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CELEBRATE LOCAL SERVERS

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ON THE COVER: It's "Be Kind to Servers Month"! Please remember these individuals as they sacrifice to help provide food and service in these unusual times. Emma is a server at Gina's Stonefired Italian in Franklin. Servers at Gina's wear masks at all times while working in the restaurant, and the mask was only removed for the photo prior to opening. Photo by Michael Tedesco

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Photography by Michael Tedesco

You may not recognize her without her mask, but Emma is a server at Gina's Stonefired Pizza on Columbia Avenue in Franklin.

JANUARY IS BE KIND TO SERVERS MONTH!

January is officially "Be Kind to Servers Month" in Tennessee. In honor of all our local servers and restaurant workers, Berry Farm's Local would like to take this opportunity to ask everyone to thank these front line workers in these challenging times.

From fast food to upscale dining, the servers represent their establishments and are doing so in a very different environment at this time in our history. With the pandemic bearing down on our state, servers take the additional risk, while making a living, to deliver food and service to customers.

Next time you are at a local dining establishment, please remember the person serving you or delivering your food, and be extra kind to them. It is also a great time to thank the others in the kitchen and behind the scenes, cooking, cleaning, and getting food and drinks out in a timely manner.

Berry Farms Local asks you to support local dining establishments.



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Photography by Michael Tedesco

DR. D. CARL JACKSON DEDICATED TO COMMUNITY AND PATIENT CARE

Dr. D. Carl Jackson and the Spring Hill Oral & Maxillofacial Surgery team have been serving the Middle Tennessee area for more than 11 years. The practice opened in 2009 as the first and only full-time oral surgery office in the Spring Hill area. Since that time, the practice has grown to become the premier oral surgery office in Middle Tennessee.

First and foremost, Dr. Jackson and his team aim to create a comfortable and relaxing experience for patients. With that goal in mind, they opened a brand-new, state-of-the-art facility in Spring

Hill in April of 2020. Every aspect is designed to offer a comfortable, home-like atmosphere for patients.

“We wanted to design our practice and our building with patient concerns at the forefront,” said Jackson. “We have a comfortable, relaxing atmosphere where friendliness is first. The atmosphere is a step above in every way. We want to cater to every aspect of a patient’s needs from their physical well-being to their emotional well-being.”

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Photography by Michael Tedesco

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Jackson and his team specialize in caring for patients who experience dental anxiety.

"We have patients who experience a variety of levels of dental phobia," Jackson said. "We want them to feel that everything is going to be all right when they entrust us to take care of their oral surgery needs. At our office, we will give them the high-level experience that they deserve."

The Spring Hill Oral & Maxillofacial Surgery team has the expertise and Tennessee State licensure to safely administer general anesthesia in their facility.

"My motto is, we don't begin your procedure until you are snoozing!" Jackson said. "To you, it may seem like the procedure has only taken a few seconds. We want patients to wake up completely comfortable, having experienced no anxiety or pain."

Spring Hill Oral & Maxillofacial Surgery is a full scope oral surgery practice that provides a variety of services, including

wisdom tooth removal, dental implants, and dental and facial surgery. They conduct wisdom tooth removal procedures daily, with thousands conducted over the years.

"Wisdom teeth have a bad reputation. They once served a purpose, but through human evolution, as our diet has become more refined with more processed foods, they are no longer necessary and can actually cause tooth or jawbone disruption if left untreated," said Jackson. "We recommend early extraction to avoid any of these complications. Many people put these procedures off out of fear or anxiety. With us, there is no need to have anxiety as we are going to ensure your comfortability every step of the way."

Procedures such as dental implants can be life-changing for patients. Dr. Jackson and his team implement the most advanced technology available to offer a solution that was previously unimaginable.

"Dental implants are excellent teeth replacement options," said Jackson. "We see life-changing cases. The implants are

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Photography by Michael Tedesco

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permanent, like natural teeth. They allow patients to brush and eat foods such as corn on the cob. They are a wonderful solution that can also help to preserve bone.”

Dr. Jackson and his team are committed to patient care and to being a part of the community. Dr. Jackson was recently appointed to serve on the board of the Spring Hill Chamber of Commerce. He and his team are ingrained in the local community.

