



Fee Schedule

This form is called a Fee Schedule. Your therapist has asked you to read and sign this Fee Schedule before you start therapy. Please review the information. If you have any questions, contact your Provider.

FEES

Session	Code	Insurance	Private Pay
Intake Assessment	90791	150	100
1 hour psychotherapy	90837	125	75
45 minute psychotherapy	90834	100	60
Late Cancellation/ No-show	-	-	55

INSURANCE

Your provider accepts United Healthcare, Aetna, and Blue Cross Blue Shield commercial insurance plans. Each plan is subject to verification ahead of the initial appointment. Co-pays, deductibles, and coinsurances are due at time of service and can be paid cash, check or credit card. There is a \$35 fee for return checks. ¹

PLEASE NOTE: Insurance listed as out-of-network may not cover our services. You must verify with your insurance carrier whether services are covered, otherwise you may be responsible for the cash discounted rate.

CANCELLATIONS

24-hour notice is required for cancellations – If you have two (2) consecutive late cancellations, not due to emergencies, you will be subject to a \$55 fee.

No Show: If you do not show for an appointment, you will be subject to a \$55 fee. If two (2) consecutive appointments are missed without notifying the office, the regular scheduled appointments will be given to someone else and any remaining appointments will be canceled. Your name will be placed on a list for available times and you may be referred to another area provider. Please call if an illness or emergency prevents you from making your appointment. This is an exception to 24-hour notice.

Bad weather guide: If schools are closed--the office will be closed. An attempt will be made to contact you if the office is closed. Our priority is safety when traveling to your appointment for you and the provider's safety.

¹ *Fees are subject to change without notice please call for the latest fee schedule. Insurance companies are subject to change. Please call to verify that your insurance is accepted. Life coaching is not covered by insurance companies.

Late appointments: Your apt will be forfeited if you are more than 15 minutes late.

Extended time: For every 30 minutes past the allotted appointment time, you will be charged an additional \$50. This additional charge is due at time of service and is not covered by your insurance.

Declines: There is a \$5 fee for card declines. It is your responsibility to update your card information if cards expire. If you need assistance updating your card, please ask for assistance.

LANGIAPPE

Letters: The Therapist does not provide disability letters, companion pet letters, or letters regarding your ability to work, or any letters that would inform providers of your mental health history. You must discuss these needs with your medical or primary care provider. If a letter is required attesting the client's needs, the therapist will provide it for a fee of \$35 per one-page letter. Letters are only provided to clients who have been seen for 8 sessions or longer.

Records Requests: You have a right to request your medical data and must do so by writing. While medical records requests will be fulfilled, there is an allowable 7 business days to fulfill the request. Requests will be provided in the form of a summary. There is no guarantee records will be in the client's favor. There will be a flat \$25 retrieval fees. Court Appearance Clients are discouraged from having the therapist subpoenaed. There is no guarantee the therapist's testimony will be solely in the client's favor. The Therapist will only testify their professional opinion and to the facts of the case.

NOTE

Your therapist is not a life coach and life coaching is not covered by insurance companies.

Medicare and Medicaid are not accepted in the therapist's practice.

HSA We will provide a Super Bill for clients with HSA or high deductibles insurance

Effective 2/7/2024

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