

Berry Farms *{local}*

BERRY FARMS & SOUTH FRANKLIN

JANUARY 2022

WILLIAMSON WINTER

LOCAL ADVENTURE | LOCAL DISCOVERY

NEW PATIENT SPECIAL

EXAM, X-RAYS, AND CLEANING ONLY \$89.00



NOW OPEN!

Accepting new patients - all ages

We provide gentle care in a relaxed and comfortable environment. Nitrous gas available for all ages

We accept most insurance, and Care Credit.

IN-HOUSE Membership Plans available for non-insured

Locally owned. Not a corporate dental practice

Available and accessible for Emergency Care

We take extra steps to keep you safe! HEPA air purifiers and UV-C light to disinfect rooms after each patient.



Dr. Scott and Elizabeth
Rachels & Dapper



SUITE 201 | 3046 COLUMBIA AVE. | FRANKLIN

(In the Kroger Target Shopping Center)

615.599.7775

DENTAL STUDIO

tristardentalstudio.com

CAMP IS OUR HAPPY PLACE!



REGISTER TODAY

TO RESERVE YOUR
SPOT FOR **SUMMER
DAY, OVERNIGHT &
FAMILY CAMPS**

VOTED #1 FOR 10 YEARS!

Deer Run is a traditional camp where kids have FUN, are ADVENTUROUS, UNPLUG, and CONNECT with each other to discover strengths, forge friendships, deepen relationships, complete challenges, and create life-long memories!



AVALANCHE WINTER DAY CAMPS

Monday, January 17 • Martin Luther King Jr. Day

Monday, February 21 • President's Day



SPRING BREAK DAY CAMP

March 14-18

Register for one day, multiple days, or the entire week!

8:00 a.m.–4:00 p.m. | Lunch Provided | age 5 to 6th grade | Space is limited

BUS TRANSPORTATION from Berry Farms Publix

Visit DeerRun.camp for info

615.794.2918 • 150 private wooded acres located 20 minutes from Berry Farms!



The New Year is a great time to review your coverage.

*Call us today for your **FREE** annual insurance review!*



LOCALLY OWNED AND OPERATED SINCE 2003



Auto-Owners INSURANCE

LIFE • HOME • CAR • BUSINESS

Protecting Your Family through the Changes Life Brings. Call, Click or Come by Today.

DeBerryInsurance.com

615.790.8202

5232 Main Street | Spring Hill

CHRIS AND ERIC DEBERRY | OWNERS, PRINCIPAL LICENSED AGENTS

Inside *{local}* January 2022



6

RELAXED AND COMFORTABLE DENTAL CARE

Meet Dr. Amber Johnson, she planned on being a dentist her entire life



10

CLASSIC COUNTRY PIONEER

Local resident is a music pioneer and designed many famous album covers



16

BUILDING A COLLEGE APPLICATION

Interns are building a reputation for success at The Tutoring Center



20

COMMUNITY CALENDAR

It may be cold outside but there's still a lot going on



PHOTO: David Green found this winter scene above, early in 2021 in Williamson County. Winter is here, will it be mild or cold? Will there be snow? Only time will tell.

LOCAL FOCUS SERVICE DIRECTORY 22, 23 RECIPE 30

ADVERTISING INFORMATION Interested in advertising to over 7,000 homes in south Franklin? We can promote your business through direct mail delivery and social media promotions. We offer very creative opportunities to local businesses, reach out today for more details. Contact Jeff at 615-828-2542, or email jbryant@wilcolocal.com

Berry Farms Local is published by WilcoLocal Media & Marketing, published eleven times per year and delivered both online and by postal delivery to over 7,000 homes in the South Franklin area. Advertising claims are the sole responsibility of the consumer to check the validity and honesty of the offer made by the business. WilcoLocal and Berry Farms Local is not responsible for claims made by the business owners. Berry Farms Local is not associated with, or in business with the developers and builders of Berry Farms or any other related real estate or development company. Please submit any questions or comments to jbryant@wilcolocal.com.

For Advertising information or to submit a story idea please contact jbryant@wilcolocal.com

Follow us on facebook to win local prizes from local merchants and be sure to subscribe to our newsletter at berryfarmslocal.com





FAMILY DENTISTRY IN A RELAXED, COMFORTABLE ENVIRONMENT

BY JASON ZASKY

Dr. Amber Johnson knew she wanted to be a dentist before finishing elementary school.

“I had braces in fifth grade, and I was really self-conscious about my teeth being crooked,” she begins. “Once I finished braces, I had a lot more confidence and a real interest [in becoming a dentist],” which became evident in middle school when she attended the Middle Tennessee Science Fair and did a presentation entitled: “What Substance is Most Effective for Cleaning Teeth?” Then in high school, she went so far as to shadow the dentist she went to while growing up.