“When patients come in, we know their names. We have a wonderful staff who really knows each patient,” said Jackson. “We are honored that patients entrust us with their care. We want to be part of the community, and we want everyone to feel at home here with us.”

“We pride ourselves on being able to take care of most issues

that come into our doors,” said Jackson. “If you are in the Middle Tennessee area, we can care for you. Our patient experience is a notch above any other, and that is why we have become heralded as the premier oral surgery practice in the area. We do not take that lightly. We want to continue to build on that and instill our trust and confidence in the community.”

Spring Hill Oral & Maxillofacial Surgery offers a full scope of oral and maxillofacial surgery services, including wisdom tooth removal, dental implants, corrective jaw surgery, treatment of TMJ disorders, bone grafting, and dental and facial surgery. Their new, state-of-the-art facility is located at 4012 O'Hallorn Drive, Suite A, in Spring Hill, TN. For more information, call 615-302-8471 or visit them online at www.springhilloms.com.



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FROM CARS TO FURNITURE TO LEATHER ACCESSORIES,
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BY JASON ZASKY

Elite Upholstery and Leather Restoration—located on Columbia Avenue in Franklin—has been in business since 1992, so owner Layne Pollak and his colleagues have seen it all when it comes to upholstery, whether that's for auto, home, work, marine, or aviation.

"My father has done restoration work my entire life, so I pretty much picked up from the family business," explains Pollak, before noting that Elite does everything from antique wood restoration to complete auto restorations.

"We restore pretty much anything that is leather or can be upholstered," he says, "including everything from furniture—like a couch or grandma's rocking chair—to ladies handbags."

The business is also well-equipped to handle large commercial jobs. For instance, Elite recently repaired 250 wood doors for a local hospital. Auto dealerships are big clients, too, commissioning everything from paint & bodywork to alloy wheel repair to dashboard repair, mold remediation, and deodorization.

But the bread-and-butter of the business comes from individuals who are auto enthusiasts, or have furniture or other cherished

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Michael Dominic Tedesco is a photographer in Nashville, formerly New York City. Clients include: Mutual of America, Farm Bureau Insurance, Penguin Publishing Group, Gotham Books, Avery Books, Bloomberg Markets, Men's Health, Women's Health, Men's Fitness, The Source, CMJ, St. Johns University, Decker Design, Jujamcyn Theaters, Journal Communications, Warner Music Nashville, University of Tennessee, Meharry College, Edge Artist Management and many Departments of Agriculture in the United States. View more work at www.tedescopictures.com

