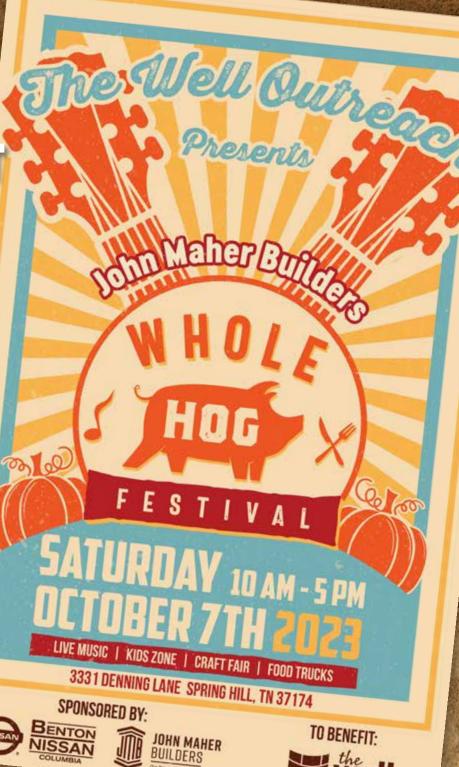
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Inside {local} September'23





Everything you need to know before you go!



UAW FESTIVAL

Fun-filled family event returns September 10



MEDICAL MILESTONE

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COMMUNITY SNAPSHOTS



ADVANCE CAMP: TENNESSEE

The Spring Hill Chamber had so much fun welcoming Advance Camp: Tennessee to Spring Hill during their ribbon cutting ceremony on Thursday, July 20, 2023, You can learn more about this nonprofit at **advancecampusa.com**.



SOUTHAVEN AT COMMONWEALTH

The Spring Hill Chamber celebrated the grand opening of Southaven at Commonwealth at their ribbon cutting ceremony on Tuesday, July 11, 2023. Learn more about this sophisticated multi-family living property at **southavenatcommonwealth.com.**



DEBERRY INSURANCE AGENCY

Two decades ago, the Spring Hill Chamber honored DeBerry Insurance Agency Inc with a ribbon cutting ceremony. Fast forward to Tuesday, July 18, 2023, and we were thrilled to collaborate with Maury Alliance to re-enact the occasion, marking DeBerry's 20th business anniversary.



PIXIE PARTY

The Spring Hill Chamber celebrated with Pixie Party at their ribbon cutting ceremony on Thursday, June 29, 2023. You can learn more about their aesthetically pleasing bounce house rentals at **pixieparty.net.**





COMMUNITY SNAPSHOTS



KIDDIE ACADEMY OF SPRING HILL

The Spring Hill Chamber celebrated with Kiddie Academy at their groundbreaking ceremony on Tuesday, June 27, 2023. Learn more at **kiddieacademy.com**.



SIMPLY BETTER MEDICINE

The Spring Hill Chamber celebrated with Dr. Meghan Sills of Simply Better Medicine at her grand opening celebration ribbon cutting on Monday, June 26, 2023. Learn more about her monthly membership model at **simplybettermed.com**.



FLEA MARKET RETURNS WITH OVER 400 VENDORS

The Franklin Flea Market returns to the Williamson County Ag Expo Park September 16-17, 2023 after an incredible Grand Opening event in June. Featuring over 400 indoor and outdoor vendor booths full of incredible bargains and unique treasures, the market runs Saturday 9-6 and Sunday 11-5. Admission is Free and Parking \$5. Visit **TheFranklinFleaMarket.com** for more information.







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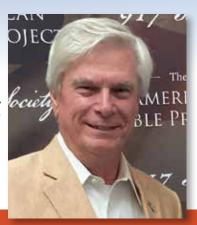
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BY PAM WINDSOR

Plans have been in the works for months, and organizers say everything is just about ready for this year's John Maher Builders Whole Hog Festival in Spring Hill. Mark your calendars for Saturday, October 7th.

The family-friendly event is held on the grounds of the historic Oaklawn Mansion and serves as a fundraiser for The Well Outreach. This area food pantry ministry serves the needs of families in crisis. The festival centers on all things pork-related in lots of fun and creative ways. There is a hog-calling contest, a bacon-eating contest, and a chance to win free bacon. Food trucks will offer everything from barbecue to pork tacos to pork-themed egg rolls and more. There are also other fun-filled activities for kids and adults all day.

