

Overview

This plan is focused on minimizing risk and designed to create a safe environment for players, coaches, umpires, volunteers and members of their household or immediate family while they are participating in youth baseball at McCabe Park Little League (MPLL) in Nashville, Tennessee. Guidelines that are listed below are subject to change at any time.

Universal Guidelines

All persons attending and participating in MPLL games or practices (coach, players, volunteer, umpire, spectators) must abide by these universal guidelines while at the facilities.

- **Spectators, coaches, volunteers, and umpires, attending MPLL games, practices and events are required to wear a mask or cloth face covering that covers their nose and mouth.**
- **Limit attendees to four spectators per player and coach at all MPLL games, practices, and events.**
- **If you or a member of your household are sick or have been exposed to COVID-19 within the last 14 days, please stay home.**
- If you or a member of your household begins to experience symptoms of COVID-19 or becomes sick or with COVID-19, please seek medical attention and notify MPLL at your earliest convenience.
- Please take your child's temperature at home before attending any MPLL practices or games. If your child has a temperature of 100.4 or higher please stay home and monitor symptoms.
- Practice social distancing (minimum of 6 feet distance) when outside at all times and when not around your immediate family or other household members.
- Frequently wash your hands for a minimum of 20 seconds or use hand sanitizer especially after touching surfaces (doorknobs, light switches, gate latches, handles, etc...)
- Families should make their own choices on participation and the best interests of their family and players.
- No spitting, eating of sunflower seeds, chewing gum on the premises.

Coach/Volunteer Guidelines

- Disinfect multi-used items between uses.
- Minimize number of coaches and assistants for games/practices.
- Clean/disinfect team equipment after games and practices.
- Each team must have a designated parent/coach responsible for helping to maintain respective dugout area social distancing and player order.

Player Guidelines

- When not in the field of play, players must wear a mask or cloth face covering if unable to maintain appropriate physical distancing.
- Players must bring and use their own helmet and glove. If player does not have their own helmet, MPLL will assign a helmet to the player for the season.
- Bring their own beverage with name clearly labeled and marked and do not share with other players.
- Parents are encouraged to supply their players with antibacterial wipes and hand sanitizer for hands between innings.
- When not on field, players will remain in individually designated area with their gear.

Umpire Guidelines

- Must wear mask or cloth face covering
- Base umpires will keep distance in set-up positions.
- Umpires will not handle baseballs.
 - o Passed balls, foul balls will be retrieved by players or coaches.

Game Day Guidelines

- Arrive no more than 30 minutes before game time.
- Coaches, athletes, and officials must answer the following screening questions prior to their arrival at McCabe Park:
 - o Have you been in close contact with a confirmed case of COVID-19 in the past 14 days?
(Note: This does not apply to medical personnel, first responders, or other individuals who encounter COVID-19 as part of their professional or caregiving duties while wearing appropriate PPE.)
 - o Are you experiencing a cough, shortness of breath, or sore throat?
 - o Have you had a fever in the last 48 hours?
 - o Have you had new loss of taste or smell?
 - o Have you had vomiting or diarrhea in the last 24 hours?
- If anyone answers “yes” to any of the screening questions above they should not attend games and remain at home and seek medical care and/or COVID-19 testing.
- If a player or coach on your child’s team tests positive for COVID-19 the recommended protocol is as follows:
 - o If your child spent more than 10 minutes in close proximity to the person who tested positive, your child should stay home with limited contact with others for 14 days. Watch your child closely for signs of illness. If your child starts to have symptoms please seek medical care and/or COVID-19 testing, per Tennessee Department of Health and CDC guidelines.
- If a player tests positive for COVID-19 the player will need to refrain from league activities for 10 days from the date of the positive test (if asymptomatic) or 10 days from the date that symptoms first appeared (provided that symptoms have been resolved for at least 24 hours).
- If a player’s parent or guardian tests positive for COVID-19, the player will need to refrain from league activities for 10 days from the last date of exposure.
- Game field must be exited completely and cleaned by previous teams before new teams enter the field and dugouts
- Pre-game meeting at the plate will be with one umpire and one coach representing each team. All must remain socially distant from each other at 6 feet apart.
- First and Third base coaches must remain in designated coaching boxes.
- Each, Minors and Majors team will be issued two game balls to use in each game while their respective team is on defense. Each Coach Pitch team will be issued two game balls to be used while their team is batting. Each Rookie Ball teams will be issued two game balls to be used when their team is batting. Each Tee Ball team will use team Tee Balls.
- Between inning warm-ups must use same ball.
- Foul balls, when possible, should be retrieved by players or coaches not spectators or umpires.
- No physical contact celebrations between players (i.e. high fives, fist bumps, etc..).
- End of game – line up on foul lines in front of dugouts and tip hats in good sportsmanship.
- All high touch surfaces must be sanitized before any other team is permitted on the field or in the dugout. Clean and disinfect common contact points of field.
 - o Dugouts, fences, gate latches, benches, bleachers etc...
- Must leave premises no later than 15 minutes after the end of the game.

- Spectators must wear a mask or cloth face covering and maintain at least 6 feet of separation from others not from the same household, including in designated seating areas, and refrain from entering athlete areas.
- Spectators should bring their own folding chairs and seating.
- Bleachers will be closed and only used by players.

Equipment Guidelines

- Players are not to share equipment.
- Players that need equipment such as catcher's gear, or bat, will be able to use MPLL's equipment.
 - o If MPLL equipment is used, it must be disinfected after each use.
- Equipment bags are to be placed outside of the dugout in an assigned spot.

Dugout Guidelines

- 1 coach inside the dugout at a time.
- No more than 3 seated players inside the dugout at a time sitting 6 feet apart.
- Remainder of team will be seated either outside of the dugout on bleachers or other seating that is appropriately distanced.
- Must be cleaned and disinfected after each game/practice using EPA approved household disinfectant wipes or spray.

Restroom Guidelines

- One occupant at a time.
- Wash hands before exiting.
- Restrooms will be cleaned and disinfected each day.