

Catholic Parish of the Nambucca Valley

Corpus Christi, Bowraville

Our Lady Star of the Sea, Nambucca Heads

St. Patrick's Macksville

Christ the King, Taylors Arm

FIFTH SUNDAY OF THE
ORDINARY TIME
YEAR A
8TH FEB 2026



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First Reading

Isaiah 58:7-10

Thus says the Lord: Share your bread with the hungry, and shelter the homeless poor, clothe the man you see to be naked and do not turn from your own kin. Then will your light shine like the dawn and your wound be quickly healed over. Your integrity will go before you and the glory of the Lord behind you. Cry, and the Lord will answer; call, and he will say, 'I am here.' If you do away with the yoke, the clenched fist, the wicked word, if you give your bread to the hungry, and relief to the oppressed, your light will rise in the darkness, and your shadows become like noon.

Responsorial Psalm

Psalm 111(112):4-9

R. A light rises in the darkness for the upright.

He is a light in the darkness for the upright: he is generous, merciful and just.

The good man takes pity and lends; he conducts his affairs with honour.

R. A light rises in the darkness for the upright.

The just man will never waver: he will be remembered for ever.

He has no fear of evil news; with a firm heart he trusts in the Lord.

R. A light rises in the darkness for the upright.

With a steadfast heart he will not fear; open-handed, he gives to the poor;

his justice stands firm for ever. His head will be raised in glory.

R. A light rises in the darkness for the upright.

Second Reading

1 Corinthians 2:1-5

When I came to you, brothers, it was not with any show of oratory or philosophy, but simply to tell you what God had guaranteed. During my stay with you, the only knowledge I claimed to have was about Jesus, and only about him as the crucified Christ. Far from relying on any power of my own, I came among you in great 'fear and trembling' and in my speeches and the sermons that I gave, there were none of the arguments that belong to philosophy; only a demonstration of the power of the Spirit. And I did this so that your faith should not depend on human philosophy but on the power of God.

Gospel Acclamation

John 8:12

Alleluia, alleluia!

I am the light of the world, says the Lord; the man who follows me will have the light of life.

Gospel

Matthew 5:13-16

Jesus said to his disciples: 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men. 'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.'

Preaching with our lives: According to a book called The Life of Francis of Assisi, Francis invited a young monk to join him on a trip to town to preach. Honoured to be given the invitation, the monk readily accepted. All day long he and Francis walked through the streets, byways, and alleys, and even into the suburbs. They rubbed shoulders with hundreds of people. At day's end, the two headed back home. Not even once had Francis addressed a crowd, nor had he talked to anyone about the gospel.

Greatly disappointed, his young companion said, “I thought we were going into town to preach. Francis responded, “My son, we have preached. We were preaching while we were walking. We were seen by many, and our behaviour was closely watched. It is of no use to walk anywhere to preach unless we preach everywhere as we walk! Most of us will never stand in a pulpit to preach a homily, but we do preach by the witness of our lives. This is not explicit preaching, but rather the example of lives of integrity which are often more eloquent than lengthy biblical reflections. The prophet Isaiah tells us of the need to share bread with the hungry, to shelter the homeless, to clothe the naked, and never to turn our backs on our own. This is what makes our light shine before others. The psalm spells out how our lives can make a difference when they are characterised by generosity, mercy, trust, and a steadfast heart committed to reaching out to the poor. This is the challenge given us by Pope Leo XIV in his recent Apostolic Letter, Dilexi te (I have Loved You), where he insists that we must be concerned about the lives of the most marginalised in our society. In a world of inequality, we are often separated from those who are on the margins who struggle to pay rent, to cope with the rising cost of living, and to manage on the minimum wage. We do not necessarily inhabit their world. But we need to be mindful that the blessings we have received in terms of employment, family stability, education, economic security and lifestyle, should not isolate us from, or blind us, to the needy in our world. Salt was traditionally a food preservative and a condiment to enrich food, so we are called to enrich the lives of those less fortunate than ourselves. In Australia, first among these must be our indigenous brothers and sisters, as well as migrants and citizens who have fallen through the cracks in our society. There are also the victims of domestic violence whose lives are in turmoil. We must pray and stand in solidarity with all those in need. There is much to do in being daily witnesses to the gospel and preaching with our lives. Michael A Kelly CSsR © Majellan Media 2026

Dear Parishioners, Taylors’s Arm Christ the king church will have last mass being celebrated on the **22nd of Febraury 2026** at 10Am by **Bishop Greg**, Bishop of lismore .
for cathering purposes, we need to know who might be at the mass and who would like to share in the morning tea.
kindly contact **Mr. Stephen Spears 0439642181, Helen Spear 0401572036**

Dear Parishioners, Gentle reminder to all , **Ash Wednesday Masses on 18th Feb 2026, 8:00 Am Nambucca Valley Parish and 9:30 Am Macksville St. Patrick**
During Lenten Season at 9 am in Nambucca heads Station of the Cross will be conducted followed by Mass on fridays

Dear Parishionrs, we are delighted to celebrate Betty Marie Bolton 100th Birthday on 9th of february 2026. Congratulation for reaching the millstone in your life. we are truly blessed by your presence in the parish God Bless you Fr. Peter and Parish Community

The Good Neighbour Award went to Gai Mckay, Congratulations God bless you

WE PRAY FOR THE SICK

Agnes Lilies, and Geoffrey Wilson, Louise Allan, Ethan canale, Hilda, John Logan, Peter O’corner , shirly laverty ,

WE PRAY FOR THOSE WHOSE ANNIVERSARIES OCCUR AT THIS TIME

Rita Mcleod , Erne Thorne ,Fr. Frank O’gorman
Gregory Jones, Peter Owens
lotti. latham, Mureen, and Eulilaha

WE PRAY FOR THE RECENTLY DECEASED

Anna Dietrich, Robert Moore, Norma Merry, Dianne Wills,
Moya Summerville. Tammy Metz,

****Mass Intention envelopes are located at the back of the Church****

TUE 10th Feb	11 Am Mass Riverside Garden
WED 11th Feb	11:40 am Mass at St. Patrick school Beginning of accademic year
THU 12th Feb	9:30 Am Mass at Macksville
FRI 13th Feb	Adoration at 9am Mass at 9:30 Nambucca
SAT 14th Feb	4:30 Pm Reconciliation 5pm , Nambucca
SUN 15th Feb	8 am Mass, Macksville 9:30 am Mass Bowraville