

Eli Epstein
Performer, Educator, Conductor, Author
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Orchestral Musician

Affiliated Horn Boston Symphony Orchestra and Boston Pops James Levine and Keith Lockhart, Music Directors	2005-2022
Principal Horn Aspen Chamber Symphony Robert Spano and David Zinman, Music Directors	2000-2012
Second Horn The Cleveland Orchestra Christoph von Dohnanyi and Franz Welser-Möst, Music Directors	1987-2005
Second Horn Rochester Philharmonic Orchestra David Zinman, Music Director	1979-1987

Educator

New England Conservatory College Faculty, chamber music coach, wind/brass/percussion sectional and Brass Orchestral Rep conductor, Entrepreneurial Musicianship.	2010-present
New England Conservatory Prep Brass Chair of the Preparatory School; faculty of NEC at Walnut Hill; Director of the NEC Youth Brass Ensemble.	2009-present
The Boston Conservatory at Berklee Professor of Horn, chamber music coach, wind sectional conductor, Creative Musician and Brass Pedagogy instructor.	2005-present
Massachusetts Institute of Technology Affiliated Artist	2017-2021

On Dream Ensemble—Hyundai Motor Foundation Faculty	2025
Music Academy of the West Faculty	2005-2013
Aspen Music Festival and School Faculty	2000-2012
Abreu Fellows Program New England Conservatory Seminar Director	2009-2010
The Philadelphia Orchestra Pre-concert lecturer	2009-2010
Boston Symphony Orchestra Educational Department Educational outreach concerts presenter Pre-concert talks to schoolchildren grades 3-12.	2006-2008
Longy School of Music Graduate seminar presenter on creative musical presentation. Concerto Competition Judge.	2005-2008
Indiana University School of Music Guest faculty	Fall 2005
The Cleveland Institute of Music Horn Professor	1989-2005
Cleveland Orchestra Instrumental Faculty Kent/Blossom Summer Chamber Music Institute	1998-2004

Classroom Educator

Brass Orchestral Repertoire Class New England Conservatory A reading class for works from the standard orchestral repertoire of major brass section literature. Instruction in all areas of professional performance: preparation, tone production, ensemble, and interacting with colleagues and conductors.	2023-present
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Entrepreneurial Musicianship 2013-2024

New England Conservatory

This class is based on a vision of a world in which music plays a vital role, and in which musicians are agents for change in their communities and across the globe. This class is intended as an exploration of the skills, values and practices that are essential to creating a successful, fulfilling and sustainable career.

Brass Pedagogy 2012-2023

Boston Conservatory

Course objectives are to comprehensively explore all aspects of brass pedagogy; to absorb core principles that will form the basis of our lifelong evolution as brass teachers and performers; to expand our awareness of the different roles of the music teacher; and to get practice at and improve our skills as creative teachers.

The Art of Practice and Performance 2010-present

New England Conservatory Prep

This course addresses natural responses to stress, dealing with fear, building courage, harnessing the mind, and recovering from mistakes. Students are asked to participate in focused journaling, relaxation and centering routines, mental rehearsal, adversity training, and performing.

The Creative Musician 2006-2020

Boston Conservatory at Berklee

Course objectives are to explore our personal goals in music, to expand our awareness of what is possible to do as musicians, to cultivate our own creativity, and to realize our potential as imaginative performers, teachers, and creative beings.

Career Skills for Musicians 2005-2009

Boston Conservatory

“Career Skills” prepares students to seek, fill, and devise opportunities for careers as musicians in the future by learning and experiencing the necessary perspectives, attitudes and skills to pursue and maintain satisfying and sustainable careers in the broad area of music.

Innovator

Eli Epstein Horn Intensive 1999-present
Creator, administrator and leader of 5-day experiential workshop, which includes master classes, faculty and participant recitals, mock audition, Q/A sessions, MRI Horn video presentations, and discussions on the audition process and performance anxiety management strategies. Intensive has been housed at Boston Conservatory at Berklee, Music Academy of the West, and Brevard Music Center.

