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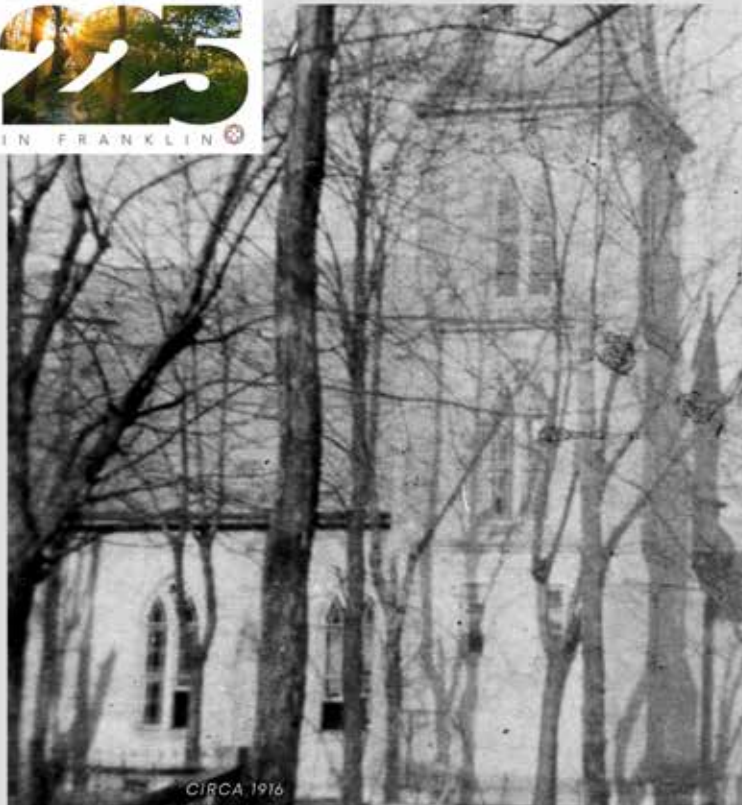
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PICTURED: THE FFUMC HISTORIC SANCTUARY AT 5TH AVENUE. THE THIRD LOCATION OF THE METHODIST CHURCH IN FRANKLIN COMPLETED IN 1871.

Inside {local} October'24



8

ENGRAINED IN OUR HISTORY

Local church founded same day as city of Franklin



18

STRENGTHENING VOCABULARY AND LANGUAGE

Library program encourages reading to children with ambitious goal

LOCAL FOCUS

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ON THE COVER: *It's almost fall! Time for jack-o-lanterns, fall mazes, Halloween events and the changing of the season. Have fun!*

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Historic Sanctuary Circa 1916. Photography submitted.



Photography by Michael Tedesco

225 YEARS OF COURAGE, CONFIDENCE, SUPPORT AND COMPASSION

PAM WINDSOR

As Franklin marks its 225th anniversary this month, the area's oldest church and congregation celebrates right along with it.

"We were founded on the same day as the city of Franklin and county of Williamson," notes Jody Todd, Director of Marketing, Outreach, and Communication for Franklin First United Methodist

Church. "Abram Maury, who founded the city and county, was a Methodist and provided land for a Methodist Church."

That original church structure, built on what is now First Avenue, no longer exists, but a description in an early journal describes it as a "neat little brick building along the Harpeth."

The church would grow along with its community, building its second location on the corner of 2nd Avenue and Church in 1830, a third in 1871 (called the Historic Sanctuary), and the newest

