

## MPLL Fall 2020 Coaches Meeting Rookies Notes

### GAME RULES

- Game play is 5 v 5 (or 6 v 6 if roster allows) other players will be in outfield completing skill base stations
- Batters will receive a maximum of three pitches
- Batter will hit the ball off the tee after the third pitch (even if batter fouls third pitch)
- There are no strike outs in this division
- Teams will swap sides after the batting team scores three runs or defensive team gets three outs
- Games will be played with a Level 5 baseball
- Game time will be an hour and fifteen minutes and no new inning can begin after one hour and five minutes

### COACH PITCHER

- Coach pitcher may pitch from no closer than 30' from home plate
- Coach pitcher will pitch overhanded
- A batted ball contacting the coach pitcher will result in a dead ball and if occurs on third pitch, the batter will hit off the tee
- Coach pitcher is to leave the field when the ball is in play and return after the umpire calls time

### BATTER

- Batter is not permitted to sling or throw the bat; may be called out at umpire's discretion
- Bunting in this division is prohibited
- Only USA Baseball Bats are permitted
- Batting team will bat in continuous order until scoring five runs or defense gets three outs
- A batted ball that reaches outfield on the ground is an automatic double
- A batter ball that reaches outfield in the air is an automatic home run

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### **FIELDING**

- Two defensive coaches are permitted on the field while team is on defense; one coach in the infield and one coach behind the plate to assist the catcher
- Coach players to execute baseball plays
- Player rotation – no player is permitted to play 1B or pitcher more than one innings in a game
- Umpire will call time once lead runner progress is stopped and ball is in the infield.
- Catcher must wear catcher's gear behind the plate and is to be taught to be positioned behind the plate
- Catcher will return any pitched ball that stop within the player's immediate vicinity to Coach Pitcher
- Any balls that leave the catcher's immediate vicinity will be collected by a defensive coach and returned to Coach Pitcher after the at-bat is completed
- Player pitcher is to wear a helmet or face mask while in field of play
- Player pitcher is to be positioned even three feet left or right of coach pitcher
- Umpire will call time if he/she notices a defensive player seated, turned away from batter, without a glove or otherwise distracted to the point it's unsafe

### **BASE RUNNING**

- Teach players to properly run the bases
- Runner may advance a total of one base on an over throw
- Base runner is prohibited from sliding into first base
- Base runner is not to collide with a defensive player attempting to tag out the runner
- Base runner is not to make physical contact with any coach while on base paths

### **PLAYING UP**

- If a Coach Pitch team does not have enough players to start game, a player from this division may play on that team for that game, but must bat last and play the entire game in the outfield.