Inside Out Concerts 2002-2020
Advocating the idea that music can be a meaningful and uplifting force in society, Eli Epstein has created and presented many *Inside Out* programs designed to help people actualize their own potential to enjoy music by accessing their memories and activating their imaginations. In 2009, he won Grand Prize in the Entrepreneur the Arts Contest for Inside Out, and appeared on TV with William Shatner on Heartbeat of America. Inside Out Programs have been presented in Cleveland, Boston, Memphis, Arkansas, Arizona, at the Southeast and Northeast Regional Horn Workshops, Music Academy of the West, and the Chenango MusicFest at Colgate University. Series housed since 2006 in the historic Arlington Street Church, Boston.

Master Classes/Recitalist

International Horn Society Conference 55, Montreal	2023
International Horn Society Conference 53	[online] 2021
International Horn Society Conference 52	[online] 2020
New England Conservatory	2004, 2018, 2020, 2023
Berklee College of Music Berklee Teachers on Teaching	2020
International Horn Society Conference Ghent, Belgium	2019
International Horn Society Conference Ball State University	2018

International Horn Society Conference Ithaca	2016
University of Virginia	2016
Arizona State University	2016
International Horn Society Conference Los Angeles	2015
Florida French Horn Festival	2015
International Horn Society Conference London	2014
The Juilliard School	2006, 2009, 2013
Music Academy of the West	2005-2013
Interlochen Horn Institute	2012
Kendall Betts Horn Camp	2012, 2014
Boston Conservatory Summer Brass Intensive	2012
Cleveland Institute of Music (Creative Careers in Music)	2011
Glenn Gould School, Royal Conservatory	2010, 2004
The Colburn School	2009
New World Symphony	1999, 2008
Curtis Institute of Music	2008, 2009
Northeast Regional Horn Workshop	2008, 2013, 2014
Southeast Regional Horn Workshop	2007
Indiana University School of Music	2005
Arizona State University	2005
Boston Conservatory of Music	2005
Boston University	2004
Aspen Music Festival and School	2000-2011

University of Illinois	2002
International Horn Society Symposium at University of Georgia	1999
Royal College of Music (London)	1999
Royal Northern College of Music	1999
Royal Scottish Academy of Music	1999
Castellan Conservatory of Music (Spain)	1999
University of Michigan (Ann Arbor)	2006, 1999

Soloist

Mozart Horn Concerto K. 447 Mid-South Horn Conference—Wichita State University	2018
Bach Brandenburg Concerto No. 1 Chameleon Arts Ensemble—Boston	2016
Britten Serenade for Tenor, Horn and Strings Boston Conservatory Orchestra, Rockland Osgood, tenor Bruce Hangen, conductor	2010
Frank Martin Concerto for Seven Wind Instruments Aspen Chamber Symphony Michael Stern, conductor	2009
Elliott Schwartz's <i>Twilight Arrival</i> Boston Conservatory Wind Ensemble Eric Hewitt, conductor	2007
Schumann Konzertstück The Cleveland Orchestra Pinchas Steinberg, conductor	2005
Bach Brandenburg Concerto No. 1 The Cleveland Orchestra John Nelson, conductor	2001

Schumann Konzertstuck The Cleveland Orchestra Christoph von Dohnanyi, conductor	1997
Bach Brandenburg Concerto No. 1 The Cleveland Orchestra Leonard Slatkin, conductor	1995
Mozart Sinfonia Concertante for Winds K. 297b The Philadelphia Orchestra William Smith, conductor	1974
Mozart Horn Concerto K. 412 The Philadelphia Orchestra Mason Jones, conductor	1970
Mozart Horn Concerto K.447 The Philadelphia Orchestra William Smith, conductor	1969

Chamber Musician

Inside Out Concerts, Artistic Director	2002-present
NEC Prep Faculty Brass Quintet, founding member	2011-2023
Various chamber ensemble concerts at venues such as Jordan Hall, Severance Hall, Blossom Music Center, Tanglewood, Philadelphia's Academy of Music, Kennedy Center, Aspen Music Festival, Music Academy of the West, and The Cleveland Institute of Music. Collaborations with the Borromeo String Quartet, Brentano String Quartet, Chameleon Arts Ensemble, Emmanuel Music, Radius Ensemble, and Walden Chamber Players.	