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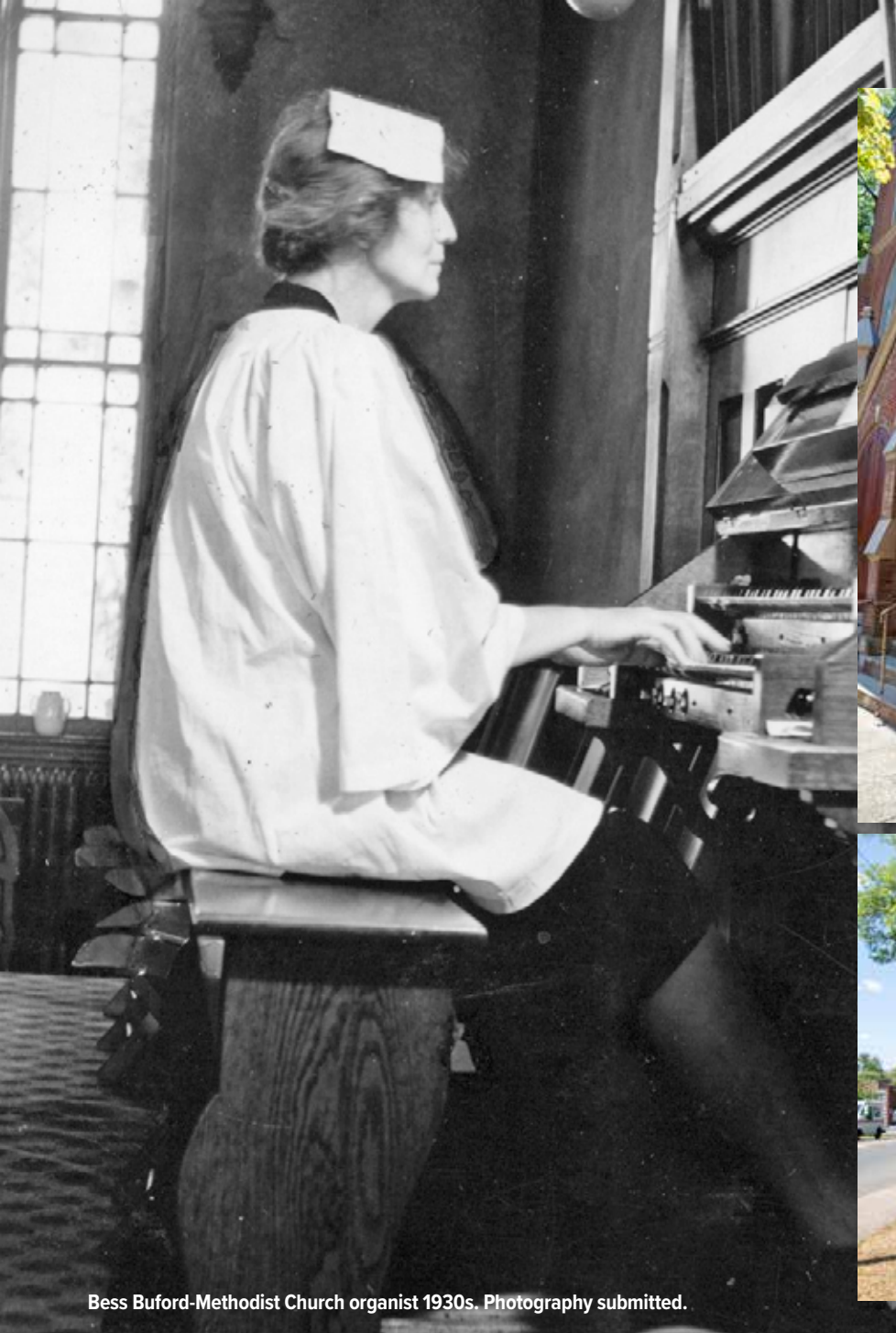


Chandler Cole, DDS | Amber Johnson, DDS | Brooke McVey, DMD



SCAN TO BOOK YOUR APPOINTMENT

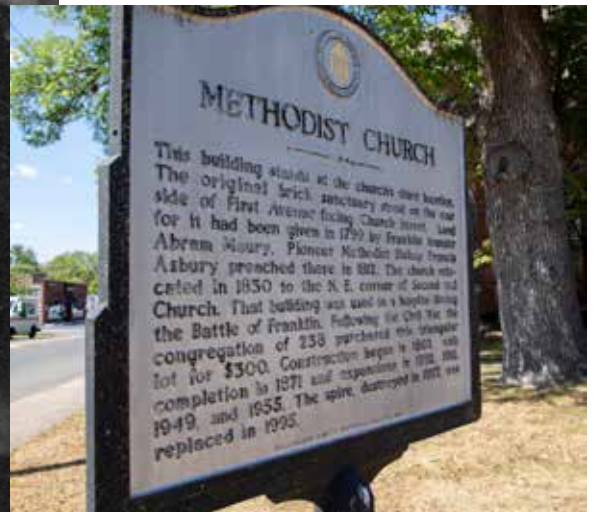




Bess Buford-Methodist Church organist 1930s. Photography submitted.



