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## TELLING THEIR STORY

Legend's wife tells the full story in new book



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## FROM CORPORATE TO LOCAL

Local business owner made the jump and never looked back



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## READY TO TAILGATE

This easy recipe will be a hit at the party

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**NEXT MONTH:** *Don't miss the December edition of Foley Local, with listings of holiday events!*

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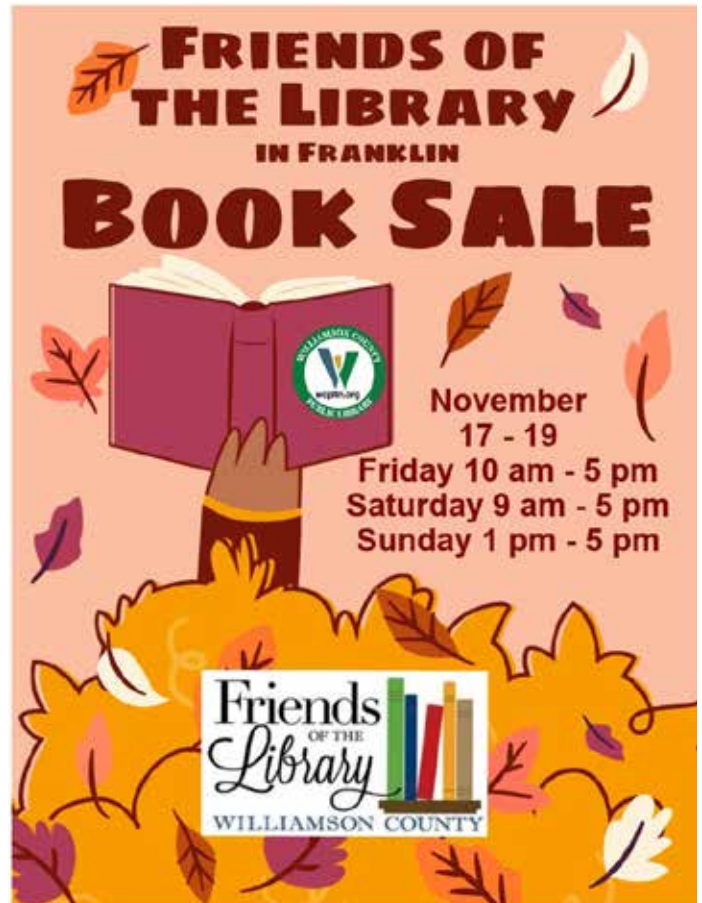
# COMMUNITY SNAPSHOTS



## TREE LIGHTING SEASON IS HERE

The City of Franklin will light up the Square on Friday, December 1, for the 2023 Christmas Tree Lighting on the Square. The annual event features entertainment by local children, entertainers, and more. There will also be an appearance by Santa Claus. The festivities begin at 6 pm on December 1.

The Thompson's Station Christmas Tree lighting will be held the same weekend, Sunday, December 3, from 3 pm to 5 pm. The event will be held in the Sarah Benson Park on Thompson's Station Road. Photos with Santa, hot chocolate, food trucks serving delicious food, and more! The Thompson's Station Community Association hosts the event.



## LIBRARY BOOK SALE

The Williamson County Library in Franklin will host the Friends of the Library Book Sale on November 17-19. Hours will be Friday, 10 am to 5 pm; Saturday, 9 am to 5 pm; Sunday, 1 pm to 5 pm. Thousands of books will be available on many topics. The Library is in Franklin, off Columbia Avenue, at 1314 Columbia Ave., near downtown.



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# COMMUNITY SNAPSHOTS

## HERITAGE FOUNDATION PRESERVATION AWARDS

For 47 years, as a part of its nonprofit mission, the Heritage Foundation has recognized preservation projects and individuals who made significant contributions within the field of historic preservation. The Preservation Awards recognize the rehabilitation, restoration, preservation, and craftsmanship of residential and commercial structures that complement the historic character of Williamson County.

In 2023, the Heritage Foundation awarded six distinct projects and a Lifetime Achievement Award for decades of historic preservation.