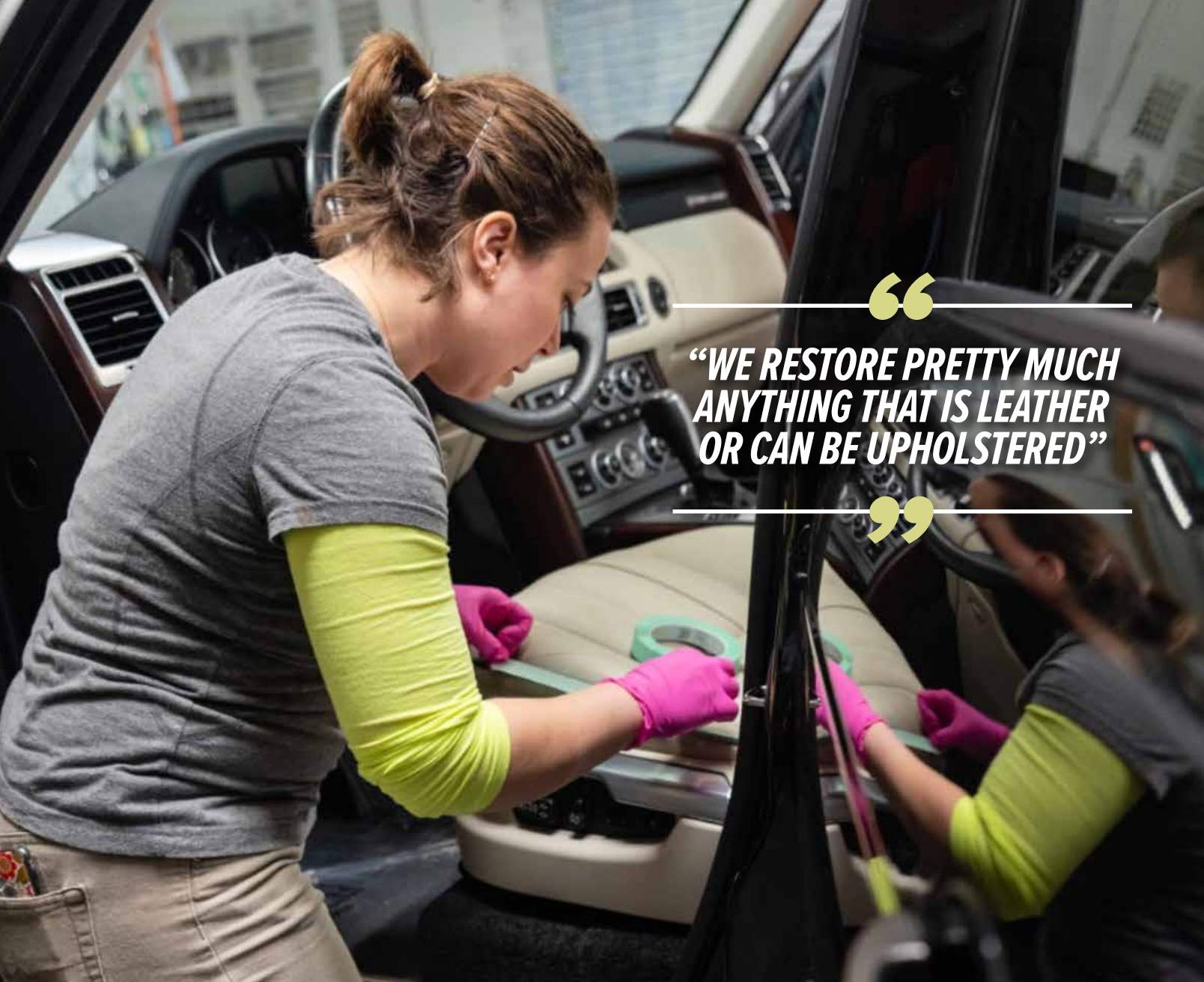


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“WE RESTORE PRETTY MUCH
ANYTHING THAT IS LEATHER
OR CAN BE UPHOLSTERED”

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items they want to restore. For instance, Pollak & Co. see a lot of classic automobiles and rare sports cars.

“I recently restored a 1980 Vespa with a sidecar,” notes Pollak, “and right now we are putting a modern air-conditioning unit into a 1957 Chevy truck,” a process that is very different from doing a typical auto repair. It’s one that requires a mix of experience, creativity, adaptability, and persistence.

“When people go to get things repaired, they are accustomed to a service person giving them a quote for parts and labor, and it’s a known quantity,” begins Pollak. “In our business, you might be putting on a ‘new’ part, but ‘new’ might be that it has been recently restored or rebuilt. And the part it is going onto is itself 60 or 70 years old. So the thing you attached it to needs to be restored, and then the thing after that needs to be restored. Oftentimes you have to customize. For example, we have to make parts for that ’57 truck

because in 1957 they didn’t have air-conditioning.”

As for Pollak’s favorite auto restoration projects, he says he really likes to work on Porsche’s, having restored numerous 911’s, for example. “I get to see a lot of one-of-a-kinds,” he adds, “like a 1987 Porsche Carrera that has 3,000 miles on it. There are maybe thirty of those cars in the world, and there is one here in Nashville, and it’s got really low miles.”

But it’s all those years of experience that prompts customers to rely on Elite’s broad-based background and creative vision.

“Folks come in and see what we’ve done and say, ‘We trust you, give us an interior that will blow our minds.’ We come up with a color scheme and get input from our upholsterers. Then we sketch it out, order the materials and go,” relates Pollak.

But many customers also enjoy the fact that Elite has over 300 specialty leather hides in stock. “They are here hanging on our walls, so customers can come in and choose the leather they

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want,” explains Pollak. “We also have a lot of fabric and a lot of headliner material. It means that our customers can come in and find what they want to put in their car or on a piece of furniture and they don’t have to wait. We can do the job the same day, or the day after.”

