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Inside {local} October'26



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ALL THINGS PORK

Celebrate food, fun and charity



14

FAMILY FUN EVENT

Downtown Franklin celebrates October



24

THE DOCTORS ARE IN

Hospital announces staff additions



28

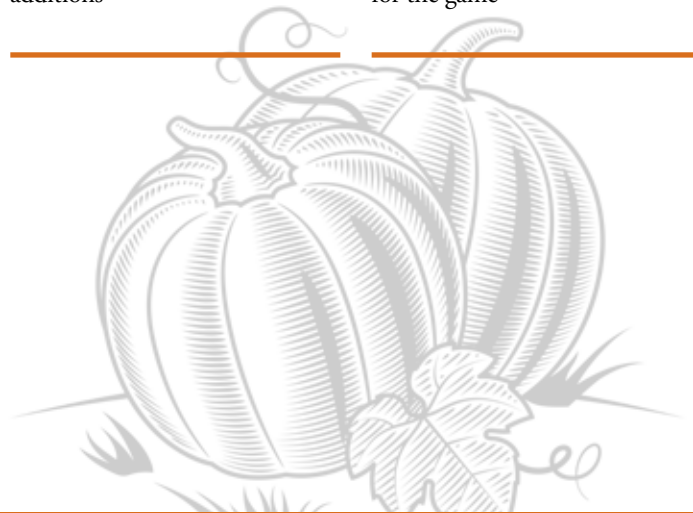
TAILGATE TIME

Easy and delicious recipe for the game

LOCAL FOCUS SERVICE DIRECTORY 18, 19

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ON THE COVER: People of all ages will head down to Franklin's Main Street on Saturday and Sunday (October 24th and 25th) for Pumpkin Fest. This is the first year the event has extended to two days.



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Image provided by The Well Outreach

WHOLE HOG WILD

PAM WINDSOR

This year's John Maher Builders Whole Hog Festival in Spring Hill promises to be bigger and better than ever before! Mark your calendars for Saturday October 17th.

Held on the grounds of the historic Oaklawn Mansion in Spring Hill, the family-friendly event offers something for everyone with live music, crafts, a kids' zone, and lots of pork-themed food and activities. And it's all for a good cause. Profits from the festival support The Well Outreach, which operates food pantries in Spring Hill and Mount Pleasant to help families in need.

The festival, which centers on all things pork-related, has added something new this year, making it more "whole hog" than ever. The new event is a Whole Hog Pitmasters Cookoff featuring a mix of nationally recognized and local pitmasters. And while pitmasters will be competing for top prizes, festivalgoers will come out winners, too. They'll be able to sample some of that award-winning barbecue.

"There will be a competition with the judges and then a

second People's Choice Award," explains Shelly Sassen, Chief Executive Officer for The Well Outreach. And for the People's Choice, we'll be selling tastings. For \$12, people will be able to get tastings at 4 of the 10 pitmasters, along with baked beans, potato chips, a drink, and a roll. It will allow them to be part of that experience."

Sassen says the Whole Hog Festival is The Well's biggest community fundraiser and also offers an opportunity to educate people about the growing numbers of struggling families in Maury County and ways they can contribute. Numbers show an ever-increasing need, with The Well serving just 2,400 families in 2019 to more than 28,000 families in 2026 this year.

The Whole Hog Festival allows everyone to eat well, have a fantastic time, and learn about the mission, while knowing money spent is making a positive difference in the lives of others.

The Whole Hog Festival is set for October 17th – 10 am to 5 pm. Tickets are available at the gate.

For more information on The Whole Hog Festival or The Well Outreach, visit: thewelloutreach.org.

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Pumpkinfest will take place October 24 and 25 in downtown Franklin. Photography provided

THE GREAT PUMPKINFEST

PAM WINDSOR

It's easy to see why they call it Middle Tennessee's biggest family fall festival. The Heritage Foundation of Williamson County's PumpkinFest, held in downtown Franklin, celebrates the season with arts & crafts, live music, costume contests, autumn-inspired food and drink, and more.

Last year, more than 135,000 people turned out for the annual event, which until now was held on one day only. Now, as the festival marks its 41st year and continues to attract even bigger crowds, organizers decided it was time to stretch it over the entire weekend.

"This year, for the first time ever, we're expanding the PumpkinFest," says Will Clark, Associate Director of Brand and Content Marketing at the Heritage Foundation of Williamson County. "It's going to cover two full days to give the community a little breathing room and allow more people to attend."

People of all ages can head down to Franklin's Main Street on Saturday, Sunday, or both (October 24th and 25th) and embrace all of the things that make this time of year so special. There will be more than 140 arts & crafts vendors, some 30 food and beverage trucks, a variety of live musical acts appearing on three different stages, a KidZone, and costume contests featuring kids, adults, and even pets.