Fast forward to today, and Dr. Johnson owns Berry Farms Dental on Hughes Crossing in Berry Farms, where she practices alongside Dr. Brooke McVey.

“I knew early on that I wanted to do something in medicine

and something where I interacted with people,” says Dr. Johnson. “I stuck with it, and it has worked out.”

Indeed it has, as Berry Farms Dental is now approaching its eighth anniversary, founded by Dr. Johnson after she spent six years working at a group practice with locations in Madison and Mt. Juliet.

“I have patients who followed me from there,” she adds, noting that she and her team of five hygienists and three dental assistants go the extra mile to offer the best possible patient experience. “I am big on investing back into the practice so we can give our patients a great experience. We want to make sure patients are comfortable, so we offer heated massage chairs and have televisions on the walls and ceilings,” she continues.

More importantly, Johnson and McVey offer the latest in terms of technology and procedures, providing all general services, as

PAGE 8 >

ALL THINGS **BASEMENTY!**

DON'T GET COLD FEET!

Get warmer floors without higher heating bills.



Frontier
FOUNDATION
& CRAWL SPACE *Repair*



\$150 OFF

Your Project
Not To Exceed 5% Of Total Project. Not
To Be Combined With Any Other Offer.
Presented At Time Of Signing.
EXPIRES FEB. 31, 2022

931-321-2353 | TheFrontierLocal.com

FREE ESTIMATES

**Looking for a smarter way to shop
for insurance for your family?**

I Can Help!

**health
markets**

- Health
- Medicare
- Life Insurance
- Supplemental
- Long-Term Care
- Retirement



For a **FREE QUOTE** call **615-) 540-5994**

Christopher Pinkalla, Licensed Insurance Agent

HealthMarkets Insurance Agency, Inc. is licensed in all states. Service and product availability may vary by state. Agents may be compensated based on enrollment. No obligation to enroll.
©2021 HealthMarkets 47595d-HM-0521



***YOU CAN HAVE YOUR APPOINTMENT,
AND YOUR CHILDREN CAN COME AT THE SAME TIME***

< FROM PAGE 6

well as cosmetic services and specialty services like dental implants.

“A big thing that sets us apart is we have the technology that allows us to make crowns in our office the same day, so patients don’t have to come back for a second visit,” says Dr. Johnson. “A lot of patients come to us specifically for that because they know they want [crowns] done in one day.”

Parents also appreciate that Berry Farms Dental treats patients of all ages, from toddlers to the elderly.

“You can have your appointment, and your children can come at the same time,” says Dr. Johnson, before noting that she and Dr. McVey are very comfortable treating children. In fact, both are moms, with three children and one child, respectively. “We treat kids the way we would want our kids to be treated,” she adds.

That fits well with the community-oriented atmosphere, which is enhanced because most of the employees live in Berry Farms or

elsewhere nearby.

“I like working in the community in which I live because I see my patients everywhere,” continues Dr. Johnson. “It’s really neat because it’s like an extended family, and as a family-owned office, we are able to spend extra time with patients and provide better care.”

Dr. Johnson—who received her undergraduate degree from Lipscomb University and graduated from the University of Tennessee Health Science Center in Memphis—also gives back to the community on an ongoing basis by providing free dental services on a volunteer basis. That includes volunteering at Interfaith Dental Clinic, a nonprofit clinic with locations in Nashville and Murfreesboro.

Perhaps not surprisingly, Dr. Johnson can’t see herself living or working anywhere else.

“When I started the practice, we wanted to move here because we loved the community, knew it was a growing area and wanted to raise our kids here,” she concludes. “I’m here for life.”



Does the dry
winter air
have you itching?



CALL US TODAY FOR IMMEDIATE RELIEF!

- Dry skin is especially common in the winter months when humidity levels drop. The cold and dry winter air leads to a 25% reduction in your skin's ability to hold moisture making it feel tight and flaky.
- Although a long hot bath or shower may sound great during the cold winter months, it can strip your skin of its protective oils and exacerbate eczema.
- Dry, chapped hands are often caused by frequent hand washing and use of hand sanitizers, which contain harsh chemicals that irritate the skin.

For more information, please go to harpethvalleydermatology.com or call us at **615-905-8083**.