Asked what else separates Elite Leather Restoration from its competitors, Pollak says, “We’re friendly, and we care. We try to go the extra mile, as people have cherished items they want to take care of. We are maniacal about details—very detail-oriented. And I think we are the only upholstery shop in town that offers free loaner cars to our customers while their car is getting worked on.”

Moreover, the coatings that Elite uses are cutting-edge—“really space-age,” as Pollak puts it. “We stand behind things with a lifetime warranty. If for some reason something peels or cracks, it’s typically a one-off, and we will re-do it at no charge.”

All that said, Pollak encourages new customers to either

walk-in or call about potential projects, as he really looks forward to seeing what comes through the door, whether it’s a classic car, a piece of luggage that’s a hundred years old, or items that have great historical significance.

“The coolest thing I’ve ever restored is a genuine World War II bomber jacket that survived 35 missions over Nazi Germany,” says Pollak. “The family entrusted us with restoring the leather on this bomber jacket and making a shadow box to display it.”

In fact, many times, what happens is that customers come in with a piece of furniture—and then bring in a car, or vice-versa. “People come in for work on their car and see what we can do for upholstery in general, and we end up doing a lot of their other work,” concludes Pollak.

Elite Leather Restoration is located at 1552 Columbia Ave. Unit C, Franklin, TN and can be reached at 615-979-4197 or eliteleatherrestoration.com Please see the ad on page 13 for more details.

ARE YOU STILL PLANNING TO RETIRE EARLY?



Jeff Good

Have your retirement plans changed because of COVID-19? If so, you have plenty of company. Nearly 40 percent of those planning to retire say the pandemic has disrupted their intentions, according to the Edward Jones/ Age Wave Four Pillars of the New Retirement study. You might have been thinking about retiring early – can you still do so?

Even without a crisis, it's not a bad idea to review your important life goals from time to time. So, in thinking about the possibility of early retirement, consider these factors:

YOUR RETIREMENT LIFESTYLE

Your ability to retire early depends somewhat on what sort of lifestyle you're anticipating during your retirement years. If you think you'll be traveling extensively or pursuing expensive activities, you might not be able to afford to retire as early as someone with more modest ambitions. Of course, there's no "right" or "wrong" way of living in retirement – we all have our own dreams and preferences. But be aware that different lifestyles do carry different price tags – and have different effects on when you can retire securely.

SOURCES OF RETIREMENT INCOME

Obviously, a key factor in knowing whether you can retire early is the amount of retirement income you can rely on. So, you'll have to assess all your sources: Social Security, any other pensions you might receive, and your investment portfolio, including your 401(k) and IRA. The amounts you receive from these sources will depend on a variety of factors.

For Social Security, the longer you wait until collecting, the larger your monthly payments (although they will "top out" when you reach 70, excluding cost-of-living adjustments). In regard to

your investments and retirement accounts, you'll need to establish a withdrawal rate that's appropriate for the length of time you expect to be retired. So, by adjusting these variables – taking Social Security earlier or later, taking more or less money from your retirement accounts – you can help determine if the retirement date you had in mind is viable.

YOUR FEELINGS ABOUT WORK

Your goals are not static – they can change in response to any number of reasons, both external and personal. When you first decided you wanted to retire early, you might have been motivated by, among other things, a weariness of your current job. But has that changed over time? Have you found new challenges that interest you at work? Or, if you were forced by the pandemic to work remotely, did you actually enjoy the arrangement and want to continue it?

After all, many employers have found that their workers can be just as productive working at home, so, even when we've gotten past COVID-19, we might see a sizable shift in the geography of the workplace. In any case, if your feelings about work have changed in some way, leading you to think you could work longer than originally planned, you'd likely gain some financial advantages. You'd make more money, for starters, but you'd also keep building your 401(k) and IRA, and you could even possibly delay taking Social Security.

The pandemic may lead to a reevaluation of many financial goals – and taking early retirement might be one of them. By thinking carefully about your situation and your options, you can come up with a course of action that's right for you.

For more information about retirement, go to www.edwardjones.com/preparing-for-your-future



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Vicki James, Chapter Regent of the Brigadier General Richard Winn Chapter, NSDAR, presents the DAR Community Service Award to Chris and Eric DeBerry, Owners of DeBerry Insurance Agency. Photography submitted.