"It's going to be bigger and better than last year," says Shelly Sassen, Chief Executive Officer for The Well. "We'll have more craft booths, more kids zone booths, and an antique tractor show. We've added some new elements this year, such as Foamboree."

Foamboree is a Nashville-based foam-making business that will set up a giant foam pit for both kids and adults to enjoy.

"This is a huge pool-sized pit of foam where people can build foam tunnels, have foam fights, or just play in the foam," Sassen explains. "We did it with our July 4th Run for Hunger, and we had so much fun with it that we decided to bring it to this event."

Students from the Nashville Circus Center will also perform aerial acts.

"It's quite beautiful, and it will be a lot of fun throughout the day to watch the different acts performed by children. It's a great activity for our kids' area."

There will also be lots of live music, with seven bands performing throughout the day. They'll be playing everything from classic country to bluegrass to bluesy rock.

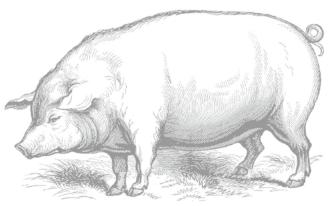
The Well Outreach provides food for families through its local Food Pantry and, in the past, has set up a small food pantry for kids to give them the opportunity to 'pretend shop.' This year, instead, they'll be setting up a virtual grocery store on-site where families can go through and shop for a real family in the community in need of food. It's an opportunity for people to give back in a meaningful way.

"People can donate to local families in need," Sassen says, "and leave knowing not only did they have a great time at the Whole Hog Festival, but they also fed a family in crisis."

The festival kicks off at 10am and goes until 5pm. There is an admission fee (with proceeds going to support The Well Outreach), but the cost is minimal.

"We try to go all out and make the festival really special for a reasonable fee," Sassen says. "It's \$5 for adults, and kids five and under get in for free. So. families can afford to come, but also give back to a non-profit in our area doing important work."





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EVENT SCHEDULE AND ARTIST BIOS

STAGE & ARTIST SCHEDULE

10:00 AM – 10:50 AM Billy Tarkington & Bona Fide Outlaw Band 11:10 AM – 12:00 PM Craig Morris & King Cotton

12:00 PM - 12:20 PM Hog Calling Contest

12:20 PM - 1:10 PM Herrick

1:30 PM - 2:20 PM Smith & Gone

2:20 PM - 2:40 PM Bacon Eating Contest

2:40 PM - 3:30 PM Bad Dog Band

3:50 PM - 5:00 PM Dust & Daisies



BILLY TARKINGTON & BONA FIDE OUTLAW BAND

A band that plays primarily a mix of 70's, 80's, and 90's progressive country, rock, and southern rock music. The band is made up of Billy Tarkington on vocals and acoustic guitar, his wife, Mary Ross-Tarkington on vocals and percussion, Doug Russell on vocals and drums, David Powell on vocals and bass guitar, and Jerry Webb on vocals and lead guitar. Each of these talented musicians have a long, impressive resume' of experience that stretches over decades. Most of these seasoned professionals are credited with working with artists such as Willie Nelson, Merle Haggard, Ray Price, George Jones, Tammy Wynette, Rascal Flatts, Eddie Raven, Linda Davis, Johnny Rodriguez, Narvel Felts, and Lynn Anderson, just to name a few. Collectively, this band of music makers is a force to be reckoned with. Crowds love them everywhere they go.



KING COTTON

Since its founding by banjo player Craig Morris in 2015, King Cotton's popularity has grown far and wide. We are based in the Middle Tennessee area near Nashville. Great instrumental and vocal performances by band members Patty Mitchell, George Clark Shifflett III, Craig Fletcher, and Craig Morris are always well received by our audiences and a source of pride for us. The four band members bring a combined one hundred and fifty years of professional musical experience to the group. We look forward to an opportunity to perform our music for you, be it a concert, festival, private party, house concert, or anywhere great bluegrass music is desired.

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HERRICK

Nearly every single successful band who has ever been will tell you that the relationship between band members is very much like a marriage. For Kerry and Donna Herrick, that bond was sewn with a double threaded needle being that they are, in fact, married, both literally and musically.

