

ELI K. EPSTEIN  
PERFORMER, EDUCATOR, CONDUCTOR, AUTHOR  
CURRICULUM VITAE  
WWW.ELIEPSTEIN.COM  
UPDATED AUGUST 2021

## **Orchestral Musician**

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| Affiliated Horn<br>Boston Symphony Orchestra and Boston Pops   | 2005-present |
| Principal Horn<br>Aspen Chamber Symphony<br>Robert Spano and David Zinman, Music Directors                 | 2000-2012    |
| Second Horn<br>The Cleveland Orchestra<br>Christoph von Dohnanyi and Franz Welser-Möst,<br>Music Directors | 1987-2005    |
| Second Horn<br>Rochester Philharmonic Orchestra<br>David Zinman, Music Director                            | 1979-1987    |

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## **Educator**

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| Massachusetts Institute of Technology<br>Affiliated Artist  | 2017-present |
| New England Conservatory<br>College Faculty, chamber music coach, wind/brass/percussion sectional<br>conductor, Entrepreneurial Musicianship department instructor. | 2010-present |
| New England Conservatory Prep<br>Brass Chair of the Preparatory School; faculty of NEC at Walnut Hill;<br>Director of the NEC Youth Brass Ensemble.                 | 2009-present |
| The Boston Conservatory at Berklee<br>Professor of Horn, chamber music coach, wind sectional conductor,<br>Creative Musician and Brass Pedagogy instructor.         | 2005-present |
| Music Academy of the West<br>Faculty  | 2005-2013    |

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| Aspen Music Festival and School<br>Faculty   | 2000-2012 |
| Abreu Fellows Program New England Conservatory<br>Seminar Director   | 2009-2010 |
| The Philadelphia Orchestra<br>Pre-concert lecturer   | 2009-2010 |
| Boston Symphony Orchestra<br>Educational Department<br>Educational outreach concerts presenter<br>Pre-concert talks to schoolchildren grades 3-12. | 2006-2008 |
| Longy School of Music<br>Graduate seminar presenter on creative musical presentation.<br>Concerto Competition Judge.                               | 2005-2008 |
| Indiana University School of Music<br>Guest faculty  | Fall 2005 |
| The Cleveland Institute of Music<br>Horn Professor   | 1989-2005 |
| Cleveland Orchestra Instrumental Faculty<br>Kent/Blossom Summer Chamber Music Institute  | 1998-2004 |

### **Classroom Educator**

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| Entrepreneurial Musicianship<br>New England Conservatory<br>This class is based on a vision of a world in which music plays a vital role, and in which musicians are agents for change in their communities and across the globe. This class is intended as an exploration of the skills, values and practices that are essential to creating a successful, fulfilling and sustainable career. | 2013-present |
| Brass Pedagogy<br>Boston Conservatory<br>Course objectives are to comprehensively explore all aspects of brass pedagogy; to absorb core principles that will form the basis of our lifelong evolution as brass teachers and performers; to expand our awareness of the different roles of the music teacher; and to get practice at and improve our skills as creative teachers.               | 2012-present |

The Art of Practice and Performance 2010-present  
New England Conservatory Prep

This course addresses natural responses to stress, dealing with fear, building courage, harnessing the mind, and recovering from mistakes. Students are asked to participate in focused journaling, relaxation and centering routines, mental rehearsal, adversity training, and performing.

The Creative Musician 2006-present  
Boston Conservatory at Berklee

Course objectives are to explore our personal goals in music, to expand our awareness of what is possible to do as musicians, to cultivate our own creativity, and to realize our potential as imaginative performers, teachers, and creative beings.

Career Skills for Musicians 2005-2009  
Boston Conservatory

“Career Skills” prepares students to seek, fill, and devise opportunities for careers as musicians in the future by learning and experiencing the necessary perspectives, attitudes and skills to pursue and maintain satisfying and sustainable careers in the broad area of music.

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## Innovator

Eli Epstein Horn Intensive 1999-present

Creator, administrator and leader of 5-day experiential workshop, which includes master classes, faculty and participant recitals, mock audition, Q/A sessions, MRI Horn video presentations, and discussions on the audition process and performance anxiety management strategies. Intensive has been housed at Boston Conservatory at Berklee, Music Academy of the West, and Brevard Music Center.