**LIFETIME PRESERVATION ACHIEVEMENT AWARD:** Ms. Thelma Battle, African American historian of Williamson County.

Franklin native Thelma Battle, is the foremost historian who has pioneered the study of African-American history and culture in Williamson County. For nearly forty years, she has led the way in conducting oral histories from across the county while elevating the stories of many throughout her many publications. Considered the leading expert on African American Cultural Studies in Williamson County, her vast photograph and oral histories collections are housed at several local repositories, including the Williamson County Archives, the Special Collections at the Williamson County Library, the Heritage Foundation of Williamson County, and the African American Heritage Society. Through her preservation advocacy work, she championed saving the Natchez neighborhood. She is one of the founders of the African American Heritage Society of Williamson County and pursued saving the historic McLemore House in the Hard Bargain Neighborhood.

**EXCELLENCE IN PRESERVATION THROUGH REHABILITATION (RESIDENTIAL):** 402 Bridge Street, owned by Ryan and Laura Grant

This award recognizes the Grant's vision of appropriately conserving the historic home while carefully incorporating modern upgrades, using sustainable treatments to lessen the impact on the historic brickwork.

**EXCELLENCE IN PRESERVATION THROUGH REHABILITATION (COMMERCIAL):** Stable Reserve

This award recognizes Stable Reserve, a new business on Main Street, for appropriately conserving a historic commercial building, carefully incorporating modern upgrades, while preserving original flooring and intentionally highlighting key architectural features.

**PRESERVATION THROUGH RESTORATION:** Wyatt Hall, Dr. Benny, and Mrs. Alex Woody

This award recognizes the Woody's for exemplary restoration of Wyatt Hall by retaining its integrity throughout the c1800 home.



## HERITAGE FOUNDATION WILLIAMSON COUNTY, TN

**EXCELLENCE IN PRESERVATION THROUGH RESTORATION OF MATERIAL CULTURE:** Ms. Robanne Legan of Southall Meadows

This award recognizes Ms. Robanne Legan and her family for their commitment to preserving the material culture of Williamson County through the restoration of their property's stone-stacked walls.

**EXCELLENCE IN CRAFTSMANSHIP:** Dr. Benny Woody

This award recognizes Dr. Benny Woody and his exemplary individual craftsmanship, painstakingly restoring the log cabin on Wyatt Hall's property, using historic preservation techniques.

**EXCELLENCE IN HERITAGE PRESERVATION:** Wyatt Hall, Dr. Benny, and Mrs. Alex Woody

This award recognizes the Woody's commitment to cultural stewardship of Wyatt Hall through their ongoing work to preserve and sustain the historic house and its landscape through Franklin's last remaining green gateway.



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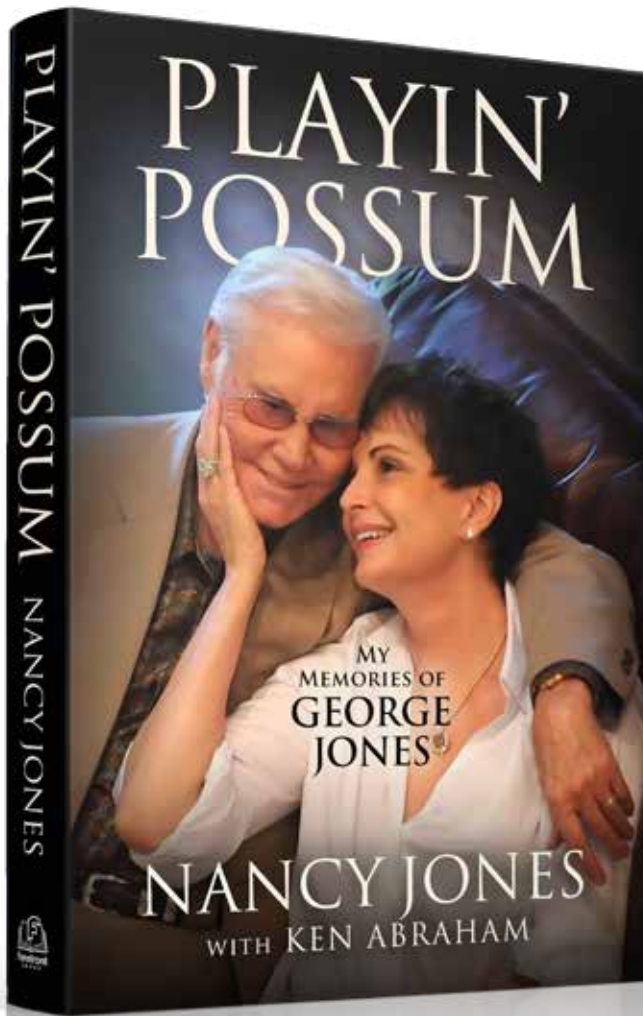
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# PLAYIN' POSSUM

