



# Meals on Wheels of Charlotte County

# JULY 2026

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>The heart of our community shines brightest when we care for one another.</i></p> 		<b>1</b>	<b>2</b>	<b>3</b>
		Pulled BBQ Chicken Baked Potato Baked Beans Chicken & Rice Soup	Salisbury Steak Mashed Potatoes w/Gravy Peas & Carrots Cheeseburger Mac n Cheese Three bean Salad	<b>CLOSED</b> 
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
Chicken Alfredo Brussel Sprouts Dinner Roll Tomato Soup	Herb Crusted Chicken Stuffing Green Beans Chicken Veggie Soup	Spaghetti w/Meatballs Garlic Bread Vegetable Blend Tomato Soup	Ham Steak Scalloped Potatoes Green Beans/Dinner Roll Beef Vegetable Soup	Beef Burrito Mexican Rice Refried Beans Chicken Veggie Soup
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
Grilled Ham & Cheese Potato Wedges Veggie Blend Tomato Vegetable Soup	Meatloaf Mashed Potatoes w/Gravy Beets Stuffed Pepper Soup	Roasted Chicken w/Gravy Seasoned Potatoes Peas & Carrots Chicken & Rice Soup	Sheet Pan Sausage w/Roasted Potatoes Squash, Fried Apples & Roll Beef Vegetable Soup	Beef Stroganoff over Egg Noodles Green Beans & Dinner Roll Beef Noodle Soup
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
Chicken & Biscuits Mashed Potatoes Peas & Carrots Chicken & Rice Soup	Sloppy Joe Potato Wedges Corn Beef Vegetable Soup	Baked Ziti w/Meatballs Vegetable Blend Dinner Roll Tomato Soup	Sausage Gravy over Biscuits Scrambled Eggs Fried Apples Beef Vegetable Soup	Swedish Meatballs Mashed Potatoes Green Beans & Dinner Roll Chicken Veggie Soup
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
Hot Dog Baked Beans Corn Chicken Veggie Soup	Chicken Parmesan Penne Pasta Veggie Blend Dinner Roll Tomato Soup	Chili Corn Bread Green Beans Beef Vegetable Soup	Tuna Casserole Mashed Potatoes Green Beans Chicken Veggie Soup	Pulled BBQ Pork Mac & Cheese Green Beans Beef Noodle Soup