Inside Out Concerts 2002-present

Advocating the idea that music can be a meaningful and uplifting force in society, Eli Epstein has created and presented many *Inside Out* programs designed to help people actualize their own potential to enjoy music by accessing their memories and activating their imaginations. In 2009, he won Grand Prize in the Entrepreneur the Arts Contest for Inside Out, and appeared on TV with William Shatner on Heartbeat of America. Inside Out Programs have been presented in Cleveland, Boston, Memphis, Arkansas, Arizona, at the Southeast and Northeast Regional Horn Workshops, Music Academy of the West, and the Chenango MusicFest at Colgate University. Series housed since 2006 in the historic Arlington Street Church, Boston.

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## Master Classes/Recitalist

|   |                  |
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| International Horn Society Conference 53                    | [online] 2021    |
| International Horn Society Conference 52                    | [online] 2020    |
| New England Conservatory                                    | 2004, 2018, 2020 |
| Berklee College of Music Berklee Teachers on Teaching       | 2020             |
| International Horn Society Conference Ghent, Belgium        | 2019             |
| International Horn Society Conference Ball State University | 2018             |
| International Horn Society Conference Ithaca                | 2016             |
| University of Virginia                                      | 2016             |
| Arizona Sate University                                     | 2016             |
| International Horn Society Conference Los Angeles           | 2015             |
| Florida French Horn Festival                                | 2015             |
| International Horn Society Conference London                | 2014             |
| The Juilliard School  | 2006, 2009, 2013 |
| Music Academy of the West                                   | 2005-2013        |
| Interlochen Horn Institute                                  | 2012             |
| Kendall Betts Horn Camp                                     | 2012, 2014       |
| Boston Conservatory Summer Brass Intensive                  | 2012             |
| Cleveland Institute of Music (Creative Careers in Music)    | 2011             |
| Glenn Gould School, Royal Conservatory                      | 2010, 2004       |
| The Colburn School  | 2009             |
| New World Symphony  | 1999, 2008       |
| Curtis Institute of Music                                   | 2008, 2009       |
| Northeast Regional Horn Workshop                            | 2008, 2013, 2014 |
| Southeast Regional Horn Workshop                            | 2007             |
| Indiana University School of Music                          | 2005             |
| Arizona State University                                    | 2005             |

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|---|------------|
| Boston Conservatory of Music                                  | 2005       |
| Boston University   | 2004       |
| Aspen Music Festival and School                               | 2000-2011  |
| University of Illinois  | 2002       |
| International Horn Society Symposium at University of Georgia | 1999       |
| Royal College of Music (London)                               | 1999       |
| Royal Northern College of Music                               | 1999       |
| Royal Scottish Academy of Music                               | 1999       |
| Castellan Conservatory of Music (Spain)                       | 1999       |
| University of Michigan (Ann Arbor)                            | 2006, 1999 |

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### **Soloist**

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| Mozart Horn Concerto K. 447<br>Mid-South Horn Conference—Wichita State University  | 2018 |
| Bach Brandenburg Concerto No. 1<br>Chameleon Arts Ensemble—Boston  | 2016 |
| Britten Serenade for Tenor, Horn and Strings<br>Boston Conservatory Orchestra, Rockland Osgood, tenor<br>Bruce Hangen, conductor | 2010 |
| Frank Martin Concerto for Seven Wind Instruments<br>Aspen Chamber Symphony<br>Michael Stern, conductor                           | 2009 |
| Elliott Schwartz's <i>Twilight Arrival</i><br>Boston Conservatory Wind Ensemble<br>Eric Hewitt, conductor                        | 2007 |
| Schumann Konzertstück<br>The Cleveland Orchestra<br>Pinchas Steinberg, conductor   | 2005 |
| Bach Brandenburg Concerto No. 1<br>The Cleveland Orchestra<br>John Nelson, conductor   | 2001 |

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|---|------|
| Schumann Konzertstück<br>The Cleveland Orchestra<br>Christoph von Dohnanyi, conductor                   | 1997 |
| Bach Brandenburg Concerto No. 1<br>The Cleveland Orchestra<br>Leonard Slatkin, conductor                | 1995 |
| Mozart Sinfonia Concertante for Winds K. 297b<br>The Philadelphia Orchestra<br>William Smith, conductor | 1974 |
| Mozart Horn Concerto K. 412<br>The Philadelphia Orchestra<br>Mason Jones, conductor                     | 1970 |
| Mozart Horn Concerto K.447<br>The Philadelphia Orchestra<br>William Smith, conductor                    | 1969 |

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## Chamber Musician

Inside Out Concerts, Artistic Director 2002-present

NEC Prep Faculty Brass Quintet, founding member 2011-present

Various chamber ensemble concerts at venues such as Jordan Hall, Severance Hall, Blossom Music Center, Tanglewood, Philadelphia's Academy of Music, Kennedy Center, Aspen Music Festival, Music Academy of the West, and The Cleveland Institute of Music.

