



Meals on Wheels of Charlotte County October 2025

3082 Tamiami Trail, Port Charlotte, FL 33952 Phone: (941) 625-4343 Website: www.mowofcc.org

Monday	Tuesday	Wednesday	Thursday	Friday
 <i>Keep smiling and let your light shine bright</i>		1	2	3
		Roasted Chicken w/Gravy Stuffing Green Beans Tomato Vegetable Soup	Chicken Stir Fry over Rice Green Beans Egg Roll Bean Soup	Chili Carrots Corn Bread Loaded Potato Soup
6	7	8	9	10
Baked Ham Mashed Sweet Potatoes Peas Chicken Noodle Soup	Meatloaf Mashed Potatoes Carrots Veggie Beef & Rice	Chicken n Rice Bake Peas Dinner Roll Tomato Vegetable Soup	Cheesy Chicken over/ Pasta Spinach Dinner Roll Bean Soup	BBQ Pork Sandwich Baked Beans Carrots Loaded Potato Soup
13	14	15	16	17
Sloppy Joes Macaroni and Cheese Green Beans Chicken Noodle Soup	Spaghetti w/Meat Sauce Peas & Carrots Dinner Roll Veggie Beef & Rice	Chicken Pot Pie Creamed Corn Applesauce Tomato Vegetable Soup	French Toast Scrambled Eggs Oatmeal Bean Soup	Salisbury Steak w/Gravy Mashed Potatoes Green Beans Loaded Potato Soup
20	21	22	23	24
Cheesy Chicken Broccoli Pasta Carrots Dinner Roll Chicken Noodle soup	Chili Mac n Cheese Green Beans Corn Bread Veggie Beef & Rice	Roasted Pork Au Gratin Potatoes Carrots Tomato Vegetable Soup	Swedish Meatballs Buttered Noodles Peas Bean Soup	Sheperd's Pie Apple Sauce Dinner Roll Loaded Potato Soup
27	28	29	30	31
Shredded Pork w/ Gravy Stuffing Carrots Chicken Noodle Soup	Italian Sausage w/Pepper & Onion Buttered Pasta Green Beans Veggie Beef & Rice	Beef Stroganoff Peas & Carrots Dinner Roll Tomato Vegetable Soup	Herb Crusted Chicken Mashed Potatoes 4 Way Vegetables Bean Soup	Lasagna w/ Meat Sauce Green Beans Dinner Roll Loaded Potato Soup

