

White Barn Healing Arts Center

Returning to One-on-One Personal/Private Appointments for Energy Healing Sessions and Holistic Wellness Learning

Here at White Barn Healing Arts Center, we had temporarily ceased to offer private one-on-one Reiki, energy healing sessions and other holistic healing opportunities during the COVID19 state restrictions since this past March.

We are now gradually easing into offering two very different private sessions with updates and new safety measures and protocol in place.

Here is detailed information on the following pages to explain our new procedures and to help you choose which services may be most beneficial for you.

SESSION LOCATIONS

This Fall while the weather is still pleasant, energy and healing services appointments will be held in the fully screened-in sunroom on the West side of the house. In this comfortable and cozy area guests can enjoy the fresh county air and integrate the peaceful energy of the great outdoors into the session while being safe from insects and sheltered from nature's elements. It is roomy enough for chairs and also plenty of room for the massage table.

For private sessions that involve teaching only (such as meditation, specialty workshops, aromatherapy, coaching and guidance, etc.) and not table-work, the class may be held in the



peaceful energy of the Medicine Wheel or in the grassy area near the Wheel. In these instances, there is no need for us to set up a table.

In either case, if an appointment is scheduled and unfortunately it rains or the weather becomes too cold or damp to be outdoors comfortably, the sessions will be moved in the Meditation Room located at the back of the house.

Private personal appointments will be scheduled in the Meditation Room throughout the Winter months with COVID19 protocol in place.

RESTROOM FACILITIES

During warmer weather with sessions being held in the sunroom or in the Medicine Wheel, an outdoor port-o-jon will be the restroom facility available for guests. It is cleaned and sanitized regularly in addition to providing approved hand sanitizer gel.



When the weather becomes inappropriate for outdoor or sunroom sessions, there is an indoor restroom that will be available for guests. It, too, will be cleaned, sanitized and disinfected before and after each session.

COVID19 PROTOCOL

MASKS

The facilitator of the energy health and healing sessions, Annette Bragg, will wear a mask as mandated by the state, and we will require that our guests wear a mask for private sessions as well. They must cover the nose and mouth and not simply be worn down under the chin.

TOUCH

One-on-one energy health and healing sessions can be conducted with the traditional

method of hands-on healing if you are comfortable with that method, but if you prefer, a hands-above and no-touch method can be applied instead.

THE STORE

A limited selection of items will be available in the Meditation Room store. There will not be any hand-held smaller crystals available due to the fact that most people like to touch and hold crystals before their purchase, and it is not possible for us to disinfect all small items that may be touched by inquisitive guests. Therefore, the only items that will be available for purchase will be Florida Water, Palo Santo, Sage bundles, boxes of incense, and larger crystal pieces.

Forms of payment for store merchandise includes credit, cash or check at the time of purchase.

SESSION MATERIALS

All items to be used in the session, such as small samples of aromatherapy, educational materials, crystals or other “gifts” included with the appointment will be pre-selected and pre-packaged for your convenience.

INFO SHEETS

To help us customize sessions for your personal intentions and goals, information sheets will be emailed to you to fill out. The information you provide will help us to choose specific items to support your session, intentions and goals.

PRE-PAYMENT

All sessions will be pre-paid online through a link that will be provided to you. Forms of payment accepted will be credit, debit or PayPal. Pre-payment online helps us eliminate one more step of things to address when you arrive for your appointment.