Their partnership started all the way back in junior high school, a couple of kids growing up together in Spokane, Washington Their migration to Nashville started with a fluke kind of situation. They released some songs online in the early stages of the internet revolution and one of those songs "If You Don't Have Love" hit the Top 20 on the Christian Country Music Association Chart. After traveling to Nashville to perform at the CCMA Awards show, and taking sage advice from an industry mentor, they then made a permanent residence in Music City.



SMITH & GONE

What happens when a heaping helping of Country twang gets molded in the Nashville hothouse with drums pumping Southern Rock, a pinch of comical hillbilly, an 80's fueled guitar shredder, infused with with a Growling sax and garnished with High Energy Charismatic vocals?

Smith & Gone are 5 guys that got together to share their love of entertaining you! From Country likes of Blake Shelton, Waylon Jennings and Merle Haggard to Southern/ Classic Rock tones of Bon Jovi, Kenny Wayne Sheppard, inspired guitar by Van Halen, all put together with an energy level performance like Garth Brooks!



BAD DOG BAND

The genesis of Bad Dog began in 2006 through a collaboration of Spring Hill Mayor Jim Hagaman and Ron Tiefenbacher performing Christian music. As time went on, Jim and Ron found that their voices and instrumental styles were very complimentary and decided to expand the scope to include an entire band. Soon they realized that they needed to go back to their roots in popular music in order to satisfy their musical yearnings. Bad Dog Band was officially formed in 2007 and has been providing quality performances of standard rock classics ever since.



DUST & DAISIES

Rob & Debra Solberg have been playing music together since before they were married in 1992.

Dust & Daisies' style is an elegant and soulful fusion of blues, folk, and indie music; a broad musical description that manifests itself in the wide range of artists they cover, which includes Etta James, Aretha Franklin, Sam Cooke, Patty Griffin, Heart, Bill Withers, Blondie, Stevie Wonder and more.

Dust & Daisies has toured internationally and between the two of them have performed live and in the studio with many artists including The Rascals, Michael W. Smith, Billy Ray Cyrus, John Elefante (Kansas), Matthew West, Rebecca St. James, David Crowder and Ginny Owens. They also toured as two-thirds of the John Schlitt Trio, providing acoustic guitar and vocal accompaniment for the 4-time Grammy winning Christian rock singer.

Rob & Debra regularly volunteer their time and talent, often performing at homeless shelters, jails, recovery centers, and ministries that bring help and hope to the lost and disenfranchised.



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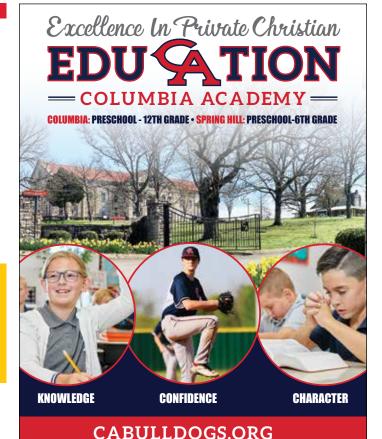


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FESTIVAL MAP



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Vendors - Crafts

Stage Seating

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Entrance | Tickets

Restrooms

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Kids Zone



Artist Unload Area







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HOW THE WELL PROVIDES FOR THE COMMUNITY

BY PAM WINDSOR

The Well Outreach has been serving the community since 2006, filling a need that has increased dramatically through the years, especially in the wake of the COVID pandemic.

It began at Wellspring Christian Church as part of a local ministry to help feed the hungry, branching off several years later to become its own non-profit. It still follows the same Christian principles in its dedication to aiding families in need, through a local food pantry. As the number of families in crisis has grown, the Well has expanded its programs and now sees a need for a second food pantry.

It has quickly outgrown its current facility, which was brand new three years ago.

"We moved into our Main Street facility at the start of the pandemic on March 13th, 2020," says Shelly Sassen, Chief Executive Officer of The Well. "When we got into that building, we moved from a 1,500 square foot building to a 7000 square foot building. We thought it would solve all of our needs because the space was almost quadrupled."

And yet, since then, the need for food from families in crisis has quadrupled, as well.

"The need has increased so significantly. Our food pantry has gone from feeding 200 families a month to more than 1,000 families," Sassen says. "And our Jetpack Program has gone from feeding 800 students to 1,200 students."

In addition to working to support its current food pantry in Spring Hill, The Well is raising money to build a second facility in Southern Maury County.