Dr. Benjamin Bashline



Dr. Megan Morrison



Dr. Pezhman Shoureshi



Harpeth Valley
DERMATOLOGY

990 ELLISTON WAY | SUITE 101 | THOMPSON'S STATION



Photography by Michael Tedesco

HE DESIGNED THE ALBUM COVERS THAT SOLD MILLIONS

LOCAL RESIDENT IS A MUSIC PIONEER

BY PAM WINDSOR

For four decades, Bob Jones put his artistic touch on quite a bit of Nashville music history. As an artist, illustrator, and photographer, he created album covers for dozens of major artists. Dolly Parton, Merle Haggard, and George Strait are among those who benefited from his talents.

His career in album art began in the late 1960s. He was working for Shelby Singleton, owner of Mercury Records when Singleton made a big purchase.

“Shelby bought Sun Records from Sam Phillips,” Jones explains, “and moved everything from Memphis to Nashville. Soon I was designing album covers for Jerry Lee Lewis, Roy Orbison, and Johnny Cash.

The list would grow longer when Jones later went to work for RCA.

“At the time, RCA had maybe 35 to 40 artists on their label,” he says. “I worked with Chet Atkins, Bobby Bare, Kris Kristofferson, Dottie West, Carl Perkins, and more.

Jones has stories to share about all of them. Like the time he hired someone to create a butterfly painting for Dolly Parton’s “Love is Like a Butterfly” album. Dolly was so happy when she saw it, she gave him a big hug.

He remembers when they rented a \$2,000 parrot to photograph Jerry Reed’s album “The Bird.” Reed was nervous about the bird the entire time.

“Jerry was funny and just wonderful,” Jones says. “The way he

PAGE 12 >



A1 PROFESSIONAL TREE SERVICE

We save trees and your money.

Emergency Number 24/7/365

615-982-2265

WWW.A1PROTREES.COM

50
YEARS
EXPERIENCE

TREE PROS

100% Customer Satisfaction
You don't pay until you're happy!

NOBODY DOES IT BETTER FOR LESS!

we **save** trees. we **love** trees.

Do NOT sign a contract with the other guys until you get our price. **We'll save you money and headaches!** We'll do a professional job with our state-of-the-art equipment.

FREE STUMP GRINDING

WHEN WE REMOVE THE TREE, THE STUMP IS FREE!

Offer Expires 1/31/22

- Senior and Military Discounts
- Fully Insured for Your Protection
- Specialized in Extra Large and Dangerous Trees
- Custom Lot and Lakefront Clearing
- Free Evaluation of the Integrity of Every Tree Before Purchasing a House or Lot

Other companies make you wait - **WHY WAIT?** We make your job priority and guarantee our work.



Photography by Michael Tedesco

< FROM PAGE 10

acted in the movies, that's just the way he was in real life."

Jones has fond memories of Roy Orbison, Jerry Lee Lewis, Charley Pride, Hank Williams Jr, and Waylon Jennings.

"RCA called me one day and said Waylon is in Alpine, Texas doing a cowboy roundup of 2000 cows, and we want you to go and take photos for an album cover."

Jones flew to Dallas, then rented a car to make the long drive to the small, border town.

"I got there, it was cold, and it was pouring rain. All of these cowboys came in and we were under this shed, and they had a big pot of coffee sitting there. I took one swallow of it, and it was half coffee and half Jack Daniels," he says with a laugh.

The cowboys were uncomfortable he was there and didn't want him taking photos. The next day, Jennings graciously took time to make sure Jones got the shots he needed. Later, Jennings had someone drive Jones' rental car back to Dallas so that Jones could accompany Jennings to Nashville on his private jet.

"He did that for me, and he didn't have to," Jones says.

He recalls the July he went to take photos of Johnny Cash recording a Christmas album. Cash's entire tour group was at the studio, which included Carl Perkins, the Carter Family, and the Statler Brothers. But Cash wasn't in the mood for pictures.

"Every time I'd take photos of Johnny," Jones remembers, "he'd turn his back on me. And he kept doing it. I finally went to

PAGE 14 >

5 DAYS FOR \$5

KICK OFF 2022 WITH A KILLER DEAL!

ON JANUARY 3, BOTH OF OUR STUDIOS ARE OPENING THEIR DOORS FOR OUR LOWEST PRICES EVER | **5 DAYS OF UNLIMITED CLASSES FOR \$5.**

Free Flow Yoga offers traditional flows, fun fusion classes, and bounce classes that'll have you flying! At The Barre, you'll find barre, cardio, and dance options that offer feel-good, fun workouts. Choose a studio, or try both for just \$10! To purchase your 5 day pass, download the Free Flow Yoga app for Apple or Android. Once you're logged in, simply toggle between studios to select your perfect fit! Grab your pass under the Intro Offers section, or just stop by our front desk and we'll get you started! We believe movement is for everybody and every body. You are welcome here!



