

Meals on Wheels of Charlotte County

AUGUST 2025

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| Monday | Tuesday | Wednesday | Thursday | Friday |
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| Advice from a Sunflower, be bright, sunny & positive, spread seeds of love and happiness and always keep your face to the sun and you will not see the shadows. | | | | Beans & Franks Macaroni & Cheese Spinach / Corn Bread Lentil Soup |
| 4 | 5 | 6 | 7 | 8 |
| Beef Quesadilla | Chicken Stir Fry | Ham Steak | Lasagna | Scrambled Eggs |
| Spanish Rice Southwest Green Beans | Asian Vegetables Egg Roll | Seasoned Potatoes Zucchini / Apple Sauce | Sausage Garlic Bread | w/ Sausage Oatmeal / Berries |
| Beef Noodle Soup | Egg Drop Soup | Chicken & Rice Soup | Tossed Salad | Lentil Soup |
| 11 | 12 | 13 | 14 | 15 |
| BBQ Chicken Sandwich Macaroni Salad 5 Way Vegetables Beef Noodle Soup | Roasted Pork Mashed Potatoes Broccoli & Cheese Biscuit / Egg Drop Soup | Chicken Pasta Oregon Vegetables Mixed Fruit Chicken & Rice Soup | Chicken Cheesesteak Roasted Cauliflower Apple Sauce Tossed Salad | Taco Casserole Creamed Corn Refried Beans Lentil Soup |
| 18 | 19 | 20 | 21 | 22 |
| Salisbury Steak Baked Potato Brussel Sprouts / Roll Beef Noodle Soup | Sweet n Sour Chicken Rice/Oriental Vegetables Egg Drop Soup | Hamburger Potato Salad Green Bean Casserole Chicken & Rice Soup | Chicken Alfredo over Butternut Squash Ravioli Broccoli Garlic Bread / Tossed Salad | Roasted Turkey Stuffing Cranberry Sauce/ Biscuit |
| 25 | 26 | 27 | 28 | 29 |
| Chicken Burrito Mexican Rice Refried Beans Beef Noodle Soup | Shepard's Pie Apple Sauce Roll Egg Drop Soup | Chicken Stuffed Sweet Potato /Corn & Black Bean Salad / Roll Chicken & Rice Soup | Baked Penne / Meatballs Italian Vegetables French Bread Tossed Salad | Chicken Pot Pie Lima Beans Fruit Cocktail Lentil Soup |

Every Meal is Made with Care, Just for You

Each meal you receive is prepared with love by our dedicated kitchen staff and volunteers. They start their mornings early, working together to ensure every dish is warm, nutritious, and made especially for you. At Meals on Wheels of Charlotte County, you are not just receiving a meal, you are at the heart of everything we do. Thank you for allowing us to serve you.