Here are ways The Well Outreach helps support families in crisis:



FOOD PANTRY

The food pantry is available to anyone in need with no geographical boundaries. Families can come to the pantry to receive free groceries twice monthly.

THE JETPACK PROGRAM

The Well Outreach partners with local churches and businesses to provide JetPacks to school-age children who have access to free or reduced breakfast and lunch programs during the school year, but go home to food-insufficient homes on the weekends. Each JetPack consists of 5 meals and 2 snacks.

MOBILE FOOD GIVEAWAYS

These are half-day food distribution events involving a Mobile Pantry Express that infuses food into local communities, providing relief to those who need it most.

FAMILY COACHING SUPPORT

The Well partners with the Tennessee Alliance for Economic Mobility to provide one-on-one coaching assistance to help families in pursuit of a better economic situation.

To find out more about how you can support The Well Outreach through financial support, food donations, or volunteering, visit springhillwell.org.



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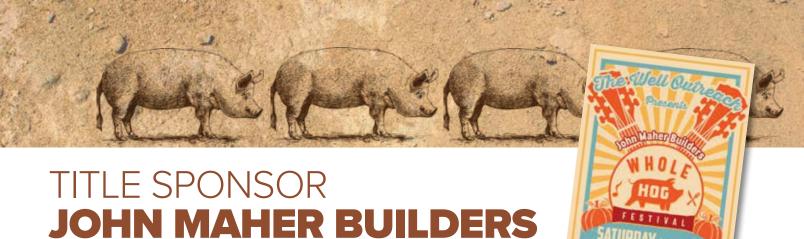
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What sets JMB apart is the dedication to quality, design, and customer service throughout the home building process. With meticulous attention to detail and on-site involvement, JMB is able to earn client confidence while delivering long-lasting value.

Since starting to build in 1985, JMB has built quite a legacy. Approximately one in every six families living in Spring Hill today lives in a JMB home or community. JMB specializes in primarily single-family homes with the addition of townhomes and condominiums across Williamson and Maury Counties.

Serving the good people of Williamson and Maury County is at

the heart of what JMB does. Over the years, JMB has developed several strong connections and partnerships

within the community, many turning into lifelong friendships. Dedicating themselves to getting to know their customers and understanding their needs allows JMB to deliver the exceptional quality, design, and satisfaction they deserve. JMB isn't just building homes; they're building memories.

John Maher Builders views The Whole Hog Festival and our partnership with the The Well Outreach as an opportunity to give to the community that has given our family and company so much throughout the year. This fun, family-friendly event benefits The Well Outreach and its mission to feed those in need.

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UAW FALL FEST 2023

PAM WINDSOR

Members of UAW Local 1853 say this year's annual Fall Festival set for Sunday, September 10th, may be their best yet. It's an outdoor, family-oriented event that brings union members, their families, and the general public together for a jam-packed day full of fun.

"We're expecting it to be bigger than last year, and last year's attendance was huge," says Cathy Busbee, a Member of the Service Committee helping bring it all together. "We don't charge to get in, so we have no way of taking a head count, but last year we probably had 6000 people coming in and out of there all day."

This year's festival will offer live music, many different activi-

ties, and more than 120 craft vendors offering a variety of unique things to buy.

"We have a new one this year," Busbee says. "She makes hand-made furniture. Another vendor makes teddy bears on-site, so kids will be able to make their own teddy bears."

Others will sell jewelry, clothing, homemade crafts, and much more. Since the festival is geared toward families, organizers go out of their way to offer plenty of activities for kids.

"Kids can come and get their face-painted, play in bouncy houses, watch magic shows; it's a lot of fun. Spiderman will be there, the Black Panther will be there, and there will be Princesses walking around, talking to the kids, and interacting with them."

PAGE 28 >

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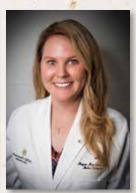


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< FROM PAGE 26

There will be plenty of attractions for adults, as well. There will be a car show, a beer tent, a wide range of food trucks offering everything from hot dogs and hamburgers to barbecue to Mediterranean food and more, and a live band.

"We'll have a great local band playing. They're called Escape, they're pretty well-known throughout the community, and they'll be playing all day."

Busbee says the festival is put on by Union Local 1853, with the goal of bringing both union members and the community together.