Collaborations with the Borromeo String Quartet, Brentano String Quartet, Chameleon Arts Ensemble, Emmanuel Music, Radius Ensemble, and Walden Chamber Players.

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## Conductor

New England Conservatory Youth Brass Ensemble 2009-present  
Conductor

New England Conservatory 2006-present  
Winds/Brass/Percussion sectionals on major orchestral repertory

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| Boston Conservatory at Berklee<br>Orchestral Repertoire Class guest conductor   | 2015-2016 |
| Longwood Symphony Orchestra<br>Winds/Brass sectional conductor  | 2016      |
| Cambridge Symphony Orchestra<br>Sectional conductor   | 2016      |
| New England Conservatory Brass Ensemble<br><i>Verdi La Forza del Destino Overture</i>   | 2013      |
| New England Conservatory Recital Orchestra<br><i>Mozart Horn Concerto K. 412 with Jennifer Hyde</i><br><i>Britten Serenade for Tenor, Horn, and Strings</i> | 2012      |
| New England Conservatory Woodwind Ensemble<br><i>Mozart "Gran Partita"</i><br><i>Dvorak Serenade No. 2 in D minor, Op 44</i>                                | 2012      |
| Boston Conservatory Brass Ensemble<br><i>Handel Water Music</i><br><i>Bruckner Motets</i><br><i>Holst The Planets</i>                                       | 2012      |
| Inside Out Orchestra<br>Music Director<br><i>Mozart Violin Concerto No. 4, K. 218 with Julianne Lee, violin</i><br><i>Mozart Symphony No. 29, K. 201</i>    | 2011      |
| <i>Fundacion Orquesta Sinfonica Juvenil de Guanare Ensemble de Metales</i><br>Venezuela<br>Guest conductor  | 2010      |
| Music Academy of the West<br>Guest conductor<br><i>Strauss Sonatina "From an Invalid's Workshop"</i>  | 2008      |
| Longy School of Music<br>Guest Conductor<br>Longy Chamber Winds   | 2007      |
| Boston Conservatory<br><i>Copland Appalachian Spring</i><br>Inside Out Program: Exploring Music through<br>Imagination, and Imagination through Music       | 2006      |
| Music Academy of the West<br><i>Dvorak Serenade No. 2 in D minor, Op. 44</i>  | 2006      |

Cleveland Institute of Music  
Brahms *Serenade No. 2*  
Hindemith *Der Schwanendreher*  
Milhaud *The Creation of the World*.

1999-2005

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## Discography

*Eli Epstein: Orchestral Excerpts for Low Horn* 2014  
Eli Epstein, horn and commentator. Eli Epstein Productions, 2014, MP3 file, downloadable from *iTunes*, cd baby, and Amazon. Support website: [www.epsteinhornexcerpts.com](http://www.epsteinhornexcerpts.com).

Cleveland Orchestra Recordings 1987-2005  
Major orchestral works of Bartok, Beethoven, Berg, Berlioz, Birtwistle, Brahms, Bruckner, Busoni, Copland, Debussy, Dvorak, Ives, Janacek, Lieberson, Lutoslawski, Mahler, Mendelssohn, Messiaen, Mozart, Mussorgsky, Prokofiev, Ravel, Rachmaninoff, Ruggles, Schoenberg, Schumann, Shostakovich, Smetana, Stravinsky, Richard Strauss, Tchaikovsky, Varese, Webern, and Wieniawski, and Wagner Ring Operas on Telarc, Teldec, London/Decca, and Polygram (DGG).

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## Author

Epstein, Eli, *Eli Epstein's Horn Playing from the Inside Out eBook: A New Way to Learn* (trailer), [video file] retrieved from <https://youtu.be/b5C6IrmfGnQ>, recorded June 2021, posted July 2021.