Conductor

New England Conservatory Brass Repertoire Class	2023-present
New England Conservatory Youth Brass Ensemble Music Director	2009-present

New England Conservatory Winds/Brass/Percussion sectionals on major orchestral repertory	2006-present
Boston Conservatory at Berklee Orchestral Repertoire Class guest conductor	2015-2016
Longwood Symphony Orchestra Winds/Brass sectional conductor	2016
Cambridge Symphony Orchestra Sectional conductor	2016
New England Conservatory Brass Ensemble <i>Verdi La Forza del Destino Overture</i>	2013
New England Conservatory Recital Orchestra <i>Mozart Horn Concerto K. 412 with Jennifer Hyde</i> <i>Britten Serenade for Tenor, Horn, and Strings</i>	2012
New England Conservatory Woodwind Ensemble <i>Mozart "Gran Partita"</i> <i>Dvorak Serenade No. 2 in D minor, Op 44</i>	2012
Boston Conservatory Brass Ensemble <i>Handel Water Music</i> <i>Bruckner Motets</i> <i>Holst The Planets</i>	2012
Inside Out Orchestra Music Director <i>Mozart Violin Concerto No. 4, K. 218 with Julianne Lee, violin</i> <i>Mozart Symphony No. 29, K. 201</i>	2011
<i>Fundacion Orquesta Sinfonica Juvenil de Guanare Ensamble de Metales</i> Venezuela Guest conductor	2010
Music Academy of the West Guest conductor <i>Strauss Sonatina "From an Invalid's Workshop"</i>	2008

Longy School of Music Guest Conductor	2007
Boston Conservatory Copland <i>Appalachian Spring</i> Inside Out Program: Exploring Music through Imagination, and Imagination through Music	2006
Music Academy of the West Dvorak <i>Serenade No. 2 in D minor, Op. 44</i>	2006
Cleveland Institute of Music Brahms <i>Serenade No. 2</i> Hindemith <i>Der Schwanendreher</i> Milhaud <i>The Creation of the World.</i>	1999-2005

Discography

<i>Eli Epstein: Orchestral Excerpts for Low Horn</i> Eli Epstein, horn and commentator. Eli Epstein Productions, 2014, MP3 file, downloadable from <i>iTunes</i> , cd baby, and Amazon.	2014
Cleveland Orchestra Recordings Major orchestral works of Bartok, Beethoven, Berg, Berlioz, Birtwistle, Brahms, Bruckner, Busoni, Copland, Debussy, Dvorak, Ives, Janacek, Lieberson, Lutoslawski, Mahler, Mendelssohn, Messiaen, Mozart, Mussorgsky, Prokofiev, Ravel, Rachmaninoff, Ruggles, Schoenberg, Schumann, Shostakovich, Smetana, Stravinsky, Richard Strauss, Tchaikovsky, Varese, Webern, and Wieniawski, and Wagner Ring Operas on Telarc, Teldec, London/Decca, and Polygram (DGG).	1987-2005

Author

Epstein, Eli, *Eli Epstein's Horn Playing from the Inside Out eBook: A New Way to Learn* (trailer), [video file] retrieved from <https://youtu.be/b5C6IrmfGnQ>, recorded June 2021, posted July 2021.

Epstein, Eli, *Horn Playing from the Inside Out eBook: A New Way to Learn*, [video file] hornsociety.org, International Horn Society Symposium 53, posted August 2021.

Epstein, Eli. *Horn Playing from the Inside Out, A Method for All Brass Musicians: Third Edition eBook*. Apple Books: Eli Epstein Productions, 2021.

Epstein, Eli, *Healthy Horn Habits: How to Survive and Thrive in a Demanding Profession*, [video file], hornsociety.org, International Horn Society Symposium 52, posted August 2020.

Epstein, Eli, *Breathing and Breath Support*, [video file] retrieved from https://www.youtube.com/watch?v=2LccA6A_M1s&feature=youtu.be. Recorded August 2018, posted April 2019.