4000 HUGHES CROSSING, SUITE 130 FRANKLIN  
INFO@THEBARREFRANKLIN.COM | TheBarreFranklin.com
info@FreeFlowYoga.com

Available for purchase January 3-8 only. No refunds or extensions.



Soulshine

PIZZA • SALADS • SANDWICHES

  

Specialty Pizzas for Everyone!



\$5 OFF YOUR NEXT ORDER.

MUST PRESENT THIS AD TO REDEEM. DISCOUNT NOT AVAILABLE WITH ANY OTHER OFFER. FOR DINE-IN & CARRYOUT AT THE FRANKLIN, TN LOCATION ONLY. EXPIRES 1/31/22.

4021 Hughes Crossing, Ste. 101, Franklin | 615-379-7767
SOULSHINEPIZZA.COM



Photography by Michael Tedesco

Photography by Mchael Tedesco

< FROM PAGE 12

June and said if I don't get pictures, I don't get paid. So, she went over and talked to Johnny, then came back and said, 'You can have five minutes.' So, I shot my pictures, went home, got paid, and everything was cool."

While most of his career has focused on music, Jones also has a passion for western art. His pen and ink drawings of cowboys and Native Americans have been displayed in galleries out west. His interest goes back to his days growing up in Old Hickory, where his dad worked for Dupont.

"Our home was about a hundred yards from the theater. So, every Saturday me and my buddies would watch those double-feature B movies of Roy Rogers, Gene Autry, and Lash LaRue. I was

fascinated with western art, and my writing tablets in the first and second grade were pretty much me drawing cowboys and Indians."

Jones attended the Harris School of Advertising Art in Nashville. The advertising background came in handy when Jones created album covers and designed the ads that promoted the artists' work in trade magazines like R&R, Billboard, and Cashbox. Today, at 81, Jones spends time at his home studio in Spring Hill, working on the western art he loves.

He also does commissioned work like a recent piece on the Rolling Stones. He's grateful for the opportunities in music, and admits with so many stories, he may one day write a book. "I've been blessed," he says. "I will tell you that."

LET US FILL IN THE GAPS

Online, hybrid and in-person learning programs for your children



Partner with The Tutoring Center and bring out the best in your children in these uncertain and chaotic times. Our programs provide routine learning to help bring long term success.

**SAFE ENVIRONMENT WITH ONLINE TUTORING
OPTIONS ALSO AVAILABLE**



**BERRY FARMS SHOPPING CENTER | NEXT TO PUBLIX | 5021 HUGHES CROSSING, STE. 160
FRANKLIN 615-721-8844 | www.tutoringcenter.com**



Photography by Michael Tedesco

STUDENTS (AND TUTORS) WANTED

WORKING AT THE TUTORING CENTER LOOKS GREAT ON A RÉSUMÉ, OR A COLLEGE APPLICATION

BY JASON ZASKY

Getting a job at The Tutoring Center can be a little intimidating for a 16-, 17- or 18-year-old, as the interview process involves role-playing and answering questions that a student might ask while being tutored.

“I pretend to be the high school student and ask difficult questions to see what they say,” relates Joshua Powers, director of the Tutoring Center, which is located on Hughes Crossing in Franklin. “I feel like that’s the best way to see what they would do in that situation.”

Indeed it is a good measuring stick, says Anika Kaushik, a graduate of Page High in Franklin who has worked as a tutor for the past two-and-a-half years and distinctly recalls her interview.

“He had me explain a couple of exam questions to him, just

like how I would explain them to someone who is actually getting tutored,” she recalls. Kaushik aced the interview, as well as the requisite Math test given to candidates.

“There weren’t many curveballs that I could throw her that she couldn’t handle,” adds Powers, who emphasizes how the Tutoring Center aims for excellence in all areas, including the tutors and instructors they hire.

“Our interns are high school students, and then there are assistant instructors who are college students. Then our instructors are college or beyond,” elaborates Powers. “They have a bachelor’s degree or a master’s or may even be working their way towards something in the graduate field.”

Kaushik remains an excellent representative example, continuing to tutor even now that she is studying chemical and biomolec-

PAGE 18 >

BRANDON WOODS FROM THE \$300s

4-SIDED BRICK HOMES!

*Visit our model home at
162 Brandon Woods Drive
Spring Hill, TN 37174*



Ole South
Tennessee's Favorite
Home Builder

CALL 615-219-5644 OR VISIT
WWW.OLESOUTH.COM FOR MORE INFORMATION.

Local business owners!

Want to attract new customers?