Epstein, Eli, *Horn Playing from the Inside Out eBook: A New Way to Learn*, [video file] [hornsociety.org](http://hornsociety.org), International Horn Society Symposium 53, posted August 2021.

Epstein, Eli. *Horn Playing from the Inside Out, A Method for All Brass Musicians: Third Edition eBook*. Apple Books: Eli Epstein Productions, 2021.

Epstein, Eli, *Healthy Horn Habits: How to Survive and Thrive in a Demanding Profession*, [video file], [hornsociety.org](http://hornsociety.org), International Horn Society Symposium 52, posted August 2020.



Epstein, Eli, *Breathing and Breath Support*, [video file] retrieved from [https://www.youtube.com/watch?v=2LccA6A\\_M1s&feature=youtu.be](https://www.youtube.com/watch?v=2LccA6A_M1s&feature=youtu.be). Recorded August 2018, posted April 2019.

Epstein, Eli, *Radical Practicing*, [video file] retrieved from <https://www.youtube.com/watch?v=5Enz9jIeYbU>. Recorded August 2017, posted August 2017.

Epstein, Eli, *Relaxation Before Performance*, [video file] retrieved from <https://youtu.be/1j5iVdg08-A>. Recorded July 2017, posted July 2017.

Epstein, Eli. *Horn Playing from the Inside Out, A Method for All Brass Musicians: Third Edition*. Boston: Eli Epstein Productions, 2016.

Epstein, Eli and Iltis, Peter. *MRI Horn Videos: Pedagogy Informed by Science, Episode 1: Introduction to the RT-MRI Horn Project*. [video file] retrieved from <https://www.youtube.com/watch?v=LTMe38uOaT8> Recorded January 2016; posted June 2016.

Epstein, Eli and Iltis, Peter. *MRI Horn Videos: Pedagogy Informed by Science, Episode 2: The Role of the Tongue and Jaw in Pitch Placement* [video file] retrieved from <https://www.youtube.com/watch?v=7Cz5HoQ1fCI> Recorded January 2016; posted June 2016.

Epstein, Eli. *Eli Epstein performs and teaches Mahler 3 excerpt*, [video file] retrieved from <http://www.youtube.com/watch?v=4rx479utE0w> Recorded July 2014; posted July 2015.

Epstein, Eli K., Technique Tips, Jeffrey Agrell, Series Editor: "Finger Breathing: Intuitive and Natural Horn Biomechanics," *The Horn Call*, Journal of the International Horn Society, Volume XLV, No. 2 (February, 2015): 39-41.

Epstein, Eli. "Horn Playing from the Inside Out, A Method for All Brass Musicians: Second Edition" Boston: Eli Epstein Productions, 2014.

Epstein, Eli. *Horn Playing from the Inside Out: Finger Breathing*, [video file] retrieved from <http://www.youtube.com/watch?v=ArerPfhbkEk> Filmed June 2013; posted June 2013.

Epstein, Eli. The Creative Hornist, Jeffrey Agrell, Series Editor: "Beyond the Notes: Authentic Expression," excerpt from *Horn Playing from the Inside Out*. *The Horn Call*, Journal of the International Horn Society, Volume XLIII, No. 2, (February, 2013): 47-48.

Epstein, Eli. Technique Tips, Jeffrey Agrell, Series Editor: “Dynamics!” excerpt from *Horn Playing from the Inside Out*. The Horn Call, Journal of the International Horn Society, Volume XLIII, No. 2, (February, 2013): 75-76.

Epstein, Eli. “Horn Playing from the Inside Out, A Method for All Brass Musicians.” Boston: Eli Epstein Productions, 2012.

Epstein, Eli. “Power Practicing.” The Horn Call, Journal of the International Horn Society, Vol. XXXIX, No.3, (May, 2009): 50-52.

Epstein, Eli. “Musicianship from the Inside Out.” Boston Symphony Orchestra Musicians in the Schools. 2008.

Epstein, Eli. “Tackling Shostakovich Five.” The Horn Call, Journal of the International Horn Society, Vol. XXIX, No. 1, (November, 1998): 75-77.