**PAM WINDSOR**

Ten years after the death of legendary country singer George Jones, the woman credited with turning his life around felt it was time to tell their story.

"After 30 years of being married to George and 32 years together," Nancy Jones says, "if anybody knew George Jones, I did. And I wanted to set the record straight on how sweet he was, but also what I went through, with the help of the good Lord, to get him off drugs and alcohol. And I didn't cut any corners; I told the truth."

"Playin' Possum" (referring to George's nickname) is full of behind-the-scenes stories about George's life in music, interactions with his famous friends like Johnny Cash, Waylon Jennings, Randy Travis, Alan Jackson, even his relationship with Tammy Wynette in the years after they divorced.

Nancy co-wrote the book with noted author Ken Abraham.

"Nancy's a pretty good storyteller, so she made the job easy," Abraham says. "But then doing the research and talking to people in Nashville, some of the people who worked with George on the

road, and just putting all those memories together, you get to the core of the truth."

Recognized as one of the greatest singers in country music with signature songs like "White Lightning," "She Thinks I Still Care," and "He Stopped Loving Her Today," and others, George Jones was also well-known for his problems with drugs and alcohol. In fact, he missed so many of his own shows, that he was dubbed "No Show Jones."

During their early years together, when his use of drugs and alcohol was at its peak, Nancy suffered a lot of physical abuse and details some of it in her book. But everything changed in 1999 after George had his near-fatal accident outside Nashville. He found his faith, learned to pray, and became the man she says she always knew he could be.

"From 1999 to 2013, I was so blessed," Nancy says. "I was blessed because God stopped everything. There was no more drinking, no drugs, no nothing. I had the perfect husband."

Readers get to see the generous and funny side of George and his relationship with other country artists he knew and loved. For