Photography by Michael Tedesco



< FROM PAGE 8

within the last decade on what is now the Main Campus at Mack Hatcher. Services are still held today in the Historic Sanctuary and Mack Hatcher.

From its earliest days, the church has welcomed all who want to come and worship.

“As the first church of Franklin there were multiple faiths who would come, even though it was a Methodist Church,” says Todd. “We were open to anyone as a place of faith in what, back then, was a very frontier town. And I think that speaks to our value of inclusiveness, which continues today.”

The church has a rich history full of stories that reflect the people, the different places in time, and the strong faith of the people

who worshipped here.

Todd shares an interesting piece of the church’s history leading up to the Civil War.

“Our church archivist, Lisa Billingsly, has done so much good work in uncovering parts of our past. And in our second location, we had a personal connection with the AME Church in the Pull-Tight building across the street. This was the African Methodist Episcopal Church, a Black congregation, and where that church stands was a school then. Members of our congregation would teach children in that school. And that was something perhaps not well-received within our Southern community at the time. It shows when you’re not exactly sure what decisions are right or wrong,

PAGE 12 >

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< FROM PAGE 10

when you show up with love, it never fails.”

And through the years, although much in the world has changed, the church has remained strong by staying true to its core principles.

“What has remained consistent are the values we are built upon,” Todd says. “Values like courage, confidence, support and compassion. It’s these and other values that have carried us the past 225 years and it’s in those values that will continue to move us forward.

“When you have values and a moral system of what you define your life by, then no matter what circumstances come, you’re able

to work through them. And you’re able to show up in your community the best way possible. And we show up because first, we are called to love. And I’ve seen that in this congregation time and time again.”

The church will officially mark its 225th anniversary during the weekend of October 26th and 27th. The community is invited to a music program at Franklin First UMC’s Main Campus (120 Aldersgate Way) that Saturday evening called “Come Away to the Skies.” Then, on Sunday, it all continues with a Trunk or Treat event for the kids.

Franklin First United Methodist Church is led by Senior Pastor Reverend Dr. Bryan Brooks. For more information, visit: franklinfumc.org

OCTOBER IS ECZEMA
AWARENESS MONTH:

A GUIDE TO UNDERSTANDING AND MANAGING ECZEMA



October is Eczema Awareness Month, dedicated to raising awareness about this chronic skin condition affecting millions. Eczema, also known as atopic dermatitis, causes red, inflamed, and itchy skin. It can occur at any age and is often linked to genetic and environmental factors. Approximately 1 in 10 people will experience an eczema flare during their lifetime.

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and using medications prescribed by your dermatologist can aid in reducing flares and restore your skin to good health.

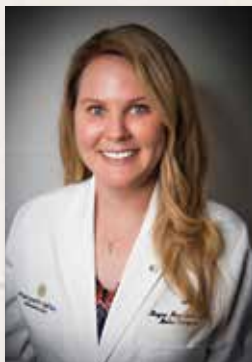
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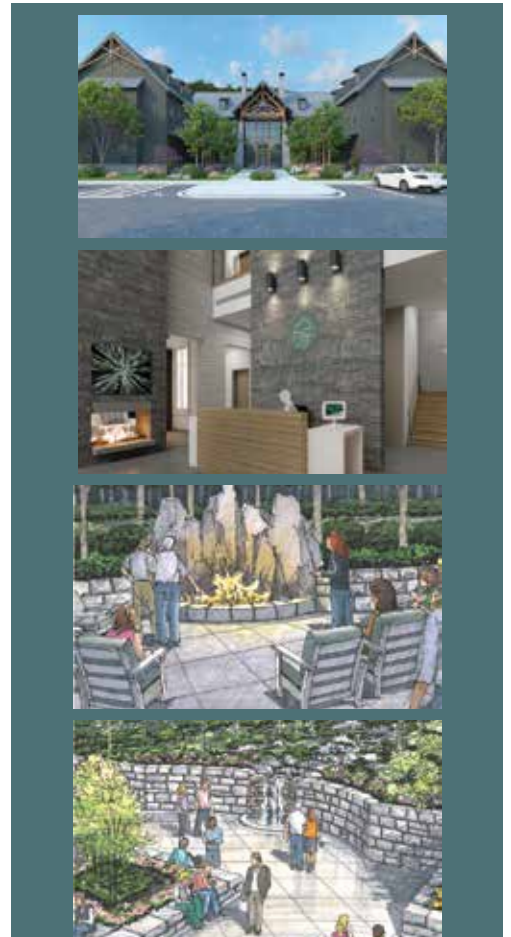
The Refuge Center serves over 4,000 kids, teens, adults, couples, and families every year. Our clients come in battling issues such as anxiety, depression, trauma, addiction, marital issues, grief & loss, and so much more. They leave better equipped and able to weather the storms of their daily lives. This is all done at a cost that offers dignity to the client and meets them wherever they are financially through a sliding-scale that ranges from \$25-125 based on annual income.