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## Media

“New eBook Edition of a Great Resource for Brass Players.” By Colin Dorman, August 4, 2021. <https://colindorman.com/horn/new-ebook-edition-of-a-great-resource-for-brass-players/>

“Review update: Horn Playing from the Inside Out, Third Edition eBook.” By John Ericson, July 24, 2021. <https://www.hornmatters.com/2021/07/review-update-horn-playing-from-the-inside-out-third-edition-ebook/>

“095 Eli Epstein: Music Making from the Inside Out,” Mind Over Finger Podcast with Renee Paul-Gauthier, March 26, 2021.

“Looking Closer at the Topic of Breath Support with Eli Epstein,” by John Ericson Horn Matters, May 11, 2019. <http://hornmatters.com/2019/05/looking-closer-at-the-topic-of-breath-support-with-eli-epstein/>

“Horn Pedagogy Videos and More from Eli Epstein,” James Boldin’s Hornworld, April 30, 2019. <https://jamesboldin.com/2019/04/30/horn-pedagogy-videos-and-more-from-eli-epstein/>

“Episode #19: Mid-South Regional Horn Workshop Featured Artist: Eli Epstein,” Pathways with Adam Wof Podcast, November 17, 2018.

“Classical Music Brought to Life in Intimate Experience of Epstein’s ‘Inside Out Concert,’” by Johnathan D. Kindall. The Daily Free Press, January 26, 2017. <http://dailyfreepress.com/2017/01/26/classical-music-brought-life-intimate-experience-epsteins-inside-concert/>

“Review—MRI Horn Videos: Pedagogy Informed by Science.” James Boldin’s Hornworld, June 28, 2016.  
<https://jamesboldin.com/2016/06/28/review-mri-horn-videos-pedagogy-informed-by-science/>

“Book and Music Reviews: Orchestral Excerpts for Low Horn, by Eli Epstein.” By W. Peter Kurau, The Horn Call, Journal of the International Horn Society, Volume XLVI, No. 1, (October, 2015): 90-91.

“Recording Review: Orchestral Excerpts for Low Horn, by Eli Epstein.” James Boldin’s Horn World, November 19, 2014.  
<http://jamesboldin.com/2014/11/19/recording-review-orchestral-excerpts-for-low-horn-by-eli-epstein/>

“Interview and Video: Epstein on Finger Breathing” By John Ericson in Horn Matters, July 9, 2013. <http://hornmatters.com/2013/07/interview-and-video-epstein-on-finger-breathing/>

“The Week in Review: Eli Epstein’s New Video...” James Boldin’s Horn World, June 24, 2013. <http://jamesboldin.com/2013/06/24/the-week-in-review-eli-epsteins-new-video-a-radio-interview-and-more/>

Resources: Books, “Horn Playing from the Inside Out: A Method for All Brass Musicians by Eli Epstein.” Teaching Music Magazine, NAFME, April 2013.

“Review: Horn Playing from the Inside Out.” By John Ericson in Horn Matters, January 19, 2013. <http://hornmatters.com/2013/01/review-horn-playing-from-the-inside-out-part-i-introduction/>

“Music and Book Reviews: Horn Playing from the Inside Out: A Method for All Brass Musicians by Eli Epstein.” By Peter Kurau, The Horn Call, Journal of the International Horn Society, Volume XLIII, No. 2, (February, 2013): 78.

“Review: Horn Playing from the Inside Out, by Eli Epstein.” James Boldin’s Horn World, October 1, 2012.  
<http://hornworld.me/2012/10/01/review-horn-playing-from-the-inside-out-by-eli-epstein/>

“Eli Epstein Teaches Music from the Inside Out,” by Matthew E. Campbell, The Aspen Times Festival Focus, July 13, 2009.

“Feeling music's special powers” By Milva DiDomizio, *The Boston Globe*, February 7, 2008.

“IN CONCERT: Method man: Could Eli Epstein be the Stanislavski of classical music instruction?” By Ted Mills *Santa Barbara News-Press*, March 16, 2007.

“Beyond the notes: Eli Epstein helps players, audience connect emotionally” By Tom Jacobs *Santa Barbara News-Press*, August 5, 2005.

“Breathing meaning into classical program” By Donald Rosenberg, *Cleveland Plain Dealer*, November 9, 2002

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## Competitions

Entrepreneur the Arts Contest 2009  
Grand Prize Winner for *Inside Out Concerts*  
TV appearance with William Shatner on *Heartbeat of America*

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## Education

Bachelor of Music with High Distinction 1979  
Eastman School of Music