PAGE 16 >

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“THERE ARE COSTUME
CONTESTS FOR PEOPLE IN
DIFFERENT AGE GROUPS”



Photography provided

< FROM PAGE 14

“There are costume contests for people in different age groups,” Clark explains. “We’ll bring them up on the Main Stage and have judges vote on a winner for each category. And then there’s the pet contest, which is always a crowd favorite. People dress up their pets, mostly dogs, in these different costumes and everyone goes crazy over it. It’s a lot of fun.”

He points to Autumn Alley as another big festival attraction.

“We have a whole block called Autumn Alley set up on that stretch of Main Street between Mellow Mushroom and White’s Mercantile. And we have all kinds of things set up there like corn hole, hay bales, pumpkin checkers, and more. And then there’s our pumpkin tree. It’s a wooden sculpture type of thing in the shape

of a tree, and we’ve set pumpkins on all of the different levels. Tell folks to make sure they get their photo taken at the pumpkin tree.”

The PumpkinFest is one of a series of festivals and events put on by the Heritage Foundation of Williamson to highlight the community. (Others include the Heritage Ball, Main Street Festival, and Dickens of a Christmas.)

“We’re a non-profit organization and our mission is to preserve the character and culture of Williamson County, and festivals are a big way we do that,” Clark says. “The PumpkinFest is free and open to the public, and we encourage everyone to come.”

Hours for this year’s festival are Saturday, from 10 am to 6 pm and Sunday, from 11 am to 5 pm. *For more information, visit: willamsonheritage.org/*

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The following physicians have joined Williamson Health Medical Group:



Youssef Sabet, D.O.

has joined Williamson Health Medical Group Primary Care, located inside Williamson Medical Tower at 4323 Carothers Pkwy., Suite 505. Dr. Sabet holds an undergraduate degree from Trevecca Nazarene University and earned a doctorate in osteopathic medicine from Lincoln Memorial University DeBusk College of Osteopathic Medicine, before completing his residency at TriStar Southern Hills Medical Center. Certified by the American Board of Family Medicine, he is committed to providing compassionate, evidence-based primary care and looks forward to building long-term relationships with his patients as he succeeds the long-time practice of Dr. Halford.



David Tran, D.O.

joins Tollgate Internal Medicine in Thompson's Station and will begin seeing patients on August 4. Dr. Tran earned his medical degree from Edward Via College of Osteopathic Medicine, completed his residency at Deaconess Family Medicine Residency and is board certified by the American Board of Family Medicine. He is passionate about building long-term relationships with patients through personalized, patient-centered care and looks forward to serving the growing Thompson's Station community.



Katherine Morone, M.D.

is an inpatient neurologist with Williamson Health Medical Group, providing care to patients at Williamson Medical Center, located at 4321 Carothers Pkwy. Dr. Morone earned her medical degree from Vanderbilt University School of Medicine and completed neurology residency at Vanderbilt University Medical Center. Board certified by the American Board of Psychiatry and Neurology, Dr. Morone specializes in stroke care with additional interests in cognitive disorders, dementia and preventive neurological care.

For more information about Williamson Health Group and its providers, visit WilliamsonHealth.org.

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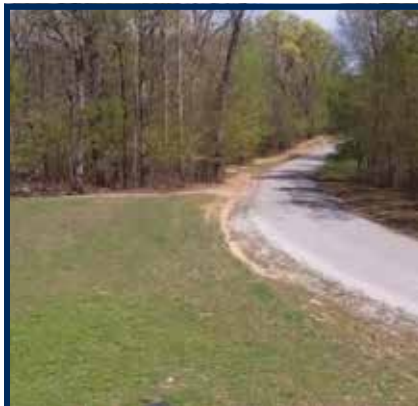
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Simple Salami Sliders

Recipe courtesy of "Cookin' Savvy" Servings: 4-6

A tailgating MVP recipe is easy to assemble, easy to eat and packed with flavor - and these Simple Salami Sliders check every box. Soft slider buns, melty cheese and savory salami are baked in a buttery sauce for craveable bites that will disappear as soon as you pass the basket around.

Switch up the sauce, use a different cheese or add your favorite extra toppings to customize your perfect slider.

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8 SLICES SALAMI
8 SLICES HAM OR OTHER DELI MEAT
1 STICK BUTTER, MELTED
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2 TABLESPOONS BROWN SUGAR
1 TABLESPOON GRATED PARMESAN CHEESE
1 TEASPOON ONION POWDER
1 TEASPOON GARLIC POWDER
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DIRECTIONS:

Heat oven to 350 F.

Halve slider buns, creating top and bottom portions. Set top portion aside, leaving bottom portion in original container.



Place bottom portion and container in baking dish to prevent sticking.

Layer Swiss cheese, salami and ham then cover with top buns.

Mix melted butter, Worcestershire sauce, brown sugar, Parmesan cheese, onion powder and garlic powder. Pour over sliders.

Cover with foil and bake 15 minutes then remove foil, sprinkle with everything bagel seasoning, if desired, and bake, uncovered, 10 minutes.

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