

BEHAVIOR MANAGEMENT PLAN

Behavior Management Plan _____
(Provider's Name)

This family day care home will practice positive reinforcement for discipline and behavior management as follows:

- Discipline will be individualized and consistent for each child; using constructive methods for establishing freedom within limitations for behavioral guidance with an awareness of the developmental needs of the child.
- Discipline will be directed towards teaching the child acceptable behavior and self-control.
- The family day care home provider and/or assistant(s) will only use positive methods of discipline and guidance encouraging self-esteem, self-control, and self-direction, to include the following:
 - Modeling appropriate behavior for the children.
 - Modifying the family day care home environment in order to prevent problems before they occur.
 - Listening to the children; respecting their needs, desires, and feelings.
 - Providing alternative activities for inappropriate behavior to the children.
 - Using a brief supervised separation or time out from the group, when appropriate for the child's age and development, and limited to no more than one minute for each year of the child's age. Time out will not be used with infants or toddlers.
- The family day care provider and/or assistant(s) will not use corporal punishment or any humiliating or frightening methods of discipline. The following types of discipline and guidance are **PROHIBITED**:
 - Physical punishment or threats of physical punishment, such as but not limited to striking, shaking, twisting, squeezing or rough handling, biting a child; humiliating, ridiculing, rejecting, or yelling at a child; or subjecting a child to harsh, abusive or profane language
 - Physical restraint of a child or isolating a child in a confined space.
 - Forcing a child to assume an uncomfortable position or exercise as punishment.
 - Separating a child from the group in which the child is not in direct supervision of staff.
 - Punishment associated with food, naps, or toilet trainings. *Any effort toward toilet training will be made in consultation with and consent of the child's parent(s).*
 - Refusal of food or being deprived of snacks and meals as a form of discipline.
 - Any methods of discipline or interaction which frightens, humiliate or are demeaning to the child.

Provider's Signature: _____ **Date:** _____

Parent's Signature: _____ **Date:** _____