DAUGHTERS OF THE AMERICAN REVOLUTION RECOGNIZE ERIC AND CHRIS DEBERRY

COMMUNITY SUPPORT AND GENEROSITY AWARDED

Eric and Chris DeBerry, owners of DeBerry Insurance Agency, were recently recognized as the recipients of the Daughters of the American Revolution (DAR) Community Service Award by the Brigadier General Richard Winn Chapter, NSDAR. Vicki James, Chapter Regent, presented the award.

"Our chapter is thrilled to be presenting the Community Service Award to this community-oriented couple that has contributed to our local community by organizing and/or participating in many community activities," said James. "They so freely give of them-

selves for the benefit of others."

The DAR is dedicated to recognizing local citizens for their dedication and contributions to their community. The DAR Community Service Award honors exemplary voluntary achievements in cultural, educational, humanitarian, patriotic, historical, and citizenship endeavors, or in environmental conservation. Although this award is presented locally, it is a DAR National

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The DeBerrys host a Free Shred Day for the community each year to provide a secure way to discard and recycle identifying papers. Although the 2020 event was cancelled, planning is underway for the 2021 event to be held in April. Photography submitted.

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award, approved and sent from the DAR national headquarters in Washington, DC.

“We are truly honored to receive this award,” said Chris DeBerry. “When we founded our agency in 2003, we made it a priority to support our community through our personal involvement and give-back efforts. We are humbled to receive this recognition.”

Through the years, the DeBerrys have supported the local community in many ways sponsoring community and school sports teams and supporting teachers and local police and fire departments.

The DeBerrys are longtime members of the Spring Hill Chamber of Commerce. Both Eric and Chris have served as chamber board members. In 2006, Chris coordinated the chamber’s first business expo, which has continued as an annual event. Eric was recently appointed to serve a second term as a board member.

The DeBerrys founded the Spring Hill Country Ham Festival in 2004. They coordinated the event for many years, forging a grassroots effort to grow the festival into a regional attraction and even working with the Tennessee State Legislature to declare the first Saturday in October the official Country Ham Day in the State of Tennessee.

In 2010, the DeBerrys stepped back from coordinating the festival and turned it over to the title sponsor to continue operations. In 2019, the Spring Hill Country Ham Festival was revitalized and rebranded as The Whole Hog Festival to serve as the main fundraiser for the local food pantry The Well Outreach.

The DeBerrys are big supporters of Snooty Giggles Dog Rescue, located in Thompson’s Station, TN. The agency was recently recognized as a national “Change Agent” for their work with Snooty Giggles by Safeco Insurance and won \$2,000 to donate to the rescue.

Each year, the DeBerrys host a Free Shred Day for the commu-

nity. To date, the agency has collected nearly ten tons of paper for recycling through the event, saving hundreds of trees from being used to make paper. The secure shredding service also helps to prevent identity fraud by ensuring identifying papers are securely discarded. Although the 2020 event was canceled, the DeBerrys are already planning for their next Free Shred Day event to be held in April of 2021.

The DeBerrys have incorporated a food drive for The Well Outreach into their Free Shred Day and have collected several hundred pounds of food for those in need.

During the COVID-19 crisis, the DeBerrys continued to find ways to give back locally. In May, the agency partnered with one of their carriers, Erie Insurance Agency, to purchase \$1,000 in gift cards from locally-owned restaurant Delta Bound and donate them to The Well Outreach. They also partnered with Chubb Insurance to purchase \$1,000 in gift cards from locally-owned Jack of Hearts BBQ and donate them to the EMS team at Maury Regional Hospital and to the team at TriStar ER in Spring Hill.

“Our commitment to giving back to our community has never wavered during this challenging year,” said Eric DeBerry. “In fact, we are more dedicated than ever to supporting our community and other locally owned businesses. We are very honored to receive this award and are looking forward to many great opportunities to continue giving back in the years ahead.”

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SANTA IN BERRY FARMS

Santa Claus, escorted by the Franklin Fire Department, visited Berry Farms on Saturday, December 5. Residents gathered to watch a pet and golf cart parade before Santa made his appearance.

