

Catholic Parish of the Nambucca Valley

Corpus Christi, Bowraville

Our Lady Star of the Sea, Nambucca Heads

St. Patrick's Macksville

Christ the King, Taylors Arm

FOURTH SUNDAY OF

THE ORDINARY TIME

YEAR A

1ST FEB 2026

Administrator: Fr. Peter Rebello OCD

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First Reading

Zephaniah 2:3,3:12-13

who obeys his commands. Seek integrity, seek humility: you may perhaps find shelter on the day of the anger of the Lord. In your midst I will leave a humble and lowly people, and those who are left in Israel will seek refuge in the name of the Lord. They will do no wrong, will tell no lies; and the perjured tongue will no longer be found in their mouths. But they will be able to graze and rest with no one to disturb them

Responsorial Psalm

Psalm 145(146):6-10

R. Happy the poor in spirit; the kingdom of heaven is theirs!

It is the Lord who keeps faith for ever, who is just to those who are oppressed.

It is he who gives bread to the hungry, the Lord, who sets prisoners free.

R. Happy the poor in spirit; the kingdom of heaven is theirs!

It is the Lord who gives sight to the blind, who raises up those who are bowed down, the Lord, who protects the stranger and upholds the widow and orphan.

R. Happy the poor in spirit; the kingdom of heaven is theirs!

It is the Lord who loves the just but thwarts the path of the wicked.

The Lord will reign for ever, Zion's God, from age to age.

R. Happy the poor in spirit; the kingdom of heaven is theirs!

Second Reading

1 Corinthians 1:26-31

Take yourselves for instance, brothers, at the time when you were called: how many of you were wise in the ordinary sense of the word, how many were influential people, or came from noble families? No, it was to shame the wise that God chose what is foolish by human reckoning, and to shame what is strong that he chose what is weak by human reckoning; those whom the world thinks common and contemptible are the ones that God has chosen – those who are nothing at all to show up those who are everything. The human race has nothing to boast about to God, but you, God has made members of Christ Jesus and by God's doing he has become our wisdom, and our virtue, and our holiness, and our freedom. As scripture says: if anyone wants to boast, let him boast about the Lord.

Gospel Acclamation

Matthew 5:12

Alleluia, alleluia!

Rejoice and be glad; your reward will be great in heaven.

Alleluia!

Gospel

Matthew 5:1-12a

Seeing the crowds, Jesus went up the hill. There he sat down and was joined by his disciples. Then he began to speak. This is what he taught them: 'How happy are the poor in spirit; theirs is the kingdom of heaven. Happy the gentle: they shall have the earth for their heritage. Happy those who mourn: they shall be comforted. Happy those who hunger and thirst for what is right: they shall be satisfied. Happy the merciful: they shall have mercy shown them. Happy the pure in heart: they shall see God. Happy the peacemakers: they shall be called sons of God. Happy those who are persecuted in the cause of right: theirs is the kingdom of heaven. 'Happy are you when people abuse you and persecute you and speak all kinds of calumny against you on my account. Rejoice and be glad, for your reward will be great in heaven.'

Jesus shows us the way to care

In this liturgical year, Year A, we focus on readings from Matthew's Gospel. Matthew writes towards the end of the first century AD, for a Christian community comprised of Jewish converts. In his gospel, he strives to demonstrate for them how Jesus is the fulfilment of the faith, hopes and promises of their Jewish faith, the fulfilment of all that is in "the law and the prophets" (Mt 5:17). The reading from Matthew's Gospel is arguably the most famous and oft-quoted of all passages in the New Testament. It is known as The Sermon on the Mount or The Beatitudes (Blessed are they ...). It is Matthew's masterful summary of