Epstein, Eli, *Radical Practicing*, [video file] retrieved from <https://www.youtube.com/watch?v=5Enz9jIeYbU>. Recorded August 2017, posted August 2017.

Epstein, Eli, *Relaxation Before Performance*, [video file] retrieved from <https://youtu.be/1j5iVdg08-A>. Recorded July 2017, posted July 2017.

Epstein, Eli. *Horn Playing from the Inside Out, A Method for All Brass Musicians: Third Edition*. Boston: Eli Epstein Productions, 2016.

Epstein, Eli and Iltis, Peter. *MRI Horn Videos: Pedagogy Informed by Science, Episode 1: Introduction to the RT-MRI Horn Project*. [video file] retrieved from <https://www.youtube.com/watch?v=LTMe38uOaT8> Recorded January 2016; posted June 2016.

Epstein, Eli and Iltis, Peter. *MRI Horn Videos: Pedagogy Informed by Science, Episode 2: The Role of the Tongue and Jaw in Pitch Placement* [video file] retrieved from <https://www.youtube.com/watch?v=7Cz5HoQ1fCI> Recorded January 2016; posted June 2016.

Epstein, Eli. *Eli Epstein performs and teaches Mahler 3 excerpt*, [video file] retrieved from <http://www.youtube.com/watch?v=4rx479utE0w> Recorded July 2014; posted July 2015.

Epstein, Eli K., Technique Tips, Jeffrey Agrell, Series Editor: "Finger Breathing: Intuitive and Natural Horn Biomechanics," The Horn Call,

Journal of the International Horn Society, Volume XLV, No. 2 (February, 2015): 39-41.

Epstein, Eli. "Horn Playing from the Inside Out, A Method for All Brass Musicians: Second Edition" Boston: Eli Epstein Productions, 2014.

Epstein, Eli. *Horn Playing from the Inside Out: Finger Breathing*, [video file] retrieved from <http://www.youtube.com/watch?v=ArerPfHbkEk> Filmed June 2013; posted June 2013.

Epstein, Eli. The Creative Hornist, Jeffrey Agrell, Series Editor: "Beyond the Notes: Authentic Expression," excerpt from *Horn Playing from the Inside Out*. The Horn Call, Journal of the International Horn Society, Volume XLIII, No. 2, (February, 2013): 47-48.

Epstein, Eli. Technique Tips, Jeffrey Agrell, Series Editor: "Dynamics!" excerpt from *Horn Playing from the Inside Out*. The Horn Call, Journal of the International Horn Society, Volume XLIII, No. 2, (February, 2013): 75-76.

Epstein, Eli. "Horn Playing from the Inside Out, A Method for All Brass Musicians." Boston: Eli Epstein Productions, 2012.

Epstein, Eli. "Power Practicing." The Horn Call, Journal of the International Horn Society, Vol. XXXIX, No.3, (May, 2009): 50-52.

Epstein, Eli. "Musicianship from the Inside Out." Boston Symphony Orchestra Musicians in the Schools. 2008.

Epstein, Eli. "Tackling Shostakovich Five." The Horn Call, Journal of the International Horn Society, Vol. XXIX, No. 1, (November, 1998): 75-77.

Reviews

Book and Music Reviews: *Horn Playing from the Inside Out: A Method for All Brass Students* [sic], 3rd Edition by Eli Epstein, eBook. By Abigail Pack, University of North Carolina at Greensboro. The Horn Call, Journal of the International Horn Society, (October, 2022)

"New eBook Edition of a Great Resource for Brass Players." By Colin Dorman, August 4, 2021. <https://colindorman.com/horn/new-ebook-edition-of-a-great-resource-for-brass-players/>

“Review update: Horn Playing from the Inside Out, Third Edition eBook.”
By John Ericson, July 24, 2021. <https://www.hornmatters.com/2021/07/review-update-horn-playing-from-the-inside-out-third-edition-ebook/>

“095 Eli Epstein: Music Making from the Inside Out,” Mind Over Finger Podcast with Renee Paul-Gauthier, March 26, 2021.