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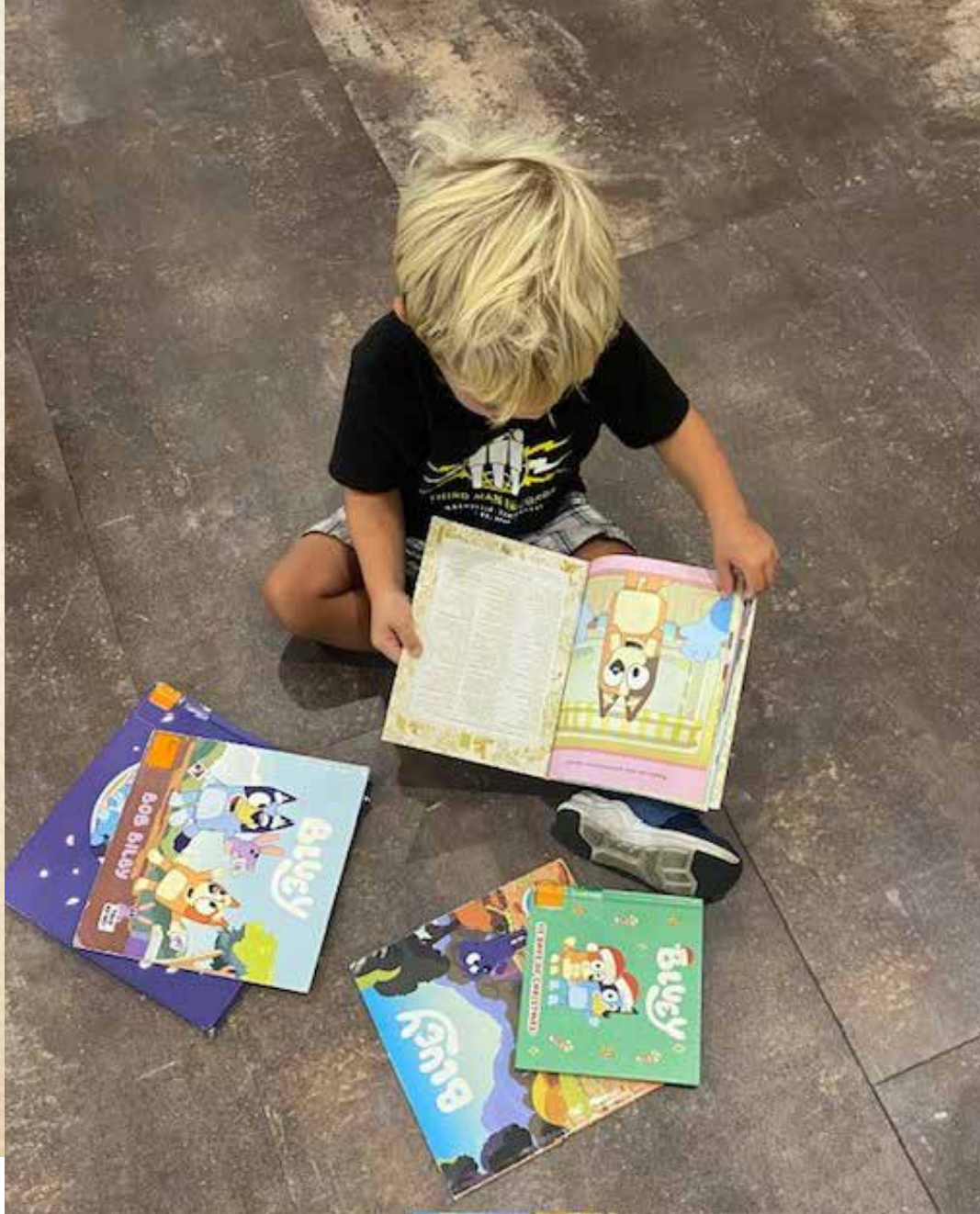
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EXCITING NEW READING INITIATIVES: 1,000 BOOKS

