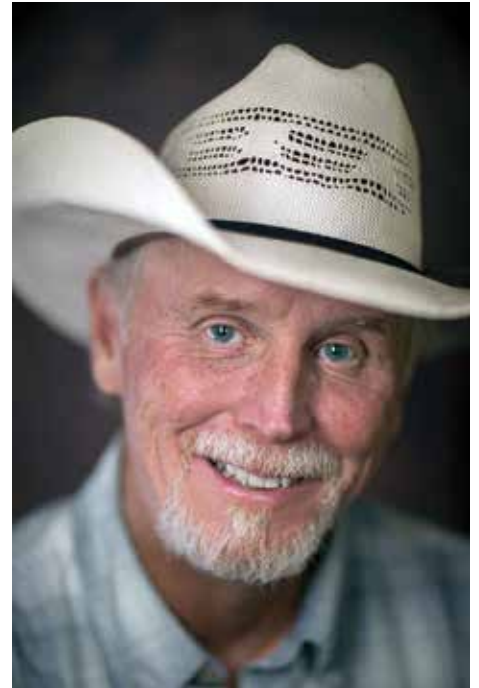
128 HOLIDAY COURT
#103
FRANKLIN, TN 38401
877-201-0888



PROFESSIONAL PORTRAITS

PACKAGES STARTING AT \$150

Michael Dominic Tedesco is a photographer in Nashville, formerly New York City. Clients include: Mutual of America, Farm Bureau Insurance, Penguin Publishing Group, Gotham Books, Avery Books, Bloomberg Markets, Men's Health, Women's Health, Men's Fitness, The Source, CMJ, St. Johns University, Decker Design, Jujamcyn Theaters, Journal Communications, Warner Music Nashville, University of Tennessee, Meharry College, Edge Artist Management and many Departments of Agriculture in the United States. View more work at www.tedescopictures.com



PICTURE NASHVILLE

917-549-5551
PictureNashville.com

MICHAEL DOMINIC TEDESCO
HEADSHOT & PORTRAIT PHOTOGRAPHER

mdt@tedescopictures.com
tedescopictures.com
facebook.com/TedescoPictures
instagram.com/tedescopictures

EXPERIENCE FALL FUN

VOTED #1 FOR 11 YEARS

At Deer Run your family will experience exciting adventures, unplug, & connect with each other.



Father-Son Adventure Weekend • Aug. 23-25
Mother-Daughter Getaway Weekend • Sept. 13-15
Mother-Son Fall Date • Nov. 3
Married Couples Fall Romance Weekend • Nov. 22-24
Daddy-Daughter Winter Ball • Dec. 7



Visit **DEERRUN.CAMP** for all the details! **615.794.2918**

150 private wooded acres located 20 minutes from Berry Farms!

Great RECIPES

**GOT A GREAT RECIPE YOU WANT TO SHARE? SEND US YOUR RECIPE AND A COUPLE OF PHOTOS
AND YOUR CREATION COULD BE FEATURED HERE! EMAIL to jbryant@wilcolocal.com**

Cinnamon Rolls Recipe

DOUGH MIXTURE:

MIX IN A STAND MIXER WITH A DOUGH HOOK:

2 TBSP DRY ACTIVE YEAST

½ CUP SUGAR

2 CUPS MILK (WARM 1 MINUTE 25 SECONDS IN MICROWAVE)

Whisk together in large mixing bowl and let bloom. (15-20 minutes)

Set bowl with above mixture into stand mixer with dough hook, turn on mixer to low and add:

2 EGGS

2 TSP KOSHER SALT

½ CUP ROOM TEMPERATURE BUTTER

7 TO 7-½ CUPS BREAD FLOUR

Mix on low till combined and then continue to mix on medium speed for 2 minutes (dough should be soft, fairly smooth).

Remove dough from bowl onto slightly floured surface with a tuck and fold method, form the dough into a ball and place into a very lightly oiled bowl to rise. Cover and let rise till slightly more than doubled. Gently remove dough again to a lightly floured surface and divide in half, setting one aside.

CINNAMON ROLL MIXTURE:

MIX 1 AND ½ STICKS BUTTER (VERY SOFT), 1 CUP BROWN SUGAR, 1/3 CUP OF SAIGON CINNAMON.