"When it originally started, we never dreamed it was going to get this big. It was an outreach for the community for everything they do for us. When we were on strike in 2019, they were a huge supporter of ours – the different restaurants, the grocery stores, the non-profits. It's a way to say thank you to the community for supporting us. And for our members, it's just a fun thing for them."

To make sure as many union members can come as possible,

it's always held on a Sunday.

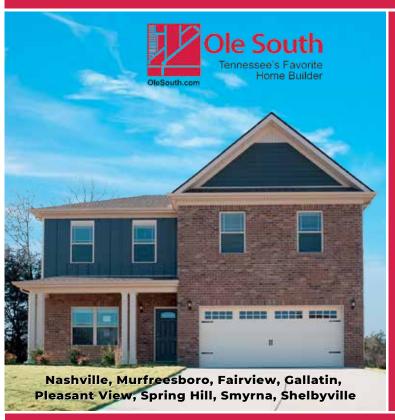
"We have it on a Sunday because of the simple fact we may be working Saturday."

There is a lot of work involved in putting it together. Busbee, Sherry Crepps, Mike Boyer, and Holly DeYager are union members helping oversee much of the planning, with many others stepping up and volunteering their time to make it happen.

Busbee says there's something for everyone.

The Fall Fest occurs at the UAW Local 1853 Union Hall at 125 Stephen P. Yokich Parkway in Spring Hill. It starts at 10am and goes until 6pm. For more information, visit their fall festival Facebook page at @uawfall fest.

UAW Local 1853 is an Amalgamated Local with approximately 4500 members. It's made up of a diverse workforce covering different companies. They include General Motors, Adient, American Food & Vending, Comprehensive Logistics, Leadec, Magna, Ryder, and MPS.



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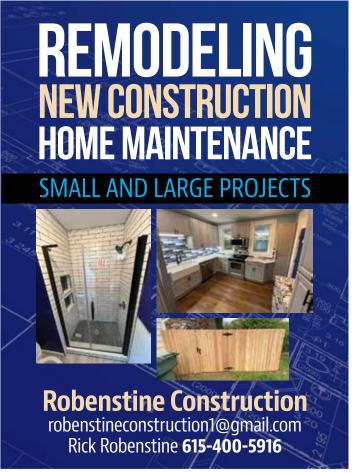
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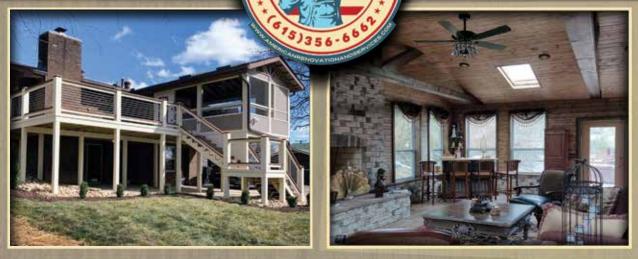
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MAURY REGIONAL SURGEON HITS 1K PROCEDURES WITH DA VINCI SYSTEM

Maury Regional Medical Center (MRMC) offers its patients the latest in surgical technology, and a surgeon on the medical staff has reached an impressive milestone with one of the hospital's robotic systems.

Chad M. Moss, M.D., a specialist in general, robotic and breast surgery, performed his 1,000th procedure at MRMC with the da Vinci Xi Surgical System on Monday. He's the first surgeon to perform 1,000 procedures at MRMC with the da Vinci robotic platform.

"I'm excited to reach this milestone," said Dr. Moss, who is a partner with The Surgical Clinic in Columbia and a medical staff officer at MRMC. "The da Vinci Xi robotic platform has been a great tool for us. It allows surgeons to be more precise and perform procedures in a less invasive way, which can lead to a faster recovery time for our patients. The robotic team at Maury Regional has embraced the technology and helped create a safe, efficient process that allows me to bring the best care to my patients."

Dr. Moss joined the medical staff at Maury Regional Health in 2014. He is one of 12 surgeons who perform robotic-assisted procedures with the da Vinci Xi at MRMC.

The da Vinci Xi, which was first implemented at MRMC in 2018, is the latest generation of the da Vinci system. It utilizes

advanced robotic, computer and optical technologies, including a high-definition and highly magnified 3D vision system and mechanical wrists that bend and rotate to mimic the movements of the human wrist.

