

Participation in sober living greatly improves outcomes—residents are five times more likely to maintain sobriety. Research from Stanford and Harvard highlights 12-Step Facilitation (TSF) as highly effective. Our goal is to help members build a consistent network of support that fits your recovery journey, and we also welcome participation in SMART Recovery, Recovery Dharma, and other peer-support communities.

SoberHomes Member Name: _____

Date	Meeting Type (AA, NA, SMART, RD, etc.)	Meeting Name	Secretary's Signature

“Together We Trudge the Road of Happy Destiny.”

SoberHomes participants must obtain a sponsor and complete the first six steps within six months of move-in:

Sponsor Name: _____ **Phone:** _____

Current Step Working: _____

I certify that the above information is accurate and truthful.

Member Signature: _____ **Date:** _____

Meeting Resources:

- AA Washoe County:** www.nnig.org | **AA Santa Clara:** www.aasanjose.org | AA Blue Chair App
- NA Washoe County:** www.sierranevada-na.org | **NA Santa Clara County:** www.sjna.org
- SMART Recovery:** www.smartrecovery.org | **Recovery Dharma:** www.recoverydharma.org