“Looking Closer at the Topic of Breath Support with Eli Epstein,” by John Ericson Horn Matters, May 11, 2019.
<http://hornmatters.com/2019/05/looking-closer-at-the-topic-of-breath-support-with-eli-epstein/>

“Horn Pedagogy Videos and More from Eli Epstein,” James Boldin’s Hornworld, April 30, 2019. <https://jamesboldin.com/2019/04/30/horn-pedagogy-videos-and-more-from-eli-epstein/>

“Episode #19: Mid-South Regional Horn Workshop Featured Artist: Eli Epstein,” Pathways with Adam Wolf Podcast, November 17, 2018.

“Classical Music Brought to Life in Intimate Experience of Epstein’s ‘Inside Out Concert,’” by Johnathan D. Kindall. The Daily Free Press, January 26, 2017. <http://dailyfreepress.com/2017/01/26/classical-music-brought-life-intimate-experience-epsteins-inside-concert/>

“Review—MRI Horn Videos: Pedagogy Informed by Science.” James Boldin’s Hornworld, June 28, 2016.
<https://jamesboldin.com/2016/06/28/review-mri-horn-videos-pedagogy-informed-by-science/>

“Book and Music Reviews: Orchestral Excerpts for Low Horn, by Eli Epstein.” By W. Peter Kurau, The Horn Call, Journal of the International Horn Society, Volume XLVI, No. 1, (October, 2015): 90-91.

“Recording Review: Orchestral Excerpts for Low Horn, by Eli Epstein.” James Boldin’s Horn World, November 19, 2014.
<http://jamesboldin.com/2014/11/19/recording-review-orchestral-excerpts-for-low-horn-by-eli-epstein/>

“Interview and Video: Epstein on Finger Breathing” By John Ericson in Horn Matters, July 9, 2013. <http://hornmatters.com/2013/07/interview-and-video-epstein-on-finger-breathing/>

“The Week in Review: Eli Epstein’s New Video...” James Boldin’s Horn World, June 24, 2013. <http://jamesboldin.com/2013/06/24/the-week-in-review-eli-epsteins-new-video-a-radio-interview-and-more/>

Resources: Books, “Horn Playing from the Inside Out: A Method for All Brass Musicians by Eli Epstein.” Teaching Music Magazine, NAFME, April 2013.

“Review: Horn Playing from the Inside Out.” By John Ericson in Horn Matters, January 19, 2013. <http://hornmatters.com/2013/01/review-horn-playing-from-the-inside-out-part-i-introduction/>

“Music and Book Reviews: Horn Playing from the Inside Out: A Method for All Brass Musicians by Eli Epstein.” By Peter Kurau, *The Horn Call*, Journal of the International Horn Society, Volume XLIII, No. 2, (February, 2013): 78.

“Review: Horn Playing from the Inside Out, by Eli Epstein.” James Boldin’s Horn World, October 1, 2012. <http://hornworld.me/2012/10/01/review-horn-playing-from-the-inside-out-by-eli-epstein/>

“Eli Epstein Teaches Music from the Inside Out,” by Matthew E. Campbell, *The Aspen Times Festival Focus*, July 13, 2009.

“Feeling music's special powers”
By Milva DiDomizio, *The Boston Globe*, February 7, 2008.

“IN CONCERT: Method man: Could Eli Epstein be the Stanislavski of classical music instruction?”
By Ted Mills
Santa Barbara News-Press, March 16, 2007.

“Beyond the notes: Eli Epstein helps players, audience connect emotionally”
By Tom Jacobs
Santa Barbara News-Press, August 5, 2005.

“Breathing meaning into classical program”
By Donald Rosenberg, *Cleveland Plain Dealer*, November 9, 2002

Competitions

Entrepreneur the Arts Contest	2009
Grand Prize Winner for <i>Inside Out Concerts</i>	
TV appearance with William Shatner on <i>Heartbeat of America</i>	

Education

Bachelor of Music with High Distinction	1979
Eastman School of Music	