



Meals on Wheels of Charlotte County

July 2025

3082 Tamiami Trail, Port Charlotte, FL 33952 Phone: (941) 625-4343 Website: www.mowofcc.org

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>"Only a life lived for others is a life lived worthwhile." – Albert Einstein</i></p>	<p>1</p> <p>Oven Roasted Chicken Baked Sweet Potato 5 Way Vegetable/Biscuit French Onion Soup</p>	<p>2</p> <p>French Toast Sausage Strawberries & Blueberries Tomato Vegetable Soup</p>	<p>3</p> <p>Hot Dog Potato Salad Baked Beans + Cold Meal (see back of menu)</p>	<p>4</p> <p></p>
<p>7</p> <p>Chicken Quesadillas Spanish Rice Refried Beans Vegetable Beef Soup</p>	<p>8</p> <p>Pulled Pork Over Rice 5 Way Vegetables Applesauce French Onion Soup</p>	<p>9</p> <p>Sliced Ham Mashed Sweet Potatoes Brussel Sprouts / Roll Tomato Vegetable Soup</p>	<p>10</p> <p>Beef Stroganoff Cape Cod Vegetables Mixed Fruit Loaded Potato Soup</p>	<p>11</p> <p>Grilled Cheese w/ Ham Baked Apples Oregon Vegetables Caesar Salad</p>
<p>14</p> <p>Chili Pie Spanish Rice Black Beans Vegetable Beef Soup</p>	<p>15</p> <p>Meatball Sub Garlic Buttery Pasta Broccoli w/ Cheese French Onion Soup</p>	<p>16</p> <p>Spaghetti Bake Mixed Vegetables French Bread Tomato Vegetable Soup</p>	<p>17</p> <p>Meatloaf Au Gratin Potatoes Italian Vegetables / Garlic Bread Loaded Potato Soup</p>	<p>18</p> <p>Sliced Turkey w/ Stuffing Steamed Carrots Biscuit</p>
<p>21</p> <p>BBQ Chicken Sandwich Potato Salad Baked Apples Vegetable Beef Soup</p>	<p>22</p> <p>Italian Sausage w/Onions & Peppers Pasta / Italia Vegetable Garlic Bread French Onion Soup</p>	<p>23</p> <p>Chicken Pot Pie Lima Beans Strawberries & Blueberries Tomato Vegetable Soup</p>	<p>24</p> <p>Salisbury Steak Roasted Potatoes Creamed Corn / Biscuit Loaded Potato Soup</p>	<p>25</p> <p>American Pierogi w/ Sausage Oregon Vegetables/Baked Apples & Caesar Salad</p>
<p>28</p> <p>Taco Lasagna Black Beans Mexican Rice Vegetable Beef Soup</p>	<p>29</p> <p>Chicken Pesto w/ Pasta Italia Vegetables French Bread French Onion Soup</p>	<p>30</p> <p>Biscuits & Sausage Gravy / Scrambled Eggs Baked Apples Tomato Vegetable Soup</p>	<p>31</p> <p>Shepard's Pie Baked Apples Biscuit Loaded Potato Soup</p>	<p><i>Menu Subject to Change</i></p>

Important Holiday Delivery Notice

In observance of Independence Day, there will be **no meal delivery on Friday, July 4th**.

Clients who normally receive meals on Fridays will receive **two meals on Thursday, July 3rd**, one for Thursday and one for Friday.

The 2nd meal will be Chicken Salad lettuce Cups with Apples and Crackers

If you have any questions, please contact our office. We wish you a safe and happy holiday.

— Meals on Wheels Team