



Meals on Wheels of Charlotte County

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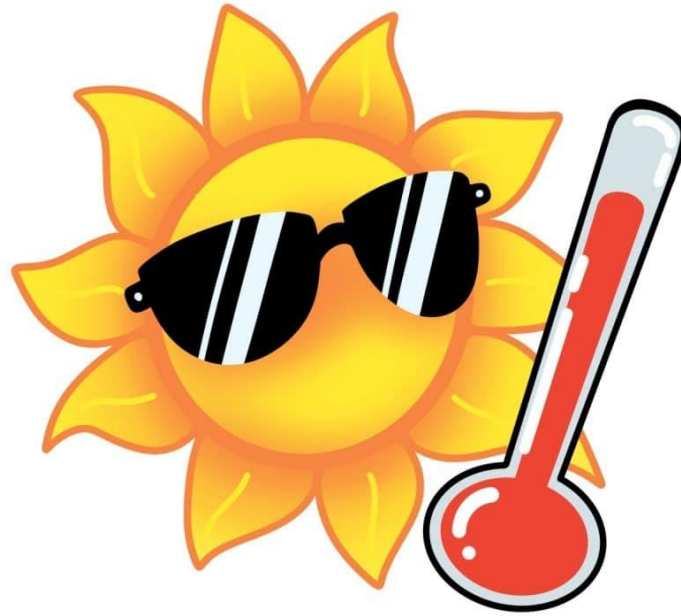
August 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Roasted Chicken w/gravy Seasoned Potatoes Peas & Carrots Vegetable Beef Soup	Swedish Meatballs Mashed Potatoes Green Beans Chicken & Rice Soup	Sloppy Joe Potato Wedges Vegetable Blend Ham & Bean Soup	Ham Scalloped Potatoes Green beans, Dinner roll Split Peas Soup	Italian Chicken Bowtie Pasta Spinach Tomato Basil Soup
10	11	12	13	14
Chicken Alfredo Veggie Blend Dinner Roll Vegetable Beef Soup	Salisbury Steak Mashed Potatoes w/gravy Peas & Carrots Chicken & Rice Soup	Pulled BBQ Chicken Mashed Potatoes Green Beans Ham & Bean Soup	French Toast Scrambled eggs Sausage Split Pea Soup	Grilled Ham & Cheese Potato Wedges Veggie Blend Tomato Basil Soup
17	18	19	20	21
Roasted Pork Baked Potato Spinach Vegetable Beef Soup	Baked Ziti w/Meatballs Vegetable Blend Dinner Roll Chicken & Rice Soup	Meatloaf Scalloped Potatoes Beets Ham & Bean Soup	Chicken & Biscuits Mashed Potatoes Peas & Carrots Split Pea Soup	Chili Green Beans Corn Bread Tomato Basil Soup
24	25	26	27	28
Beef Stroganoff w/noodles Mashed Potatoes Peas & Carrots Vegetable Beef Soup	Herb Crusted Chicken Stuffing Green Beans Chicken & Rice Soup	Spaghetti w/Meatballs Vegetable Blend Dinner Roll Ham & Bean Soup	Open Face Turkey Sandwich Mashed Potatoes Vegetable Blend Split Pea Soup	French Onion Chicken Seasoned Rice Green Beans Tomato Basil Soup
31	<i>Let this month be your canvas, paint it with joy, kindness and a little bit of sunshine.</i>			
Hot Dog Baked Beans Corn Vegetable Beef Soup				



*Menu Subject to Change

***We know it's hot out there, like "melt before noon" hot!
But before you answer the door, please take a quick moment to toss on some clothes.***



Thanks for keeping things cool (and covered)!