



Meals on Wheels of Charlotte County

3082 Tamiami Trail, Port Charlotte, FL 33952 Phone: (941) 625-4343 Website: www.mowofcc.org



Monday	Tuesday	Wednesday	Thursday	Friday
 "A heart filled with gratitude blooms even in October's chill." 			1	2
			Chicken Alfredo Peas Dinner Roll Tomato Basil Soup	Meatloaf Scalloped Potatoes Beets Chicken Veggie Soup
5	6	7	8	9
Cheeseburger Potato Wedges Green Beans Split Pea Soup	Roasted Chicken Seasoned Potatoes Peas and Carrots Chicken Noodle Soup	Pulled BBQ Chicken Mashed Potatoes Green Beans Beef & Rice Soup	Sausage Gravy over Biscuits Scrambled Eggs Apple Sauce Tomato Basil Soup	Beef Stroganoff over Egg Noodles Green Beans & Dinner Roll Chicken Veggie Soup
12	13	14	15	16
Chicken & Biscuits Mashed Potatoes Peas & Carrots Split Pea Soup	Spaghetti w/Meatballs Vegetable Blend Dinner Roll Chicken & Rice Soup	Salisbury Steak Mashed Potatoes w/gravy Peas & Carrots Vegetable Beef Soup	Hotdog Baked Beans Corn Tomato Basil Soup	Italian Chicken Penne Pasta Veggie Blend Dinner Roll Chicken Veggie Soup
19	20	21	22	23
Chicken Alfredo Veggie Blend Dinner Roll Split Pea Soup	Sloppy Joe Potato Wedges Vegetable Blend Chicken & Rice Soup	French Onion Meatballs Mashed Potatoes Peas & Carrots Vegetable Beef Soup	Ham Steak Scalloped Potatoes Green Beans/Dinner Roll Tomato Basil Soup	Chili Veggie Blend Corn Bread Chicken Veggie Soup
26	27	28	29	30
Chicken Sandwich Tater Tots Vegetable Blend Split Pea Soup	Baked Ziti w/Meatballs Vegetable Blend Dinner Roll Chicken & Rice Soup	Swedish Meatballs over Egg Noodles Green Beans & Roll Vegetable Beef Soup	Southwest Chicken Spanish Rice Black Beans Tomato Basil Soup	Roasted Pork Baked Potato Spinach Chicken Veggie Soup

***Menu Subject to Change