**PAGE 12 >**





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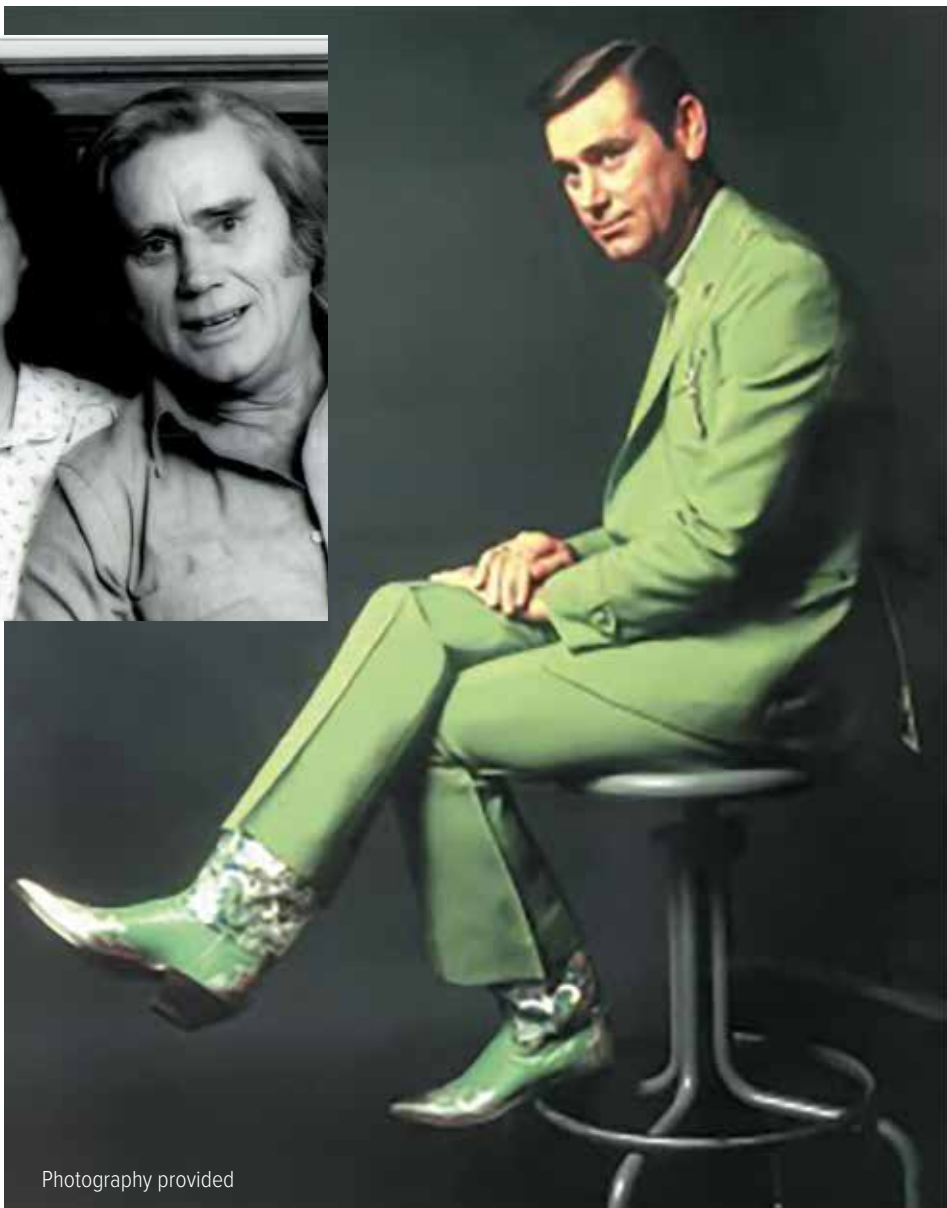
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Photography provided

**< FROM PAGE 10**

Nancy, going back through years of memories was challenging but worth it.

“I think I cried every day and every night when I started writing it,” she says.

And yet, it was especially meaningful to remember those who helped her during difficult times, like Johnny Cash and Waylon Jennings.

“I never would have made it without Johnny and Waylon helping me with George. Waylon was so precious, and Johnny never called him George; he always called him Little Pal. And anytime I picked up the phone to call either of them, they were always there for me. That’s something I will always cherish.”

Nancy tells the correct version of the story people have heard for years about the wife who took George’s car keys away to keep him from going after alcohol, only to find George later driving to the liquor store on a tractor. She explains why George was

reluctant to record “He Stopped Loving Her Today,” thinking fans wouldn’t like it. And she shares a story most people haven’t heard about how George was initially supposed to be on the plane that crashed with Patsy Cline.

The book is Nancy’s story, too. She touches on difficult health challenges such as her near-death COVID experience, her special friendship with Lisa Marie Presley and others, and why she decided it was time to write this book.

“With me being in the hospital in 2021, dying and coming back, it got me thinking, and I wanted to thank God for the healing power he put on me and George Jones,” she says.

And she’s hoping their story might inspire others.

“I wouldn’t turn back nothing because I know God was me with through this whole thing, and George did, too. He wanted those demons gone, but it was hard to get them out of there, but we whipped ‘em all. George was a very spiritual person, and I want people to know that.”