REACH over 14,000 homes and businesses in the South Franklin Berry Farms and Spring Hill communities

Contact our staff at **615.828.2542** for more information and how to reach potential customers.

wilcolocal.com | springhilllocal.com | berryfarmslocal.com

WilcoLocal



“

IF YOU WANT TO GO TO AN IVY LEAGUE SCHOOL, WE CAN VERY MUCH BE A VEHICLE TO HELP YOU DO THAT

”

Photography by Michael Tedesco

< FROM PAGE 16

ular engineering in college, with an eye toward a biotech career.

Like many of her colleagues, she helps prepare high school students for the ACT, and also tutors English and Math, though she says her favorite subject is chemistry, with physics not far behind.

“I love Math, but I’m more of a science person,” she admits.

The Tutoring Center is Looking for More Tutors

Though the Tutoring Center found Kaushik via referral from a friend and current intern, they also have the proverbial ‘help wanted’ sign out on various electronic platforms.

“We do post [our ad] on a couple different platforms in high schools, to see if teachers will consider printing it out and putting it in their classrooms, especially in honors or AP classes,” says Powers, noting that it is a great part-time job for anyone “even remotely considering education on some level, as the work experience is second-to-none,” other than actually being a teacher. “If you like helping kids—if you have a passion for helping peo-

ple—this is the best place to be,” he adds, in part because tutors can pretty much pick and choose their hours, which is helpful when working around one’s own academic schedule.

Interning at The Tutoring Center also looks great on a college application and can be an excellent résumé builder.

“If you want to go to an Ivy League school, we can very much be a vehicle to help you do that,” says Powers, before noting that the Center’s latest hire is looking to become a high school history teacher.

“Although we don’t specifically work with history, we work with students on study skills so he can at least find the range and who he’d like to work with; we think it will be a really great fit for him.”

Indeed, the rewards of the job transcend subject matter.

“Everyone at The Tutoring Center is very enthusiastic and has a passion for helping students do better in whatever areas they are struggling with,” concludes Kaushik. “Everyone who works here is super-motivated and really likes working with kids.”

The
SMART CHOICE
in Williamson County



Come see us on the square!

320 MAIN STREET | DOWNTOWN FRANKLIN

615-814-3600

myfmbank.com



YOUR MONEY. SMART CHOICE!

Member FDIC
NMLS # 518158



COMMUNITY CALENDAR

January 8-9, 2022

DINO & DRAGON STROLL

Williamson County Ag. Expo Park

Saturday – 8:30 a.m. – Sensory Friendly Session*

Saturday – 10:00a.m. – 4:00p.m.

Sunday – 10:00 a.m. – 3:00 p.m.

Dino & Dragon Stroll is the ONLY North American tour that lets you walk-thru and get up close to life-like and life-size dinosaurs AND dragons. Dinosaurs and dragons are MASSIVE, some standing over 28 feet tall and spanning over 60 feet long. Dino & Dragon Stroll also features the NEWEST dinosaurs and dragons produced with advanced animatronic and sound technology that brings these amazing creatures to life.



January 18 2022

Patty Griffin In Concert

The Franklin Theatre

Patty Griffin is among the most consequential singer-songwriters of her generation, a quintessentially American artist whose wide-ranging canon incisively explores the intimate moments and universal emotions that bind us together.

(At the request of Patty, and for the safety of ALL – masks are required and must remain in place unless actively eating or drinking.)

Saturday, Feb 5-6

Great Performances: Black Violin

The Franklin Theatre

Black Violin is lead by classically trained string players Wil B. (viola) and Kev Marcus (violin). Joining them onstage are DJ SPS and drummer Nat Stokes. The band uses their unique blend of classical and hip-hop music to overcome stereotypes while encouraging people of all ages, races, and economic backgrounds to join together to break down cultural barriers.

For more information about Black Violin visit: blackviolin.net

All previously purchased tickets will automatically transfer to the new date.



Your Neighborhood Dentist

DENTAL CARE FOR THE WHOLE FAMILY:

*Adults and Children of all
ages are welcome!*



Dr. Amber Johnson
Dr. Brooke McVey

High-Tech dental office
Smile Makeovers and Whitening
Same day Crowns
Dental Implants
Invisalign
Emergency Visits
Most Insurances Accepted
Interest free payment plans available

Convenient Online Appointment Scheduling

*Ceiling mounted TV's and dental chairs with
massage/heat for your comfort!*



THE BERRY FARMS & SOUTH FRANKLIN

HOME & SERVICES DIRECTORY

DIXON

PLUMBING CO.

