



Singleton



Choose your own path to a healthier future



What is SMART Recovery? Free, practical support groups that train you to champion your own behaviour change around alcohol and other drug use, gambling or any behaviour of concern.

Why SMART

- Set weekly goals that work for you
- No stigma, labels or judgement
- Learn practical self help tools
- Attend as you need.

"I love these groups! There is not one strict way that we are told to do things – it is whatever works for you and that is okay!"

Meet In Person

When: Fridays 10:30am - 11:30am

Where: Singleton Corps
4 York Street
Singleton NSW 2330

Call: 0456 983 384

Can't pay your fines?

Ask about a Work and Development Order (WDO)