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Photography by Michael Tedesco

# IN GOOD SPIRITS

## JASON ZASKY

The history of Thompson’s Station can be traced back to the late 1700s, yet the town has never been home to a liquor store. That will soon change, however, when Tollgate Wine & Spirits—at 1990 Tollgate Boulevard in the Tollgate Village subdivision—opens its doors later this year.

“I saw the opportunity a couple of years ago and signed our lease only to find out that Thompson’s Station wasn’t zoned for a liquor store,” recalls Steve Poe, who also owns Westside Wine & Spirits on Front Street in Westhaven (Franklin). “To change the zoning, you need to have a petition with ten percent of the people that voted in the last election, so I had to get 290 signatures to get on the ballot last November. I did that by reaching out to the homeowner’s associations at a couple of the larger communities in

Thompson’s Station and asked them if I could set up a table and collect signatures.”

Long story short, Poe collected the required signatures, and local voters had the opportunity to decide on the measure in November 2022. It passed with upwards of 80 percent approval, according to Poe.

“I would say that the idea was pretty well received,” he adds, noting that he expects to draw customers from Spring Hill, in addition to Thompson Station neighborhoods like Bridgemore, Canterbury, and Tollgate, as well as points north.

As one might expect, Poe says Tollgate Wine & Spirits will carry all the major brands but also plans to stock products from local breweries, distilleries, and wineries. That includes Company Distilling in Thompson’s Station, which sells both a Tennessee





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Photography by Michael Tedesco

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Dry Gin and a Bourbon Whiskey; Leiper's Fork Distillery, which produces a selection of high-end whiskies; and Stable Reserve Spirits, found on Main St. in Franklin.

Clearly, the liquor store business is treating Poe well, and he says he is enjoying life as much as ever before, having left behind a career in Information Technology to become a small business owner.

"I was an IT professional in corporate America, having made my way up through the ranks, beginning at the help desk. Then, I worked servers, security, and networking before moving into IT management. But I was on-call 24/7. These days, I don't have to be glued to my phone, and my commute to work is a five-minute ride in a golf cart. It has been a change for the better in terms of my health and sanity," he says before noting that he also works as a real estate agent for United Country Real Estate Leipers Fork.

Now Poe—a Macon, Georgia native who has lived in the Nashville metropolitan area since 2003—thinks things will only get better for Thompson's Station in the years ahead.

"I know there are a couple of challenges surrounding the sewer system, but once the infrastructure is in place, it's going to be an even nicer community," he says. "Hopefully, they are going to con-

trol growth so it doesn't get too dense, but it's going to be a really great area right off of 840."

Meanwhile, Poe looks forward to establishing his new store and becoming an integral part of the Thompson's Station community.

"Hopefully, I will be able to hire some people from Thompson's Station, and I will definitely start supporting the local community," he says, much like he supports charities via The Westhaven Foundation in Franklin, not to mention area schools like Pearre Creek Elementary. "Once I get my team in place and my sales up, I'll be more than glad to help."

That said, he encourages people to follow Tollgate Wine & Spirits on Facebook and Instagram for information about the store's grand opening, which he expects to take place close to Thanksgiving Day.

"No details yet," he concludes. "We might do a soft opening, but we'll definitely advertise what we'll be doing."

*The new store will be at 1990 Tollgate Blvd., in Thompson's Station. See the Tollgate Wine & Spirits ad on page 11 or visit:*

***facebook.com/tollgatewine***



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### **INGREDIENTS:**

2 CUPS SHREDDED CHICKEN  
8 OUNCES CREAM CHEESE  
1/2 CUP SOUR CREAM  
1 1/2 CUPS SHARP CHEDDAR CHEESE,  
PLUS ADDITIONAL FOR TOPPING, DIVIDED  
1/2 TEASPOON ONION POWDER  
1/2 TEASPOON GARLIC POWDER  
1 HEAVY PINCH DRIED DILL  
1/2 CUP HOT SAUCE  
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### **DIRECTIONS:**

*Heat oven to 400 F.*

*In bowl, mix shredded chicken, cream cheese, sour cream, 1 1/2 cups shredded cheese, onion powder, garlic powder and dried dill until combined.*