Roll dough into an approximate 12" by 18" rectangle, using half of cinnamon roll mixture: spread evenly on dough, leaving a good 1" empty on the edge closest to you as you roll. As gently and tightly as you can, roll the dough towards you. Slice with non-flavored dental floss into approx. 1-1/2" slices (slide floss under roll, pull up on both sides and towards the center for a smooth cut).

Arrange in lightly greased pan and let rise, covered and in a warm place for 1 hour or till a little more than doubled in size.

Bake in a 350-degree oven for 25-30 minutes.

FROSTING:

1-8 OZ. PKG CREAM CHEESE, ROOM TEMPERATURE

1 STICK BUTTER, ROOM TEMPERATURE

3-1/2 TO 4 CUPS OF POWDERED SUGAR

Whip till silky smooth, frost rolls.



From the Kitchen of **Karen Johnson**

Karen gives credit to her mother-in-law, Marjorie Johnson, who taught her this recipe which originated from a recipe for cinnamon swirl bread. These cinnamon rolls were a favorite in Karen's Iowa small-town Swedish community of 783.



SOUTHERN ELECTRIC

\$25 OFF

EXPIRES 9/30/24 • Must Present Coupon

NO JOB TOO SMALL
Take Advantage of our
Discounts by Visiting
www.callsouthernelectrictoday.com



615-261-4800



We Now Offer
FINANCING PLANS

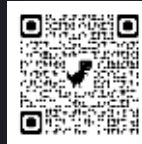
EASY APPLICATION PROCESS | FAST APPROVAL | SIMPLE PROCESS

**LANDSCAPE LIGHTING
RECESS CAN LIGHTING | REMODELING
BREAKER PANEL UPGRADES
CEILING FAN INSTALLATION
LIGHTS & OUTLETS | SPAS & POOLS
NEW CONSTRUCTION**

callsouthernelectrictoday.com



**UNLOCK
YOUR
POTENTIAL**



***Achieve, Transition, Discover!** Achieve Ambitious Goals / Embrace True Purpose | Navigate Life Transitions. Experienced & Certified Master Coach providing guidance and strategies to live the life you envision. Confidential and Personalized! Connect with me for You! Connect with me for ones You Love! Scan QR Code to access "Catalyze Your Self" Podcast & Social channels to connect with me. gayathri.riddhi@realizetowin.com*



Ole South
Tennessee's Favorite
Home Builder

OleSouth.com



**Nashville, Murfreesboro, Fairview, Gallatin,
Pleasant View, Spring Hill, Smyrna, Shelbyville**

**\$99 Contract
Deposits
\$99 Total
Closing Costs**

**BRANDON WOODS
FROM THE \$300'S**

4-SIDED BRICK HOMES!


Visit our model home at
162 Brandon Woods Drive
Spring Hill, TN 37174

**CONTACT OUR SALES TEAM FOR
MORE DETAILS!
615-219-5744**

615-219-5644 | OleSouth.com | Sales@OleSouth.com

Offered by Ole South Realty, 615-896-0019, Firm ID 00256584, Principal Broker Trey Lewis ID #00275803. *\$99 contract deposits and \$99 closing costs subject to credit approval and owner occupancy using preferred lender. Offer for a limited time. Ole South is offering over 200 market homes in over 20 locations for sale with \$99 contract deposits and \$99 total closing costs.* Down payment programs available for first time home buyers.

HOME SERVICES & DIRECTORY



DIXON
PLUMBING CO.

Bobby Dixon

dixonplumbingco@bellsouth.net

Call 615.591.7006 or 615.385.2334
FAX 615.591.9316

1746 LEWISBURG PIKE, FRANKLIN, TN 37064



30% OFF
ALL WINDOW COVERINGS EXCLUDING SHUTTERS

ADDITIONAL 10% OFF
AT TIME OF ESTIMATE ONLY. SOME RESTRICTIONS APPLY. NOT VALID WITH OTHER OFFERS.