Bobby Dixon

dixonplumbingco@bellsouth.net

Call 615.591.7006 or 615.385.2334
FAX 615.591.9316

1746 LEWISBURG PIKE, FRANKLIN, TN 37064

BBQ GRILL CLEANING
INDUSTRIAL GRADE PROCESS RESTORES LOOKS, PERFORMANCE AND LIFE.

SAVE THIS CARD



For more information Call or Text **MARC 615-594-9052**

VISIT WEB SITES FOR DETAILS AND OTHER HOME AND YARD SERVICES:
BAR-B-CLEAN.COM/NASHVILLE | JACKRABBITCLEANCHOICES.COM

Blinds & Designs

2221A Hillsboro Road | Franklin | 615.790.6543

Proudly Serving Middle Tennessee since 1983

blinds-designs.com

THE BLIND GIRLS

30% OFF
ALL WINDOW COVERINGS
EXCLUDING SHUTTERS

ADDITIONAL
10% OFF
WITH PURCHASE
AT TIME OF ESTIMATE ONLY • OFFER EXPIRES 6/30/21
SOME RESTRICTIONS APPLY | NOT VALID WITH OTHER OFFERS

FREE IN-HOME CONSULTATION • PROFESSIONAL INSTALLATION
FINANCING AVAILABLE

Call 615.887.1823 for **FREE In Home Consultation**
or email us at theblindgirls@gmail.com

WARNING!

MANY FIRES START IN

DRYER VENTS

Protect your home and extend the life of
your dryer! Call 615.594.9052



SAVE THIS CARD

Dryer Vent
Cleaning
Team.com



DRYER VENT CLEANING

VISIT WEB SITES FOR DETAILS AND OTHER HOME AND YARD SERVICES:
JackRabbitCleanChoices.com



Bruce Smith, Agent
1896 General George Patton Drive
Franklin, TN 37067
Bus: 615-373-2320
www.brucesmith.biz



State Farm, Bloomington, IL
1211999

Want to introduce your business to
over 7,000 homes each month?

CONTACT **DAVID GREEN** TO LEARN
MORE ABOUT ADVERTISING HERE
DGREEN@WILCOLOCAL.COM
OR 615-495-8812

Friendship Starts Here!

Make the most of every day.



CALL
ABOUT OUR
SPECIALS!

SPRING HILL
Morning Pointe
Assisted Living & Memory Care

Assisted Living
1001 McCutcheon Creek Lane
(931) 451-1899

Memory Care
1003 McCutcheon Creek Lane
(931) 451-0950

morningpointe.com

GBT HEATING & COOLING
OVER 25 YEARS OF SERVICE

SERVICE | MAINTENANCE | NEW INSTALLATION

4922 PORT ROYAL ROAD B7 SPRING HILL | (615) 591-5556
GBTHEATINGCOOLING.COM

MOLD REMEDIATION
CRAWLSPACE REPAIR

Mickey Shrader

(931) 698-3527
mickey@themoldsolution.com
EnvironmentalProtectiveSolutions.com



Phone: (615)302-8667 | www.ConcordiaArtsAcademy.com

Irish Step Dance Classes for ages 5-18
NOW AT OUR BERRY FARMS LOCATION
4000 Hughes Crossing #130

NEXT DOOR TO COFFEE & COCONUTS!

SMILE BRIGHTER THIS NEW YEAR...

SCHEDULE A FREE CONSULTATION TODAY!



Dental implants can brighten your smile and help you enjoy life to the fullest. We specialize in dental implants and offer the complete procedure comfortably and conveniently in our local office.

YOUR PREMIER
ORAL SURGERY OFFICE
IN MIDDLE TENNESSEE



**ORAL & MAXILLOFACIAL
SURGERY**



WE PROVIDE A FULL SCOPE OF
ORAL & MAXILLOFACIAL SURGERY INCLUDING:

DENTAL IMPLANTS

WISDOM TOOTH REMOVAL

CALL TODAY! 615.302.8471 | SPRINGHILLOMS.COM

DR. D. CARL JACKSON | SPRING HILL ORAL & MAXILLOFACIAL SURGERY



4012 O'HALLORN DRIVE, SUITE A · SPRING HILL, TN 37174



Faith {local} & Worship

Gatehouse Church

Please join us each Sunday
at 9:30 am *on*



listen online at
wakmworldwide.com

thegatehousechurch.com | 615.495.8812



Saint Philip CATHOLIC CHURCH

ESTABLISHED 1871

*Where no one is a stranger.
We invite you to join us for Mass.*

Saturday 5:30pm Vigil in English | **Sunday** 7:00am Bilingual;
8:30am, 11:00am & 5:00pm in English | 1:00pm en Español

First Avenue & Main Street in Historic Downtown Franklin, TN
StPhilipFranklin.com | 615.791.8588

19 MILES TO MUSIC ROW
It's the largest ongoing writers round in the nation and we're back with gusto in 2022.

04 JANUARY
DWAYNE O'BRIEN

01 FEBRUARY
KYLE JACOBS & FRIENDS

THEN JOIN US AGAIN FOR SUNDAY MORNINGS AT FRANKLIN FIRST UMC

Do you ever feel like you have to have it all together before you "fit" into church? Not at Franklin First! Join us right where you are, with all your troubles, doubts, working it out kind of life.