*Add hot sauce; mix until combined.*

*Transfer mixture from bowl to oven-safe dish. Top with additional shredded cheese, to taste.*

*Bake until cheese is melted, approximately 15 minutes.*

*Top with blue cheese crumbles and chopped green onion.*

*Serve warm with chips and vegetable sticks.*





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# FALL SKINCARE



Taking care of your skin during the fall season is essential as the weather gets cooler and drier. Here are some tips for a fall skincare routine:

**Hydration is Key:** As the air becomes drier, your skin may lose moisture more quickly. Consider switching to a richer, more hydrating moisturizer to keep your skin well-nourished, like our Ultra-Hydrating Booster with ingredients like hyaluronic acid which rehydrates, smoothes, tones and restores elasticity to the skin.

**Exfoliation:** Exfoliating your skin can help remove dead skin cells that can accumulate in the fall. Consider using a gentle chemical exfoliant like our Revitalizing Cleanser which Contains an Octapeptide complex and botanical essential oils and extracts including Clary Sage, Galanga, Aloe, Cucumber, and Ginger to maintain a fresh complexion. However, be cautious not to over-exfoliate, as this can lead to dryness and sensitivity.

**Sunscreen:** Don't skip sunscreen just because the weather is cooler. UV rays are still present, and protecting your skin from them is crucial. Opt for a broad-spectrum sunscreen with at least SPF 30, and apply it every morning, even on cloudy days. Our Hyaluronic Acid (HA) Sunscreen is a 100% physical blocker with the benefits of HA to plump your skin to keep that dewy summer glow!

**Lip Care:** Your lips can become dry and chapped during the fall. Use a nourishing lip balm with ingredients like shea butter or beeswax to keep them soft and hydrated.

**Antioxidant-rich Products:** Incorporate products containing antioxidants, such as vitamin C, into your routine. These can help protect your skin from environmental damage and boost collagen production. Our Vitamin C with Ferulic Acid pairs perfectly with our Intensive Recovery Cream which is rich in ceramides.

**Body Care:** Don't forget to take care of your body skin as well. Consider using a richer body cream with ceramides to prevent dryness and flakiness.

**Nutrition and Hydration:** Maintaining healthy skin also comes from within. Stay hydrated by drinking plenty of water and consume a diet rich in fruits and vegetables to provide essential vitamins and minerals for your skin.

**Consult a Dermatologist:** If you have specific skin concerns or conditions, consider consulting a Board-Certified Dermatologist. We can recommend personalized skincare products and treatments to address your needs.

Remember that everyone's skin is unique, so it's essential to pay attention to how your skin responds to different products and adjust your skincare routine accordingly. With these fall skincare tips, you can help your skin stay healthy, hydrated, and radiant throughout the season.

For more information, please go to [harpethvalleydermatology.com](http://harpethvalleydermatology.com) or call us at **615-905-8083**.



  
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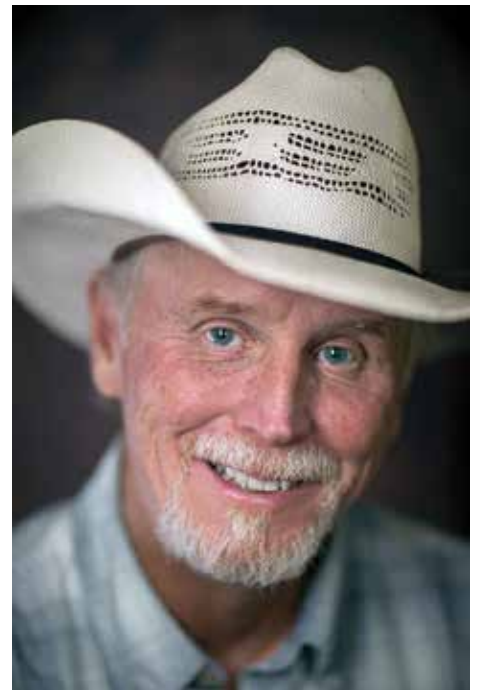
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