Jesus' teachings. The passage follows not long after Matthew's account of Jesus' early public life and the call of the first disciples. Matthew gives a brief description of Jesus' activity: "He went round the whole of Galilee teaching in their synagogues, proclaiming the Good News of the kingdom and curing all kinds of diseases and sickness among the people" (Mt 4:23). In this one verse, Matthew effectively summarises the ministry of Jesus: teaching and healing. Jesus teaches with extraordinary authority, interpreting the Torah for his Jewish followers, and he heals the sick and afflicted, lifting the burden of suffering. These two dimensions of his ministry – teaching and healing – are inextricably linked and intertwined. His teaching offers healing and his healing expresses his teaching. Matthew tells us that, on this occasion, Jesus goes up the mountain, draws his disciples to him, and sits down (as Rabbis do) and teaches them. His going up the mountain reminds us of Moses who went up the mountain of Mount Sinai to receive the Ten Commandments. This teaching is as important as that! "Blessed (i.e., happy, fortunate) are they who . . ." Jesus repeats nine times, each time noting the God-given blessing that is the corresponding reward for those who act in that way. With these Beatitudes, Jesus effectively instructs his disciples on the nature of true holiness and the promise of true happiness. The Beatitudes reflect the merciful and compassionate character of God as revealed by Jesus (and as expressed in the Psalm). And they articulate the attitudes, values and spirit of the way of life we are to live and the way we are to act as Jesus' disciples in our care and concern for each other, our fellow human beings, and indeed all creation. The list of Beatitudes is not like the list of the Ten Commandments, a definitive list of commands (Thou shalt not . . .). Rather, they are commendations for a way of living, of being in the world, of caring for others, especially the sick, powerless, poor and afflicted. Our gospel reading challenges us to reflect on our attitudes and values in the light of Jesus' teaching and his compassion for all those in need of healing. Anne Hunt © Majellan Media 2026

Dear Parishioners, Taylors's Arm Christ the king church will have last mass being celebrated on the **22nd of Februry 2026** at 10Am by **Bishop Greg**, Bishop of lismore .
for cathering purposes, we need to know who might be at the mass and who would like to share in the morning tea.
kindly contact **Mr. Stephen Spears 0439642181, Helen Spear 0401572036**

Congratulation to Parishioners Bill & Mureen Shepherd for their Nambucca Valley Council Australia Day Good Neighbour Award. well Done.

Dear Parishioners, Gentle reminder to all , **Ash Wednesday Masses on 18th Feb 2026,**
8:00 Am Nambucca Valley Parish and 9:30 Am Macksville St. Patrick
During Lenten Season at 9 am in Nambucca heads Station of the Cross will be conducted followed by Mass on fridays

Dear Parishioners, thank you so much for your serprise party for my 50th Birthday, your love and concern towards your Parish Preist much appriciated, special thanks to May and John Harris, Monique, shane, Kobe, Matilda, and Arron Soutter , Helen Merphy, Shirley and Wayne bolton. and all those who attended made my day everlasting memorable one. God Bless you all.

WE PRAY FOR THE SICK

Nate Doolan, Tony May Richards , Agnes Lilies, and Geoffrey Wilson, Louise Allan, Ethan canale, Hilda, John Logan, Peter O'corner , Maria Teresa

WE PRAY FOR THOSE WHOSE ANNIVERSARIES OCCUR AT THIS TIME

Rita Mcleod , Erne Thorne
Edward and Shayne Aldridge, Gregory Jones, Peter Owens
Dorrie Clough, Adam William shephered, lotti. latham, Mureen, and Eulilaha

WE PRAY FOR THE RECENTLY DECEASED

Anna Dietrich, Robert Moore, Norma Merry, Dianne Wills, Moya Summerville. Tammy Metz,

TUE 3rd Feb	9:30 Am Mass Macksville
WED 4th Feb	9:30 Mass at bowraville Begining of accademic year
THU 5th Feb	9:30 Am Mass at Macksville
FRI 6th Feb	Adoration at 9am Mass at 9:30 Nambucca
SAT 7th Feb	4:30 Pm Reconciliation 5pm , Nambucca
SUN 8th Feb	8 am Mass, Macksville 9:30 am Mass Bowraville

Mass Intention envelopes are located at the back of the Church