Sundays

8:30, 10:00 or 11:15 a.m.

Main Campus at Mack Hatcher

8:30 a.m.

Historic Sanctuary at Fifth Avenue

franklinfumc.org | 615.794.2734 | Online at live.franklinfumc.org

WINTER & SPRING BREAK DAY CAMPS

DeerRun.camp

Want to see your church featured here?

CONTACT **DAVID** AT **615-495-8812** FOR MORE DETAILS.

FINANCIAL FOCUS

WHAT ARE YOUR FINANCIAL RESOLUTIONS FOR 2022?



Jeff Good

As you know, 2021 was full of challenges. We were still feeling the effects of the COVID-19 pandemic when supply chains shut down and inflation heated up. So, if you're like many people, you might not be sorry to see the year come to a close. But now it's time to look ahead to a brighter 2022. And on a personal level, you may want to set some New Year's resolutions. You might resolve to improve your health and diet, and possibly learn some new skills, but why not

make some financial resolutions, too?

Here are a few ideas to consider:

- Prepare for the unexpected. If you haven't already created an emergency fund, now may be a good time to start. Ideally, you'd like to have three to six months' worth of living expenses in this fund, with the money kept in a low-risk, liquid account. (If you're retired, you may want your emergency fund to contain up to a year's worth of living expenses.) Once you've got this fund established, you may be able to avoid dipping into long-term investments to pay for short-term needs, such as costly home or auto repairs or large medical bills.

- Boost your retirement savings. The pandemic caused many us to reevaluate our ability to eventually enjoy the retirement lifestyles we've envisioned. In fact, 33% of those planning to retire soon said they started to contribute even more to their retirement savings during the pandemic, according to a study from Age Wave and Edward Jones. This year, if you can afford it, increase your contributions to your IRA and your 401(k) or other employer-sponsored retirement plan.

- Reduce your debt load. The less debt you carry, the more money you'll have available to support your lifestyle today and save and invest for tomorrow. So, this year, resolve to cut down on your existing debts and avoid taking on new ones whenever possible. You can motivate yourself by measuring your progress – at the beginning of 2022, record your total debts and then compare this figure to your debt load at the start of 2023. If the numbers have dropped, you'll know you were making the right moves.

- Don't overreact to the headlines. A lot can happen during a year. Consider inflation – it shot up in 2021, but it may well subside in 2022. If you changed your investment strategy last year to accommodate the rise in inflation, would you then have to modify it again when prices fall? And inflation is just one event. What about changes in interest rates? How about new legislation coming out of Washington? And don't forget extreme weather events, such as wildfires and floods. Any or all of these occurrences can affect the financial markets in the short term, but it just doesn't make sense for you to keep changing the way you invest in response to the news of the day. Instead, stick with a strategy that's appropriate for your goals, risk tolerance and time horizon. You may need to adjust this strategy over time, in response to changes in your own life, but don't let your decisions be dictated by external events.

These aren't the only financial resolutions you can make – but following them may help you develop positive habits that can help you face the future with confidence.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.
Edward Jones, Member SIPC*

Edward Jones
MAKING SENSE OF INVESTING

Sponsored by **Jeff Good** YOUR **Edward Jones** representative
6041 Rural Plains Cir Suite 105, Franklin, TN 37064
(615) 656-4367 *located in Berry Farms*

**A LOCALLY OWNED
FULL SERVICE TREE COMPANY**



**DEPENDABLE,
PROFESSIONAL *and*
FAMILY OWNED**



FREE ESTIMATES & INSURED

We don't start a job until you know exactly how much it will cost

CHIPPER SERVICE

From tree to mulch, in minutes.

STUMP REMOVAL

Need to get rid of that unsightly stump?

TREE TRIMMING AND REMOVAL

Professional equipment and service to get the job done right.

**VETERAN EMPLOYER
VETERAN OWNED**

Mention Berry Farms for our best pricing!