The system allows surgeons to perform minimally invasive procedures in the areas of urology, gynecology, thoracic and general surgery. Benefits of the minimally invasive approach for patients typically include minimal blood loss and a faster recovery time.

Edward Kightlinger, a patient who underwent hernia surgery with Dr. Moss, said he was thrilled with recovery following the procedure aided by the da Vinci. The retired naval lieutenant commander was back to his normal active lifestyle a few weeks following surgery.

"The process was flawless from beginning to end, and the staff was fantastic and informative," Kightlinger said. "I was up and moving about quickly, and I had no pain."

For more information about the da Vinci Xi Surgical System and the surgical services provided at MRMC, visit **MauryRegional**. **com/daVinci**.

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MULETOWN FESTIVAL CELEBRATES FALL

BY JASON ZASKY

"We want a fun event that has music, entertainment, food trucks, and everything else that a small-town festival has to offer." So said the residents of Columbia, whom Kelli Johnson of Columbia Main Street credits as the inspiration for the city's 1st annual Fall Fest, which will take place on September 30th on the Town Square.

"It's going to be from 3–7 pm on that Saturday," adds Johnson, who works as a Manager for Columbia Main Street, a nationally accredited Main Street Community organization that serves as a liaison between the city and the downtown area and "is charged with keeping our downtown up-to-date and relevant," as she puts it.

Naturally, the events at the inaugural Fall Fest will be decidedly fall-geared, with the Kiwanis of Columbia's chili cookoff the only ticketed event at the otherwise free festival.

"There is going to be a stage where we'll hold the chili cookoff," explains Johnson. "For ten dollars, you get to sample the chili from all the different teams, and you get to vote on your favorite chili. We will also have a crafts area where we will have local vendors selling handcrafted items. Everything will be fall-inspired, whether it's candles and home accessories or desserts and other baked goods."

There will also be a "fun zone" that offers a little something for all ages, including face painting, balloon artists, inflatables, and even axe-throwing.

Last but not least, the event will also feature live music, with local musicians performing from 3 until 5:30 pm. Then at 5:30, Nashville-based Journey tribute band Majestic will take the stage, performing Journey hits like "Don't Stop Believin'," "Any Way You Want It," "Open Arms," and "Wheel in the Sky," among many others.



For more information visit: ColumbiaMainStreet.com



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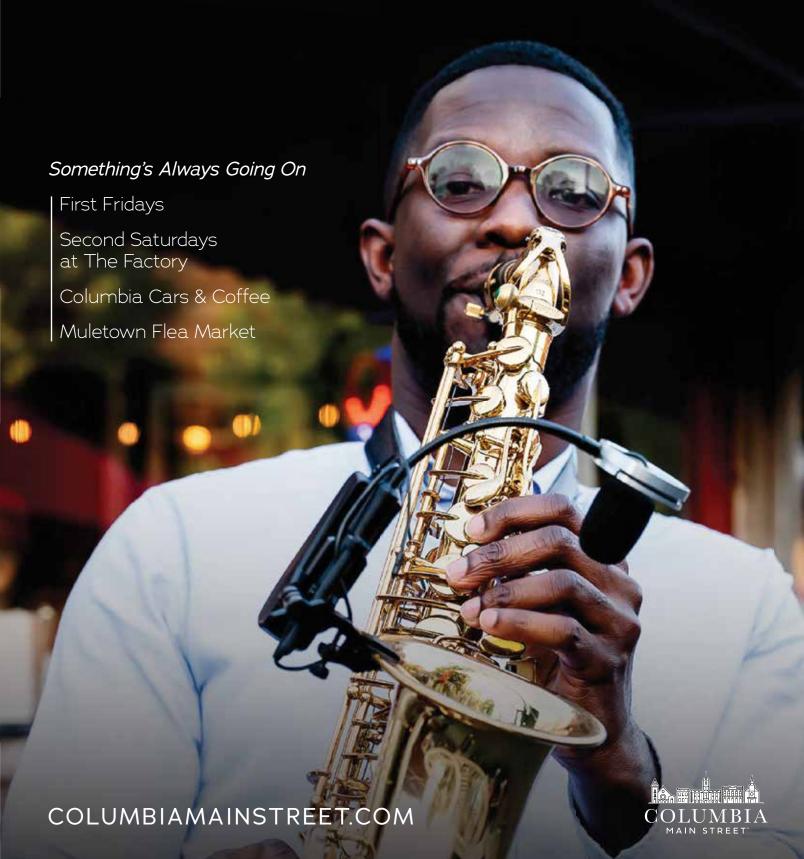




