



MICROBLADING, COMBINATION, OMBRE AFTERCARE INSTRUCTIONS

WHAT SHOULD I EXPECT AFTER THE PROCEDURE?

Initially, your brows appear more bold than usual. Over the next few days after the procedure, your brows may darken during the healing process. Darkening is normal, and this is not the way they look after healing. Around 7-14 days, you may notice some flaking/ shedding of the skin near the brow area. **DO NOT PICK OR SCRATCH!** Think of these as very small “scabs” falling off the skin now that the skin underneath has healed. You may feel that they appear uneven at times because of this. When the skin flakes off, the microblading strokes appear very light, or sometimes it seems that they have disappeared. **THIS IS NORMAL!** Because there is still a thick layer of protective, opaque skin, creating a veil over the pigment. Once you go through a skin cycle (4-6 weeks), the pigment reappears but with about 30-50% lighter than it was immediately after the procedure.

AFTERCARE INSTRUCTIONS FOR YOUR ULTIMATE BROWS

Please follow these instructions for 14 days after the procedure to improve and prolong the results of your microblading. If you don't follow these instructions, it can significantly affect your microblading results or put you at risk for infection, scarring, or loss of pigmentation.

1. 3 hours after the treatment, apply a very thin layer of the aftercare cream using sterile Q tip or cotton bud.
2. For the first 24 hours, every 2 hours, apply a very thin layer of the aftercare cream provided.
3. From day 2-7, apply the after cream once in the morning and once at night (for dry and normal skin) and only once a day for oily skin if needed.
4. Some clear fluid may appear after microblading (this is normal). Please firmly wipe the fluid off using a sterile facial wet wipe to avoid crusting and then apply the aftercare cream.

WHAT YOU NEED TO KNOW!

1. **DO NOT** get your brows wet for three days other than the aftercare cream provided. You can shower but avoid getting your brows wet. Do not soak the treated area in the bath, pool, or hot tub. For 30 days, refrain from swimming in saltwater or chlorinated pools, saunas, hot yoga, steam rooms, or sunbeds. Avoid hot, steamy showers.
2. **DO NOT** sweat for 10 days. This means no exercising or workouts.
3. **DO NOT** expose the treated area to direct sunlight. After your brows have completely healed (usually 30 days), use good sunscreen to avoid fading from the sun.
4. **DO NOT** apply makeup to the brow area during the healing process. After your brows have healed (14 days, OR after the scab/skin flakes off) you may wear brow products if needed.
5. **DO NOT** sleep on your face, try to sleep on your back.
6. No other products should touch the brows during healing, other than a sterile facial wet wipe and the aftercare cream.
7. Do not touch, rub, pick, or scratch your brows following treatment or during the healing process.
8. If your eyebrows get wet during the healing process, pat them dry with a clean tissue, **DO NOT RUB.**
9. Avoid applying daily skincare products directly to the eyebrows.
10. Wait 4-6 weeks before having facials/peels. Please inform your therapist of the procedure (microblading) you have had.
11. If you are scheduled to give blood after the microblading procedure, please inform your nurse about the microblading treatment. You cannot donate blood for four months after the procedure.
12. If your brows become painful, red, or oozy, please see a physician. These symptoms could be signs of an infection. It is normal to be sore and red right after, but if it persists and gets worse, this is cause for concern.

Call or email us with any questions or concerns.