**DAVIS
TREE SERVICE**

**CONTACT US TODAY FOR
YOUR FREE ESTIMATE**

615.397.2322

FRANKLIN | SPRING HILL | BRENTWOOD

DavisTreeServiceFranklin.com

PROFESSIONAL HEADSHOTS

PACKAGES STARTING AT \$150

Michael Dominic Tedesco is a photographer in Nashville, formerly New York City. Clients include: Mutual of America, Farm Bureau Insurance, Penguin Publishing Group, Gotham Books, Avery Books, Bloomberg Markets, Men's Health, Women's Health, Men's Fitness, The Source, CMJ, St. Johns University, Decker Design, Jujamcyn Theaters, Journal Communications, Warner Music Nashville, University of Tennessee, Meharry College, Edge Artist Management and many Departments of Agriculture in the United States. View more work at www.tedescopictures.com



PICTURE NASHVILLE

917-549-5551
PictureNashville.com

MICHAEL DOMINIC TEDESCO
HEADSHOT & PORTRAIT PHOTOGRAPHER

mdt@tedescopictures.com
tedescopictures.com
facebook.com/TedescoPictures
instagram.com/tedescopictures



START PLANNING NOW FOR ACT EXAMS

FREE ACT EXAM *AND* TEST CONSULTATION

**157% RETURN ON INVESTMENT IS OUR GOAL FOR YOU!
A BETTER LIFE FOR YOUR KIDS!**

Classes are filling up, call now for reservations and to learn more about opportunities!



**BERRY FARMS SHOPPING CENTER | NEXT TO PUBLIX | 5021 HUGHES CROSSING, STE. 160
FRANKLIN 615-721-8844 | www.tutoringcenter.com**

Great RECIPES

Orange Honey Glazed Carrots

As a key source of nutrients that supports a healthy lifestyle year-round, especially during cold and flu season, one 8-ounce serving of Florida Orange Juice provides more than 100% of your daily value of vitamin C and is a good source of potassium, folate and thiamin. Fortified juice also contains 15% of the daily value of vitamin D, which plays an important role in regulating immune response and helps cells fight off bacteria and viruses that enter the body.

Additionally, 100% orange juice is virtually the only dietary source of a unique, powerful phytonutrient (naturally occurring plant compound) called hesperidin, which may also help support a healthy immune system.

“Maintaining a well-balanced diet is one way to help support your immune system in the colder months,” said Dr. Rosa Walsh, scientific research director at the Florida Department of Citrus. “For example, 100% orange juice contains vitamin C, vitamin D (in fortified juice) and phytonutrients like flavonoids and colorful carotenoids, making it a nutritional powerhouse.”

This **Orange Honey Glazed Carrots** recipe offers a warming yet nutritional, naturally sweet way to incorporate orange juice into your winter menu. Orange juice is also a go-to ingredient for popular non-alcoholic drinks like Orange Juice Mint Mocktail, a perfect pairing for winter meals.

INGREDIENTS

2 CUPS SLICED CARROTS
1/4 CUP FLORIDA ORANGE JUICE
1 TEASPOON HONEY
1 TEASPOON CORNSTARCH
1/8 TEASPOON SALT
1/8 TEASPOON GROUND GINGER
FRESH PARSLEY, FOR GARNISH
FRESH CHIVES, FOR GARNISH

STEAM CARROTS UNTIL TENDER.

IN SAUCEPAN OVER MEDIUM HEAT, WHISK ORANGE JUICE, HONEY, CORNSTARCH, SALT AND GINGER. WHISKING CONSTANTLY UNTIL SAUCE THICKENS.

POUR SAUCE OVER STEAMED CARROTS. TOP WITH PARSLEY AND CHIVES.

Source: Florida Department of Citrus





*In good standing
with customer
service agencies and
service provider
companies*



**FREE RING
CAMERA**

Ring in the New Year
with a New Ring
includes INSTALLATION

\$2000 OFF

of every screen, sunroom,
4 season room, or addition.

Not to be combined with any
other offer.

americanservoftn@att.net
615-356-6662

REFERENCES AVAILABLE

IN GOOD
STANDING



PRSTD STD
U.S. POSTAGE
PAID
FRANKLIN, TN
#357

ECRWSS
Local Customer

Imagine your home, totally organized!



Custom Closets, Garage Cabinets
Home Offices, Pantries
Laundries and Hobby Rooms

**40% OFF plus
Free Installation**

40% off National Retail Price on any order of \$1000 or more.
30% off National Retail Price of any order of \$700 or more.
Not valid with any other offer. Free installation with any
complete unit order of \$600 or more. With incoming order,
at time of purchase only. Offer good through 1/31/22

Call for a free in home design
consultation and estimate

615-261-8700

www.closetsbydesign.com

Licensed and Insured. Financing Available



BFL



ClosetsbyDesign