The Williamson County Public Library System (WCPLS) is thrilled to announce the launch of two new reading initiatives designed to inspire a lifelong love of reading in the community's youngest members. The 1,000 Books Before Kindergarten and 500 Books Before Middle School programs aim to encourage children to immerse themselves in the world of books from an early age, fostering a culture of reading that extends into their school years and beyond.

1,000 Books Before Kindergarten is a nationwide challenge

that encourages parents and caregivers to read 1,000 books with their children before they enter kindergarten. The program is designed to build early literacy skills, which are critical for success in school. Reading aloud to young children not only strengthens vocabulary and language development but also helps create a strong emotional bond between children and their caregivers. WCPLS's program provides families with resources, support, and incentives to reach this ambitious goal, including a variety of book

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1000 BOOKS BEFORE KINDERGARTEN

WILLIAMSON COUNTY PUBLIC LIBRARY

< FROM PAGE 18

suggestions, reading logs, and milestone rewards.

Building on the expected success of this early childhood initiative, WCPLS is also introducing 500 Books Before Middle School, a program aimed at children in elementary school. This program encourages independent reading, helping students to continue developing their reading skills and fostering a lifelong love of books. With the pressures of school and extracurricular activities, this initiative emphasizes the importance of maintaining a regular reading habit, even as children grow older.

These year-round reading programs offer numerous benefits. Consistent reading practice has been linked to improved academic

performance, stronger critical thinking skills, and greater empathy. By participating in these programs, children will not only gain academic advantages but also discover the joy of reading for pleasure. Williamson County Public Library System is excited to support families in making reading a central part of their daily lives and looks forward to seeing the positive impact these initiatives will have on the community. The library will kick off this initiative with a program in partnership with United Way of Greater Nashville and local author Jeff Crossan on Saturday, November 9, at the Main Library in Franklin. These initiatives are supported by the Williamson County Public Library Foundation. For more details visit wcpltn.org.



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COMMUNITY SNAPSHOTS



COMEDY FOR CHARITY

The Brentwood Franklin Woman's Service Club is presenting Comedy on Main on October 22, at 7:00 PM at the Franklin Theatre in downtown Franklin. Carolyn Xavier and Carrie Murphy are talented comedians with wide audience appeal and a clean approach to humor. It will be a lighthearted evening of laughter and fun with the bonus of supporting local charities.

Proceeds from this show will benefit Bridges Domestic Violence Center, GraceWorks Ministries, Inc., and Thistle Farms Inc. Tickets range from \$50-\$60 plus handling fees and may be ordered at: secure.franklintheatre.com/webs

The Brentwood Franklin Women's Service Club is a division of the General Federation of Women's Clubs (GFWC). Their mission is to empower women through volunteer service to create a better community.



SUPPORTING THE ANIMAL SANCTUARY

Hidden Bee Farm, located at 753 Carters Creek Pike in Columbia is an animal sanctuary that provides a permanent home where animals can live out their lives with dignity and loving care. To support its ongoing efforts, they will be hosting their 3rd annual Pumpkin Patch, that includes a hayride, maze, escape room, pumpkin bowling, classes, and local vendors. The Patch opens in late September and runs thru October. For more information go to hiddenbeefarm.org.



COMPANY CELEBRATES 80 YEARS OF SERVICE

Lee Company is humbled to announce its 80th anniversary, marking eight decades of dedicated service to homeowners, businesses, and communities. Founded in 1944, Lee Company has grown and evolved, thanks to the unwavering support of their clients, employees, and partners.

"Throughout 2024, we will celebrate this significant milestone by honoring our past, appreciating our present, and looking forward to our future. We are grateful to everyone who has been part of our incredible journey, helping us provide innovative and reliable solutions for facilities and homes," said Richard Perko, President & CEO of Lee Company. Lee Company's mission has always been to serve people with respect, integrity, and compassion.