Treat bags were given to Berry Farms children, which included a letter to return to Santa in the special Santa mailbox. All children who wrote Santa will receive a special response.

Generous neighbors also donated toys and canned goods, which were delivered to Graceworks and the Franklin Fire Dept Toy Drive.



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HARPETH VALLEY DERMATOLOGY OPENS NEW PRACTICE IN THOMPSON'S STATION

Harpeth Valley Dermatology is a family-owned and operated, full-service medical practice consisting of three board-certified dermatologists: Dr. Megan Morrison, Dr. Pezhman Shoureshi, and Dr. Benjamin Bashline. With convenient locations in Thompson's Station and Smyrna,

our practice provides dermatologic care to all ages in the middle Tennessee area. We have a reputation amongst the medical community for providing quality dermatologic care to all of our patients.

Our dermatologists bring a wealth of medical experience that collectively spans over twenty years. Through their prior experience, they became increasingly concerned with the ever-apparent shift from patient-centered dermatologic care to that of a corporate driven business. Many dermatology practices have replaced their board-certified dermatology physicians with providers lacking specialized training, which can be misleading to patients. At Harpeth Valley Dermatology, our mission is to provide our patients with a true dermatology experience.

Our dermatologists are experts in diagnosing and treating a wide array of medical conditions. We provide comprehensive treatment modalities for common conditions such as eczema, psoriasis, acne, and warts as well as diagnosing and treating skin cancer and various autoimmune conditions. As osteopathic physicians, we provide a holistic approach to diagnosis that focuses on finding the root of the problem instead of solely treating symptoms. We customize treatment plans to not only provide effective management, but more importantly, find a solution that patients feel comfortable with. Outside of medical services, we also provide a full spectrum of cosmetic procedures. These include toxins, fillers, lasers for anti-aging and scarring as well as platelet rich plasma (PRP) treatments for hair loss. We are also proud to carry our own line of Harpeth Valley Dermatology products for anti-aging.

One of the most important services we provide is screening for skin cancer. Twenty percent of Americans will develop skin cancer and it remains the leading cause of cancer in the United States. All three of our dermatologists are members of the American Academy of Dermatology (AAD) and regularly provide free skin cancer screenings sponsored by the AAD. Outside of diagnosis, the dermatologists at Harpeth Valley Dermatology are experts in providing surgical and non-surgical treatment options for skin cancer, including Mohs micrographic

surgery. Dr. Morrison is not only a board-certified dermatologist but she is also a fellowship-trained Mohs surgeon. Mohs surgery is the gold standard for skin cancer treatment and offers the highest cure rate (99%) while minimizing the cosmetic effects of surgery.

We invite you to discover the difference at Harpeth Valley Dermatology where we pride ourselves on practicing first-class dermatologic care.

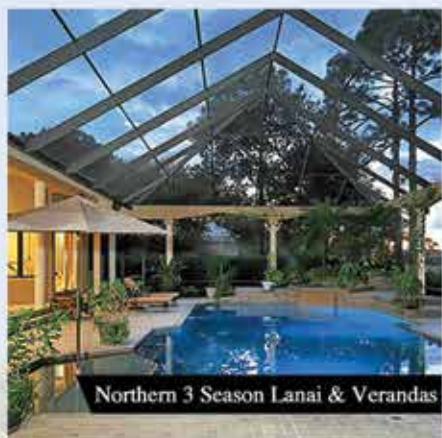
For more information, please go to harpethvalleydermatology.com or call us at **615-905-8083**.



Dr. Pezhman Shoureshi and Dr. Megan Morrison



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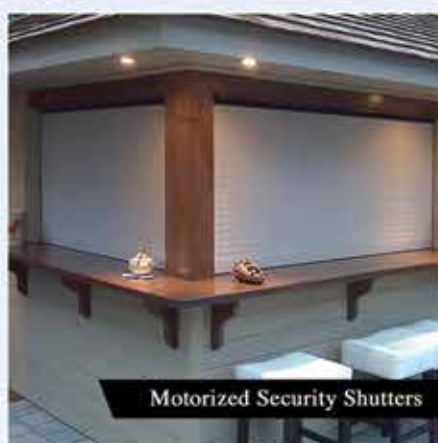
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