FREE IN-HOME CONSULTATION • INSTALLATION INCLUDED

Call 615.887.1823 for FREE In Home Consultation
or email us at theblindgirls@gmail.com



SIEGLE
Construction & Development
www.Sieglecd.com

Call 615.636.2095 or email info@sieglecd.com for a
FREE CONSULTATION

New Home Construction Remodels and Additions
Small Commercial Projects

Over 25 years experience
Serving Maury, Williamson, and surrounding Counties



Hillsboro Financial LLC

Reverse Mortgages, Conventional, FHA,
Manufactured Homes, HELOCs & Lot
Loans

Woody Bussacco
Loan Officer

woodyhillsborofinancial@gmail.com

615 330-6623
NMLS # 223573



**DISCOUNT PLUMBING
& ELECTRIC SUPPLY**
discountpe.com

FRANKLIN 615-794-1068 | COLUMBIA 931-388-8467

1508 Nashville Hwy. 101 Century Court
Columbia Franklin

**DON'T LET LINT
START A FIRE**



DRYER VENT CLEANING
PRESSURE WASHING



**STREAMLINE
MASTERMINDS**

CALL US FOR A QUOTE **747.230.3857**



**SPRING HILL
WEB DESIGNS**

Our websites are 100%
custom coded from scratch.
Just pure, unadulterated all-
American awesomeness.



GET STARTED
TODAY!

Your website will be fast,
functional, and easy to navigate

Call Us today! (615) 541-9627
www.springhillwebdesigns.com



**American
Air Solution**
Heating and Cooling
Family Owned and Operated



Free Second Opinion

Transparent Pricing

Contact Us
615-607-1640
AmericanAirSolution.com

Want to introduce your business to
over 7,000 homes each month?

CONTACT **DAVID GREEN** TO LEARN
MORE ABOUT ADVERTISING HERE
DGREEN@WILCOLOCAL.COM
OR **615-495-8812**

Imagine your home, totally organized!

Custom Closets
Garage Cabinets
Home Offices
Wall Beds
Wall Organizers
Pantries

Laundries
Wall Units
Hobby Rooms
Garage Flooring
Media Centers
and more...



40% Off Plus Free Installation

PLUS TAKE AN EXTRA **10% Off**

Terms and Conditions: 40% off any order of \$1000 or more or 30% off any order of \$700-\$1000 on any complete unit order of custom closet, garage, or home office, and any other products. Take an additional 15% off on any complete unit order. Not valid with any other offer. Free installation with any unit order of \$850 or more. With incoming order, at time of purchase only. Expires 8/31/24. Offer not valid in all regions.

SPECIAL FINANCING FOR 12 MONTHS

With approved credit. Call or ask your Designer for more details. Not available in all areas.

Call for a free in home design consultation and estimate

615-265-6360 BFL

closetsbydesign.com

Locally Owned and Operated. Licensed and Insured.



PRSTD STD
U.S. POSTAGE
PAID
FRANKLIN, TN
#357

ECRWSS
Local Customer



If you're experiencing depression, you're not alone! We can help.

NeuroStar

PATIENT HEALTH QUESTIONNAIRE Scan to access a short list of questions used by your provider to assess the severity of depression.

Assess Your Depression

1. Open your camera app on your smartphone.
2. Hold your smartphone camera up to the QR code.
3. Click the link to open the questionnaire in your browser.
4. Fill out the questionnaire and submit.

Your answers will be securely transmitted to your provider to review during your appointment.

SCAN ME

NeuroStar

- NeuroStar Advanced Therapy is a non-invasive, non-drug treatment for depression and is free from side effects often associated with antidepressant medications.
- It's best for people who have not benefited from prior medicines and want to try a non-systemic treatment.
- Transcranial Magnetic Stimulation (TMS) is a medical procedure that delivers highly focused MRI-strength magnetic pulses to stimulate the brain and treat major depression (MDD) non-invasively.
- NeuroStar has delivered 83% positive response and 62% remission in patients suffering from depression.
- Consider scanning the QR code to take the PHQ-9 depression screening tool. It's quick and can objectively examine your symptoms' severity.
- We offer free consultations and are here to help if you or a loved one is suffering from depression. Call us today to set up a consultation to begin achieving complete remission of your symptoms.



TMS of Tennessee 

tmstennessee.com
615-996-3026

We also accept cash, credit cards,
and in-house financing

354 DOWNS BLVD.
SUITE 108 | FRANKLIN