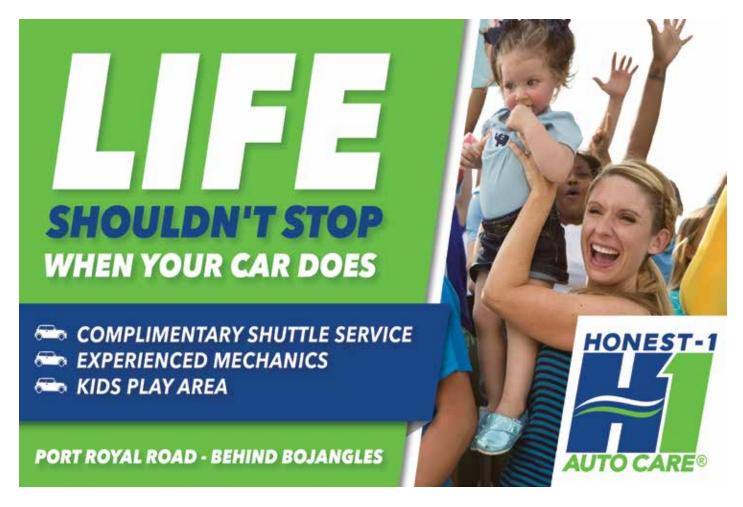




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Ribeye Steak, Tomato and Mushroom Kebabs

TOTAL TIME: 30 MINUTES

INGREDIENTS:

2 CLOVES GARLIC

1/2 SMALL BUNCH ITALIAN (FLAT-LEAF) PARSLEY

1/4 CUP O ORGANICS EXTRA-VIRGIN OLIVE OIL

1/8 CUP RED WINE VINEGAR

2 TEASPOONS O ORGANICS DIJON MUSTARD

1/2 TEASPOON SALT

1/2 TEASPOON BLACK PEPPER

3/4 POUND O ORGANICS RIBEYE STEAK

1/2 PINT O ORGANICS GRAPE TOMATOES

1/4 POUND O ORGANICS WHITE MUSHROOMS GREEN PEPPER, SLICED (OPTIONAL)

1/2 MEDIUM RED ONION

6 SKEWERS



DIRECTIONS:

Peel and mince garlic. Wash and dry parsley. Shave leaves off stems; discard stems and mince leaves.

In large bowl, whisk minced garlic, half the minced parsley (reserve remainder for garnish), olive oil, vinegar, Dijon mustard, salt and pepper.

Cut steak into cubes; transfer to marinade bowl and toss to coat.

Wash tomatoes, mushrooms and green pepper. Halve mushrooms. Add tomatoes, mushrooms and green pepper to marinade. Peel onion and cut into chunks; add to marinade. Toss beef and vegetables until well coated.

Heat grill pan, outdoor grill or skillet to medium-high heat.

Thread steak and vegetables onto six skewers.

Cook kebabs in batches until steak is browned and vegetables are tender, 3-5 minutes per side. Transfer to plate and repeat with remaining kebabs.

To serve, plate kebabs and sprinkle with remaining minced parsley.

43 Spring Hill *local* September 2022



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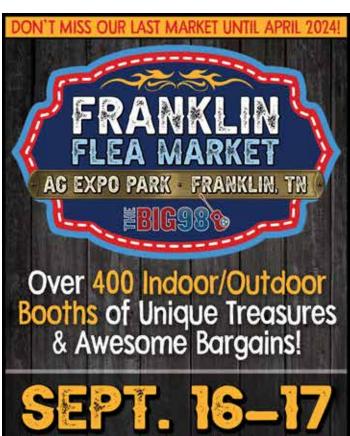
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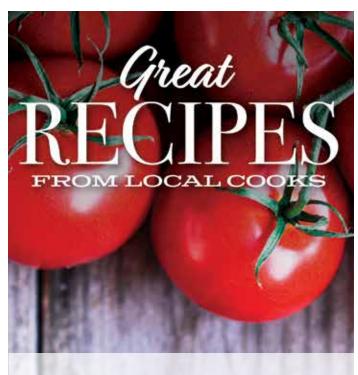
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