Great RECIPES

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AND YOUR CREATION COULD BE FEATURED HERE! EMAIL to jbryant@wilcolocal.com**

Fried Chicken Tenders

INGREDIENTS

OIL OF CHOICE, FOR FRYING
1/2 STICK BUTTER
2 EGGS
2 CUPS MILK
3 POUNDS CHICKEN BREAST, CUT INTO STRIPS
2 CUPS FLOUR
1/4 CUP BARBECUE SEASONING OF CHOICE
1/4 CUP MESQUITE SEASONING
SALT AND PEPPER TO TASTE. DIPPING SAUCE OF CHOICE (OPTIONAL)

INSTRUCTIONS

*Fill Dutch oven or large frying pan halfway with oil and butter;
heat over medium heat.*

*In large bowl, mix eggs and milk then place chicken strips in mixture.
In separate bowl, mix flour, barbecue seasoning and
mesquite seasoning.*

Add salt and pepper, to taste.

*Remove 4-6 chicken strips from milk mixture and cover completely in
flour mixture.*

*Drop pinch of flour in hot oil; if it crackles, it's hot enough. Once hot, fry
battered chicken 4 minutes then, using tongs or fork, turn over and fry
4 minutes. When done, chicken will be golden and almost float.
Remove from frying pan and repeat with remaining chicken.*

Serve with dipping sauce of choice, if desired.

*Find more fall meal ideas at **Culinary.net**.*



Recipe courtesy of “Cookin’ Savvy” Servings: 4



Matt Anderson, M.D.



Scott Arthur, M.D.



Ian Byram, M.D.



Cory Calendine, M.D.



Casey Davidson, M.D.



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8/30	Away	Page
9/6	Away	Centennial
9/13	Home	Franklin
9/20	Home	Beech
9/27	Away	Ravenwood
10/3	Away	Overton
10/18	Away	Fairview
10/25	Home	Brentwood
11/1	Home	Summit



Summit High School

8/23	Home	Spring Hill
8/30	Away	Centennial
9/6	Away	Green Hill
9/13	Away	Blackman
9/20	Home	Brentwood
9/27	Away	Franklin
10/3	Home	Ravenwood
10/18	Home	Overton
10/25	Home	Nolensville
11/1	Away	Independence



Page High School

8/23	Home	Giles County
8/30	Home	Independence
9/6	Away	Franklin
9/13	Away	LaVergne
9/20	Home	Coffee Co.
9/27	Home	Glenciff
10/4	Away	James Lawson
10/18	Home	Hillsboro
10/25	Away	Centennial
11/1	Away	Nolensville



Centennial High School

8/23	Away	Franklin
8/30	Home	Summit
9/6	Home	Independence
9/13	Home	James Lawson
9/20	Away	Springfield
9/27	Away	Nolensville
10/4	Away	Glenciff
10/11	Away	Brentwood
10/25	Home	Page
11/1	Home	Hillsboro

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The graphic features a woman's profile looking out a window with raindrops. Text on the left reads: "If you're experiencing depression, you're not alone! We can help." On the right, the NeuroStar logo is above a purple box titled "PATIENT HEALTH QUESTIONNAIRE". Inside the box, it says "Assess Your Depression" and lists four steps: 1. Open your camera app, 2. Hold your smartphone camera up to the QR code, 3. Click the link to open the questionnaire in your browser, 4. Fill out the questionnaire and submit. A QR code is shown next to the steps. Below the QR code, it says "Your answers will be securely transmitted to your provider to review during your appointment." and "SCAN ME" with a hand icon pointing to the QR code.

- *NeuroStar Advanced Therapy is a non-invasive, non-drug treatment for depression and is free from side effects often associated with antidepressant medications.*
- *It's best for people who have not benefited from prior medicines and want to try a non-systemic treatment.*
- *Transcranial Magnetic Stimulation (TMS) is a medical procedure that delivers highly focused MRI-strength magnetic pulses to stimulate the brain and treat major depression (MDD) non-invasively.*
- *NeuroStar has delivered 83% positive response and 62% remission in patients suffering from depression.*
- *Consider scanning the QR code to take the PHQ-9 depression screening tool. It's quick and can objectively examine your symptoms' severity.*
- *We offer free consultations and are here to help if you or a loved one is suffering from depression. Call us today to set up a consultation to begin achieving complete remission of your symptoms.*

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