



Meals on Wheels of Charlotte County

JULY 2026

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>The heart of our community shines brightest when we care for one another.</i> 		1	2	3
		Pulled BBQ Chicken Baked Potato Baked Beans Chicken Noodle Soup	Salisbury Steak Mashed Potatoes w/Gravy Peas & Carrots Cheeseburger Mac n Cheese Three bean Salad	CLOSED 
6	7	8	9	10
Chicken Alfredo Brussel Sprouts Dinner Roll Navy Bean Soup	Herb Crusted Chicken Stuffing Green Beans Potato Soup	Spaghetti w/Meatballs Garlic Bread Vegetable Blend Chicken Noodle Soup	Ham Steak Scalloped Potatoes Green Beans/Dinner Roll Beef Vegetable Soup	Beef Burrito Mexican Rice Refried Beans Tuscany Soup
13	14	15	16	17
Grilled Ham & Cheese Potato Wedges Veggie Blend Navy Bean Soup	Meatloaf Mashed Potatoes w/Gravy Beets Potato Soup	Roasted Chicken w/Gravy Seasoned Potatoes Peas & Carrots Chicken Noodle Soup	Sheet Pan Sausage w/Roasted Potatoes Squash, Fried Apples & Roll Beef Vegetable Soup	Beef Stroganoff over Egg Noodles Green Beans & Dinner Roll Tuscany Soup
20	21	22	23	24
Chicken & Biscuits Mashed Potatoes Peas & Carrots Navy Bean Soup	Sloppy Joe Potato Wedges Corn Potato Soup	Baked Ziti w/Meatballs Vegetable Blend Dinner Roll Chicken Noodle Soup	Sausage Gravy over Biscuits Scrambled Eggs Fried Apples Beef Vegetable Soup	Swedish Meatballs Mashed Potatoes Green Beans & Dinner Roll Tuscany Soup
27	28	29	30	31
Hot Dog Baked Beans Corn Navy Bean Soup	Italian Chicken Penne Pasta Veggie Blend Dinner Roll Potato Soup	Chili Corn Bread Green Beans Chicken Noodle Soup	Tuna Casserole Mashed Potatoes Green Beans Beef Vegetable Soup	Pulled BBQ Pork Mac & Cheese Green Beans Tuscany Soup

